

# Rules of conduct in case of earthquakes



# Earthquakes



## Signs of a near earthquake:

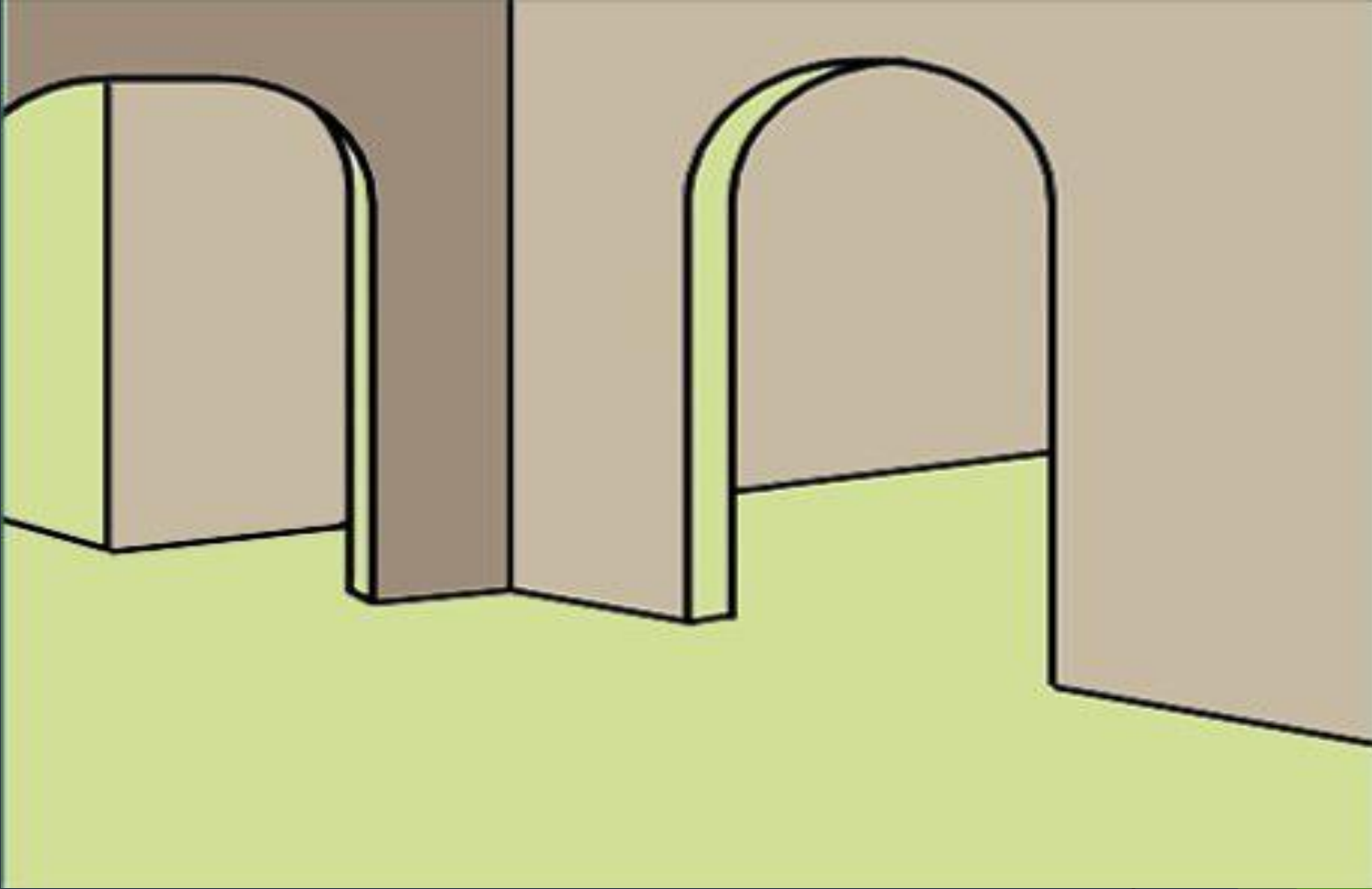
- ▶ sudden changes in the water level in reservoirs or its turbidity;
- ▶ the smell of gas in areas where it wasn't there before;
- ▶ anxiety of birds and pets;
- ▶ weak tremors of the earth's surface;
- ▶ violation of the operation of radio, telegraph, electromagnetic devices.

# What should I do if you are indoors?



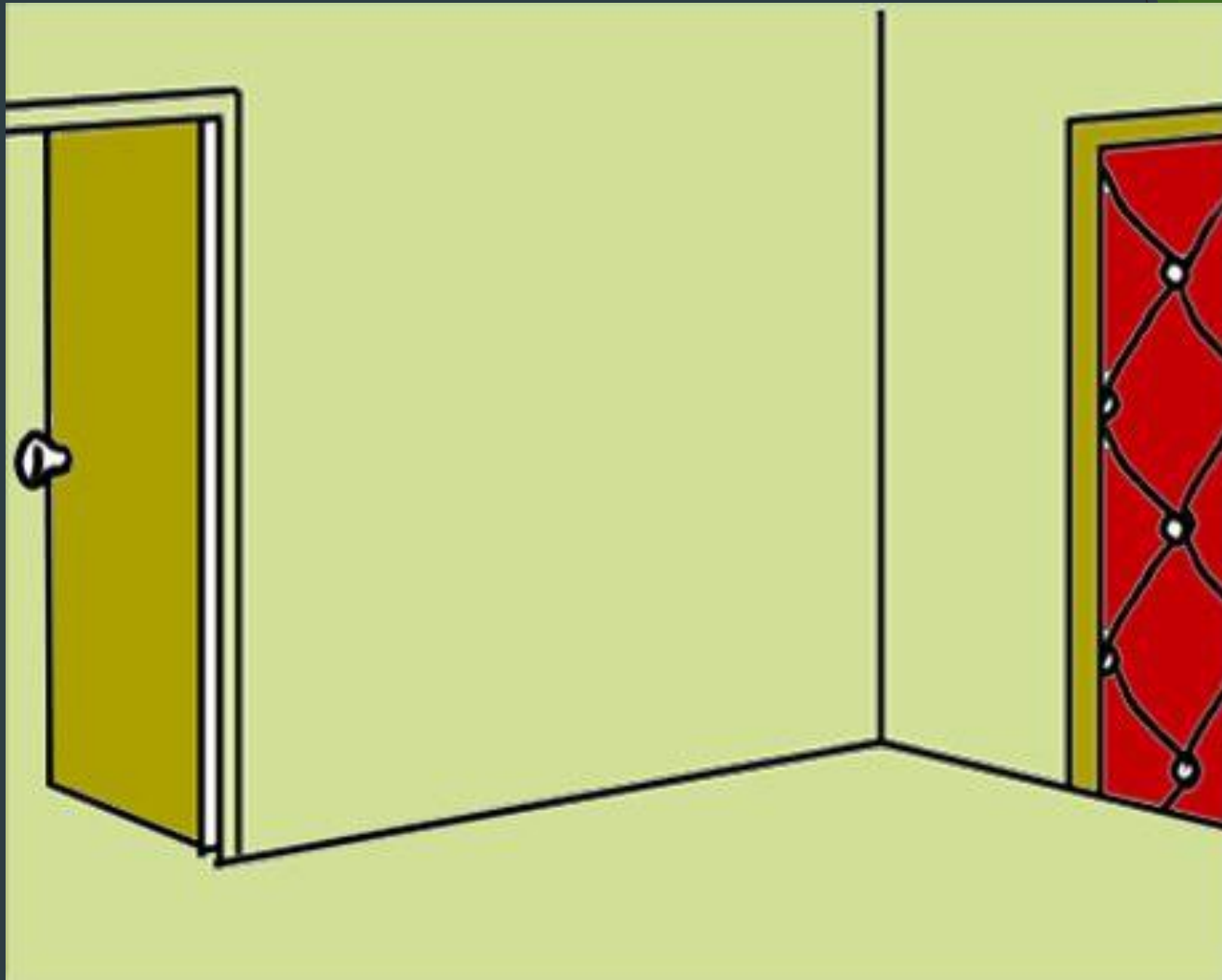
If you are indoors, with the onset of seismic tremors, cover your head with your hands, turn away from the windows and move away from them, hide under a desk or in a safe place.

# The safest places in the building



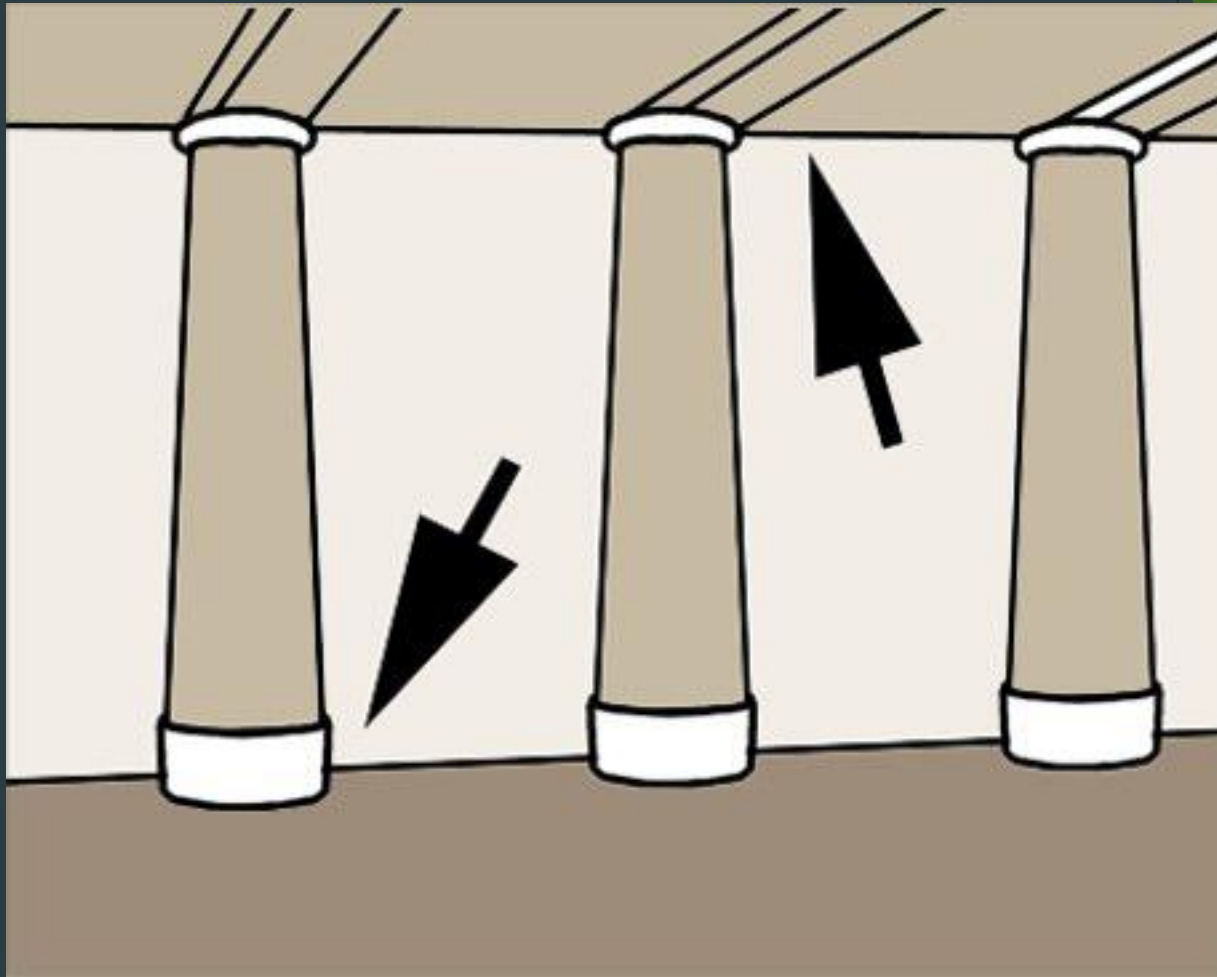
Openings in the inner  
walls.

# The safest places in the building



Corners formed by capital internal

# The safest places in the building



Places near the columns and under the beams of the frame.

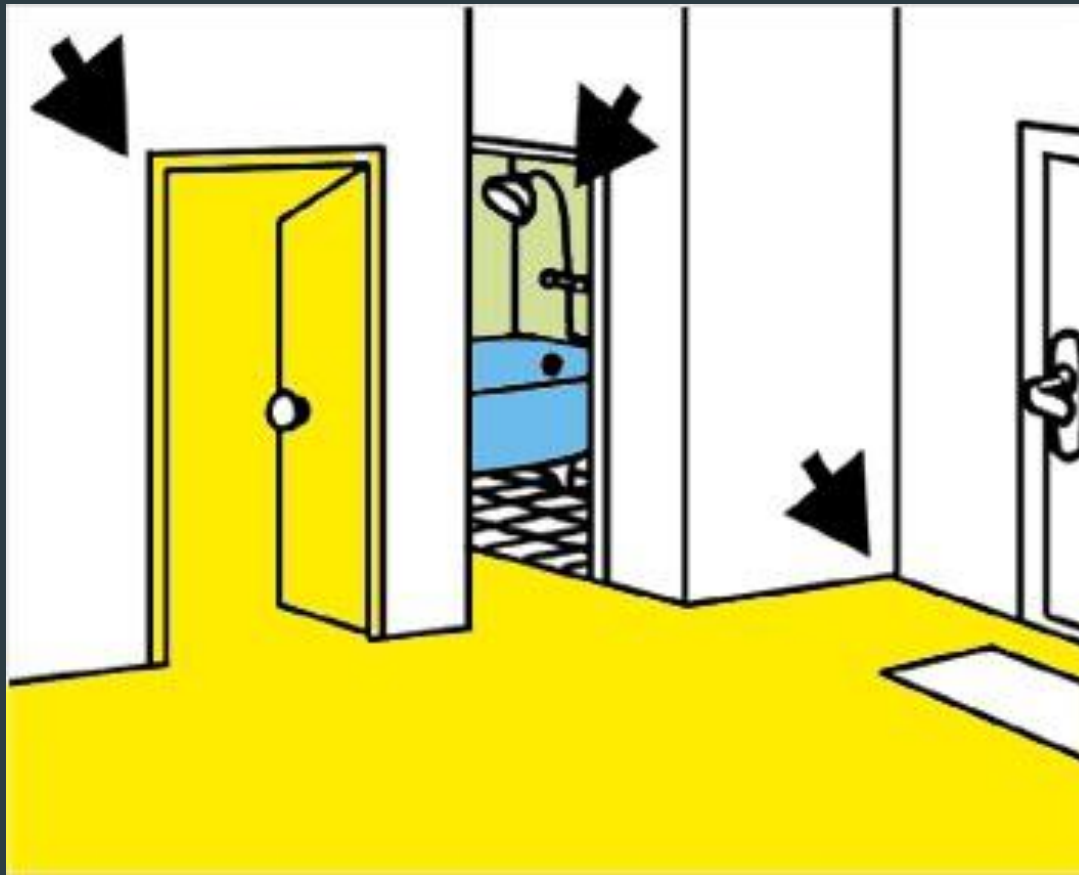


# Rules of safe behavior during an earthquake

- ▶ At the first push, try to leave the building immediately within 15-20 minutes.
- ▶ Go down the stairs only, notifying neighbors of the need to leave the building.
- ▶ If you stay in the apartment, you need to stand in the doorway or in the corner of the room, away from windows, lamps, cabinets and mirrors.
- ▶ Do not allow panic to occur.
- ▶ If an earthquake has caught you in the car, you need to stop immediately and not get out of the car until the aftershocks are over.

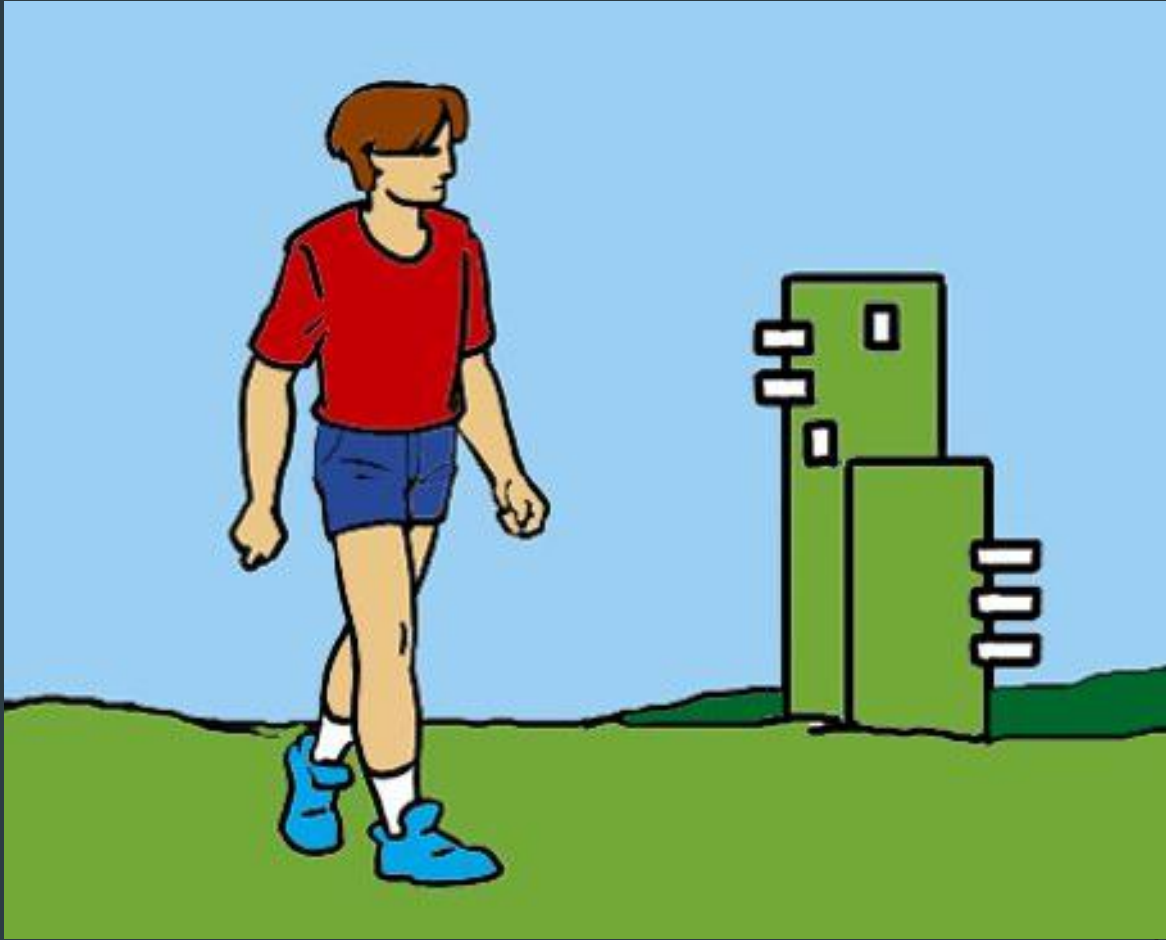


# Measures to reduce earthquake losses



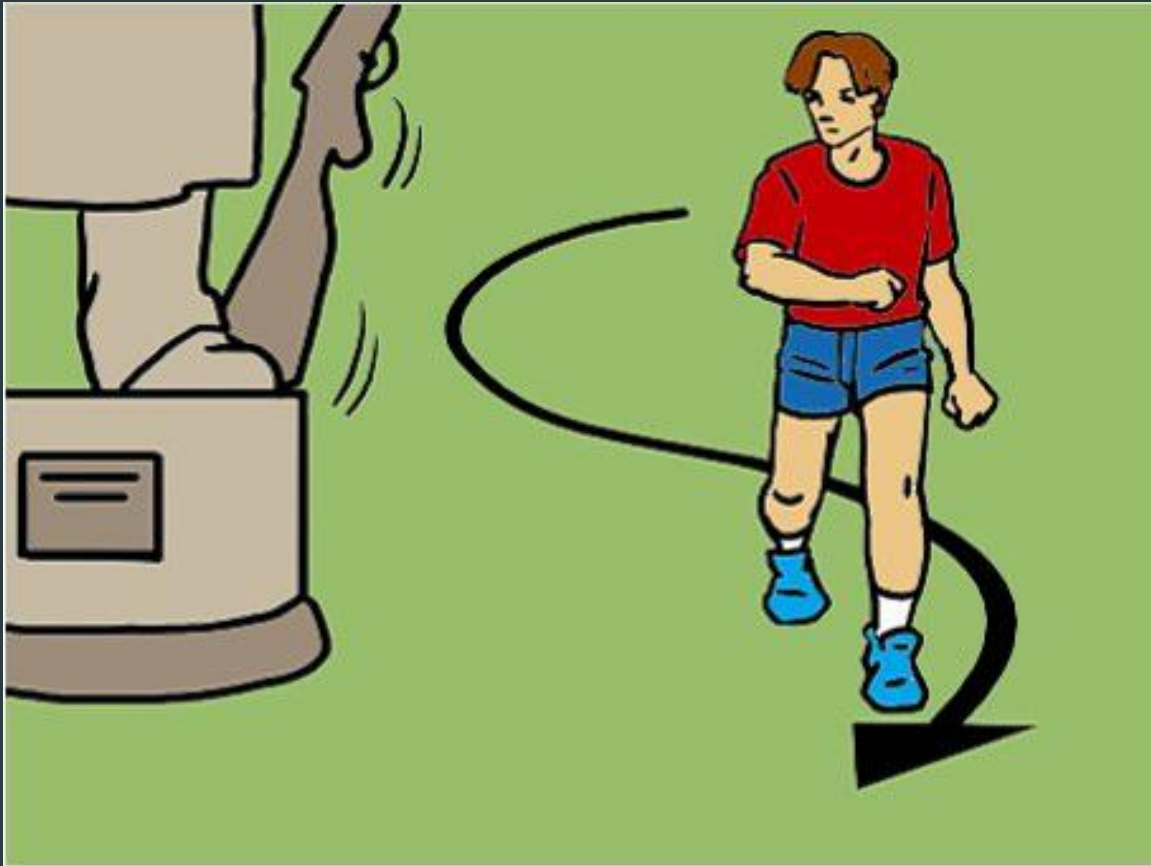
Determine in advance the safest places (in an apartment, at school) in which you can wait out the tremors: openings of capital internal walls, corners formed by internal capital walls, bathrooms.

# What to do in case of an earthquake if you find yourself on the street



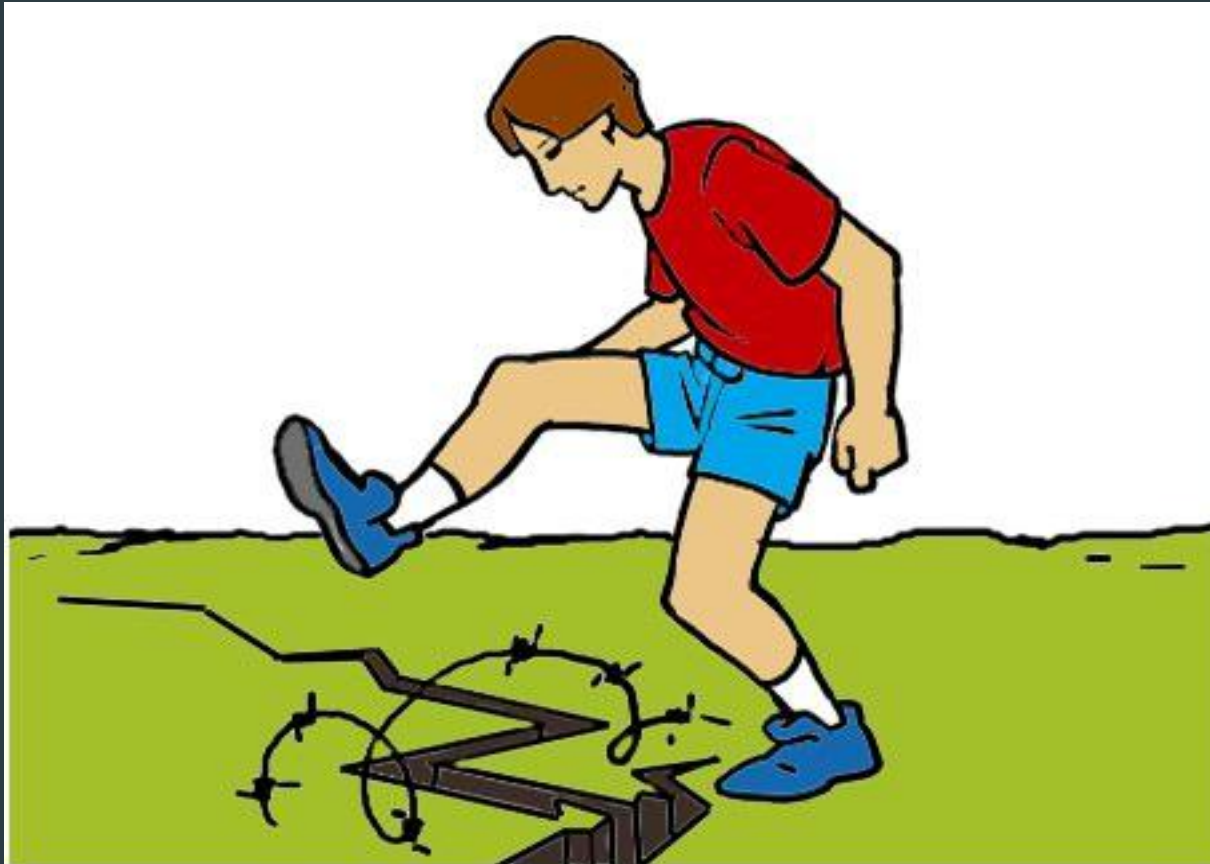
Step out into the open, don't run, don't shout.

## What to do in case of an earthquake if you find yourself on the street



Move around using the free space remote from buildings, power lines, reservoirs, bypass monuments.

What to do in case of an earthquake if you find yourself on the street



Watch out for dangerous objects that may be on the ground.

# What to do if you are at home



If you are in a building during an earthquake: do not go out on the balcony, do not light a fire, open the door and stand in the doorway or hide in a safe place.

If you find yourself in a  
blockage:



Calm down, give yourself all possible help, turn on your  
stomach and ease the pressure on your chest, attract the  
attention of rescuers with your voice and knock