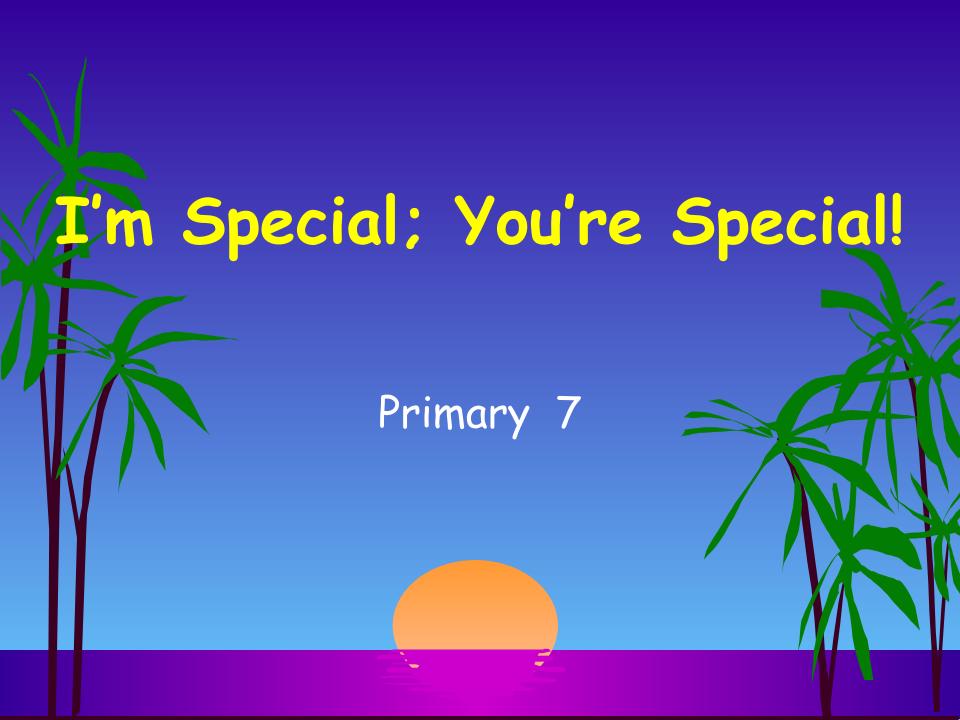
Activity about you-icebreaker







Today is all about you!

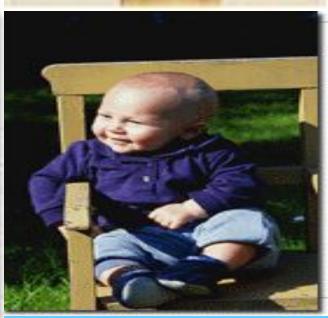
- 1. You are special
- 2. Growing up
- 3. Your Choices
- 4. Your body
- 5. Are you a good friend?













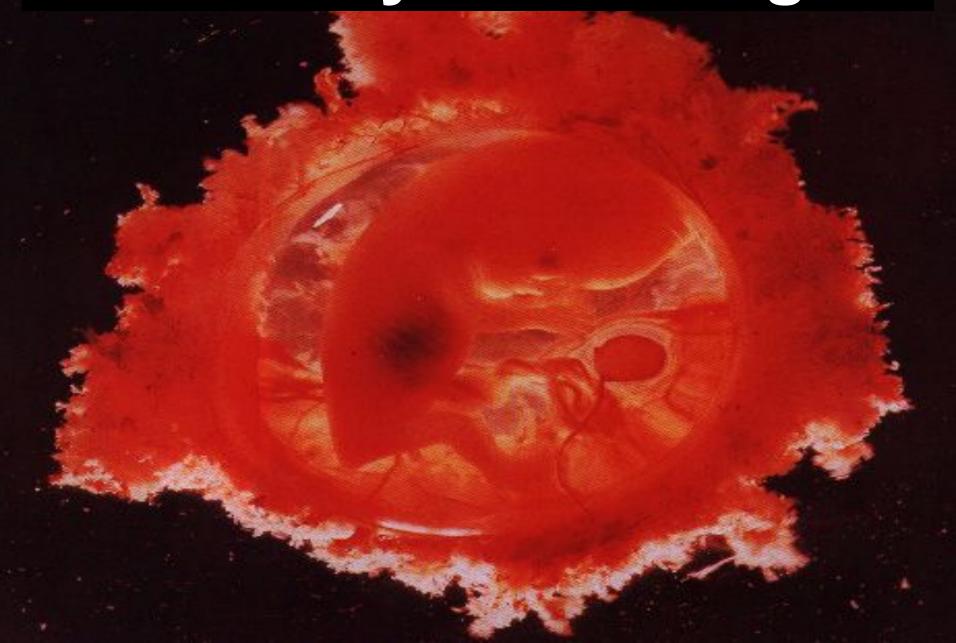




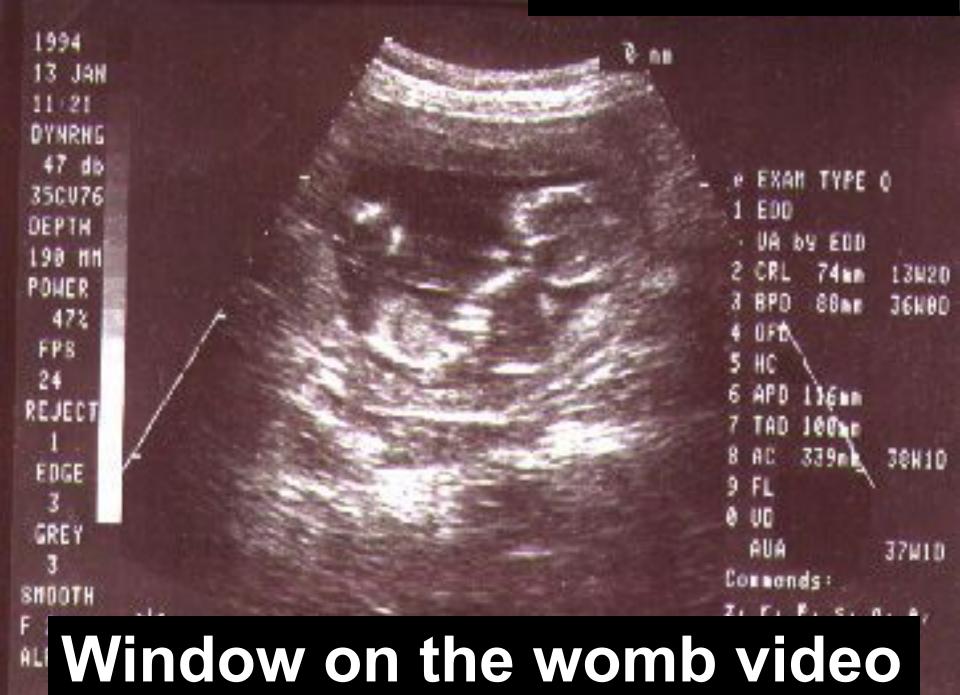


conception

When did your life begin?







When does the heart begin to beat?



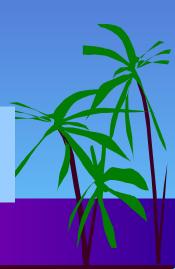
4-5 WEEKS FROM CONCEPTION

"I'm Special; You're Special"



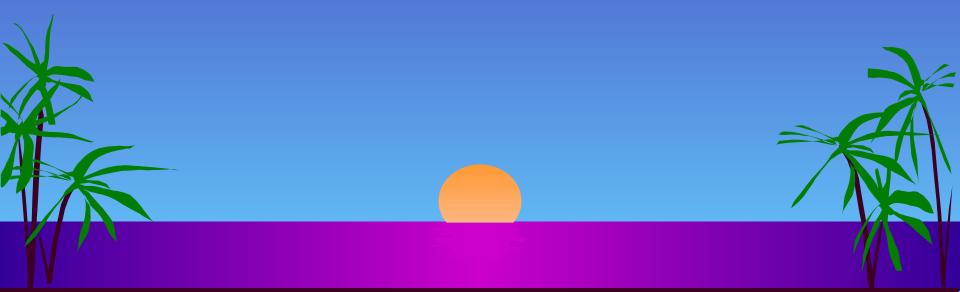
Activity





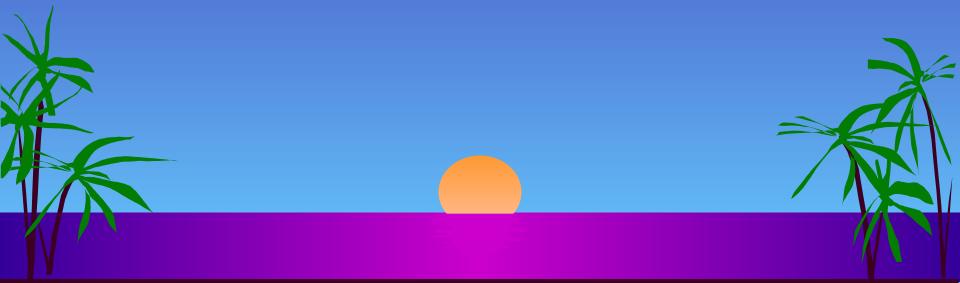
The baby in the womb after egg and sperm meet has a beating heart by:

a) Day 25 b) Day 40 c) Day 90



The baby in the womb after egg and sperm meet has a beating heart by:

a) Day 25 b) Day 40 c) Day 90



The baby in the womb after conception has a brain, kidney, liver, and lungs by:

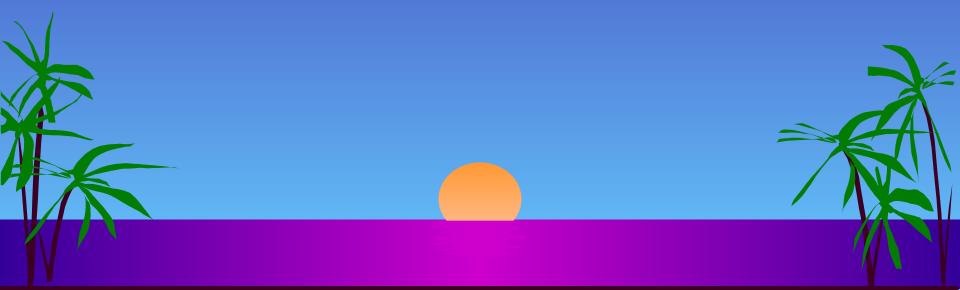
a) 6 weeks b) 8 weeks c) 12 weeks





The baby in the womb after conception has a brain, kidney, liver, and lungs by:

a) 6 weeks (b) 8 weeks (c) 12 weeks



A baby in the womb could do which of the following:

- a) have hiccups b) feel pain
 - c) pass urine d) yawn
 - e) suck its thumb f) breathe

A baby in the womb could do which of the following:

- a) have hiccups b) feel pain
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I was (am) special:

- a) at conception
- b) at birth
- c) now

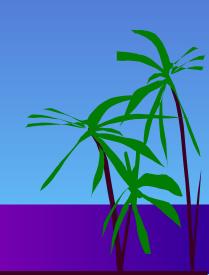


I was (am) special:

- a) at conception
- b) at birth
- (c) now

The baby can first be seen moving in the womb at ______weeks after conception.

a) 2 b) 4 c) 6



The baby can first be seen moving in the womb at _____ weeks after conception.

a) 2 b) 4 c) 6

What was the chance of you being born?







chance of you being born

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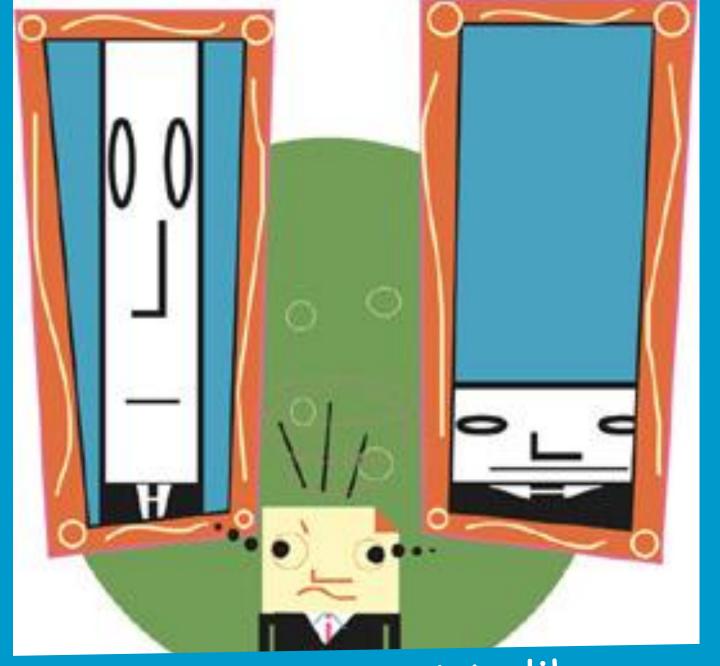
Growing up is a funny business



Growing up



What physical and emotional changes are taking place/will take place in your body?



do you think it is important to like yourself?

What matters most is how you see yourself!



Who affects



how you see yourself?





Activity:
Who helps you make your choices?













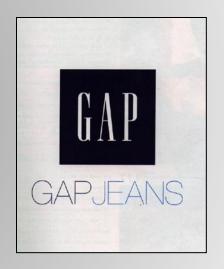
"I used to compare myself constantly to models in magazines and think why can't I look like that. That feeling never goes away, but I've learned to deal with it." -Louise Nerding, Cosmopolitan 1999





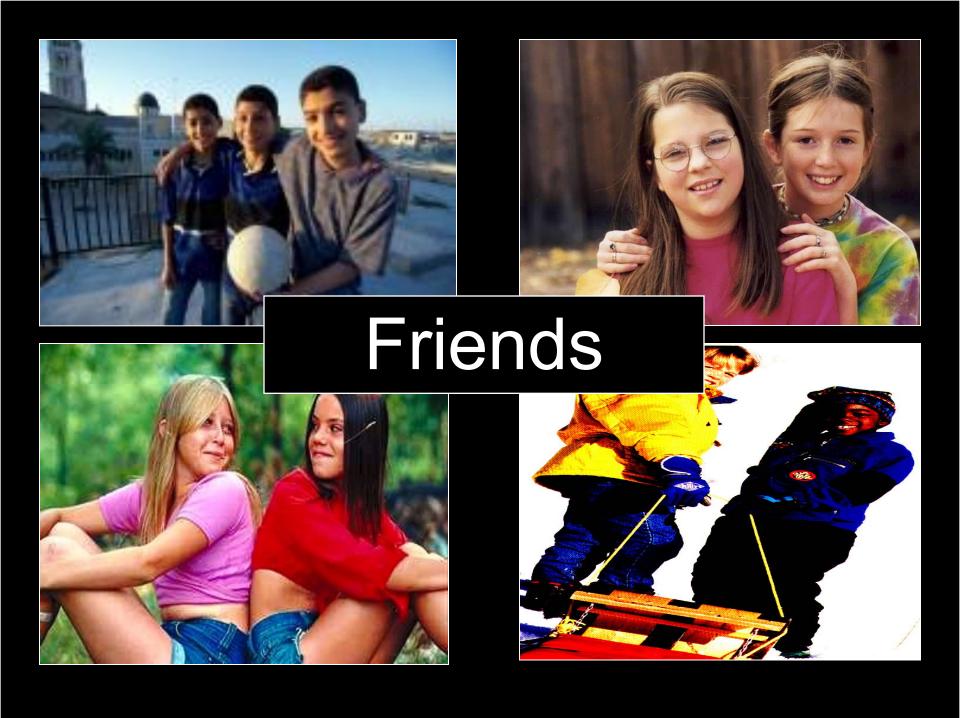






OF BENETTON.





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You have so many choices to make as you grow up



 Good choices or bad choices

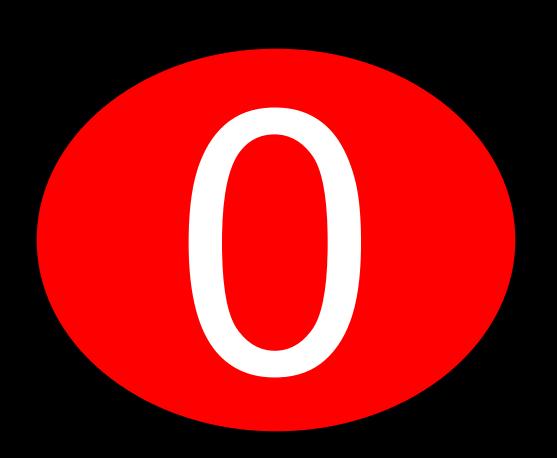
 Healthy choices or unhealthy choices

Activity with human body





**** M 6



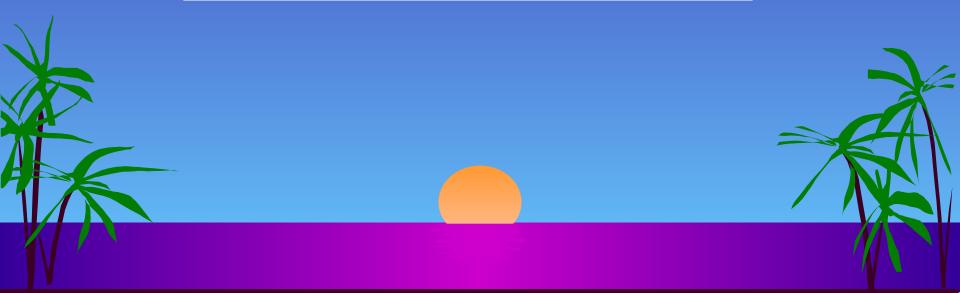
Video on decision making? Or risk-taking and consequences



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Activity: Word search



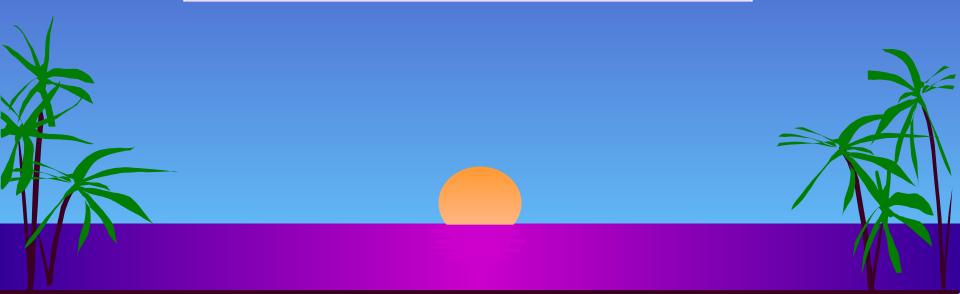
Activity: Word Search for girls

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	Ι	A	М	D	Ε	S	I	L	I	T	R	Е	F
	٧	0	Е	Ν	Е	I	G	У	Н	U	1	Е	R
	Α	4	٧	V	S	Р	Е	C	0	1	Α	S	L
	G	Ε	A	Α	Z	D	I	D	A	М	Α	Р	٧
	Ι	Ν	Т	Ε	R	S	0	U	R	S	Е	Е	Α
I	Ν	Ι	L	U	A	V	В	L	Е	Р	G	R	E
L	Α	S	R	5	D	0	I	R	E	Р	G	М	S
	0	Ν	J	0	A	М	U	Ν	I	Q	U	Е	R
	Е	S	В	Р	Е	С	У	T	R	Е	В	U	Р
	G	R	Ó	W	T	Н	S	Р	U	R	Т	S	T

I am very special, and I am a valuable person. I am unique.

RESPECT

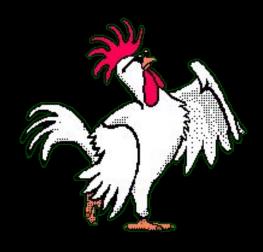
Activity: Word search



Activity: Word Search for boys

I	Α	М	D	Е	S	I	L	I	Т	R	Е	F
A	മ	>	Ε	Т	Ε	S	Τ	I	С	L	Е	S
Ν	H	0	Y	S	Р	E	S	Р	Е	R	М	У
Ι	С	4	Δ	A	L	E	A	Ν	G	D	I	Т
G	Α	М	A	У	V	A	N	V	G	U	Α	R
Α	Е	S	R	U	0	<	R	Ε	V	N	I	Ε
٧	В	L	Ε	Р	Е	D	2	S	I	Q	Ν	В
Р	Е	Z	I	S	I	A	Q	M	U	G	N	U
I	Q	U	S	С	R	0	T	V	M	Е	V	P
G	R	0	\\/	Т	Н	ς	Р	IJ	0	7 T	ς	4

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 Talking behind your back





- Talking behind your back
- Jealousy





- Talking behind your back
- Jealousy
- "Using you" for their gain





- Talking behind your back
- Jealousy
- "Using you" for their gain
- Negative influence
 on you



- Talking behind your back
- Jealousy
- "Using you" for their gain
- Negative influence on you
- Bullying

What makes a good friendship?

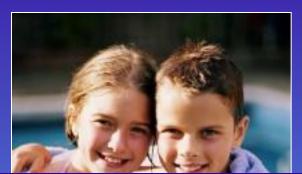


- Respect
- Trust
- Commitment
- Caring
- Good talking
- Things in common
- Being a good friend?

What makes a good boy/girl friendship?







- ✓ Respect
- **✓**Trust
- ✓ Being committed
- ✓ Caring
- ✓ Good talking
- ✓ Things in common
- ✓ Being a good friend

Roleplay

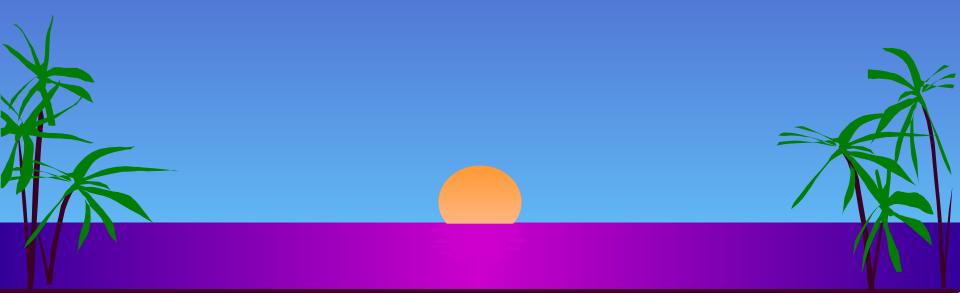
Passive?

Aggressive?

Assertive?



Dream big!



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Activity on value of human being-sock with £20





