### Reproductive health And behaviour



#### Created by Namazbekov Erbol 336 GM

Reproductive health of young people is a serious medical and social problem

- a large percentage of deviations in physical, sexual and psychosexual development
- increase in the prevalence of chronic diseases
- growth of gynecological and venereal diseases
  high incidence of pregnancy and childbirth at a young age
- low levels of reproductive education
- risky sexual and reproductive behavior

# The average age of sexual debut is 16 years

#### University students constitute a group at high risk of abortion and sexually transmitted infections

- change in familiar surroundings
- high concentration of persons of the opposite sex
- sexual debut match with the beginning of training in high school
- lack of control sexual behavior
- a long period of training
   minimum of knowledge about contraception
- minimum knowledge about the risk of infection sexually transmitted and HIV
- low income



## Specialty of sexual and reproductive behavior of young

Not married

Have multiple sexual partners or frequently change their Committed to the myth As a rule, financially and socially dependent Irregular and incorrect use contraception Characterized by a high prevalence of bad habits

### Medical and social aspects of teen pregnancy

The rate of pregnancy among sexually active girls aged 15-19 is 9.1%
in 81.4% of its outcome is abortion
10.2% of all abortions performed in adolescents

One in ten pregnant younger than 20 years already has a history of abortion or childbirth 12.1% of maternal deaths occur in adolescence

### According to WHO

- 210 million pregnancies a year
- more than 40% unplanned, including occur in the use of contraception
- Every year the world produces about 45 million abortions
- while 500,000 women die from complications related to unplanned pregnancy



### Any contraception is better than abortion



Teens and young adults need contraception? (N = 1167)



- Use contraception less than half (48.9%) of them every second - wrong!
- 94.5% believe that pregnancy should be planned and desired
- 77.9% said to be optimal for the birth of the first child age 20-25 years

Methods of contraception recommended in adolescents and young people



According to the testimony - Emergency Contraception

### Criteria for the use of modern hormonal contraceptives

effectiveness
safety







## High risk factors in the application of hormonal contraception

- Cardiovascular disease, including a history and family
- liver disease
- hypertension
- diabetes mellitus
  - obesity
- Heavy smoking (more than 10 cigarettes per day)

#### Contraceptives can help ...

- after abortion
- after an inflammatory diseases the genital organs



The relevance of the method will be high as long as there is a need for humanity in sex.

Emergency contraceptio n Escapel pill

After unprotected or inadequately protected intercourse

In order to prevent unwanted pregnancies

### STI - it

- S-sexual
- T- transmitted
- I- infection

# What is included in a group of STIs?

- Syphilis
- Gonorrhea
- chlamydia
- genital herpes
- Anogenital warts (caused by human papillomavirus)
- trichomoniasis
- pubic lice

Cause inflammatory diseases of the genital organs, violate disabled or even lead to disability

## Can lead to infertility and impotence

Increase the risk of HIV infection and viral hepatitis B and C

 Able to induce inflammatory diseases of vital organs and systems (nervous, cardiovascular, etc.).

- Increase the risk of cancer and other genital organs and body systems
- Contribute to impaired fertility

- Dangerous to the fetus (intrauterine infection and death in early pregnancy)
- Hazard to the fetus (malformations, developmental delay, low birth weight)
- Dangerous for the newborn (intrauterine pneumonia, sepsis, and others. Diseases that the unborn child may die in the first hours / days of life)

### How to prevent STIs?

#### Protected sex

- Compliance with the rules obschegigienicheskih
- Use of personal hygiene and prevention
- If you suspect a poisoning SVOEREMENNOE visits to doctors and Early Diagnosis
  - Syphilis conducting preventive treatment
  - Vaccination against human papillomavirus infection

# Individual STI and urinary infections

condom
Miramistin
spermicides
betadine

### Where can I go for help?

- Skin and venereal clinic
- Student clinic
- Clinic in the community
- The Department of Dermatology and
- Venereology
  - Department of Obstetrics and Gynecology medical Centers

### Thank you for your attention!!!

