



**5 STEPS TO MAKE YOUR  
FAMILY HAPPIER**  
YOU NEED THIS!

# SOMETHING ABOUT FAMILY PROBLEMS

**As soon you become a teenager you start developing confidence that what are you doing is right and stop listening to hat your parents want to say. You start feeling that there os a generation gap between you and your parents. Ut it never means that you should not respect them or start ignoring them. Giving respect to your parents can give them happiness.**



**FIRST STEP:**  
*Do things together!*



**The first step to make you life more colorful and happier is to make some things together with your parents... You wanna watch some film? How about watch it with you dad or mom? You'll do two thing in one way : you'll watch some good film AND give some relax and calmness to your parents after their hard working day!**

**SECOND STEP:**  
*Share your thoughts!*



**Don't be close with you family! Be open! If you have some "hard" thoughts, share it! Your family will always give you some good advice. Even if you won't do thing like they advice you, their part will help you to make right choice.**

**THIRD STEP:**  
**Be understandable!**



**Sometimes your parents have some problems in their life as like any of us...Don't try to make their life more difficult as it is now. Don't require some big attention to you from them. Try to understand and help to live through it.**



**FOURTH STEP:**  
**Show your appreciation!**



**Your parents have done a lot for you, that is the only reason that you are enjoying your life with a proper education and job. Parents do so much but never expect anything in return, so why to say a thank you to them occasionally and show gratitude with a card, flower or a hug?**

**FIFTH STEP:**  
**Don't skimp with praise!**



**Praise your family more! There is no  
enough praise! You may praise your mom  
for tasty dinner, your father for his  
achievements at work, your brother for  
sports and for many other good things!**

THAT'S NOT ALL...

**Of course there are many ways to make your familylife more happier, and you need to find them...Maybe not all, but you should always try to live your familylife better as it is now. And I wish you good luck with that!**