

Group Speech



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**Can you
guess
what country
it is ?**







1) Kopan Monastery is a Tibetan Buddhist monastery. Kopan has become especially famous for teaching Buddhism. There are meditation courses. These courses generally combine teachings with informal discussion, several periods of guided meditation, and a vegetarian diet. In recent days, Kopan Monastery has also established itself as a popular recreational destination for Kathmandu residents and local tourists as well.





2) Mount Everest, also known in Nepal as Sagarmāthā, is Earth's highest mountain. (Its peak is 8,848 metres above sea level and is the 5th furthest summit from the center of Earth.) Mount Everest attracts many highly experienced mountaineers as well as capable climbers willing to hire professional guides. There are two main climbing routes, one approaching the summit from the southeast in Nepal (known as the standard route) and the other from the north in Tibet. Everest presents dangers such as altitude sickness(горная болнзнь), from avalanches(лавина) and wind. While the overwhelming majority of climbers use bottled oxygen in order to reach the top, some climbers have summited Everest without supplemental oxygen.





CONCLUSION

In conclusion, we wanted to say that there are a lot of famous countries like USA, China, Germany with their own famous culture. But also there are some countries like Nepal that is not so prominent. And our goal today was: to tell you about Nepal's history , traditions, economy, culture, religion. And thereby show that every country in our world becomes intreresting, if you'll want it.





SOURCES



