

# ***Methods and organization of legal studies***

## 6. Goals. Objectives.

Marusenko R., PhD  
*maru@fm.com.ua*

# Goals and objectives

---

- Goal - the purpose of activity, that directs and addresses
- Often intangible intention, long lasting
- Actions to achieve are generic

Ex.: Success in HR Law

- Objective – purpose, efforts or actions are intended to attain
- Tangible and measurable, short-term
- Actions to achieve are specific

Ex.: Obtaining master's diploma

# 3 types of goals

---




- Goals – tasks
- Goals – demands
- Goals – dreams

# Define your goals

If you think you can do a thing or think you can't do a thing, you're right.

*Henry Ford*

3 goals:

-  That is most interesting for you to achieve **and** is topical for you
-  Of current scientific research
-  Of further professional development



# 5 more types of goals

---

- To do
- To have
- To know
- To treat
- To be

# Models of analysis

---

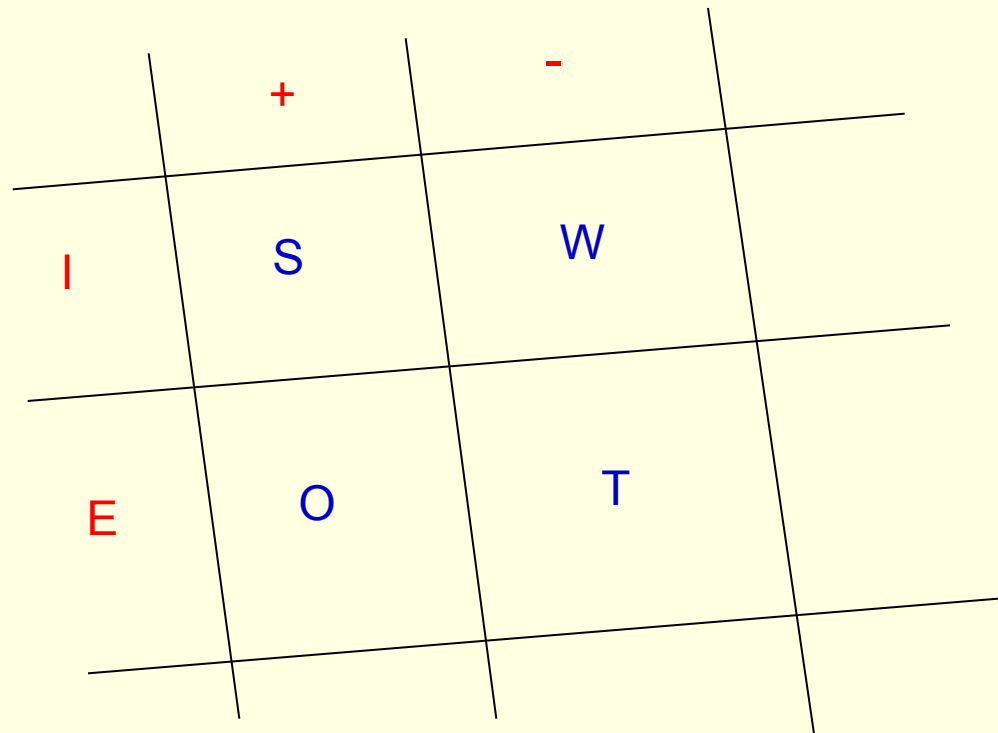
## General purpose model

- S.M.A.R.T.

## Specific models

- S.W.O.T.
- S.N.W.
- V.R.I.O.

# S.W.O.T. (IE Matrix)



# What's next?

---

## Next topic disclose:

*Information; retrieval of data...*

## Homework (deadline – 20.10.2013)

*“Wish list” exercise.*

*1. What would you do if you had only one year to live?*

*You need to make (write) a list of your wishes **100**-positions long.*

*Include to it such spheres as private life, family, job, health, finance, self-development, journeys, etc.*

*2. Have a rest (from an hour to a day).*

*3. Mark in previous list those wishes, that could be accomplished within 1 month (if you had only one month to live).*

*4. From previous shortened list mark those wishes, that could be done within 1 day (if you had only one day to live).*

*5. Analyze your strategy, choices. Any thoughts?*

*6. Bring the elaborated lists to the lecture. We will discuss...*



# Additional sources:

---

Covey, S. R. (2004) The 7 Habits of Highly Effective People. Free Press

Smith A. (2007) Achieve your goals. Strategies to transform your life

The psychology of goals (2009) ed. by Moskowitz, G.B., Grant, H. London, The Guilford press

Wilson, S.B., Dobson M.S. (2008) Goal setting. How to Create an Action Plan and Achieve Your Goals. 2nd ed.

Zeigler, K. (2005) Getting Organized at Work. 24 Lessons to Set Goals, Establish Priorities, and Manage Your Time

Tracy B. (2010) Goals! How to get everything you want - faster than you ever thought possible