

Theme:

”How to be  
healthy?”

A stylized silhouette of a mountain range in shades of teal, located at the bottom right of the slide.

Aim of the lesson:

*We are to answer the  
question:*

*"How to be healthy?"*

# Healthy and unhealthy food



# barbecue



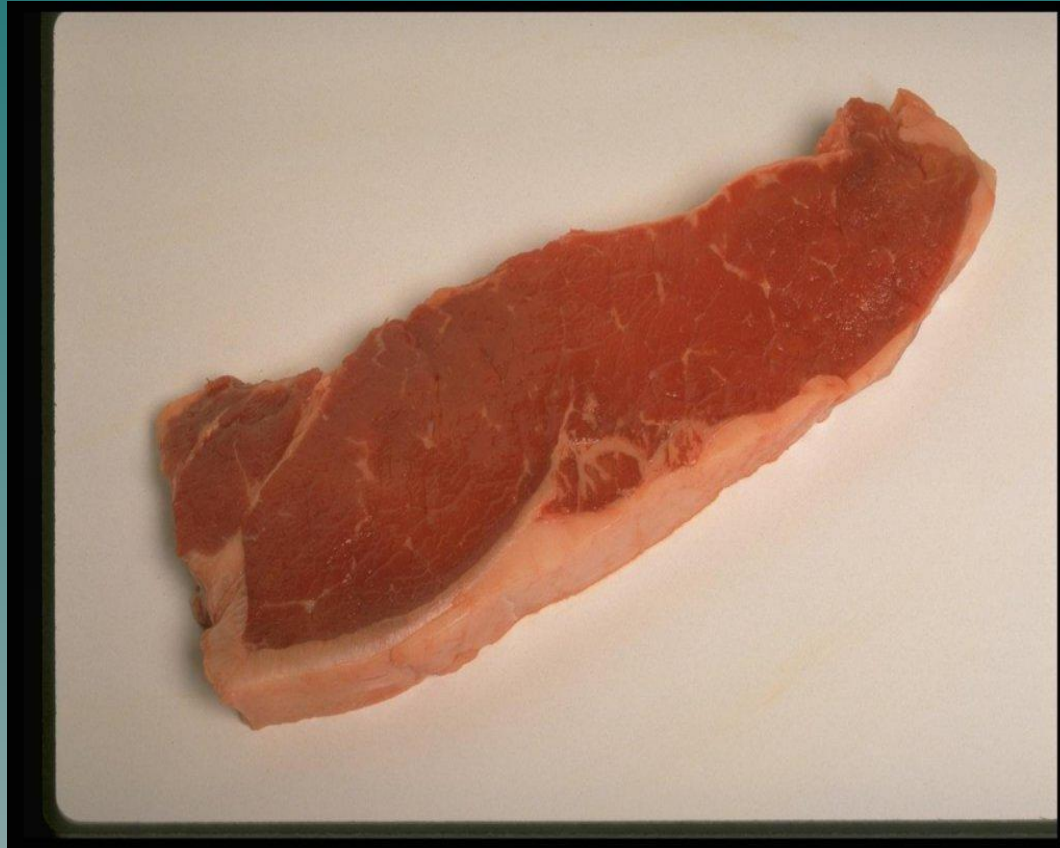
# pizza



# fish



meat



# cheese





# bread



# Eggs and milk



# salad



# sweets



# cake





# apples



# bananas





# strawberry



# lemon



# berry



# fruits



# vegetables



# oranges



Advices

How to be healthy

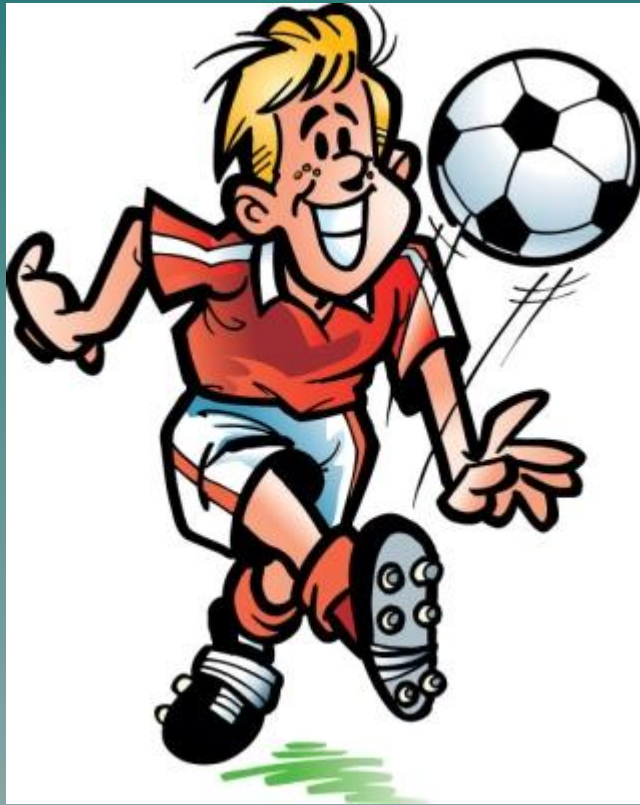


Do not play computer games for more than hour a day.





You should do some sport every week.



You should have a hobby.



# *Present perfect tense.*

- ◆ *Nazarov Dilshod*
- ◆ *Rakhmatullayev Odil*