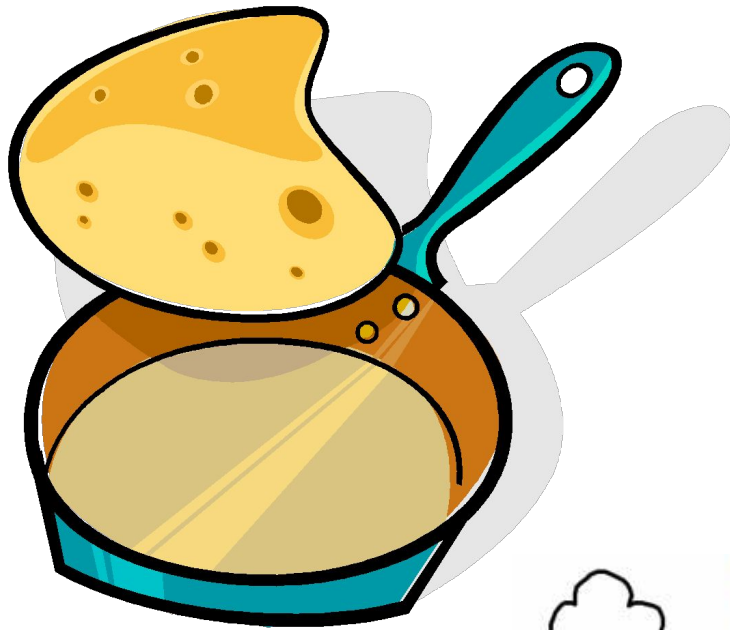
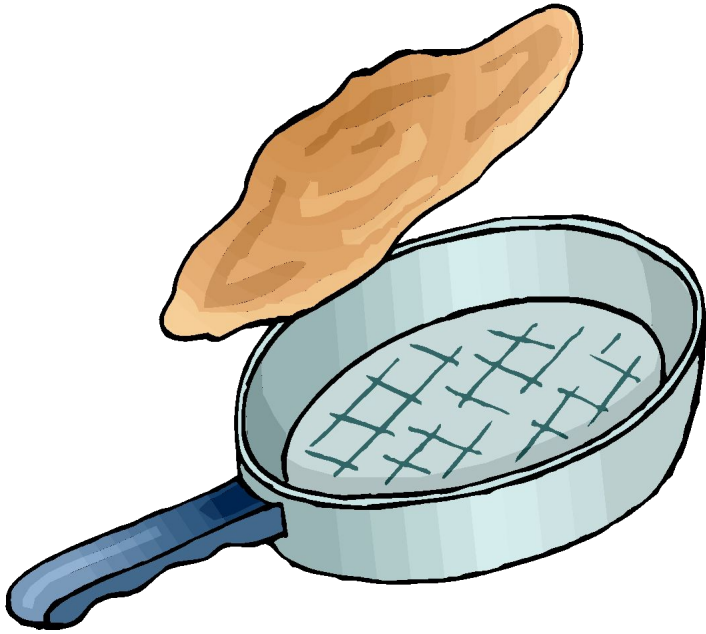


# Shrove Tuesday and Lent



# Pancake Day



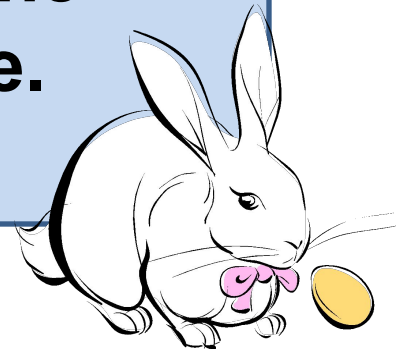
- Shrove Tuesday is the day when we eat pancakes. This is the last day before the Christian time of Lent.
- In olden days Christians did not eat many foods such as milk, eggs and fats during Lent.

- They did not waste food so before Lent began, they had a feast using all the food that would go bad before they could eat it again.
- Pancakes were a dish that used up the foods by adding some flour.

# What is Lent?



- **The 40 days before Easter is known as Lent. (We don't count the Sundays.)**
- **At this time, our days get longer and it is the start of Spring Time.**

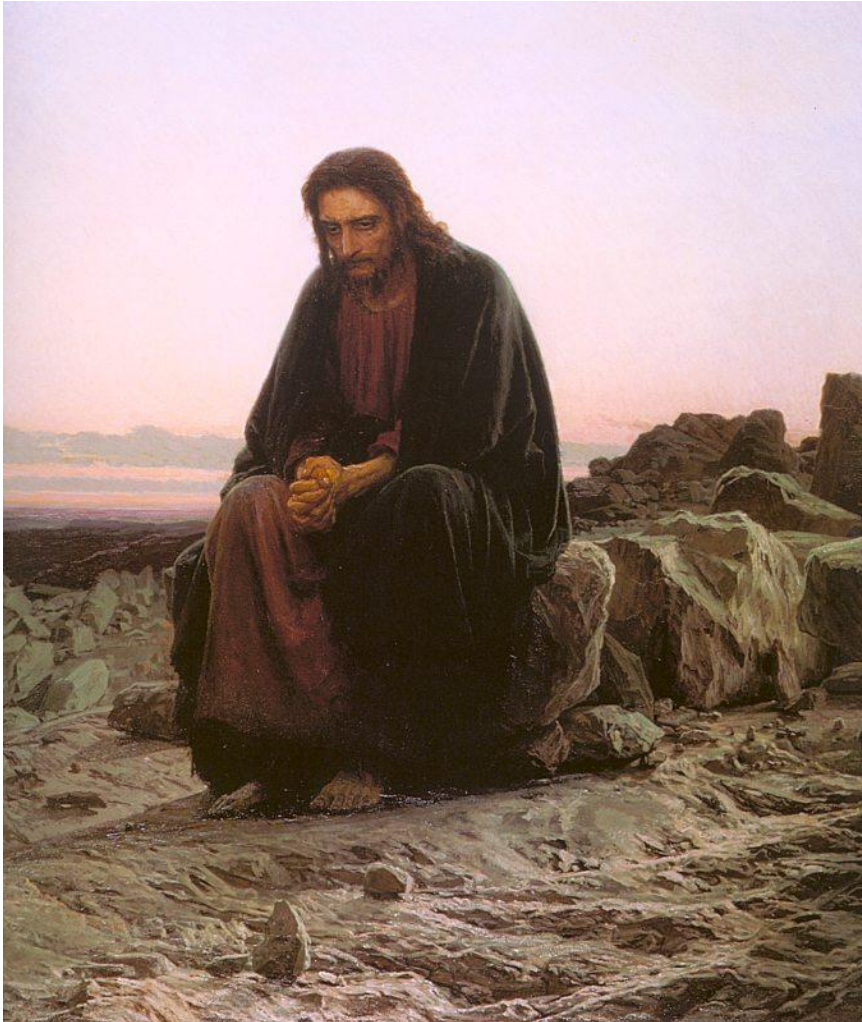


# When does Lent begin?

- Lent begins the day after pancake day.
- The last day ends with Palm Sunday.
- This is the day when Jesus rode into Jerusalem on a donkey and people waved palms leaves at him and laid them at his feet.



# Why does Lent last for 40 days



- Jesus went to the desert for 40 days and nights. He didn't have any food or water.
- The devil came and tried to make Jesus eat and drink.
- He made Jesus lots of promises but Jesus said NO!



# What happens during Lent?



- Lent is a time when Christians give up something special like chocolate.
- This reminds them when Jesus went into the desert and gave up food.

- **There are many special days during Lent leading up to Easter.**
- **Easter is the most important of all Christian festivals**
- **Lent is a time when Christians prepare for Easter and think of Jesus.**



**If you give  
something  
up for  
Lent.  
What  
would it  
be?**

