

Rafting



What is rafting??

Rafting is an extreme sport, which made diving boat in lush rivers.



HISTORY

Rafting comes from the English word "**raft**", which means a raft.

Also known as "whitewater rafting" because of the color of the foaming waters, which descend Rafter. The prototype of this sport was born in North America during the XVIII century, when local loggers had to spend the logs down the river.

To be considered officially start back in 1811 when the first documented attempt to extend along the Snake River in Wyoming, USA. A little later, around 1840, there was a rubber raft, whose fathers are considered **JOHN FREMONT** and **HORACE DAY**.

Because they were part of the U.S. Army, that their invention was necessary for war, not for recreational purposes.

Only in the middle of XX century the rafting itself as a sport gaining popularity, and in 1972 even included in the Olympic Games in Munich.

The history of rafting



★ Equipment is important!!!

Equipment:

- ✓ NEOPRENE,
- ✓ NEOPRENE SHOES,
- ✓ WATERPROOF JACKET,
- ✓ HELMET
- ✓ LIFEJACKET



Rafting in Russia

RAFTING IN ICE COLD WATER

Rafting has become more and more popular in Russia



