SPORTS



WHAT IS SPORT?

SPORT REFERS TO THE EXCERCISE OF SKILL IN A PHISICAL ACTIVITY WHICH IS OFTEN COMPETITIVE, AND CARRIED ON FOR ITS INTRINSIC ENJOYMENT, INCLUDING THAT OF ITS SPECTATORS



WHAT IS SPORT?

SPORT IS GENERALLY RECOGNISED AS ACTIVITES
BASED IN PHISICAL ATHLETICISM OR PHISICAL
DEXTERITY.SPORTS ARE USALLY GOVERNED BY RULES
TO ENSURE FAIR COMPETITION AND CONSISTENT
ADJUDICATION OF THE WINNER

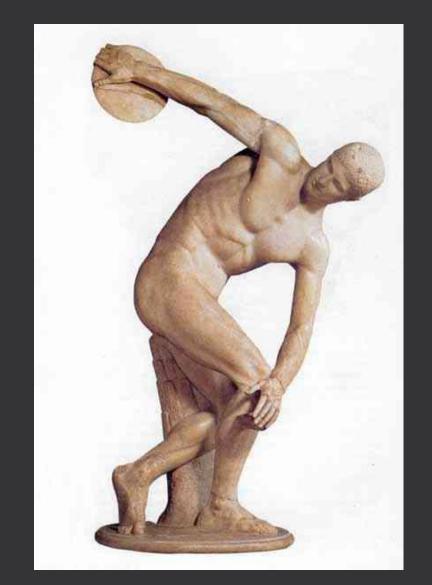


HISTORY OF SPORT

THERE ARE ARTIFACTS AND STRUCTURES
THAT SUGGEST THAT THE CHINESE ENGAGED
IN SPORTING ACTIVITES AS EARLY AS 2000
BC.GYMNASTICS APPEARS TO HAVE BEEN A
POPULAR SPORT IN CHINA ANCIENT PAST.

MONUMENTS TO THE PHARAOHS INDICATE
THAT A NUMBER OF SPORTS, INCLUDING
SWIMMING AND FISHING, WERE
WELL-DEVELOPED AND REGULATED
SEVERAL THOUSANDS OF YEARS AGO IN
ANCIENT EGYPT

SPORT



AMATEUR AND PROFFESIONAL

SPORT CAN BE UNDERTAKEN AMATEUR, PROFESSIONAL OR

SPECTATOR INVOLVEMENT

BOTH AMATEUR AND PROFESSIONAL SPORTS ATTRACT SPECTATORS,BOTH IN PERSON AT THE SPORT VENUE, AND THROUGH BROADCAST MEDIUMS INCLUDING RADIO,TELEVISIONS AND INTERNET BROADCAST



TECHNOLOGY

TECHNOLOGY PLAYS AN IMPORTANT PART IN MODERN SPORT, WITH IT BEING A NECESSARY PART OF SOME SPORTS (SUCH AS MOTORSPORT), AND USED IN OTHERS TO IMPROVE PERFOMANCE.

SPORTS SCIENCE IS A WIDESPREAD ACADEMIC DISCIPLINE, AND CAN BE APPLIED TO AREAS INCLUDING ATHLETE PERFORMANCE, SUCH AS THE USE OF VIDEO ANALYSIS TO FINE TUNE TECHNIQUE, OR TO EQUIPMENT, SUCH AS IMPROVED RUNNING SHOES OR COMPETITIVE SWIMWEAR

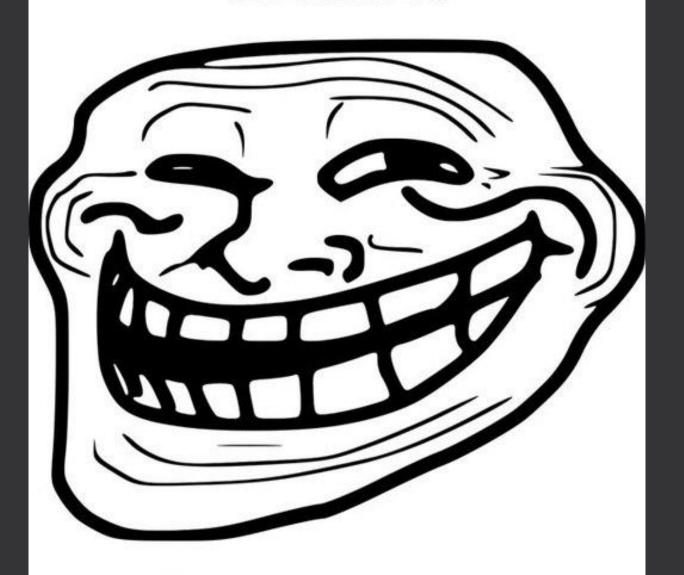
SPORT IN OUR LIFE

SPORTS PLAY AN IMPORTANT PART IN OUR LIFE AS OUR STATE OF HEALTH DEPENDS ON IT .IT POPULAR AMONG BOTH CHILDREN AND GROWN-UPS .THE SPORT HELPS TO BRING UP PHYSICAL STRONG, COURAGEOUS, STRONG-WILLED AND





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