

Класс: 10

Дата: 24.10.2022

Урок №22

Тема урока: Проблемы загрязнения воздуха

**Monday, the twenty-fourth of October**

Good day to everyone! How are you?

I hope you are fine

Today we are going to talk about



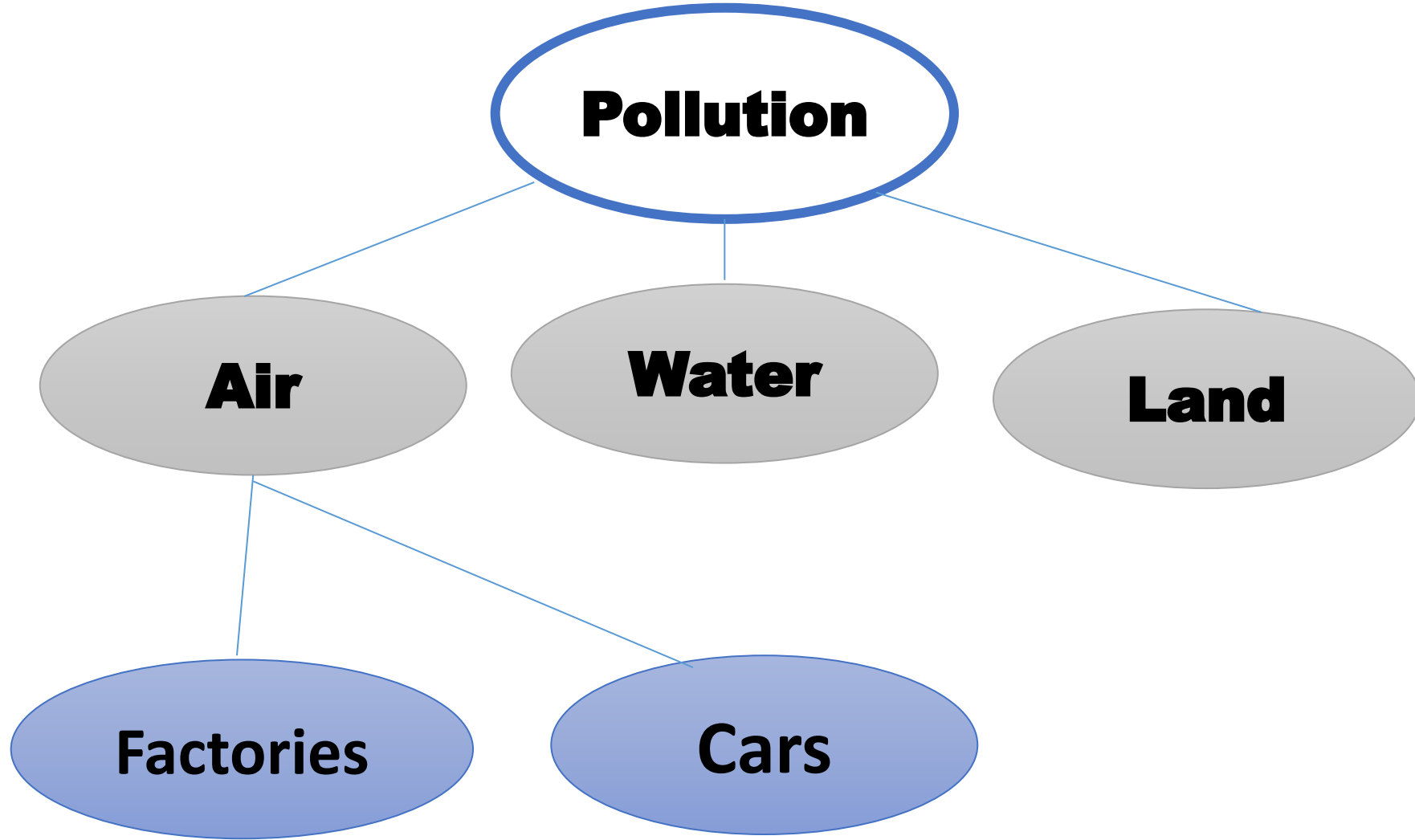
Do you know the word “Pollution”?



Air pollution means poisonous or dirty chemicals in the air



factories  
cars cleaning  
products, insect  
sprays, fumes  
from cooking,  
cigarettes or  
paint.





# Reading for detailed understanding



## Clean Air at Home

**A**ir pollution doesn't just come from factories and our cars. We also cause it at home with the products we use and the way we live. Air indoors can be polluted by cleaning products, dust, paint, insect sprays, cigarette smoke or steam from cooking. We often need to keep doors and windows closed to keep the insides of our houses cool in the summer or warm in the winter. This traps pollutants and can make places for insects, dust mites and mould to live.

Some pollutants such as smoke and insect sprays can cause breathing problems such as asthma, especially for those people who are allergic to dust. To reduce air pollution at home you should open the doors and windows 2-3 times a day, use natural cleaning products, and do not allow smoking.

- 1 What pollutes air indoors?
- 2 What happens if we don't allow fresh air into our houses frequently?
- 3 What problems can stale air at home cause?

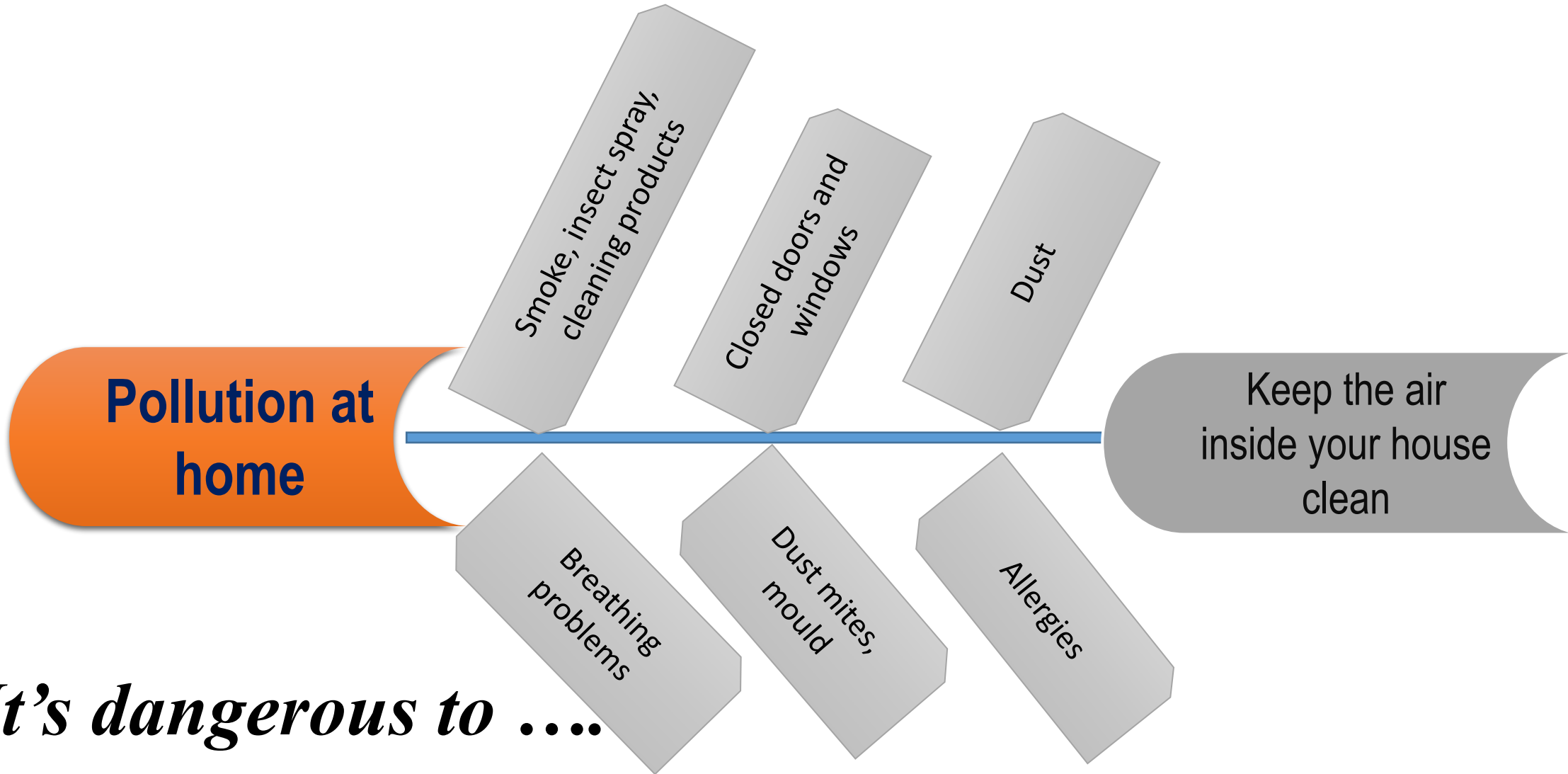
**While reading, underline the pollutants, which can cause air pollution at home.**











*It's dangerous to ....*

*at home, because it may cause...*

# ***Clean dirty air-conditioning filters regularly***



- ***Air pollution is dirty air. Dirty air-conditioning filters can make places for dust mites and mould to live. So clean them regularly.***

# ***Use water-based cleaning products***

- Also when you are cleaning the house, always use water-based cleaning products as they are less polluting.***





# ***Spend less time cooking heavy meals***



- ***In addition, if we spend less time cooking heavy meals and make salads to eat, we will not make so much air pollution in the form of steam.***

# *Not allow smoking in our homes*

- What is more, smoking causes air pollution as well as health problems so we shouldn't allow smoking in our homes.*



# Clean pet's bedding regularly



- *Also, a pet's bedding can add to the air pollution if it is not cleaned regularly.*



*Open all the doors and windows 2-3 times a day*

- *Finally, the best and easiest thing we can all do to have cleaner air at home is to open all the doors and windows 2-3 times a day to let fresh air into our homes.*



# Quiz

- 1 Do people smoke cigarettes in your house?  
A Never                      B Sometimes                      C Often
- 2 Do you use water-based cleaning products to clean your house?  
A Yes, always                      B I try to                      C I don't check
- 3 Do you clean your air-conditioning filter?  
A Yes                      B Sometimes                      C Where is it?
- 4 Do you ever enjoy light meals that require little or no cooking like salads?  
A Often                      B Sometimes                      C Not very often
- 5 Do you clean bedding and items used by your pets regularly?  
A No, never                      B Sometimes                      C Yes, often

Mostly As: Great work!

Bs: Try using more of the techniques in the text to reduce air pollution.

Cs: You can do much more to reduce air pollution. Try harder.