



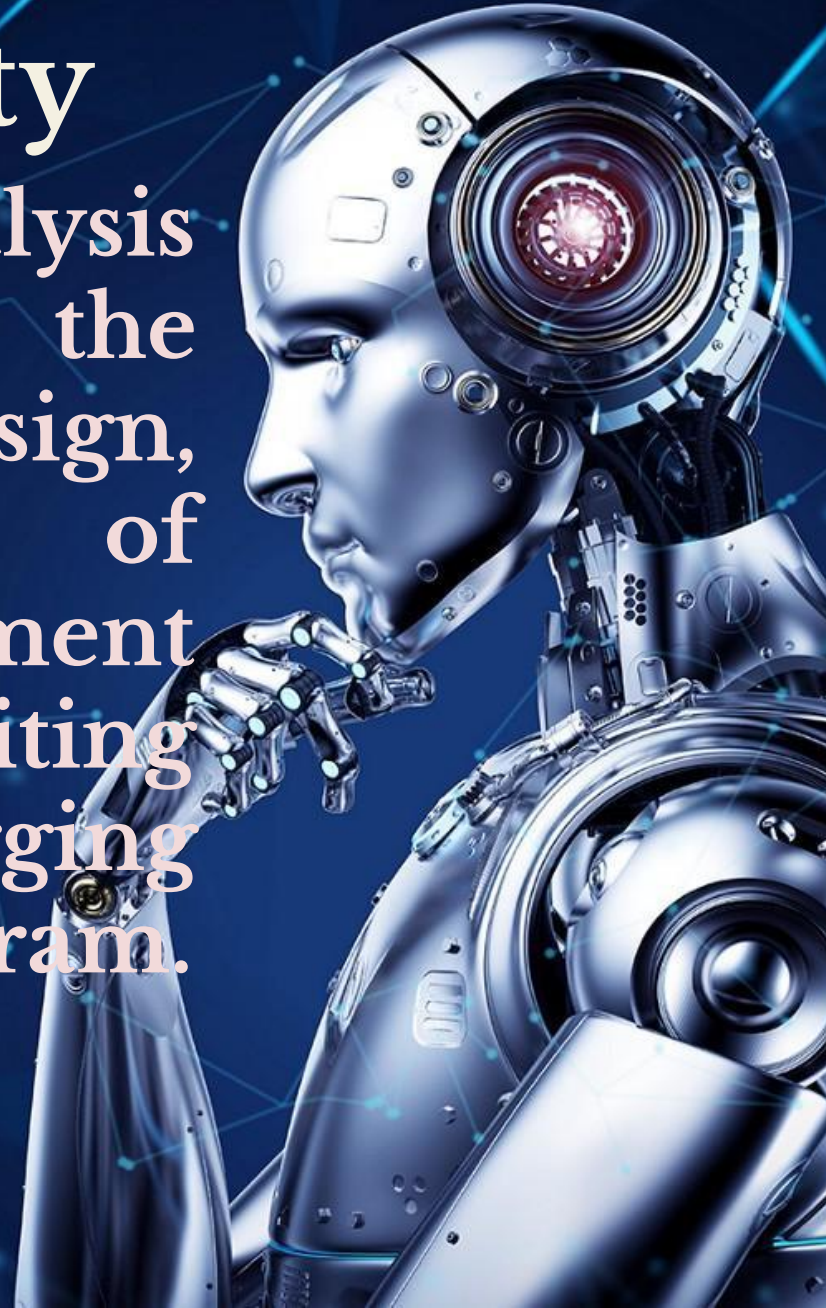
pleasure rest office stress health leisure sport  
vacations friends business hobby  
**work-life**  
career motivation productivity deadlines  
**balance**  
job family workplace recreation responsibility pressure  
development happiness sleep ambition money  
self community commitment education





# Programming as a field of activity

This includes the analysis and formulation of the problem, program design, construction of algorithms, development of data structures, writing program texts, debugging and testing of the program.



# What is going on now with a work-life balance in this sphere?

- Work can be poorly paid;
- Preferably a strict 40+ hour work week if possible;
- It can be repetitive or boring.





# Work-life balance after 50 years of development



The ability to work remotely from anywhere in the world for companies of different sizes, rapid career growth, high salary, low threshold for entry into the profession make the field of programming more

PLEASE



STAND BY



*What kinds of jobs do young people  
not want to do in your country?*

*Yes, I like working  
for Mechel Coke.  
Questions?*





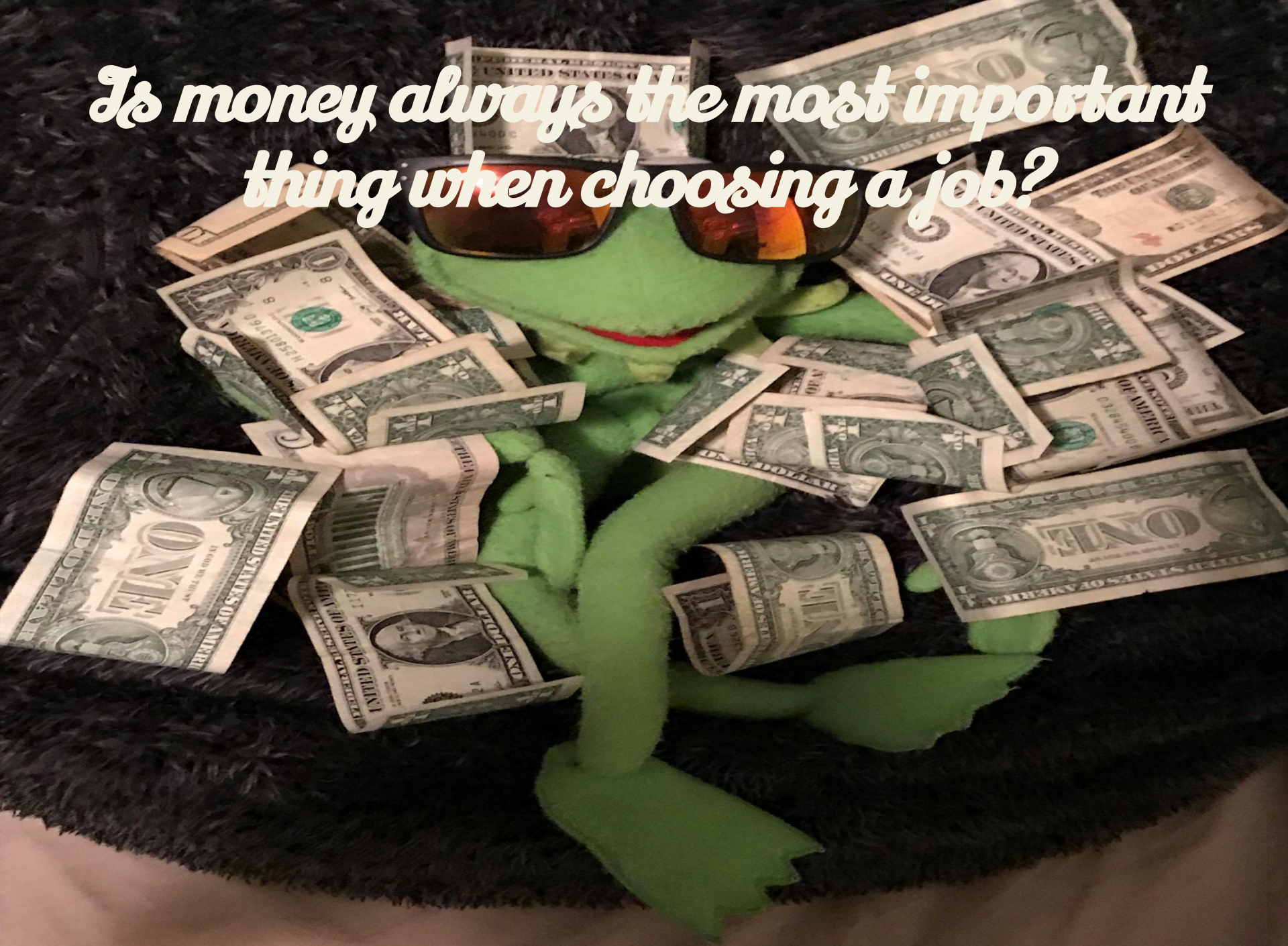
*Who is best at advising young people  
about choosing a job: teachers or  
parents?*



**VS**



*Is money always the most important  
thing when choosing a job?*





*Do you agree that many people nowadays are under pressure to work longer hours and take less holiday?*

*He worked only 20 hours instead of 24!*





*What is the impact on society of people having a poor work-life balance?*







*Could you recommend some effective strategies for governments and employers to ensure people have a good work-life balance?*

*From strategies I know  
Age of Empires,  
Command and  
Conqueror, Supreme  
commander...*



# ATTENTION!!!!!!!



Thanks for your attention