

# My idol is Margarita Mamun



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# Biography



**Margarita Mamun was born on  
November 1, 1995 in Moscow.**

# Childhood

Rita started going to the gym section of the age of seven.



# Youth

The first big success Mamun achieved in 2011, when Russia became the champion in the all-around, as well as exercises with clubs, ball and hoop. Margaret became involved in training with the national team in Novogorsk . In the same year she was sent to the competition in Montreal, where the World Cup was held. Mamun with the result of 106.925 points ranked third in the all-around and for the first time in his career rose to adult pedestal. The exercises with the ball Rita scored 27.025 points and took the first place.



# Family

Father, Abdullah Al Mamun , a native of Bangladesh, the Marine Engineer profession.

Mother – Anna Mamun , a former gymnast.

Brother- Philippe engaged freestyle.



# Sports career since 2012 year

## ○ 2012

Margarita began the season with performances at the Grand Prix in Moscow; in the all-around, it ranked ninth. In October of the same year, Margarita became the absolute champion of Russia, repeating his last year's success. At the end of Mamun season debut at the annual club championship Aeon Cup world.

## ○ 2013

Mamun for the third time became the champion of Russia. at the Universiade in Kazan Margarita won "gold" in the exercise with hoop , ribbon, clubs, as well as in the individual all-around, gaining 73.466 points. At the World Cup final in St. Petersburg Mamun won "gold" in the all-around, the exercises with clubs, hoop and ribbon in the exercises with the ball, it won the "silver". On her debut World Championship in Kiev in 2013, Margarita was considered the main favorite. She has won two "gold" in exercises with ball and clubs, "bronze" with a hoop.

## ○ 2014

In the first stage of this year's Grand Prix in Moscow Mamun excelled in the all-around and in three finals (hoop, ball, clubs) and was second in the exercise with a ribbon.

Grand Prix Final in Innsbruck Mamun completed the absolute winner, winning the "gold" in all types of programs (all-around, hoop, ball, clubs, ribbon). At the World Cup final, which was held in Kazan, ranked second in the all-around, he won the gold medal for the exercise with a hoop and silver - with the ball. In the Aeon Cup Margarita became an absolute triumph, winning both in the individual all-around and team.

## ○ 2015

In 2015, Mamun took part in all stages of the World Cup. Twice, at the stages of Tashkent and Kazan, Margarita Mamun became the absolute winner, winning gold medals in all events. At the World Championships in Stuttgart, he won the gold medal for the exercise with a hoop and two silver - the ball and the ribbon. In the individual all-around Margarita Mamun won the silver medal and received a license to participate in the Olympic Games 2016 in Rio de Janeiro.



## ◎ 2016

Traditionally, starting the season at the Grand Prix in Moscow, Margarita Mamun became the fourth in the all-around and qualified in two finals, won gold medals in exercises with the ball (with Alexandra Soldatova ) and clubs. At the second stage the Grand Prix in Thiers won "gold" in the all-around, the exercises with hoop and clubs, and "silver" - with the ball. The third stage of the Grand Prix in Brno was marked for her absolute victory in all events.

In the finals of the World Cup in Baku became the winner of four (all-around, ball, clubs, ribbon), and also won a silver medal for the exercise with a hoop. As a result of the World Cup has been recognized as the best in the following disciplines - all-around exercises with a hoop, clubs and ribbon.



At the Summer Olympics in Rio de Janeiro in 2016 she won **the gold** medal in the rhythmic gymnastics individual all-round, typing on the sum of the four exercises 76.483 points.

# Honors

- Olympic champion (2016)
- Seven-time world champion in rhythmic gymnastics (2013, 2014, 2015)
- Four-time European champion (2013, 2015)
- Four-time winner of the Universiade in Kazan (2013)
- Champion of the I European Games 2015 in Baku, multiple winner of the Grand Prix and the World Cup.
- Three-time absolute champion of Russia in rhythmic gymnastics (2011, 2012, 2013)
- Two-time silver medalist of national championships (2014, 2016)

# Photo









# Video

- ◉ <https://www.youtube.com/watch?v=2Ttl2naBMRE>



Thank you for your attention:)

