

Theme:

”How to be
healthy?”

A stylized, layered silhouette of a mountain range in shades of teal, located in the bottom right corner of the slide.

Aim of the lesson:

*We are to answer the
question:*

"How to be healthy?"



Healthy and unhealthy food



barbecue



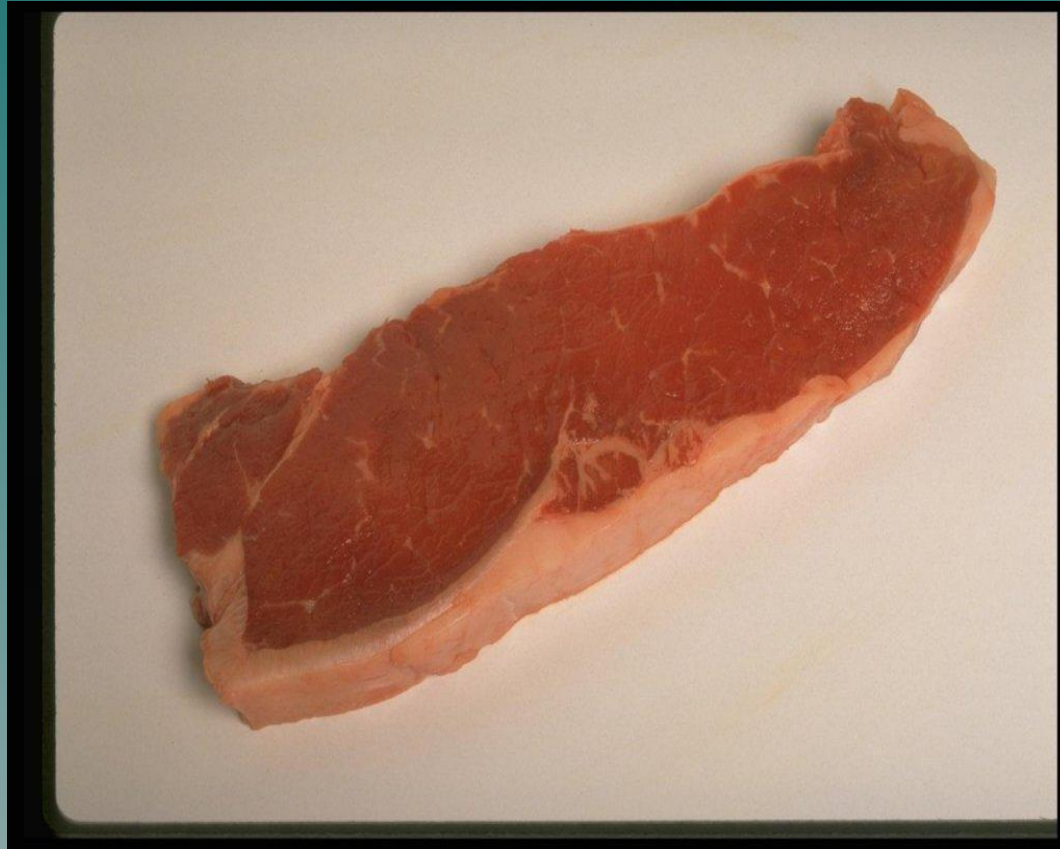
pizza



fish



meat



cheese



bread



Eggs and milk



salad



sweets



cake



You should eat fruits and vegetables.



apples



bananas



strawberry



lemon



berry



fruits



vegetables



oranges



Advices

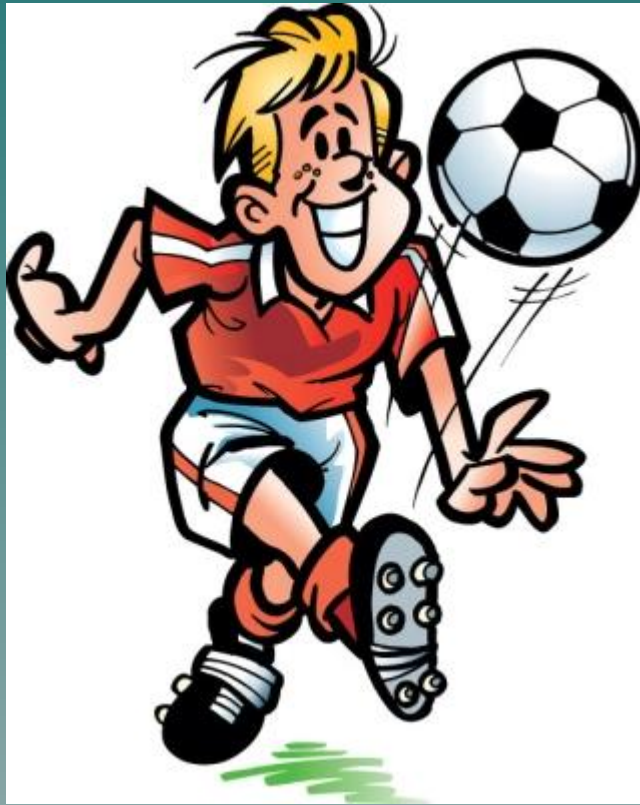
How to be healthy



Do not play computer games for more than hour a day.



You should do some sport every week.



You should have a hobby.



Present perfect tense.

- ◆ *Nazarov Dilshod*
- ◆ *Rakhmatullayev Odil*