

● ● ● | Lending a helping hand

# Lending a helping hand



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- ▣ **Community Need**

To help elderly people feel needed

- ▣ **Community Information**

Elderly people from retirement house in Ternopil,  
Ternopil'ska oblast Ukraine

- ▣ **Community Problem**

The elderly suffer from a lack of attention and visitation from friends and family and also the need to feel important in society and their community.





## **Project Goals**

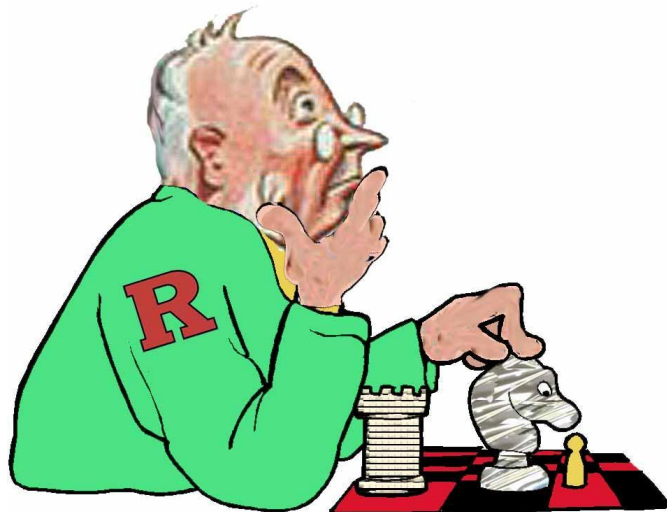
To organize an interesting event that would make the elderly feel wanted and as a part of society and to promote volunteerism with the elderly people to the community.



To make them feel younger .



[spicecomments.com](http://spicecomments.com)



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## Sustainability Plan

Article for newspaper, presentation in schools for students to tell about the program, create an Adopt-the-Elderly program where students can volunteer to visit the retirement house once a month for 2 hours. We will also create a Facebook and Vkontakte group where we can discuss visits, post pictures and keep our student volunteers and sponsors updated.



# Community Resource List

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- School No. 18 (Julia)

Students are interested in volunteering and helping others. Students will make posters for advertising event and become familiar with the CSP.

- School No. 3 (Oksana)

There are a lot of students who have a desire to help minority populations such as those with a mental illness, orphans or the elderly.

- School No. 5 (Oleg)

This school can contribute technological equipment for the event

- Ternopil National Technical University (TNTY) (Ibrahim)

Foreign students can volunteer, technical equipment (laptops, speakers, microphones, etc.), advertising help.

- School No. 16 (Liza)

Classroom space for meetings, student volunteers, advertisement for event in school newspaper.

- Local Newspaper

Promotional advertisement, news story before and after event, old and new newspapers for the elderly to enjoy.

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- Local television station

During the event the news team will report on the project and will help advertise for future events.

- Non – Governemental Organization “Karitas”

Monetary donations

- Local Organization “Znamenia” and “Obnoba”

Donate food and snacks, monetary donations, advertise event at church service, volunteers to help at project event and future events.



# Action Plan

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- 1) Set up a meeting with retirement house administration to discuss possibility for a project
- 2) Create a complete materials list and budget
- 3) Advertise event at schools and technical university to recruit volunteers
- 4) Find sponsors
- 5) Contact partner organizations
- 6) Team meetings to discuss logistics of event
- 7) Make a event agenda
- 8) Invite press and media to event
- 9) Buy necessary equipment
- 10) Buy food and snacks
- 11) Write thank you cards to donors







# Monitoring



- Once a week members will report updates to each other through a Facebook or Skype conference



- Collect receipts and give them to Ibrahim – Treasurer



- Bi-monthly meetings with all members to discuss progress, problems and changes

# Evaluation

We will make surveys for elderly to complete and another survey for Retirement House staff to complete.

Team will have a meeting after the event to discuss the project. At this time members will evaluate their project and list things that went wrong and what went right. Members will also discuss the future of their project.

