PSYCHOLOGY General Psychology

Associate professor Kateryna Naumik

Екатерина Георгиевна Наумик

Main Skills And Knowledge

To Know The Basics Of Major Topics, Theorists, Principles And Vocabulary Of Psychology

To Discuss Historical And Philosophical Foundations Of Psychology

To Understand the Process by Which Scientific Research in Psychology is Conducted

To Evaluate Human Behavior and Mental Processes

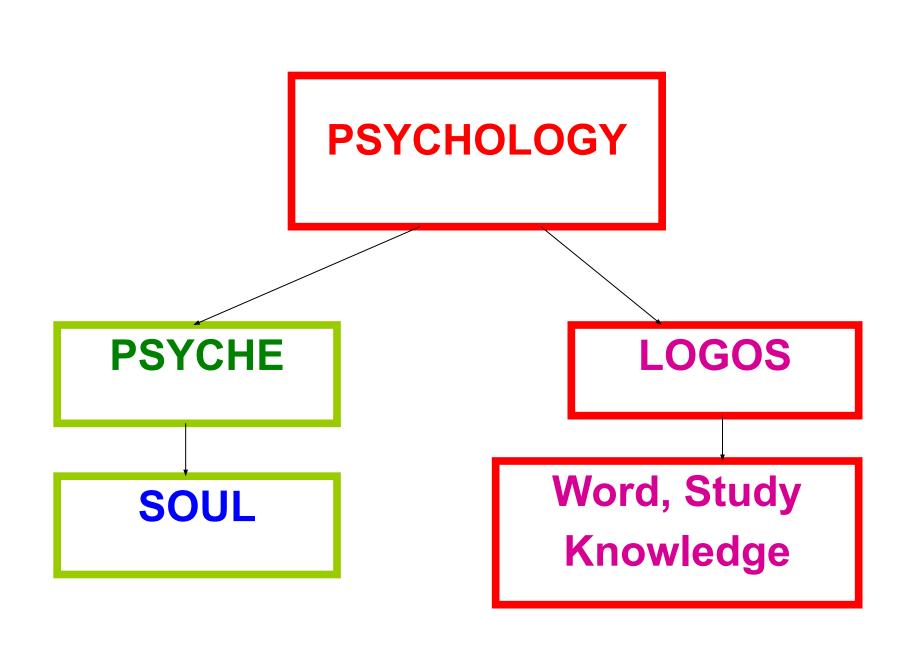
To Describe Theories of Social Human Behavior

To Demonstrate Knowledge of Defense Mechanisms To Explore Research Related to Topics such as Sensation, Perception, Consciousness, Motivation and etc

To Develop Critical Thinking and Problem Solving Skills as They Apply to General Psychological Questions

THE SUBJECT AREAS

- General Psychology: Introduction
- Biological & Cognitive Psychology
- Personality Psychology: Personality Traits
- Needs, Motives and Behavior
- Developmental Psychology
- "Self-concept" & Defense Mechanisms
- Social Psychology: Interpersonal Relationships & Group Dynamics
- Personality & Activity



Meanings of the Term Psychology

- 1) Science of Mental Life, both of its phenomena and their conditions.
- 2) Aggregate of the Psychological(Heartfelt) Phenomena

Meanings of the Term Psychology

- 3) Internal, Subjective World of a Man, experienced in the form of the various feelings, appearances, ideas
- 4) Views, Persuasions, Relations, Moods, etc., characterizing the separately taken man or group of people

BASIC TERMS

1. Psyche is a system property of the high-organized matter, consisting of:

the active reflection of objective world by the person,

the construction of corresponding inalienable "picture of the world" and self-regulation of his/her activity

PSYCHE allows:

to reflect the objective world actively,

build the own «picture of world», to carry out on its basis self-regulation of the conduct, behavior and activity, to satisfy nascent needs constantly.

2. Perception is the Process of attaining awareness or understanding of sensory information

Perception - Latin PERCEPIO

receiving, collecting, action of taking possession, apprehension with the mind or sense

3. Cognition is the Process of Thinking, Understanding and Trying to Make Sense

Cognition - Latin COGNOSCERE

"to know" or "to recognize"

4. Emotion is a mental and physiological state associated with a wide variety of feelings, thoughts, and behavior

Emotion - Latin **EMOVERE**

e- (variant of ex-) means 'out' and movere means 'move'

5. Personality is a dynamic and organized set of characteristics possessed by a person that influences uniquely on his/her cognitions, motivations, and behaviors in various situations

Personality - Latin persona

mask

6. Behavior refers to the actions or reactions of an object or organism, usually in relation to the environment

Behavior can be conscious or unconscious, overt or covert, and voluntary or involuntary

7. Interpersonal Relationship is a relatively long-term association between two or more people. This association may be based on emotions like love and liking, regular business interactions, or some other type of social commitment

Psychology Research Methods

Experiment

(Latin: ex- periri, "to try out") is a method of investigating less known fields, solving practical problems and supporting or negating theoretical assumptions

Types of Experiments

- Natural experiments (also called quasi-experiments)
- Controlled experiments

- Field experiments
- Laboratory experiments

Psychology Research Methods

•Introspection - is the self-observation and reporting of conscious inner thoughts, desires and sensations

(Latin: Intro - in, inside

Spectare – to watch; to look at

Psychology Research Methods

 Extrospection - the observation of things external to one's self.

Introspection may be used synonymously with self-reflection and used in a similar way.

HOME TASK

- <u>Draw the scheme</u> of psychology sub-fields interrelation
 - Imagine and <u>produce image of psyche</u>

(to picture it as collage or drawing, illustration)

Make a description of it

on ½ or 1 sheet of paper