



Holidays

in Canada



Why Canada?

Spend your first week surfing at the coast, and the second one biking, rafting and mountaineering in the mountains.

Activities:

***On the coast:** surfing, windsurfing and kitesurfing .*

***In the mountains:** trekking, the Royal Canadian Pacific Experience and mountain biking.*

Weather:

***Summer:** sunny , windy, humid.*



On the coast

The weather

The weather at the coast in Canada is really glorius. It's not close and skorching, it's just a little bit sunny with the light breeze blowing from the sea. This is the best weather for doing water sports, as the waves can be really large and you'll be over the moon surfing or even swimming in the sea.

On the coast

Surfing

Riding the waves can be the thrill of a lifetime. If you have ever dreamt about incredibly big seas with huge powerful waves crashing onto sandy beaches, then you should definitely think about learning to surf.

Surfing in Canada may not be included in the world's top surfing destinations; however, it does offer beginner and intermediate surfers the opportunity to perfect their craft.









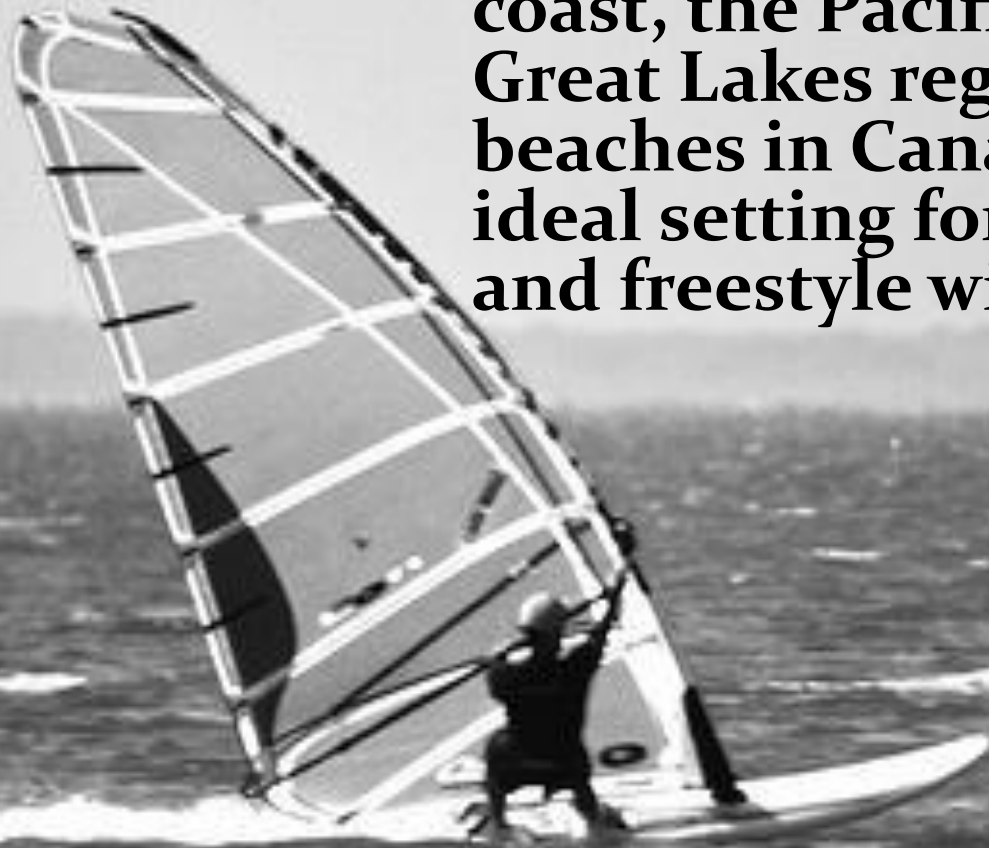
On the coast

Windsurfing

Windsurfing is a surface water sport that combines elements of surfing and sailing. It consists of a board , the rig and the boom. The rig is connected to the board by a free-rotating universal joint.

- **Windsurfing rig or sail**
- **Windsurfing board**
- **Windsurfing boom**
- **Windsurfing joint**

Windsurfing in Canada is predominant on the Atlantic coast, the Pacific coast, and the Great Lakes region. The coastal beaches in Canada provide an ideal setting for wavesailing and freestyle windsurfing.









On the coast

Kitesurfing



Kitesurfing or kiteboarding is an adventure surface water sport that has been described as combining wakeboarding, windsurfing, surfing, paragliding, and gymnastics into one extreme sport.







A scenic mountain landscape. In the foreground, a field of vibrant pink flowers, likely lupines, is in full bloom. Behind the flowers is a dense line of green shrubs and several tall evergreen trees. In the middle ground, a calm blue lake reflects the sky. The background is dominated by majestic, rugged mountains with patches of snow and glaciers. The sky is a clear, bright blue with a few wispy white clouds. The overall scene is a beautiful representation of a mountain wilderness.

In the mountains

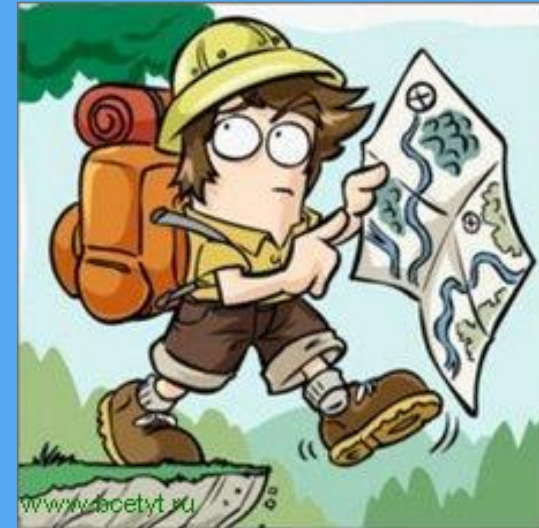
The weather

The weather is muggy and sunny, but sometimes it can be hot with a gentle wind. The mornings are hazy and cloudy, but it doesn't matter if you want to spend a great time in the Canadian mountains.



Trekking

Trekking is the multi-days joyful walking trip enjoying the scenery of rural regions, from one place to the next place. Trekking is not the climbing and mountaineering that need climbing equipment. There are two different treks- one is teahouse trekking and the other is tented camping trekking. Teahouses are the hotels run by the local rural people. the local hotels provide good food with restaurant-style menus, good hot and cold showers. Tented camping is organised all on a tented camping basis.









Mountain biking

Mountain biking is a sport which consists of riding bicycles off-road, often over rough terrain, using specially adapted mountain bikes.

Mountain biking can generally be broken down into the categories: cross country (XC), trail riding, all mountain, downhill, freeride, dirt jumping and trials. Risk of injury is an inherent factor in the sport of mountain biking, especially in the more extreme disciplines such as downhill biking.



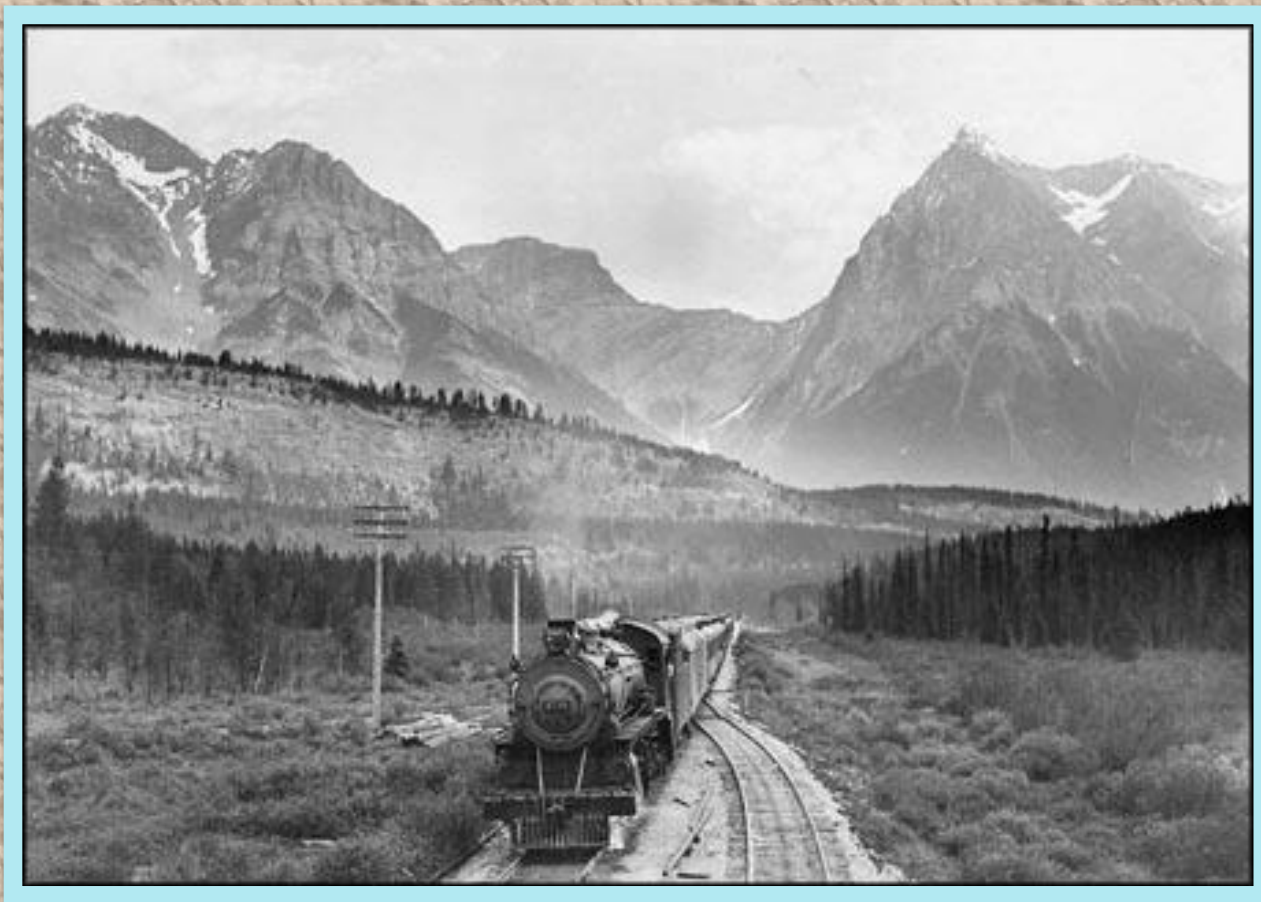
The International Mountain Bicycling Association Rules of the Trail:

- 1) Ride On Open Trails Only
- 2) Leave No Trace
- 3) Control Your Bicycle
- 4) Yield to Others
- 5) Never Scare Animals
- 6) Plan Ahead





The most exciting adventure in Canada is an unforgettable trip by the Canadian Pacific Railway.



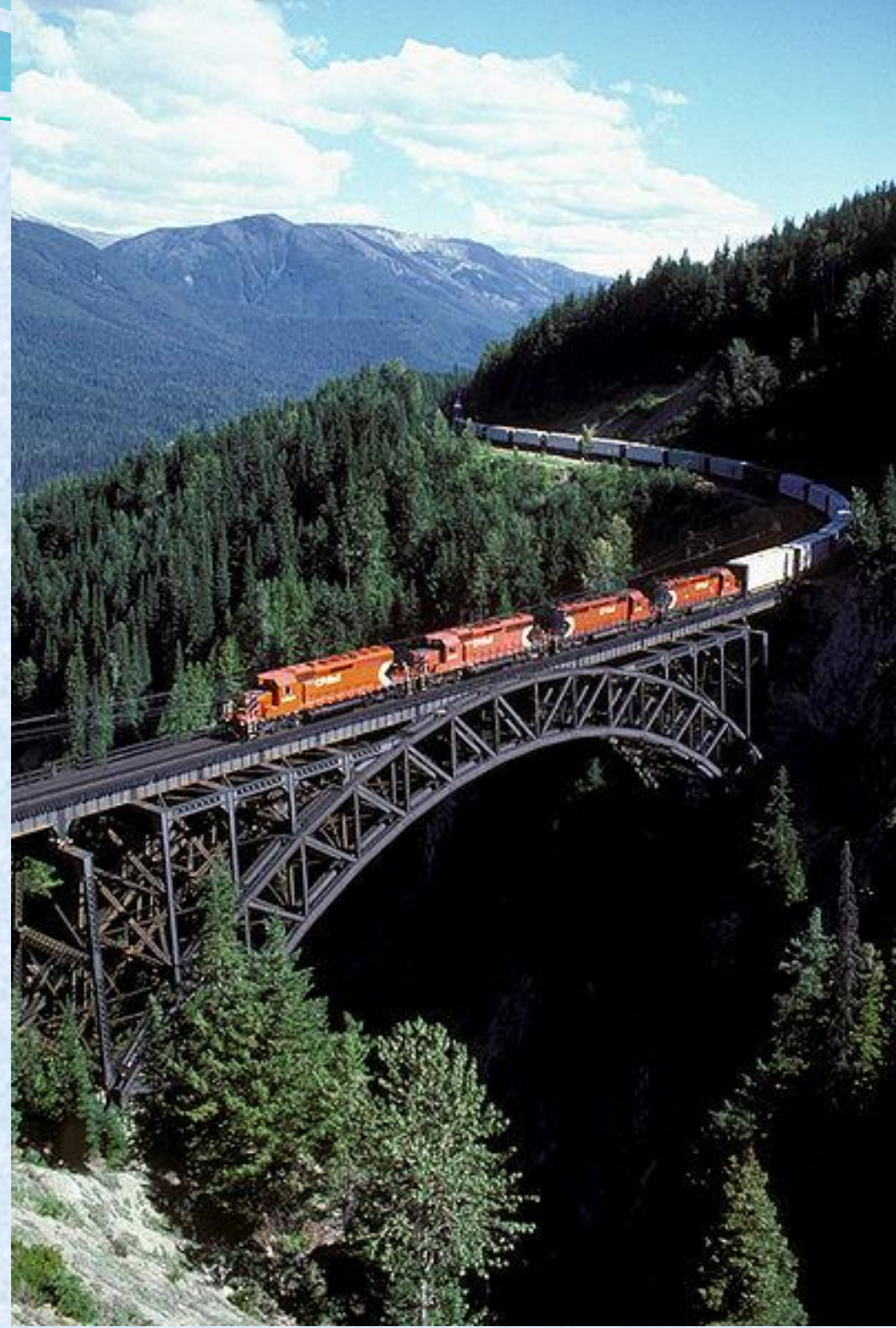
THE ROYAL CANADIAN PACIFIC EXPERIENCE

Royal Canadian Pacific - your ticket to the luxury vacation of your dreams!

Royal Canadian Pacific is one of the world's premier luxury trains. At every opportunity we will exceed your expectations, offering one of the most coveted luxury rail tours available.

Service

- Cuisine
- Accommodation
- Off-train activities
- Scenery and Wildlife







Welcome to Canada

