

SPORTS



WHAT IS SPORT?

SPORT REFERS TO THE EXERCISE OF SKILL IN A PHYSICAL ACTIVITY WHICH IS OFTEN COMPETITIVE, AND CARRIED ON FOR ITS INTRINSIC ENJOYMENT, INCLUDING THAT OF ITS SPECTATORS



WHAT IS SPORT?

SPORT IS GENERALLY RECOGNISED AS ACTIVITIES BASED IN PHYSICAL ATHLETICISM OR PHYSICAL DEXTERITY. SPORTS ARE USUALLY GOVERNED BY RULES TO ENSURE FAIR COMPETITION AND CONSISTENT ADJUDICATION OF THE WINNER



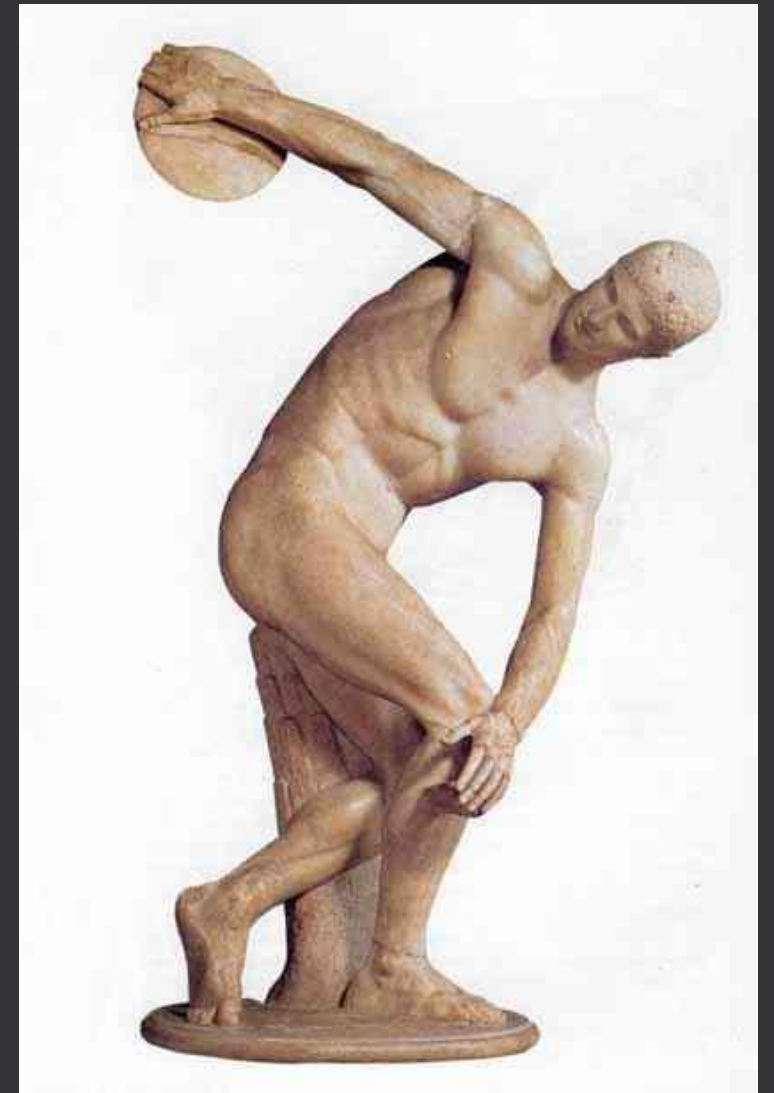
HISTORY OF SPORT

THERE ARE ARTIFACTS AND STRUCTURES THAT SUGGEST THAT THE CHINESE ENGAGED IN SPORTING ACTIVITIES AS EARLY AS 2000 BC. GYMNASTICS APPEARS TO HAVE BEEN A POPULAR SPORT IN CHINA ANCIENT PAST.

MONUMENTS TO THE PHARAOHS INDICATE THAT A NUMBER OF SPORTS, INCLUDING SWIMMING AND FISHING, WERE WELL-DEVELOPED AND REGULATED SEVERAL THOUSANDS OF YEARS AGO IN ANCIENT EGYPT

SPORT

A WIDE RANGE OF SPORTS WERE ALREADY ESTABLISHED BY THE TIME OF ANCIENT GREECE AND THE DEVELOPMENT OF SPORTS IN GREECE INFLUENCED ONE ANOTHER CONSIDERABLY. SPORTS BECAME SUCH A PROMINENT PART OF THEIR CULTURE THAT THE GREEKS CREATED THE OLYMPIC GAMES ,WHICH IN ANCIENT TIMES WERE HELD EVERY FOUR YEARS IN A SMALL VILLAGE IN THE PELOPONNESUS CALLED OLYMPIA.



AMATEUR AND PROFESSIONAL

SPORT CAN BE UNDERTAKEN
ON AN
AMATEUR, PROFESSIONAL OR
SEMI-PROFESSIONAL BASIS
DEPENDING ON WHETHER
PARTICIPANTS ARE
INCENTIVISED FOR
PARTICIPATION (USUALLY
THROUGH PAYMENT OF A
WAGE OR SALARY)

SPECTATOR INVOLVEMENT

BOTH AMATEUR AND PROFESSIONAL SPORTS ATTRACT SPECTATORS, BOTH IN PERSON AT THE SPORT VENUE, AND THROUGH BROADCAST MEDIUMS INCLUDING RADIO, TELEVISIONS AND INTERNET BROADCAST



TECHNOLOGY

TECHNOLOGY PLAYS AN IMPORTANT PART IN MODERN SPORT ,WITH IT BEING A NECESSARY PART OF SOME SPORTS (SUCH AS MOTORSPORT),AND USED IN OTHERS TO IMPROVE PERFORMANCE.

SPORTS SCIENCE IS A WIDESPREAD ACADEMIC DISCIPLINE,AND CAN BE APPLIED TO AREAS INCLUDING ATHLETE PERFORMANCE ,SUCH AS THE USE OF VIDEO ANALYSIS TO FINE TUNE TECHNIQUE,OR TO EQUIPMENT,SUCH AS IMPROVED RUNNING SHOES OR COMPETITIVE SWIMWEAR

SPORT IN OUR LIFE

SPORTS PLAY AN IMPORTANT PART IN OUR LIFE AS OUR STATE OF HEALTH DEPENDS ON IT .IT POPULAR AMONG BOTH CHILDREN AND GROWN-UPS .THE SPORT HELPS TO BRING UP PHYSICAL STRONG,COURAGEOUS,STRONG-WILLED AND ENERGETI



СПАСИБО



ЗА ВНИМАНИЕ!