Tema: Sportgames and hobbies in Russia and in England

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Sports are a reduction from the original old France desport-«Game", "fun".



Sport is a specific kind of physical and intellectual activity, made with the aim of the competition, as well as targeted training to them through a workout, workout.



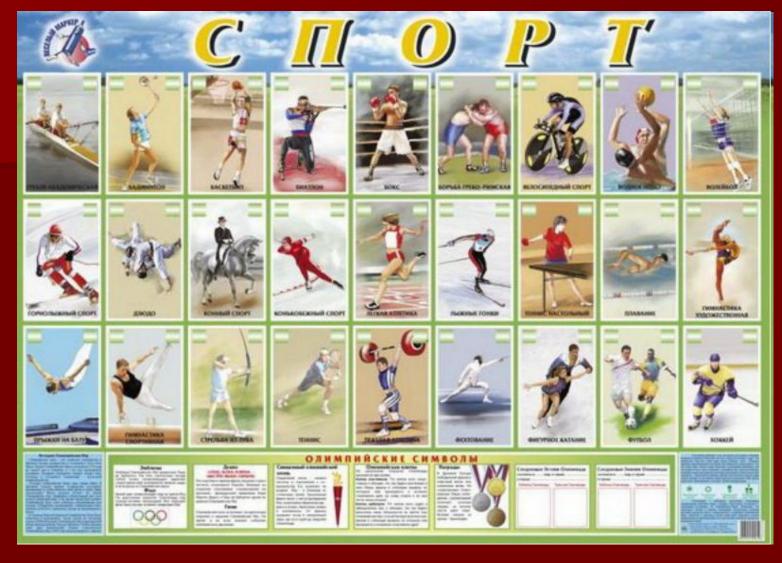
Sports are a part of physical culture. This competitive activity and preparation for it. It is clearly manifested the desire to win and achieve superior results.



Mass sport allows millions of people to improve their physical qualities, to promote health.



Sports in Russia are engaged in professional and amateur. Many Russian sports schools are world leading. Proof of this is high achievements at the most prestigious sporting events such as the Olympic Games, World and European championships.



Sport in Russia has always been and remains popular. In childhood, many tried out in any sport.



Russia has good results in the classic sports.



Often at world level competitions foreign athletes perform under the direction of Russian coaches. Also, you can often see and Russian athletes who compete for medals for another country.



List of the most popular sports in Russia as a percentage:

1. Football - 11.2%

2. Volleyball - 10.8%

3. Basketball - 9.8%

4. Athletics - 6.7%

5. Swimming - 5.6%

6. Cross Country Skiing - 4.7%

7. Table Tennis - 4.1%

8. Chess - 3.0%

9. Sports tourism - 2.4%

10. Sport aerobics - 1.8%

11. Boxing - 1.7%

12. Judo - 1.6%

13. Hockey - 1.6%

14. Futsal - 1.6%

15. Karate - 1.5%

16. Checkers - 1.5%

17. Bullet shooting - 1.4%

18. Freestyle wrestling - 1.3%

19. Weightlifting - 1.0%

20. Sambo - 0.9%



The most popular sport in Russia was recognized football.



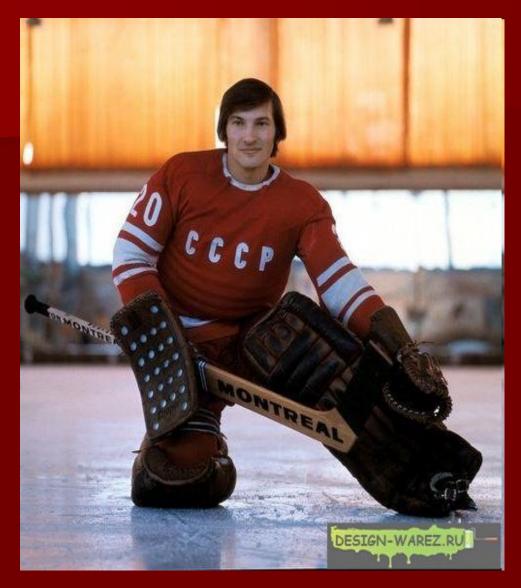
In Russia, there are still many fans of football despite the fact that Russia have not received awards in this sport.



Spartak, CSKA Moscow, Zenit, Lokomotiv are the names of the most famous football clubs.



Great popularity in the country acquired tennis. Today Russian tennis players are known worldwide. Sharapova, Kournikova, Kafelnikov, Myskina it's only the most famous Russian tennis players.



Hockey is another successful sport in the country. The Russian team is a decent position in the competition.

There are only two players who became winners of the World Cup 10 times. This is Russian athletes Alexander Rogulin and Vladislav Tretiak.



Favorite sport of many women is figure skating. This is a very beautiful sight. And here is the Russian leader. Figure skating is fast gaining popularity in the country. Open new rinks, parents send their children to school sports.



In general in Russian popular skiing and volleyball.



Curling, ski jumping in Russia were not popular although situation is now changing.



In Russia today, back into fashion a healthy lifestyle. People have become interested in sports, go to gyms and swimming pools.



The number of people in England involved in sports, is growing rapidly. Modern Britons are worried about their health. About one-third of the adult population is regularly engaged in outdoor sports, and a quarter is in gyms. The most popular sport in England is walking. The men are billiards, darts, swimming and football. Women are aerobics and swimming.



Most English sport is football. Popular types of sporting life in England: golf, hunting, riding, shooting, tennis, bowling, swimming, climbing.



The British government is actively interested in the problems of English sport. Appointed Minister of Sports, which manages sports activities throughout the country.



Elite and English sport is polo.



With origins golf course is a legend about how ordinary shepherd, wandering through the coastal dunes, having nothing to do with a stick to hit the round stone and accidentally rolled him down the rabbit hole. Then he was joined by friends who liked the new fun. Later, the stones were replaced balls, rabbit holes were holes, but instead sticks adapted putter.



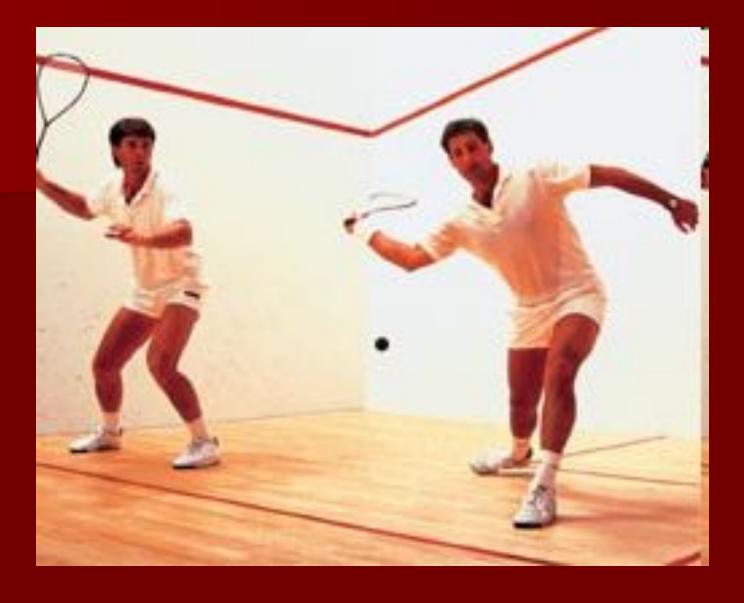
It is believed that the games which use a mallet and balls, came to England from Europe in the Middle Ages. Initially these games were unpretentious: it was necessary to score the only goal in a fairly wide hoop.



One of the prototype of the modern croquet was popular in France in the XIII century: hitting balls with wooden mallets, French peasants sent them to the gates of wicker. In the XV century it began to play at a table indoors, it is believed that there were so billiard game.



Squash is a race game with rackets and ball on a special court. Squash court is a rectangular room. Problem players - alternately beat racket ball, bouncing off the walls and floor, without breaking the rules.



Popularity of the game is growing and considered for inclusion in the program of the Olympic Games 2016.



History of development of tennis has French roots. It was in France eight years ago there was a game in which the ball from one player to another threw punches palm. In principle, this can be considered the beginning of history, and ping-pong.



In 1872, the Duke of Beaufort returned from India to his estate Badminton. From their overseas travels he brought racket and shuttlecock: Indian game became popular.



Originally cricket was child's play, adults began to show interest in cricket in the early XVII century.



In the XVIII century English cricket has become a national sport.



The first mention of curling belong to the XVI century. The Institute Smith exposed rock on the surface of which is stamped date - 1511.



The first information about curling dated February 1541. It is often called chess on ice.



Shuffleboard, this game has its origins in the Middle Ages. It was very popular in England.



Shuffleboard reminds many other games, including curling, croquet and billiards.



Many national sports games England are becoming popular among athletes from different countries, including Russia.