Класс: 10 Дата: 24.10.2022 Урок №22

Тема урока: Проблемы загрязнения воздуха

Monday, the twenty-fourth of October

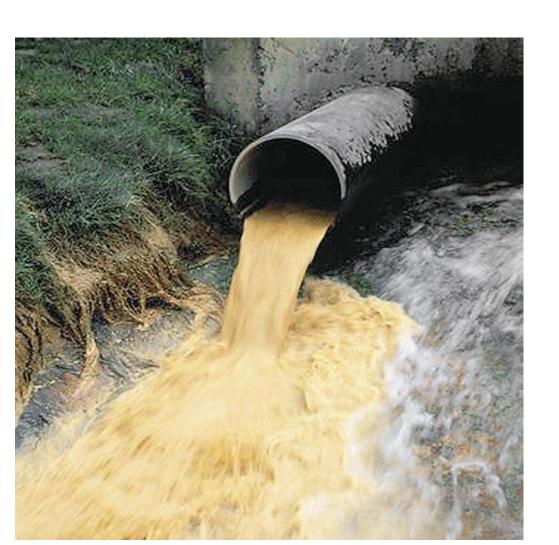
Good day to everyone! How are you?

I hope you are fine

Today we are going to talk about



Do you know the word "Pollution"?



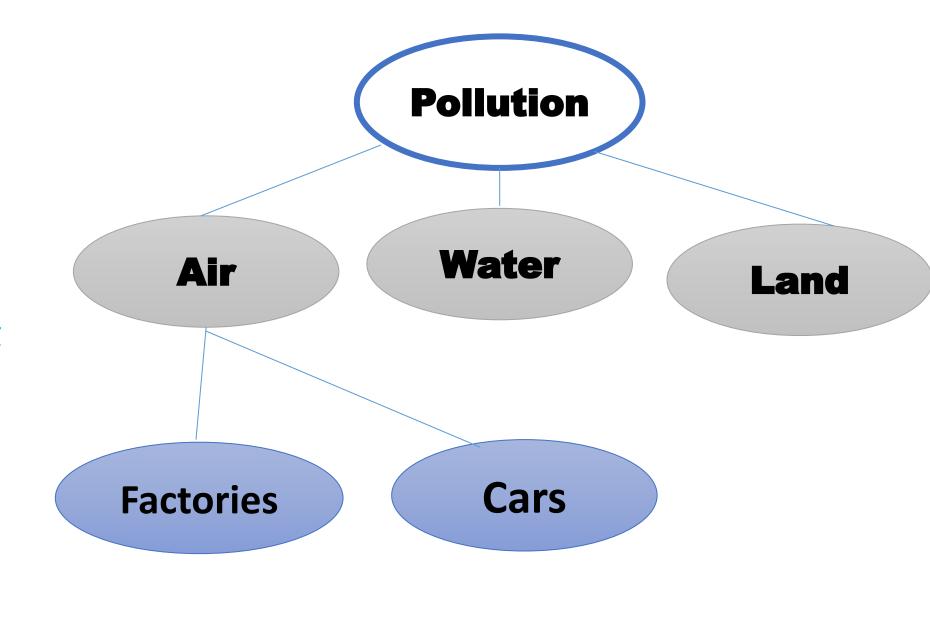


Air pollution means <u>poisonous</u> or <u>dirty</u> <u>chemicals</u> in the air





factories cars cleaning products, insect sprays, fumes from cooking, cigarettes or paint.



Reading for detailed understanding





ir pollution doesn't just come from factories and our cars. We also cause it at home with the products we use and the way we live. Air indoors can be polluted by cleaning products, dust, paint, insect sprays, cigarette smoke or steam from cooking. We often need to keep doors and windows closed to keep the insides of our houses cool in the summer or warm in the winter. This traps pollutants

and can make places for insects, dust mites and mould to live.

Some pollutants such as smoke and insect sprays can cause **breathing problems** such as **asthma**, especially for those people who are **allergic** to **dust**. To reduce air pollution at home you should open the doors and windows 2-3 times a day, use natural cleaning products, and do not allow smoking.

- 1 What pollutes air indoors?
- 2 What happens if we don't allow fresh air into our houses frequently?
- 3 What problems can stale air at home cause?

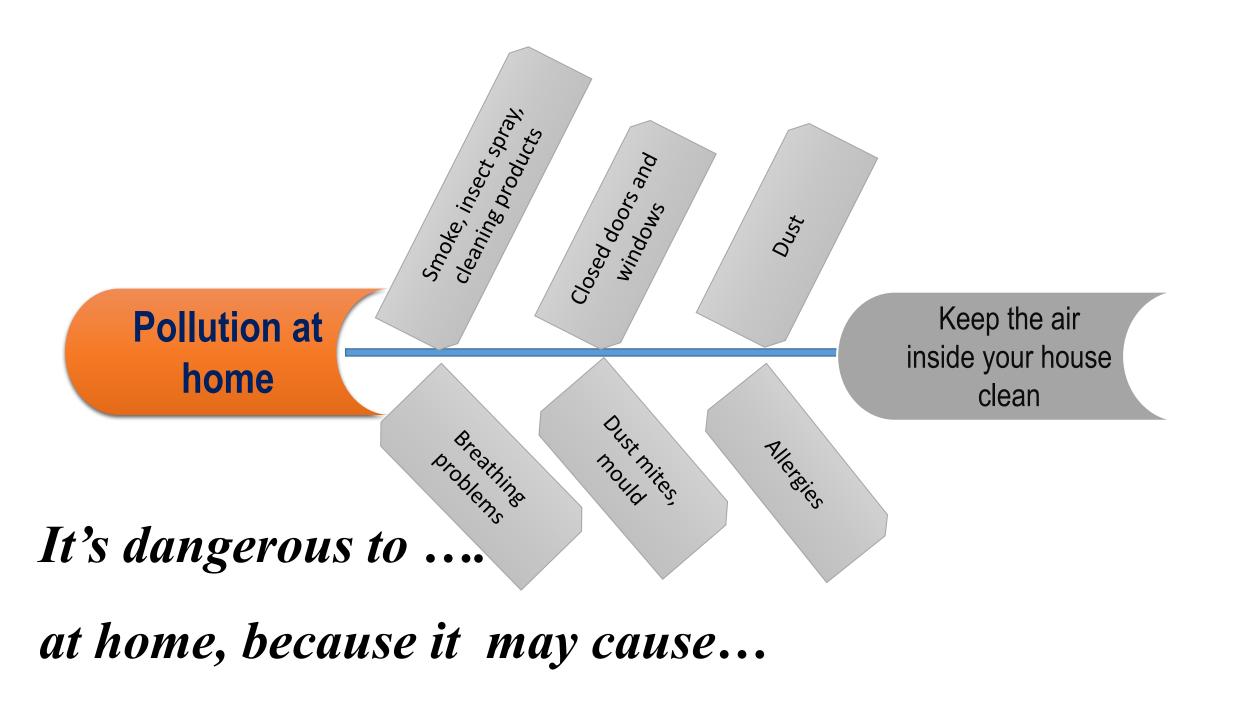
While reading, <u>underline</u> the pollutants, which can cause air pollution at home.











Clean dirty air-conditioning filters regularly



•Air pollution is dirty air. Dirty air-conditioning filters can make places for dust mites and mould to live. So clean them regularly.

Use water-based cleaning products

Also when you are cleaning the house, always use water-based cleaning products as they are less polluting.



Spend less time cooking heavy meals



In addition, if we spend less time cooking heavy meals and make salads to eat, we will not make so much air pollution in the form of steam.

Not allow smoking in our homes

•What is more, smoking causes air pollution as well as health problems so we shouldn't allow smoking in our homes.



Clean pet's bedding regulaly



Also, a pet's bedding can add to the air pollution if it is not cleaned regularly.

Open all the doors and windows 2-3 times a day

 Finally, the best and easiest thing we can all do to have cleaner air at home is to open all the doors and windows 2-3 times a day to let fresh air into our homes.



Quiz

Do people smoke cigarettes in your house? **B** Sometimes C Often A Never Do you use water-based cleaning products to clean your house? A Yes, always B I try to C I don't check Do you clean your air-conditioning filter? C Where is it? **B** Sometimes A Yes Do you ever enjoy light meals that require little or no cooking like salads? **B** Sometimes C Not very often A Often Do you clean bedding and items used by your pets regularly? **B** Sometimes A No, never C Yes, often

Mostly As: Great work!

Bs: Try using more of the techniques in the text to reduce air pollution.

Cs: You can do much more to reduce air pollution. Try harder.