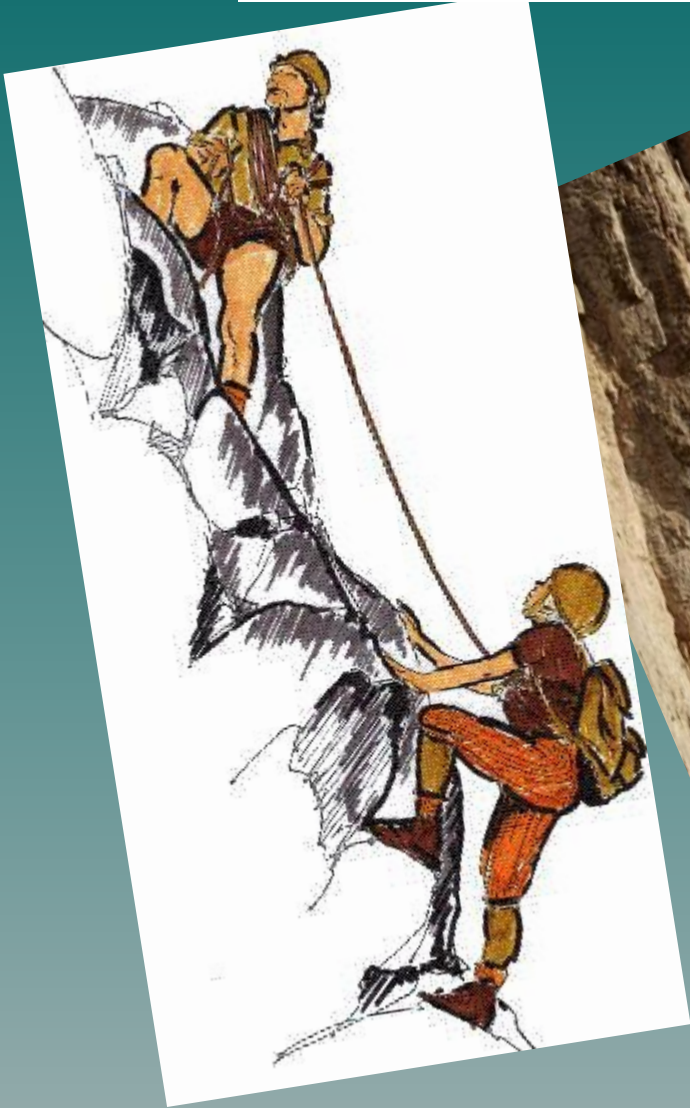
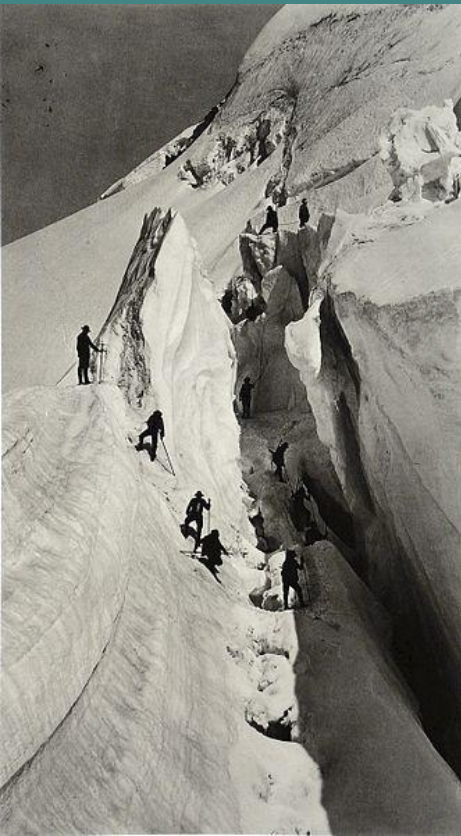


Mountaineering



Mountaineering or *mountain climbing* is the sport, hobby or profession of hiking, skiing, and climbing mountains. While mountaineering began as attempts to reach the highest point of unclimbed mountains it has branched into specializations that address different aspects of the mountain and consists of three areas: rock-craft, snow-craft and skiing, depending on whether the route chosen is over rock, snow or ice.

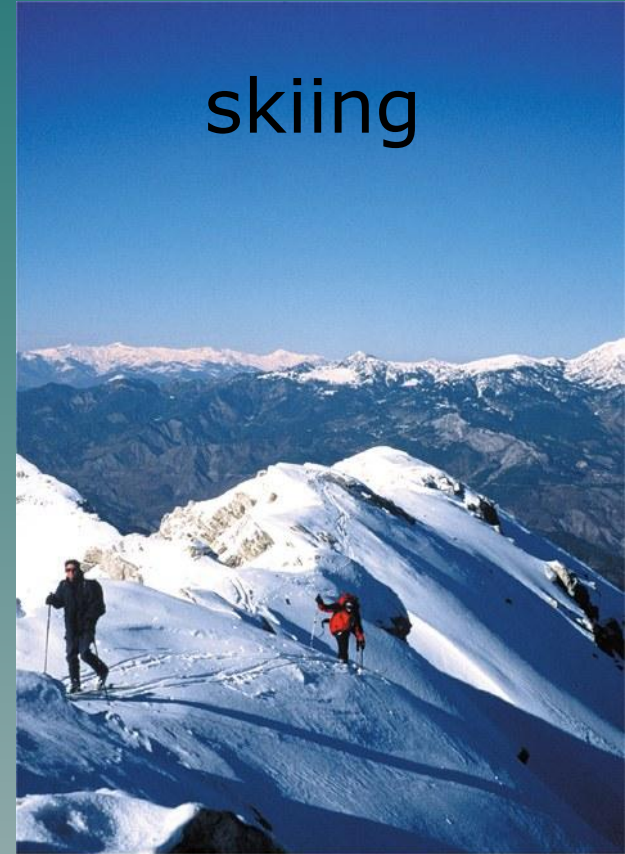
rock-craft



snow-craft

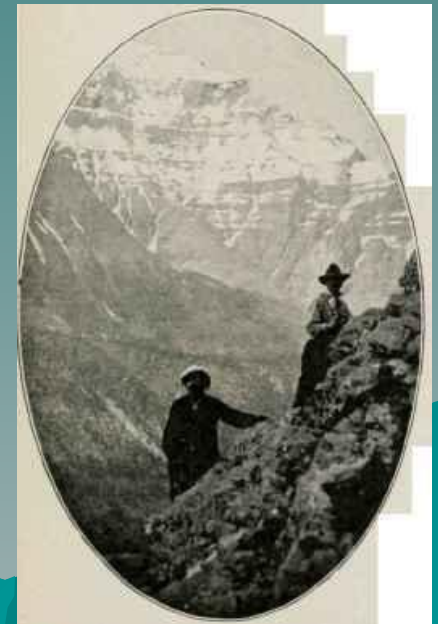


skiing



A little bit about the history

- ◆ Though it is unknown whether his intention was to reach a summit, "Ötzi the iceman" ascended at least 3,000 metres (9,800 ft) in the Alps about 5,300 years ago. His remains were found at that altitude, preserved in a glacier.
- ◆ The first recorded mountain ascent in the Common Era is Roman Emperor Hadrian's ascent of Etna (3,350 m) to see the sun rise in 121.



Essential equipment

Crampons



Ice Axes



Headlamps



Carabiners



Boots



Bags



Lifting equipment



Mountaineering in the Olympic Games

- ◆ In 1924 an Olympic Alpinism Prize medal was awarded “to General Bruce for outstanding feats on Mount Everest during the 1922 expedition.
- ◆ “Was announced that *sport climbing* has been shortlisted for the 2020 Olympic Games along with seven other sports.”



Mountaineering in the art

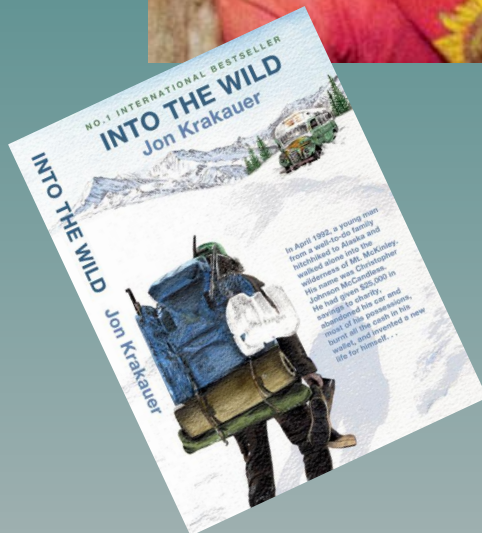
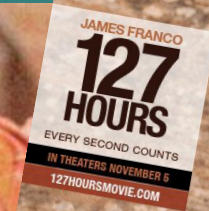
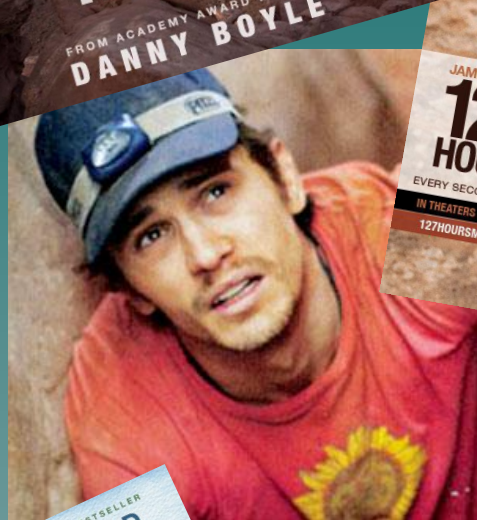


Joe Arnold

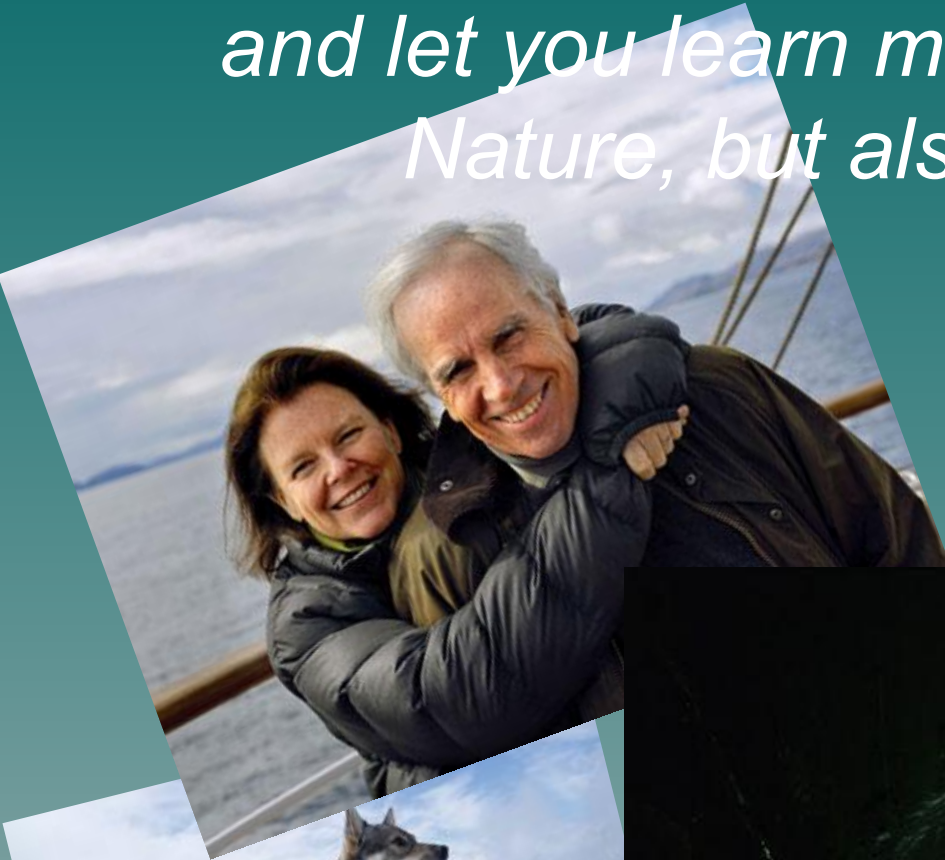
- ◆ In America we can find mountaineering museums.



Mountaineering in the cinematography:



*Mountaineering is dangerous, but also excited
and let you learn more not only about the
Nature, but also about yourself.*



Photograph by Bobby Model

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