# HEALTHY WAY OF LIVE

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Why do people care about healthy way of life?

#### • How does our health depend on our lifestyle?

What can people do to stay healthy? What do you personally do?

 Is sport a hobby or part of your every day life?

 Is sport popular in your family? Do your parents do sport regularly?

• Why is it important to exercise every day?

What bad habits do you know? Why are they dangerous?

#### **THANKS!**

