TEENAGE PROBLEMS:



SMOKING AND ALCOHOL



1.THE REASONS OF STARTING SMOKING AND DRINKING ALCOHOL

2. SOLUTION OF THESE PROBLEMS





The first alcoholic drinkat the age of 13. 16% of teens have lost consciousness after drinking alcohol. Many kids don't know that they can die from too much alcohol.

Drinking alcohol runs in family.



Smoking and teens in our school







113 teens



67 girls

46 boys

SMOKERS

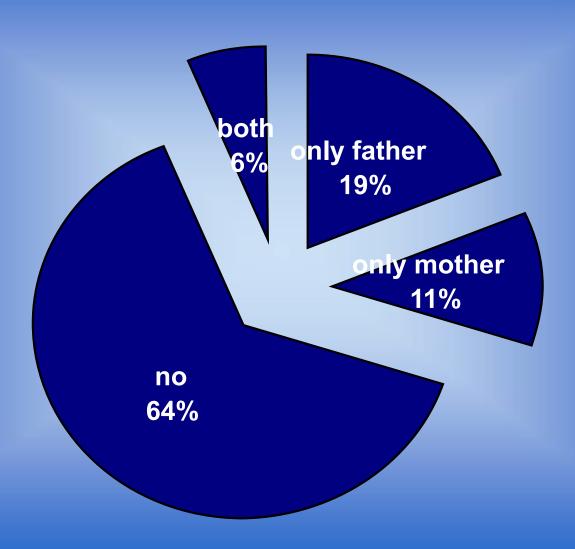


44 TEENS

21 GIRLS (31%)

23 BOYS (50%)

Do your parents smoke?



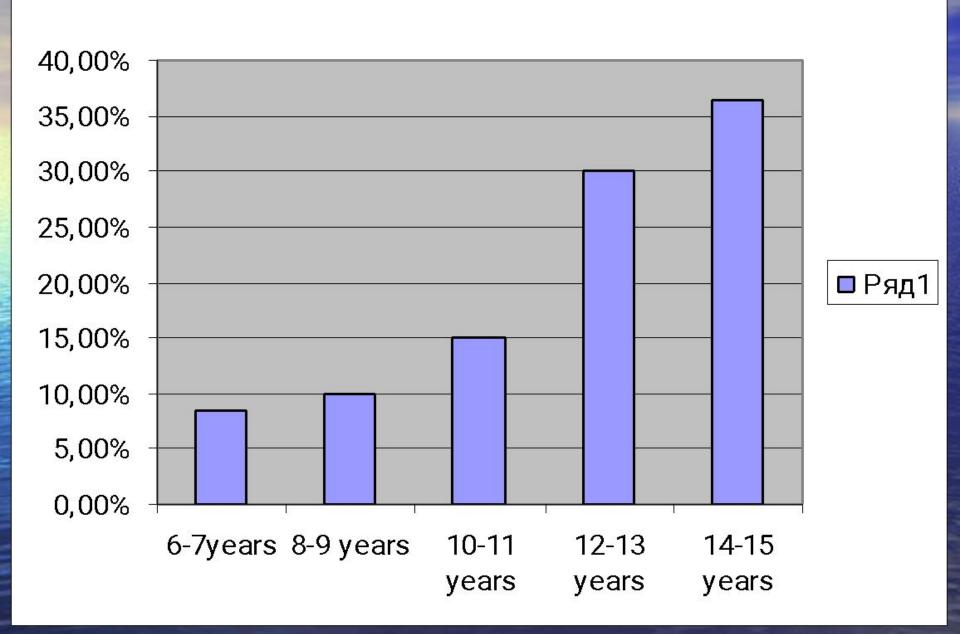




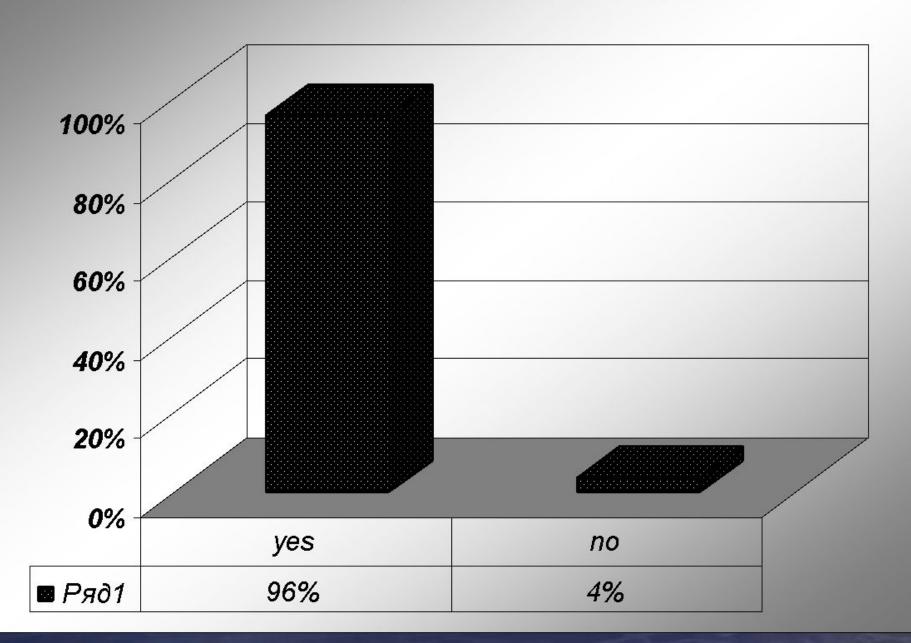


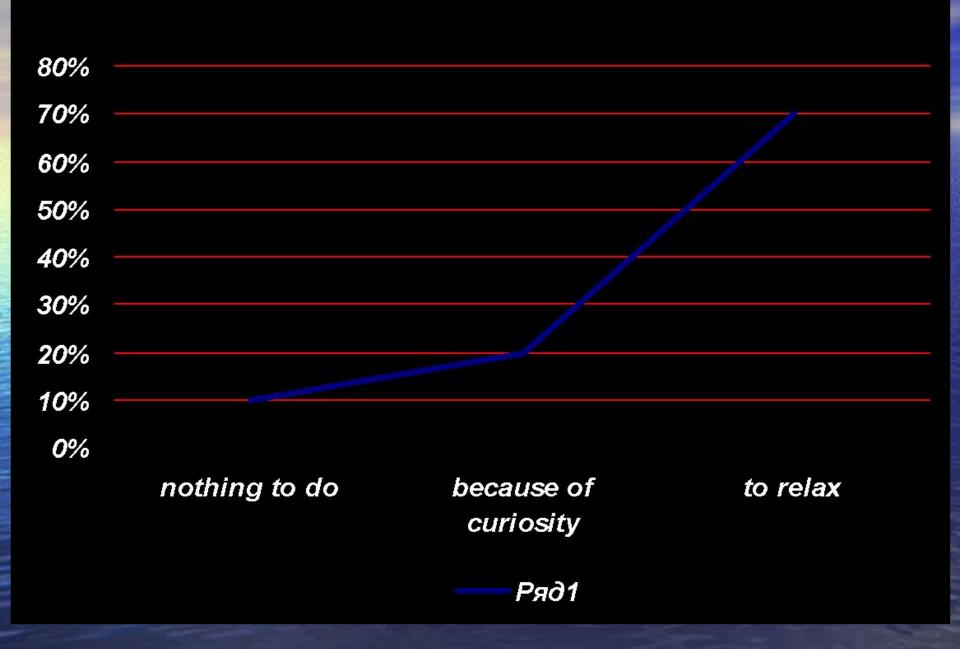


When did you start smoking?



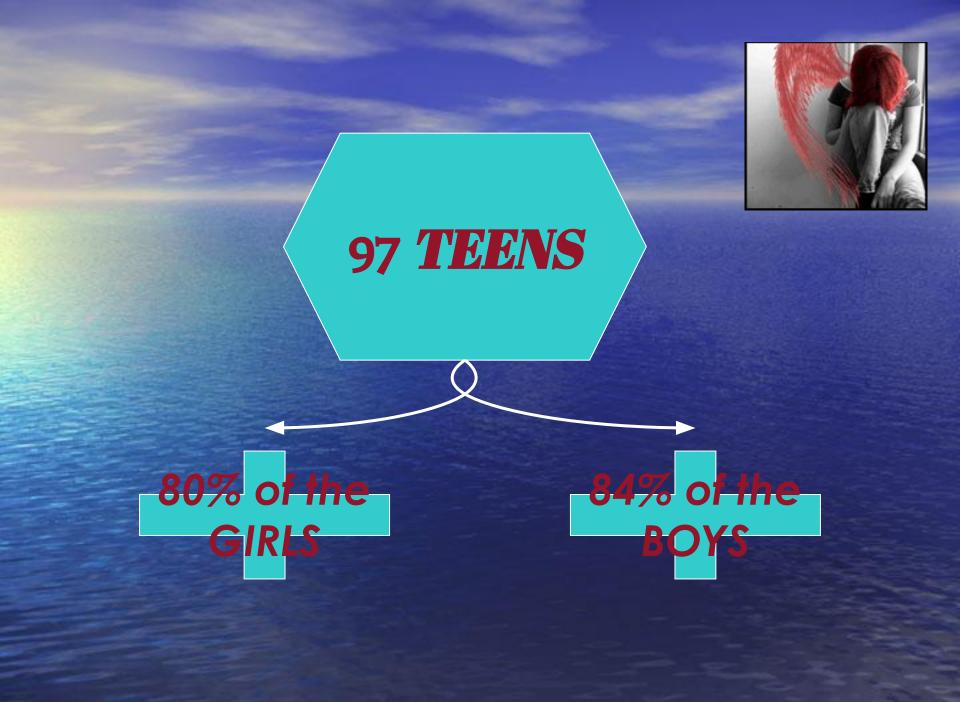
Is it easy to give up smoking?



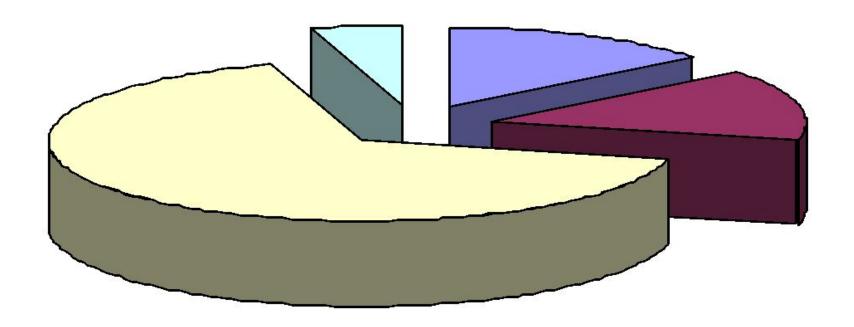








Your attitude to alcohol?

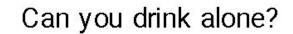


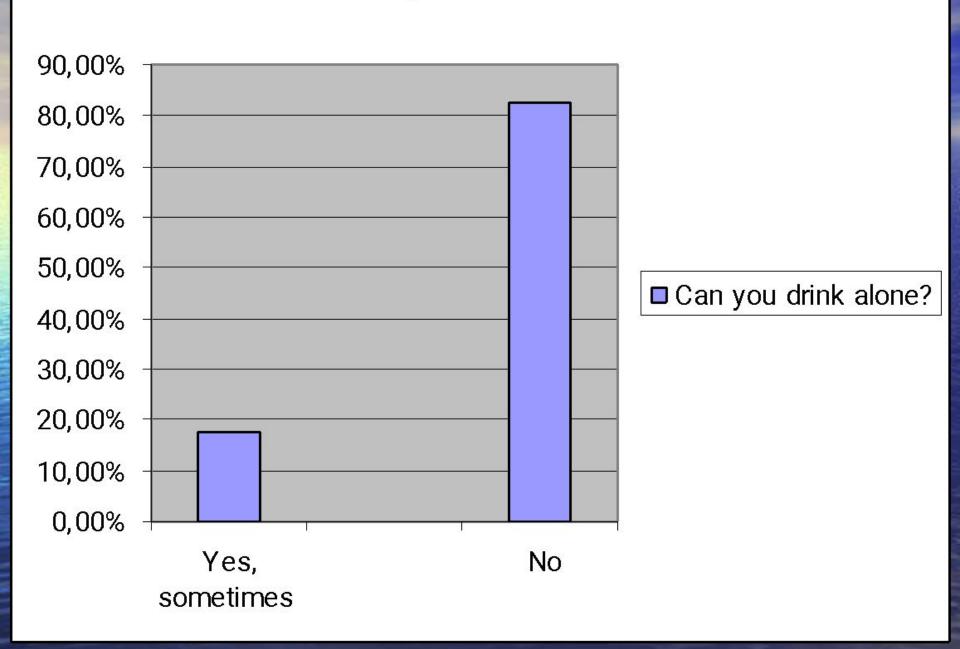
- negative
- Simply do not like, when there is someone drunk beside me
- Neutral
- Positive

Do you drink alcohol?

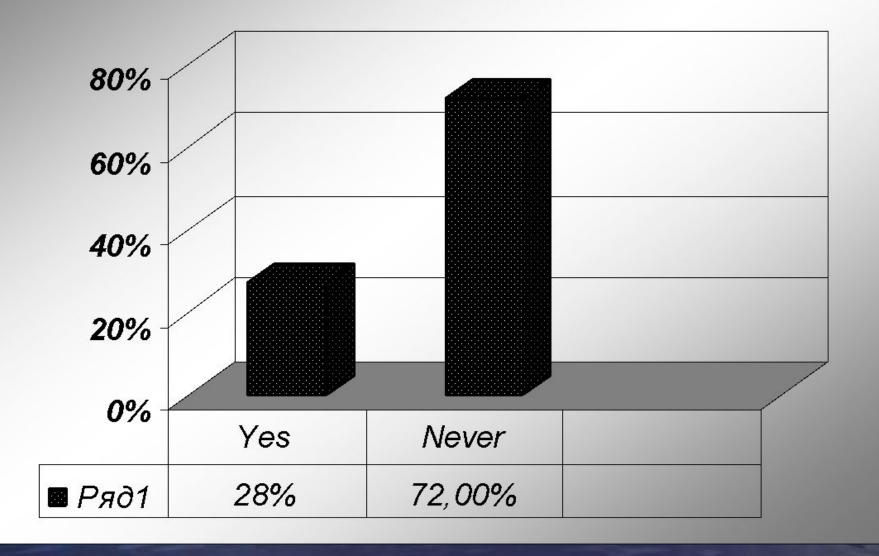




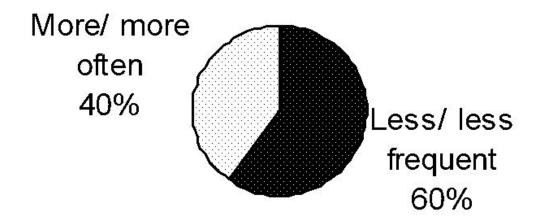




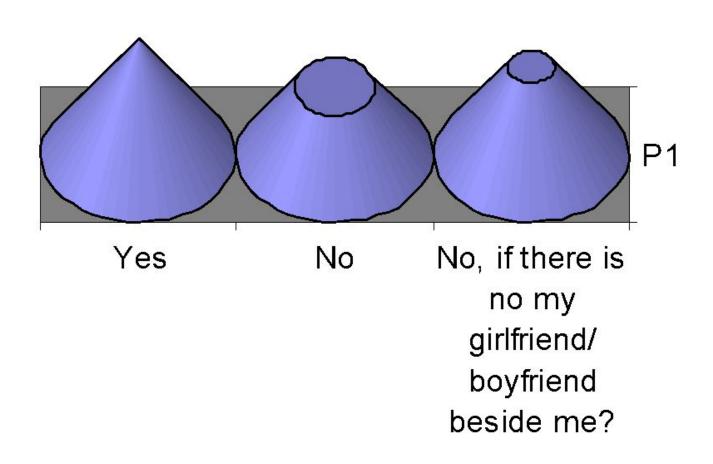
Do you drink to overcome a hangover?



Comparing with the previous year, do you drink...



Do you care about the amount of alcohol you drink per day?





Have you ever taken any drugs in your life?



UNHEALTHY SYMPTOMS:

BLACKOUTS,



- HANGOVERS,
- **AGRESSIVENESS**,
- DEPRESSION,
- PSYCOLOGICAL
- DEPENDENCE.

HOW TO SOLVE THESE PROBLEMS?

- You must realize that this habit is health-running.
- You must have a strong will because it's very difficult to get rid of this habit.
- Find a hobby.
- Go in for sports, join a sports club.
- Try to make new friends who don't sr stops and drink alcohol.
- Ask your friends to help you.

