Methods and organization of legal studies

6. Goals. Objectives.

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Goals and objectives

- Goal the purpose of activity, that directs and addresses
- Often intangible intention, long lasting
- Actions to achieve are generic

Ex.: Success in HR Law

- Objective purpose, efforts or actions are intended to attain
- Tangible and measurable, short-term
- Actions to achieve are specific

Ex.: Obtaining master's diploma

3 types of goals

- Goals tasks
- Goals demands
- Goals dreams

Define your goals

If you think you can do a thing or think you can't do a thing, you're right.

Henry Ford

3 goals:

- That is most interesting for you to achieve **and** is topical for you
- Of current scientific research
- Of further professional development



5 more types of goals

- To do
- To have
- To know
- To treat
- To be

Models of analysis

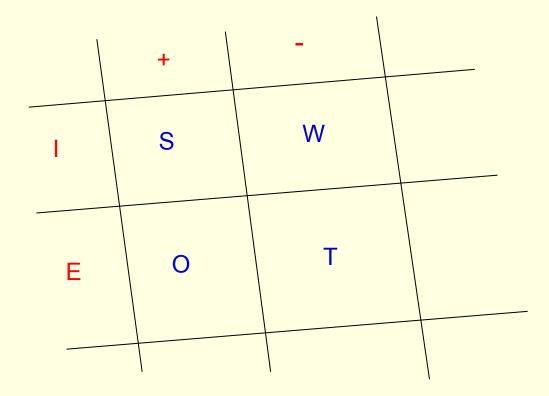
General purpose model

■ S.M.A.R.T.

Specific models

- S.W.O.T.
- S.N.W.
- V.R.I.O.

S.W.O.T. (IE Matrix)



What's next?

Next topic disclose:

Information; retrieval of data...

Homework (deadline – 20.10.2013)

"Wish list" exercise.

- 1. What would you do if you had only one year to live? You need to make (write) a list of your wishes **100**-positions long. Include to it such spheres as private life, family, job, health, finance, self-development, journeys, etc.
- 2. Have a rest (from an hour to a day).
- 3. Mark in previous list those wishes, that could be accomplished within 1 month (if you had only one month to live).
- 4. From previous shortened list mark those wishes, that could be done within 1 day (if you had only one day to live).
- 5. Analyze your strategy, choices. Any thoughts?
- 6. Bring the elaborated lists to the lecture. We will discuss...

Additional sources:

Covey, S. R. (2004) The 7 Habits of Highly Effective People. Free Press

Smith A. (2007) Achieve your goals. Strategies to transform your life

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Wilson, S.B., Dobson M.S. (2008) Goal setting. How to Create an Action Plan and Achieve Your Goals. 2nd ed.

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Tracy B. (2010) Goals! How to get everything you want - faster than you ever thought possible