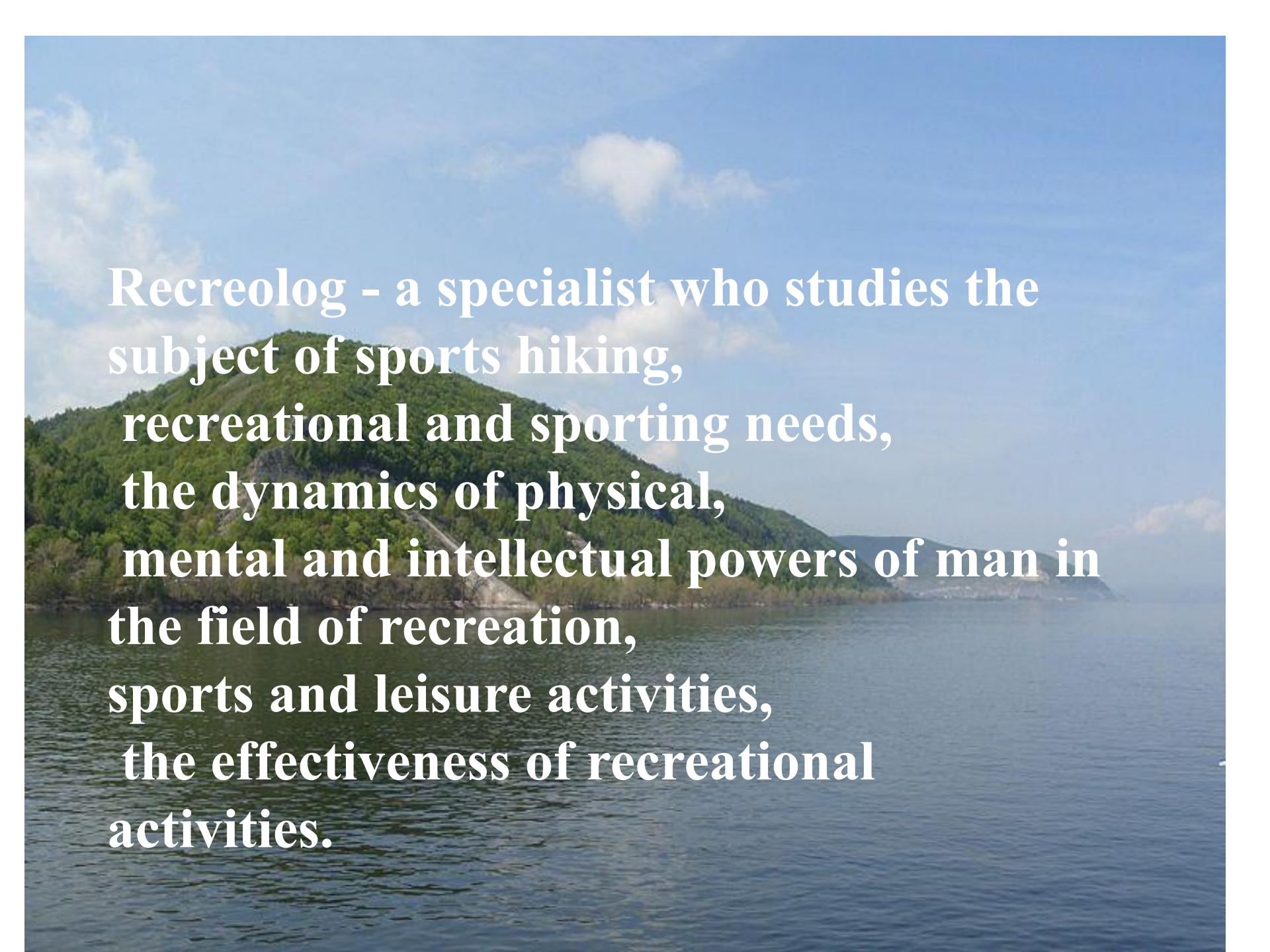


Russian State University Physical
Education

Recreation

Moscow 2012



Recreolog - a specialist who studies the subject of sports hiking, recreational and sporting needs, the dynamics of physical, mental and intellectual powers of man in the field of recreation, sports and leisure activities, the effectiveness of recreational activities.

The background image is a photograph of a park. It features a winding stone path that leads through a lush, green landscape. On the left side of the path, there is a wooden bench. The area is filled with various plants, including tall grasses, shrubs, and trees. In the background, a body of water is visible, surrounded by more trees. The overall scene is peaceful and scenic.

The scope of professional specialist in recreation and sports and health tourism are:

- sports tourism**
- physical (sports and sports) recreation and rehabilitation**
- sport and tourism**
- tourism and recreation institutions and systems**
- spa facilities**

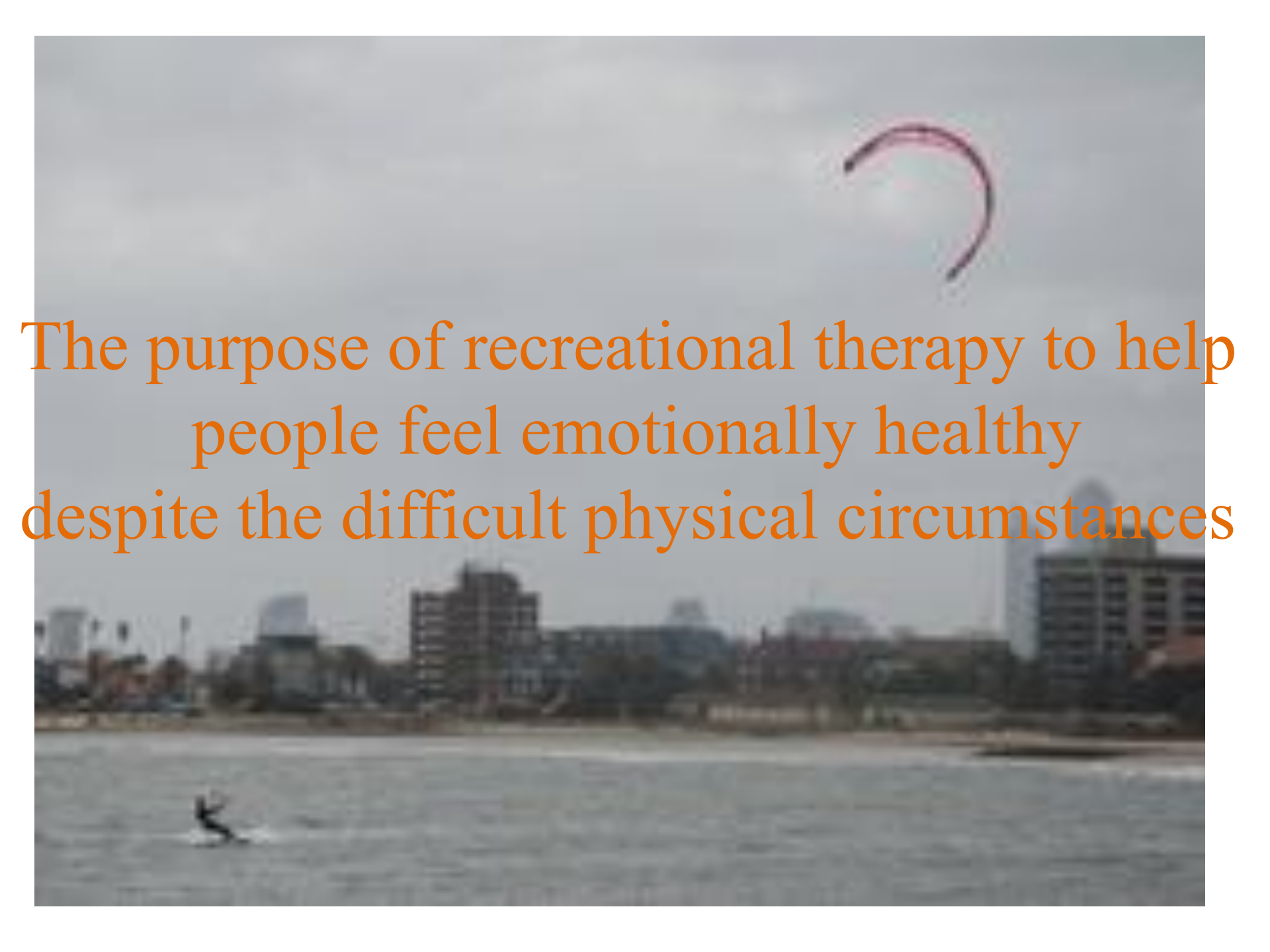


The duties of a recreation specialist vary depending on their employment setting.

Their job is to provide activities that improve the state of life and mental health for the people.

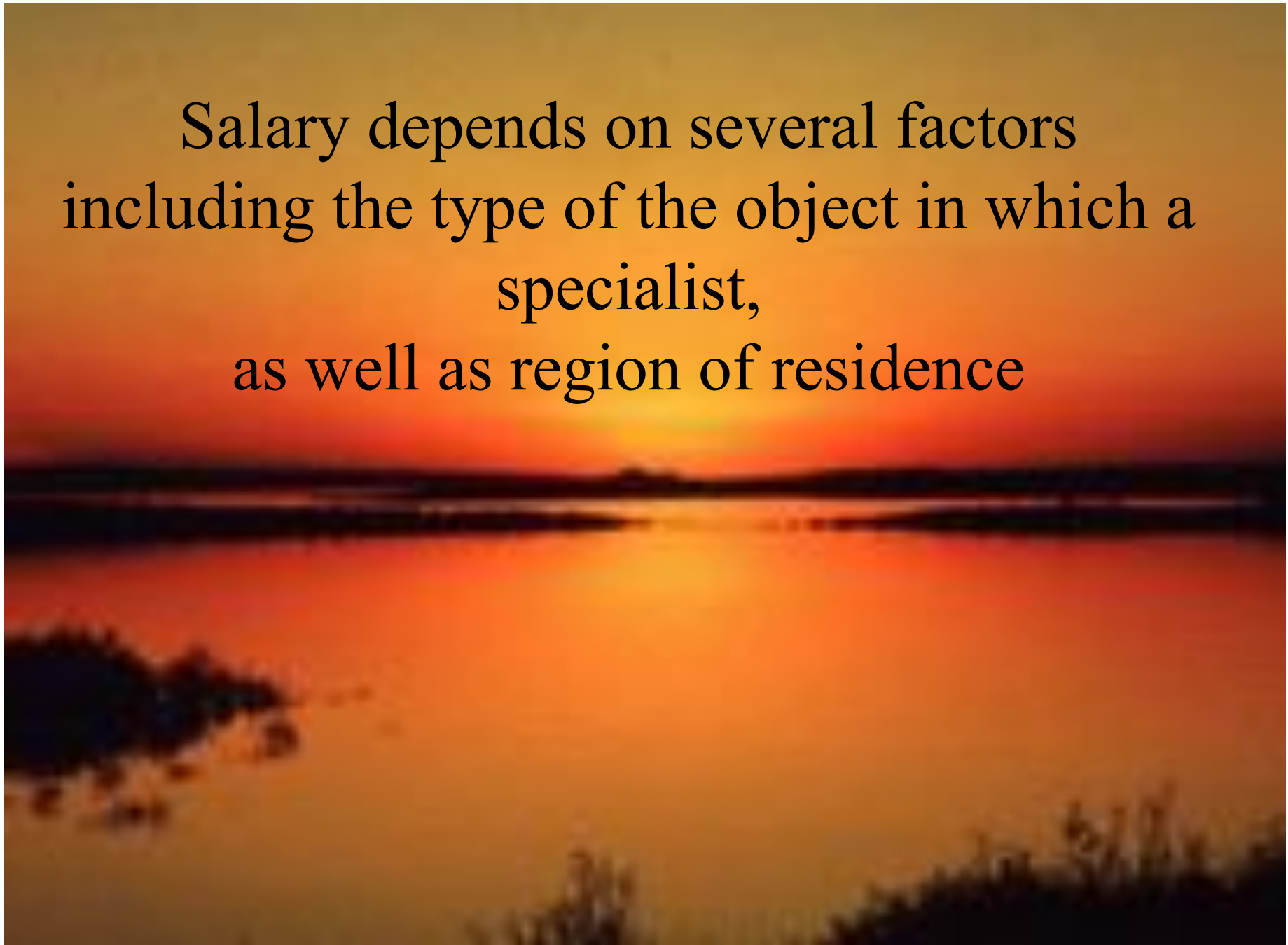


**A recreation specialist would be expected to meet
the recreational
needs of a community
or interest group.
People with such diploma often work in parks and
recreation
centers in towns,
on community projects and activities.**

A photograph of a person kitesurfing on a body of water. In the background, there is a city skyline with several buildings. A rainbow is visible in the sky above the water. The text is overlaid in the center of the image.

The purpose of recreational therapy to help
people feel emotionally healthy
despite the difficult physical circumstances

Salary depends on several factors
including the type of the object in which a
specialist,
as well as region of residence



- 
- A person in a dark jacket and light pants is rappelling down a rope. The background features a large, rugged mountain with significant snow cover under a clear sky. The person's shadow is cast onto the snow in the foreground.
- There are 4 main functions performed by a specialist:**
- plan development**
 - evaluation**
 - implementation**
 - documentation**



Experts are active in promoting physical activity,
while improving mental health



The objects
of professional recreation
specialist include:
physical,
mental and
Functional abilities of a
person.