

National food in Russia



Breakfast

But of course there are some traditional Russian dishes. For example sirniki. They are usually served with sour cream and sugar. Blini and blinchiki are other common morning meals.



Dinner, supper.

Shi is a soup made from meat, cabbage, carrot, potatoes, tomatoes and onion. Second course includes meat and garnish.



Traditional salad

There is also traditional salad in Russia. This is olivye. It is prepared from boiled chicken, potato, carrot, conserved peas, pickled cucumbers, onion and mayonnaise.



Русский оливье

Hash



Another dish of Russian cuisine is hash. The base of the course is kvass.

Golubci and pelmeni

Golubci and pelmeni popular in many countries abroad but you should try them in Russia because here they are the best.



Bread

Bread plays a very important role in the meal. The colour of bread depends on the kind of flour is used for its preparation.



Among drinks Russians often like tea and vodka. But when it's warm Russians drink kvass and compote with pleasure.

Drinks

