

Presentaion: “Top 10 the most extreme types of sport”

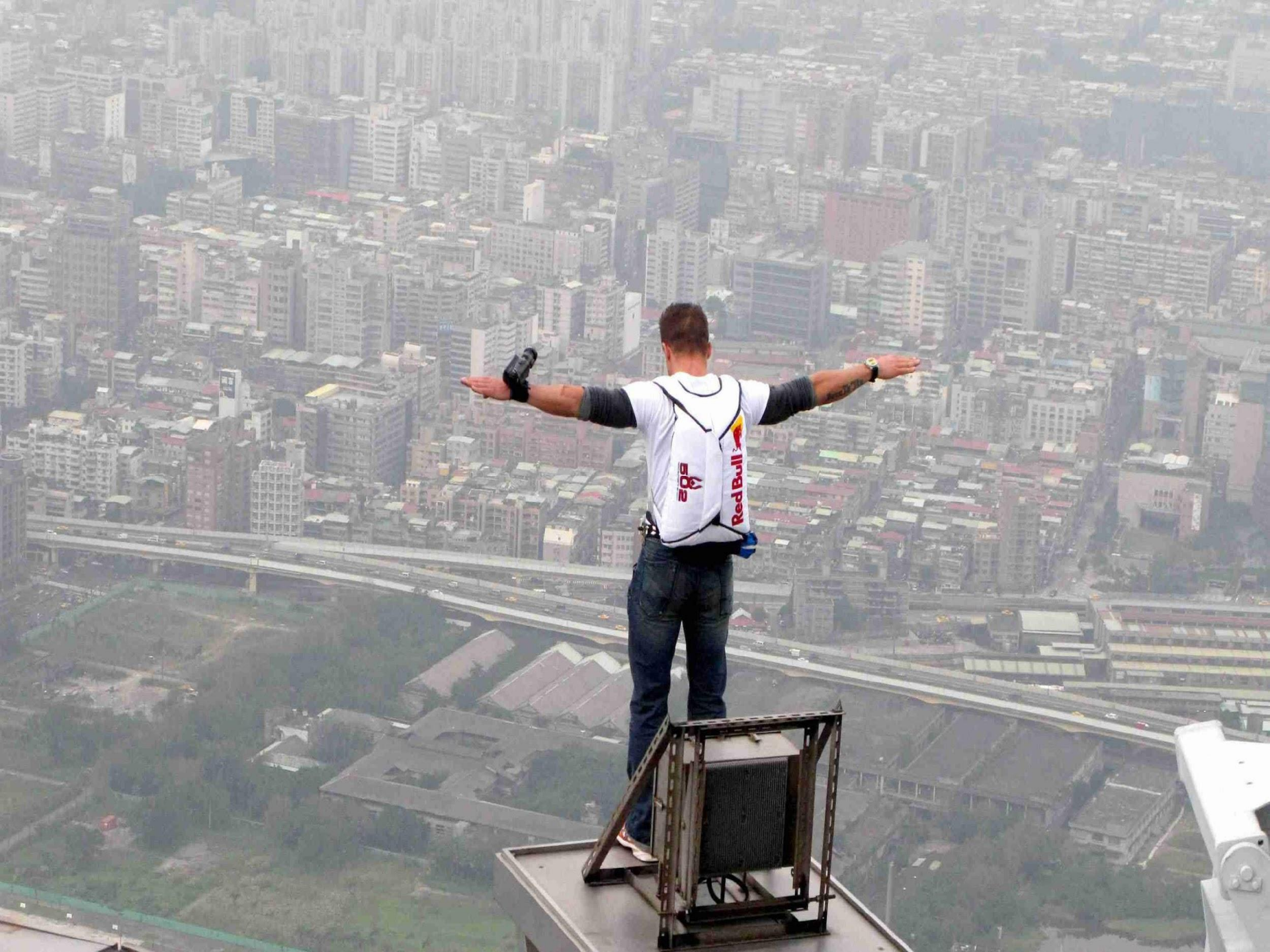
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New words

- Feature – особливість
- Altitude – висота
- Delay – затримка
- Cave – печера
- To wade – пробиратися
- Pristine – незаймані
- Emergency – непередбачений випадок
- Obstacles - перешкоди

BASE Jumping

One of the most dangerous sports. The main feature of BASE jumping is that the jumps are made from low altitudes and the athletes left not much time to select the correct body position when you open the parachute. The price of any error or delay is too high. Independent attempts usually result in serious injury or death.



Cave Diving

Dives made in the caves. At first glance, there is nothing complex, but in fact, such an immersion can be extremely dangerous. Sometimes swimmers have to wade in the darkness, and in the event of danger, it is difficult to go up.



Diving

Diving with special equipment. To go down into the water, you need to be trained, which will allow to get some skills dive.



HELI skiing

Jumping from a helicopter and skiing on pristine mountain slopes. The use of the helicopter allows you to find remote places, where it is impossible to climb in other ways. The main danger is the high probability of an avalanche, so every skier should have the special equipment, which in case of emergency you can quickly find it.



Rafting

Rafting on violent rapids, rapids and waterfalls. Despite the fact that rafting has become quite a popular form of recreation, it is quite dangerous hobby, because participants alloys have to overcome many obstacles in his path.



Rock climbing

One of the most beautiful sports. Stunning views, height and an unforgettable experience. Many who once felt it, will never be able to resist the temptation to try again.



Rodeo

The most dangerous and spectacular views rodeo - jump on a furious bull. To win, you must hold only eight seconds, but it's not as easy as it seems.



Street luge

Downhill boards on road routes. Brake does not exist here, so it's worth only accelerate and stop can be very difficult.



Surfing

Riding the waves on a special board, which will be able to resist not everyone. The higher the wave, the more unpredictable outcome of the battle of man with the ocean.



Cycle racing

One of the toughest bicycle racing disciplines. Athletes have to overcome the route in an open area with lots of different obstacles.



Questions:

Would you like to try anyone of this sports?

Which one is the most extreme on your opinion?

Do you like extreme sports?