

TEENAGE PROBLEMS:



SMOKING AND ALCOHOL



1
сначала ты пытаешься забыть старое и начать всё с нуля...



2
в результате ты попадёшь в лечебницу ...



3
затем у тебя начинается депрессия...



4
потом ты потратишь аптечку в поисках чего-нибудь что избавит тебя от всего этого...
следом ты начинаешь плакать и забиваться в угол лишь бы этот мир не трогал тебя...



10 ...Береги себя...



5
А ведь ты всего лишь хотела быть с ним...



6
или попытаешься выпрыгнуть из окна?...



7
а может потом ты случайно раскошь себе вену?...

1. THE REASONS OF STARTING
SMOKING AND DRINKING
ALCOHOL

2. SOLUTION OF THESE
PROBLEMS



400.000 in Russia die every year.
100.000 children become addicted
to tobacco.

23% of all 15 year-olds are
regular smokers



The first alcoholic drink-
at the age of 13.

16% of teens have lost
consciousness after drinking
alcohol.

Many kids don't know that
they can die from too much
alcohol.

Drinking alcohol runs in
family.



Smoking and teens in our school





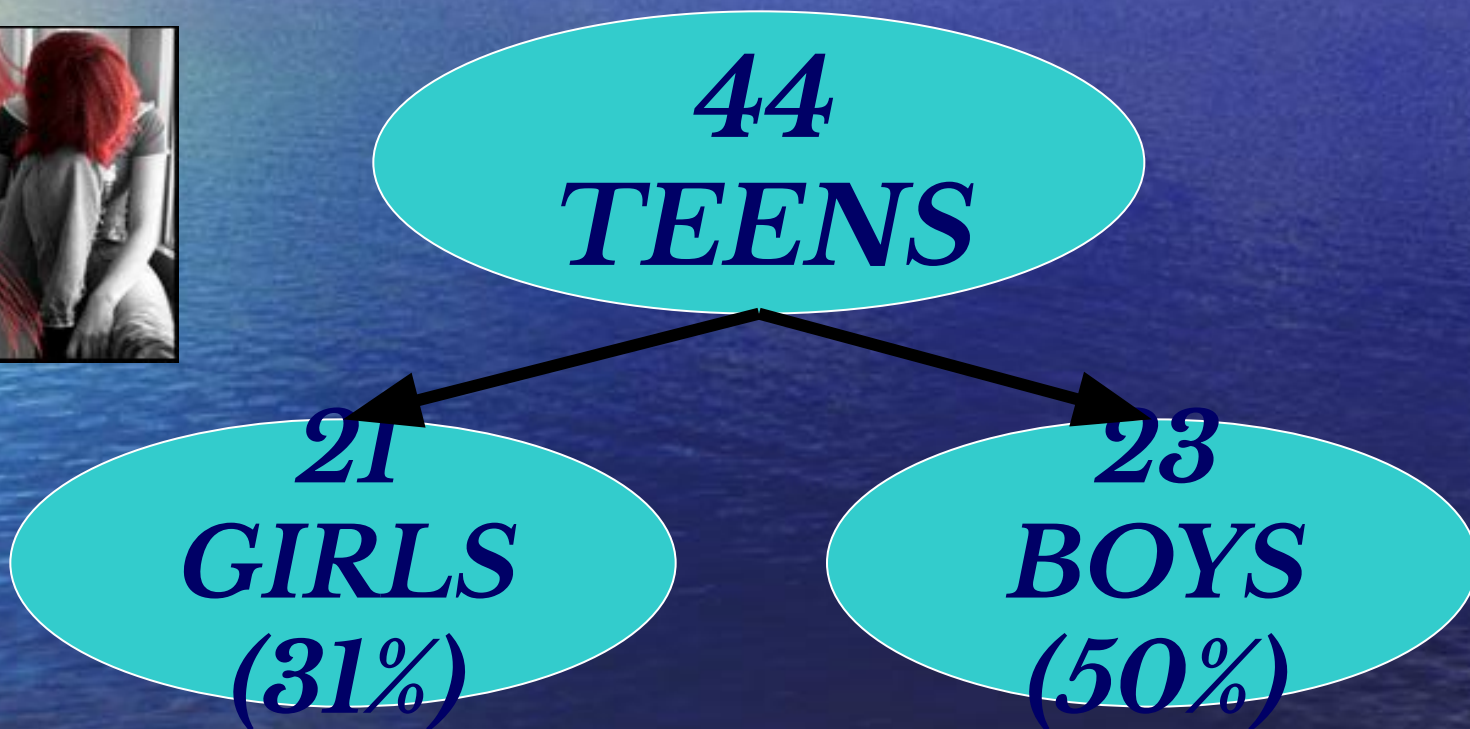


113 teens

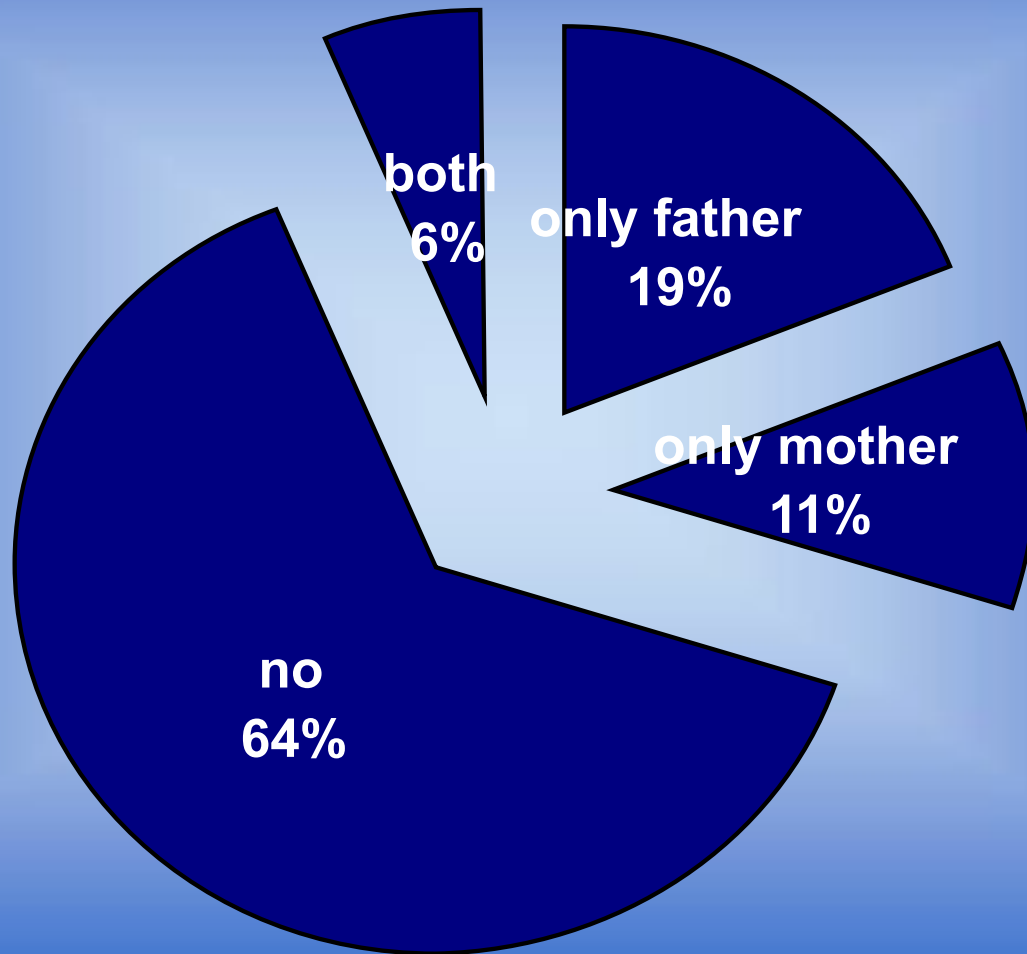
67 girls

46 boys

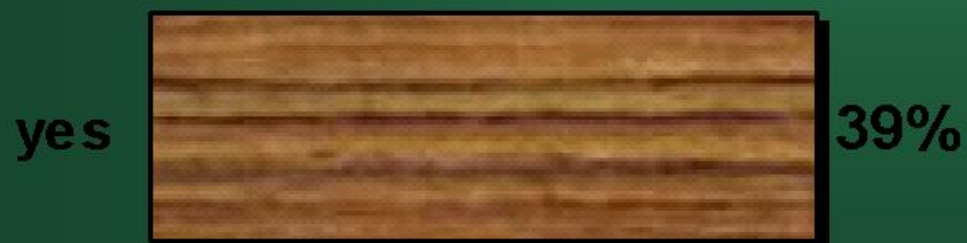
SMOKERS



Do your parents smoke?

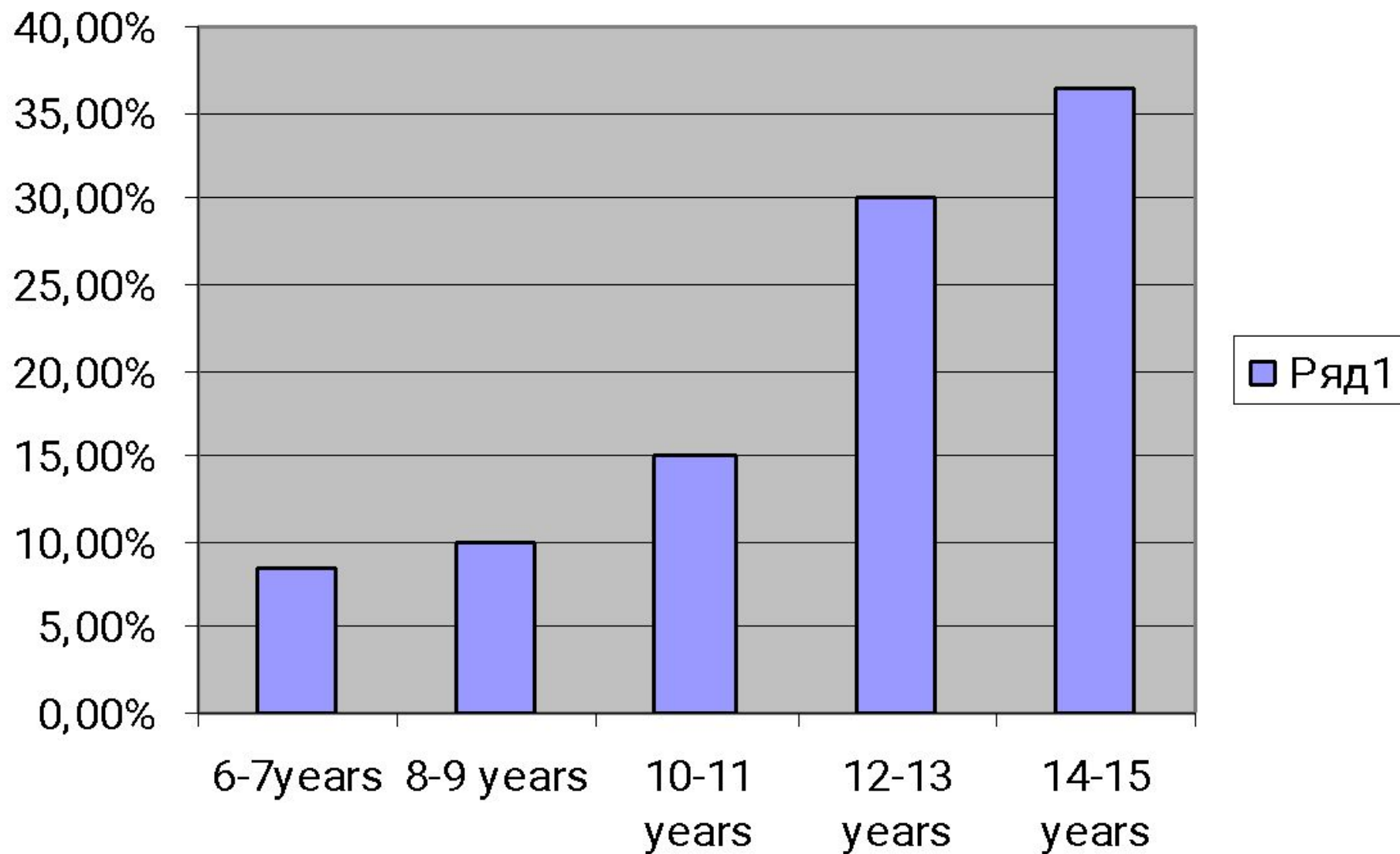


Do you smoke?

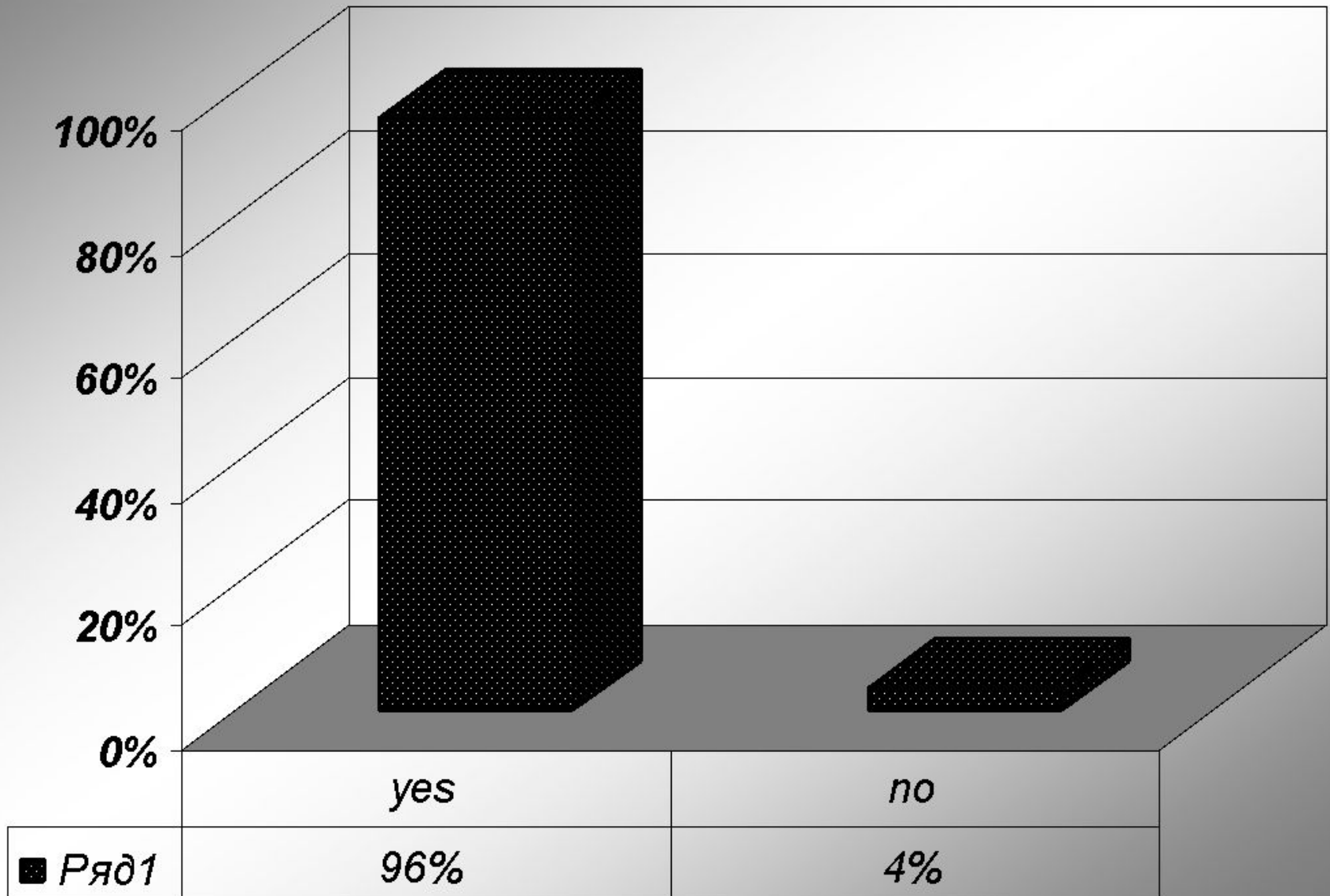


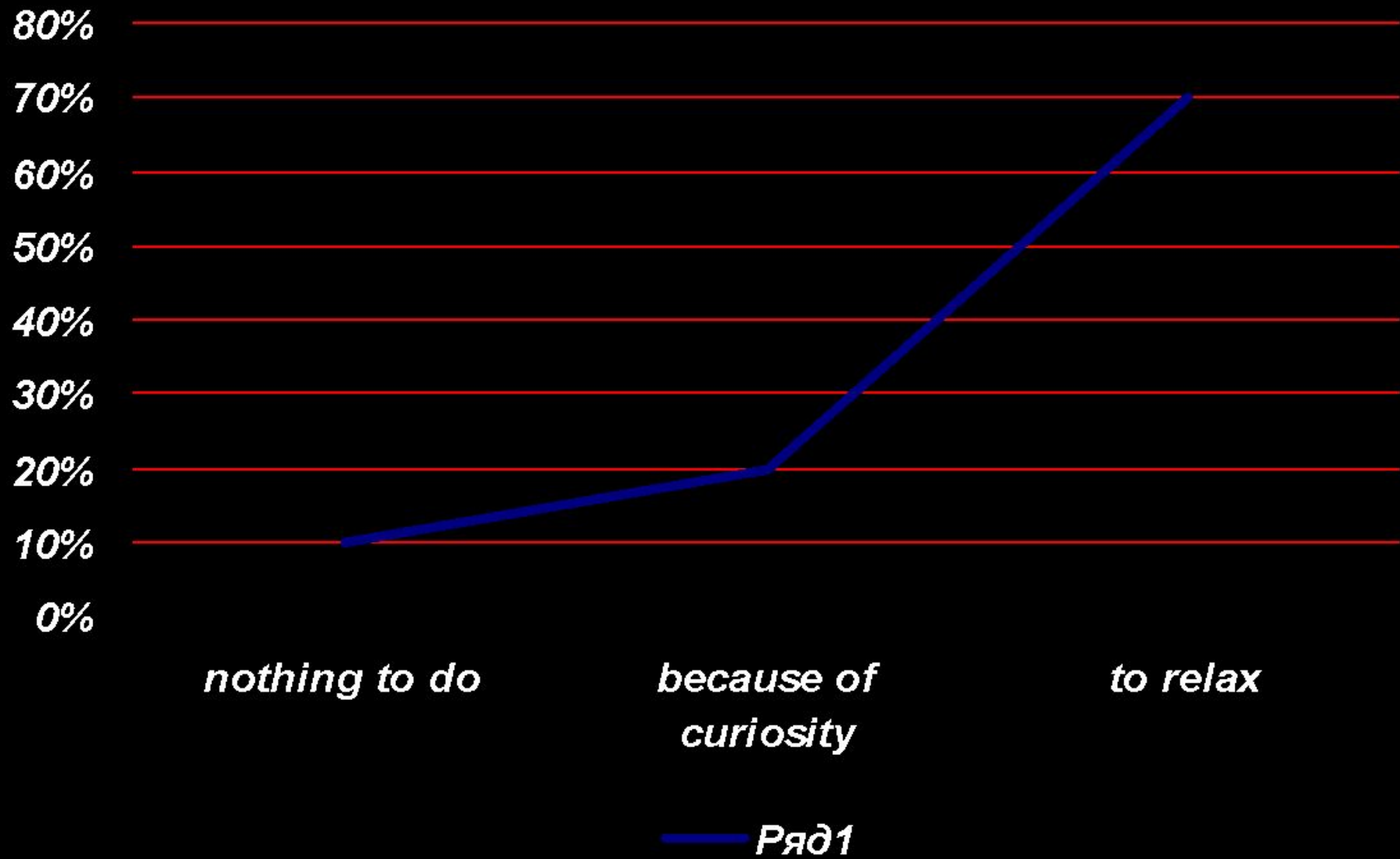
Ряд 1

When did you start smoking?



Is it easy to give up smoking?







Alcohol and teens in our school



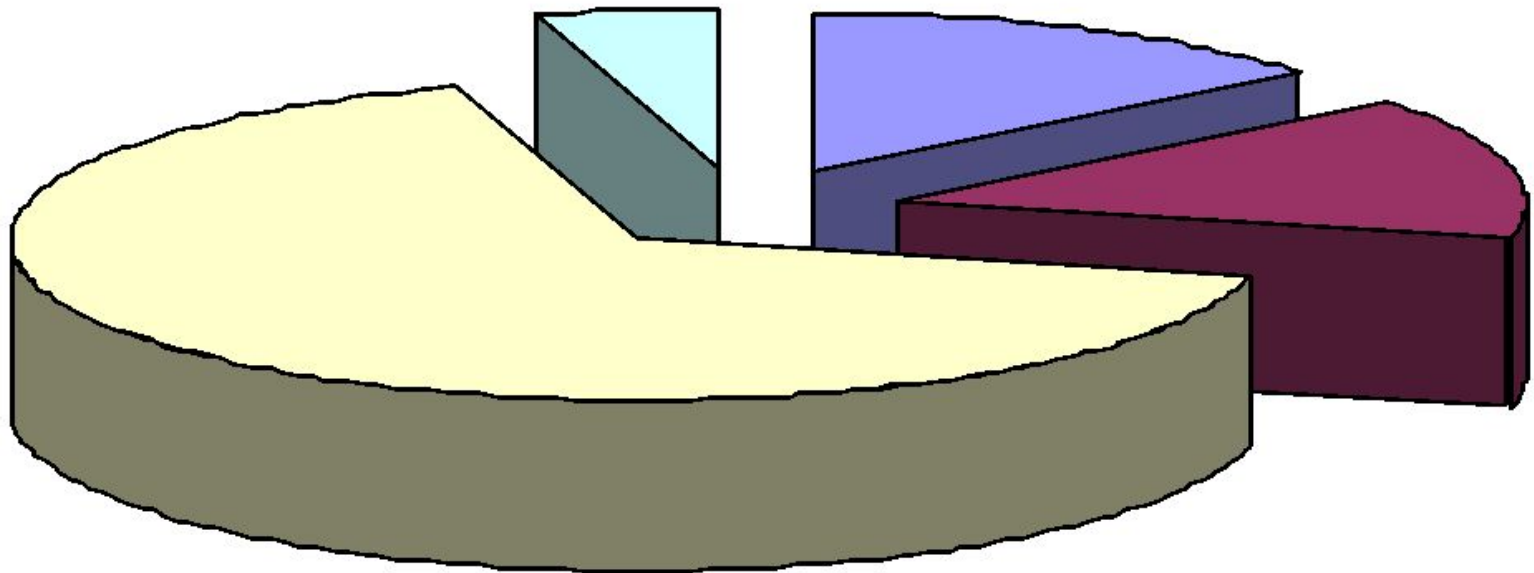


97 TEENS

**80% of the
GIRLS**

**84% of the
BOYS**

Your attitude to alcohol?



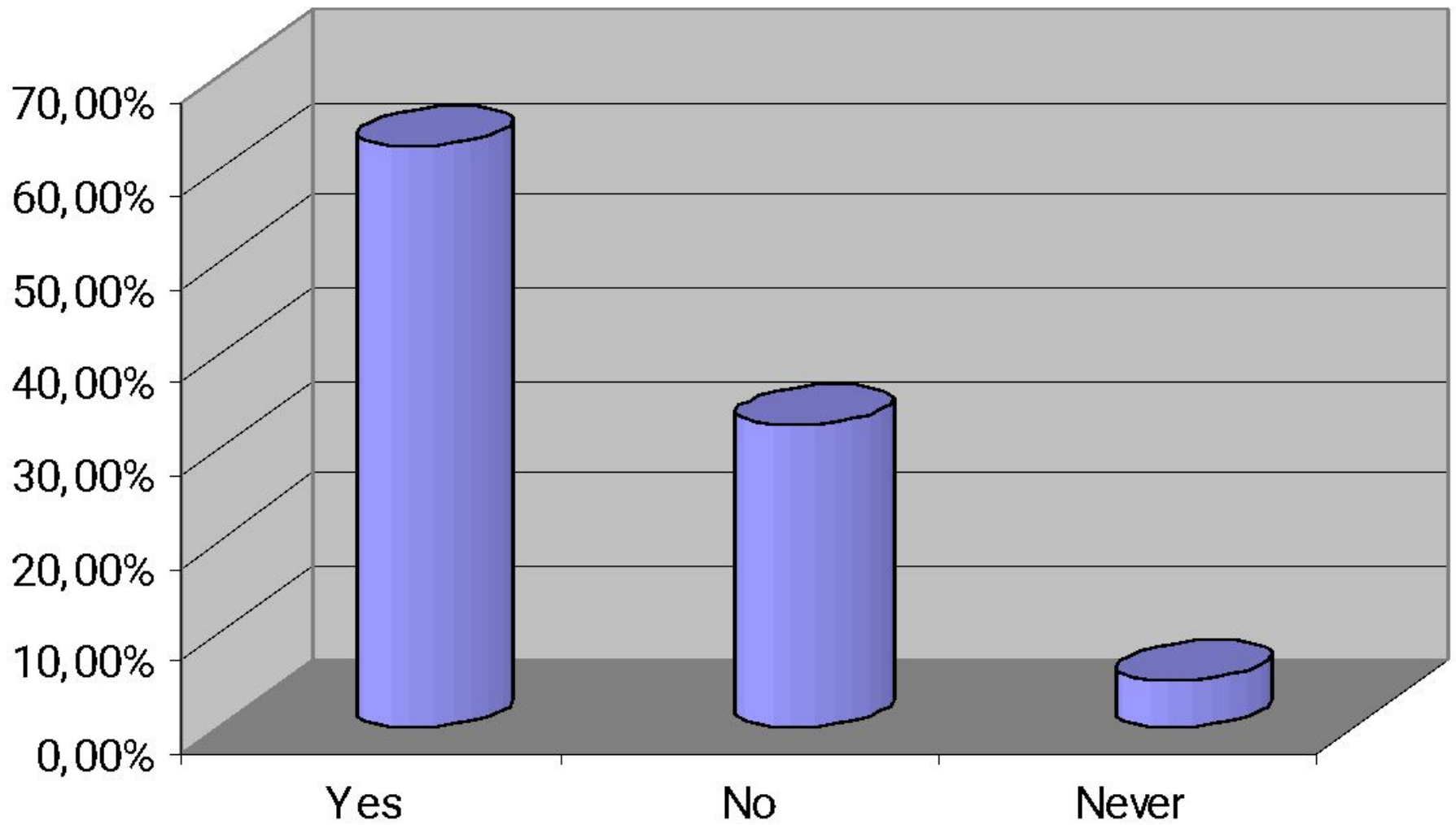
■ negative

■ Simply do not like, when there is someone drunk beside me

■ Neutral

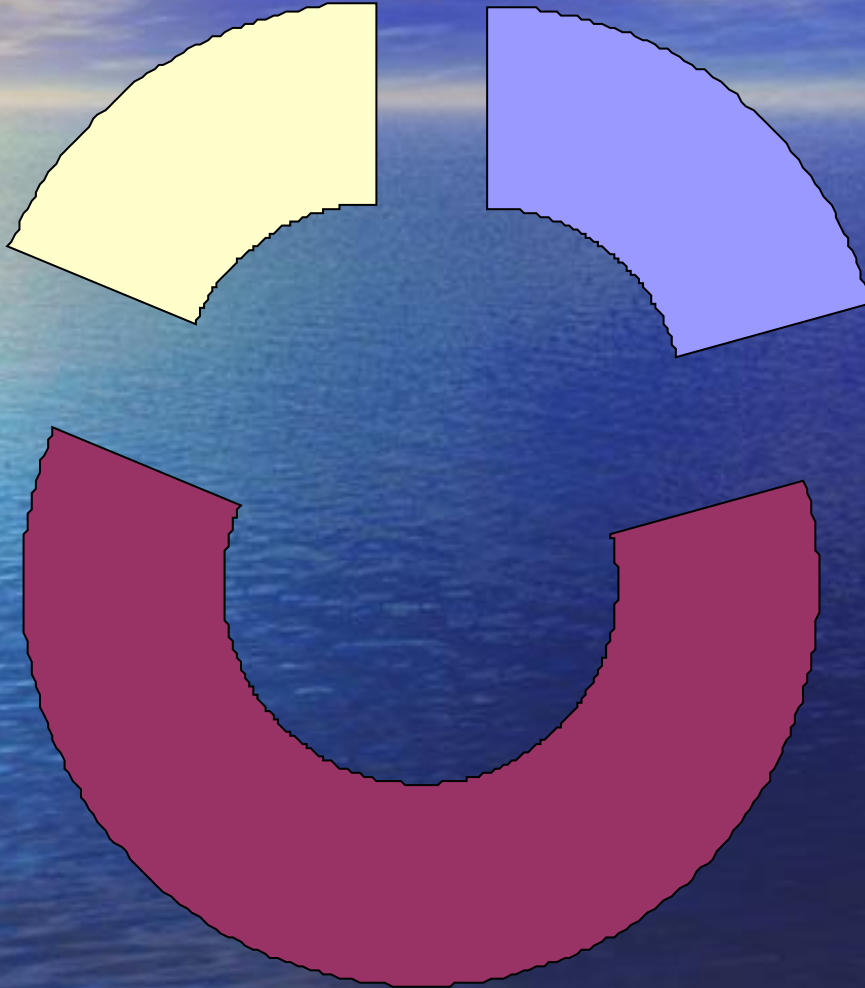
■ Positive

Do you drink alcohol?

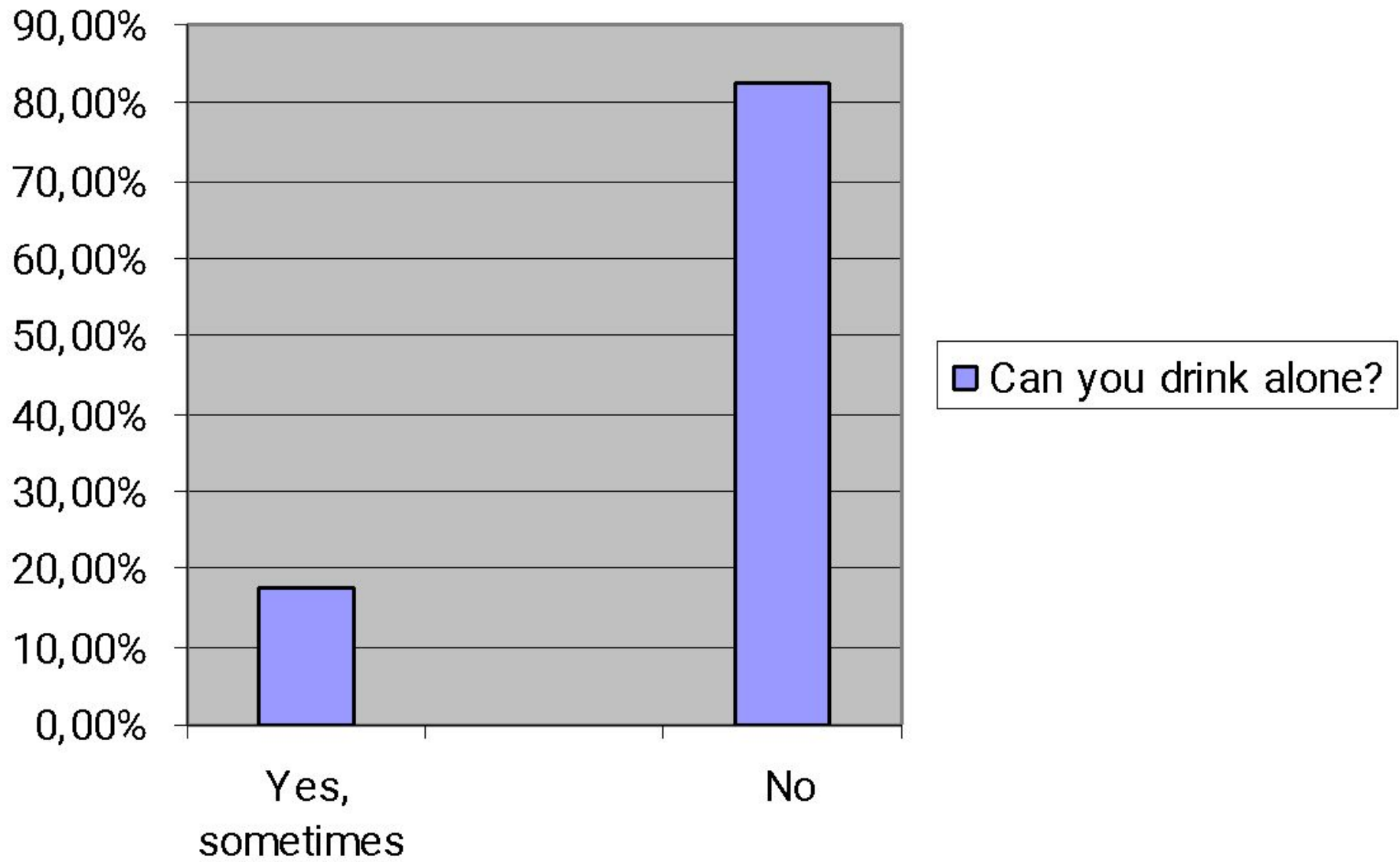


■ Do you drink alcohol?

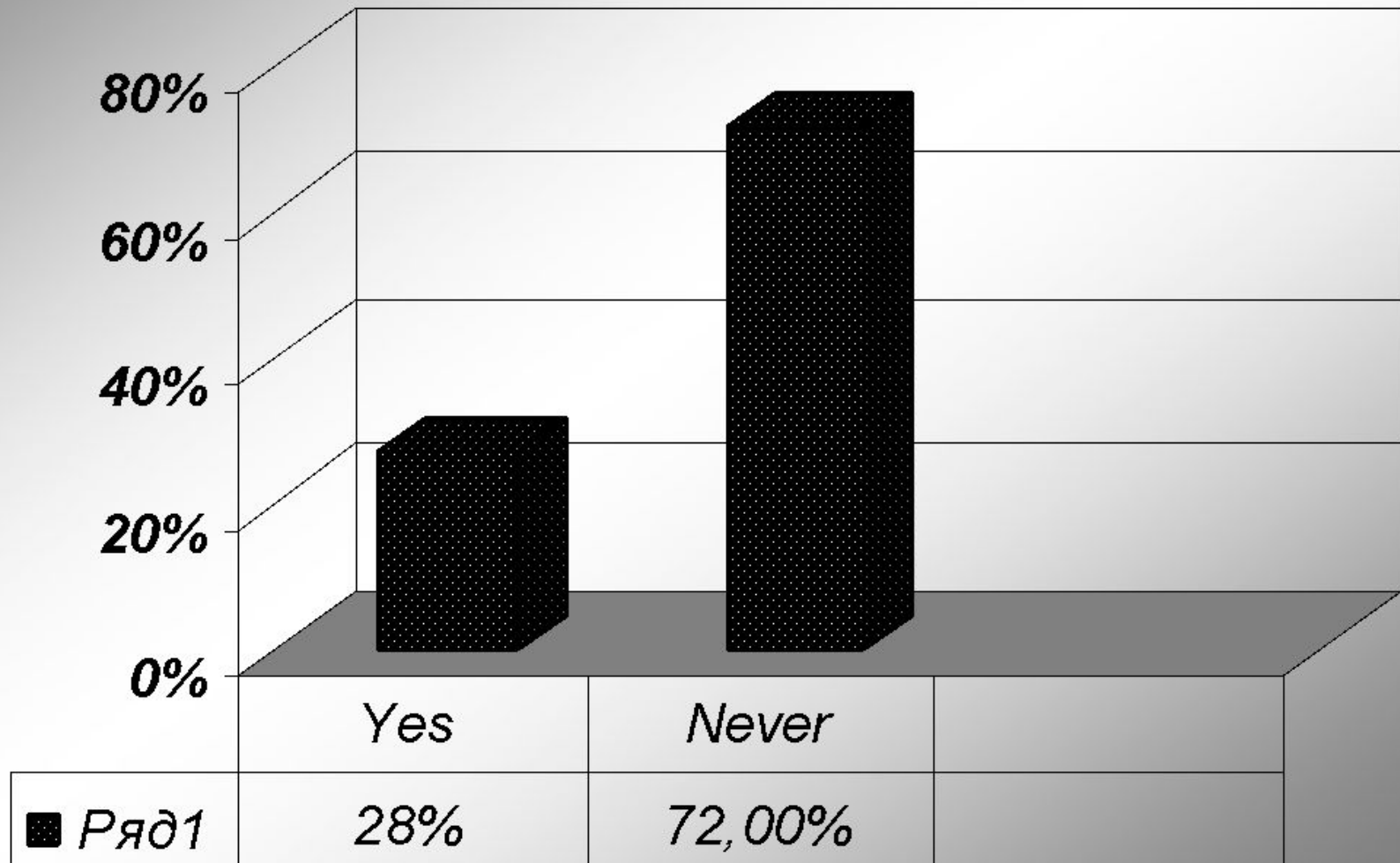
Who do you usually drink
with?



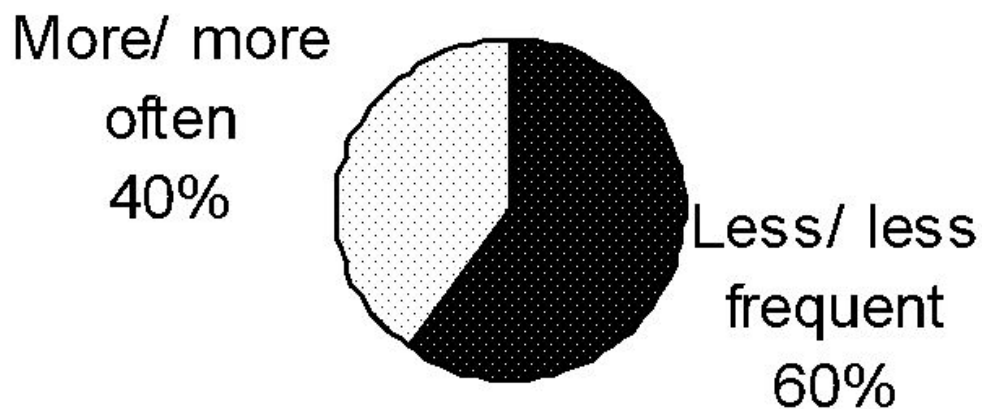
Can you drink alone?



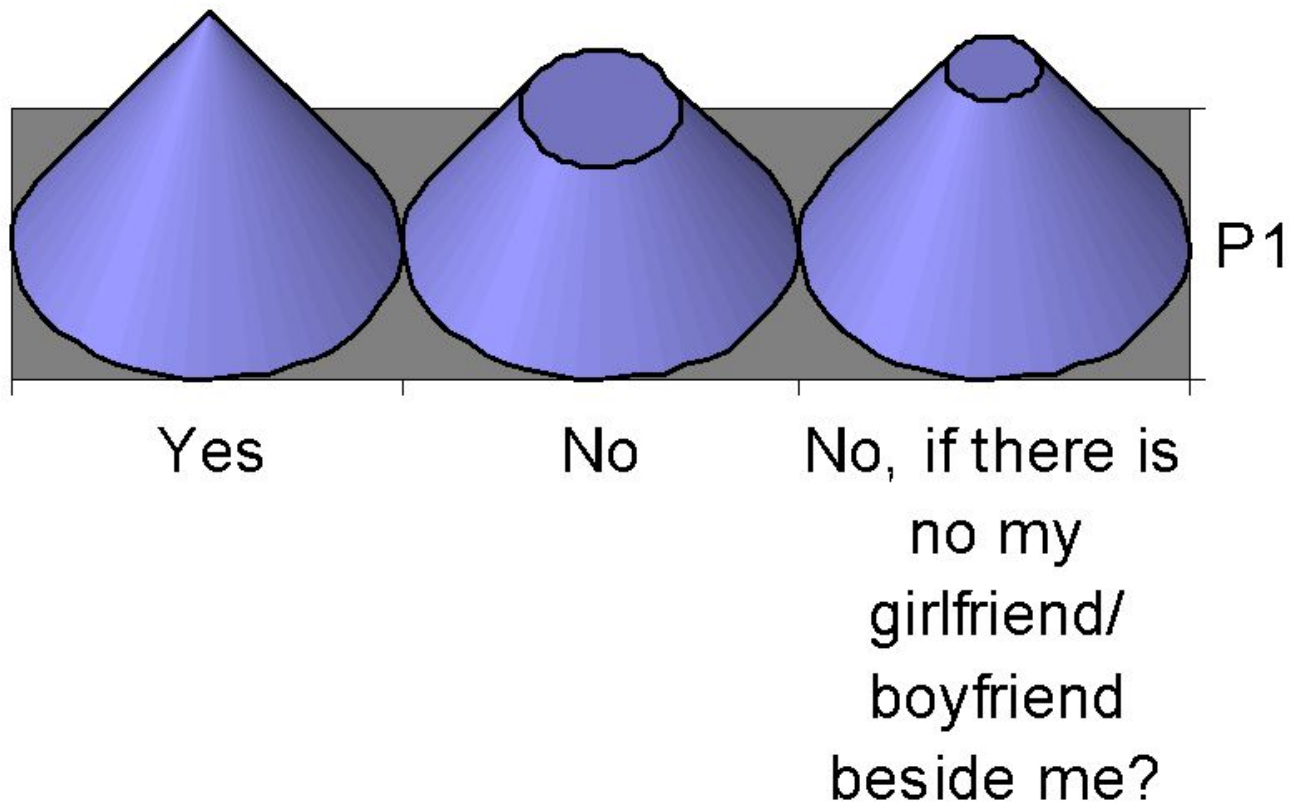
Do you drink to overcome a hangover?



Comparing with the previous year, do you drink...



**Do you care about the amount of alcohol
you drink per day?**





*Have you ever taken any
drugs in your life?*



YES!

**78% of our school
teens**

UNHEALTHY SYMPTOMS:

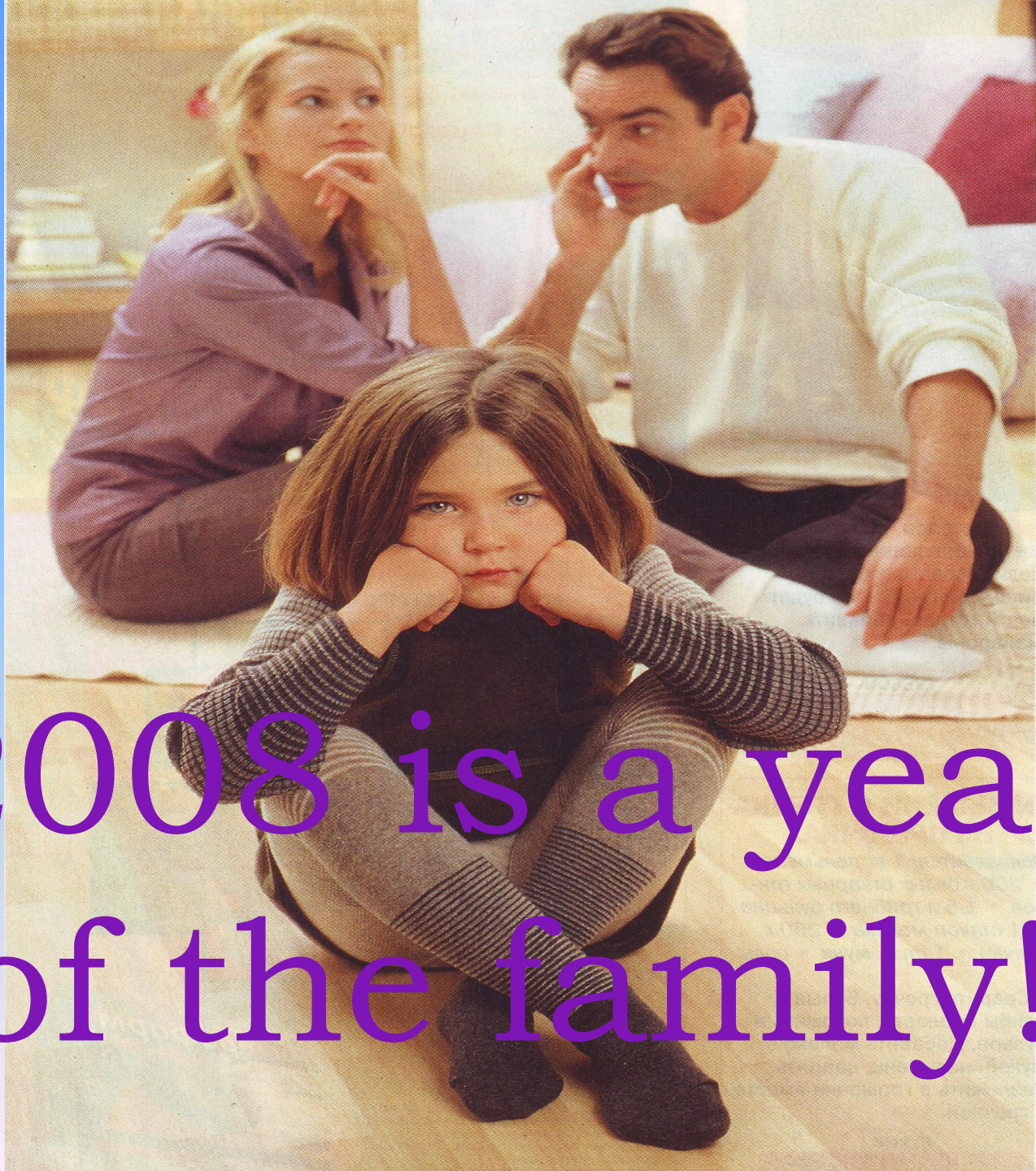
- ***BLACKOUTS,***
- ***HANGOVERS,***
- ***AGRESSIVENESS,***
- ***DEPRESSION,***
- ***PSYCHOLOGICAL***
- ***DEPENDENCE.***



HOW TO SOLVE THESE PROBLEMS?

- You must realize that this habit is health-running.
- You must have a strong will because it's very difficult to get rid of this habit.
- Find a hobby.
- Go in for sports, join a sports club.
- Try to make new friends who don't smoke and drink alcohol.
- Ask your friends to help you.





2008 is a year
of the family!