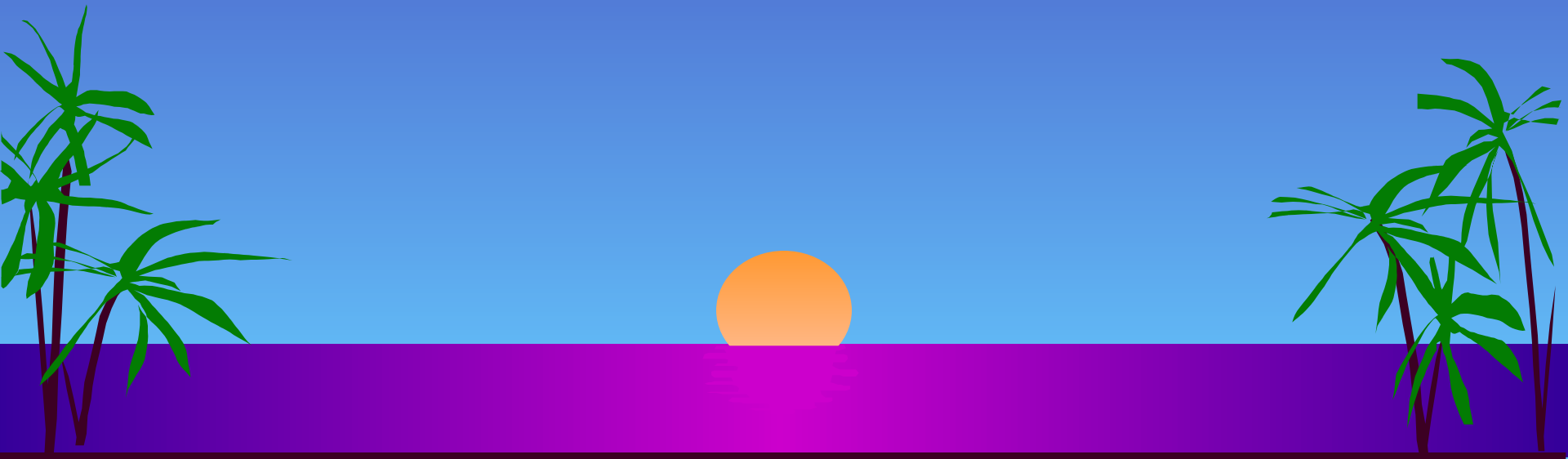


# Activity about you-icebreaker



The background of the slide is a tropical sunset scene. It features a solid blue sky, a solid purple horizon line, and a solid orange sun partially submerged in the water. The water is represented by a solid purple area at the bottom. On the left and right sides, there are stylized palm trees with green fronds and brown trunks. The text "I'm Special; You're Special!" is written in a large, bold, yellow font across the upper middle of the slide.

# I'm Special; You're Special!

Primary 7

# Today is all about you!

1. You are special
2. Growing up
3. Your Choices
4. Your body
5. Are you a good friend?











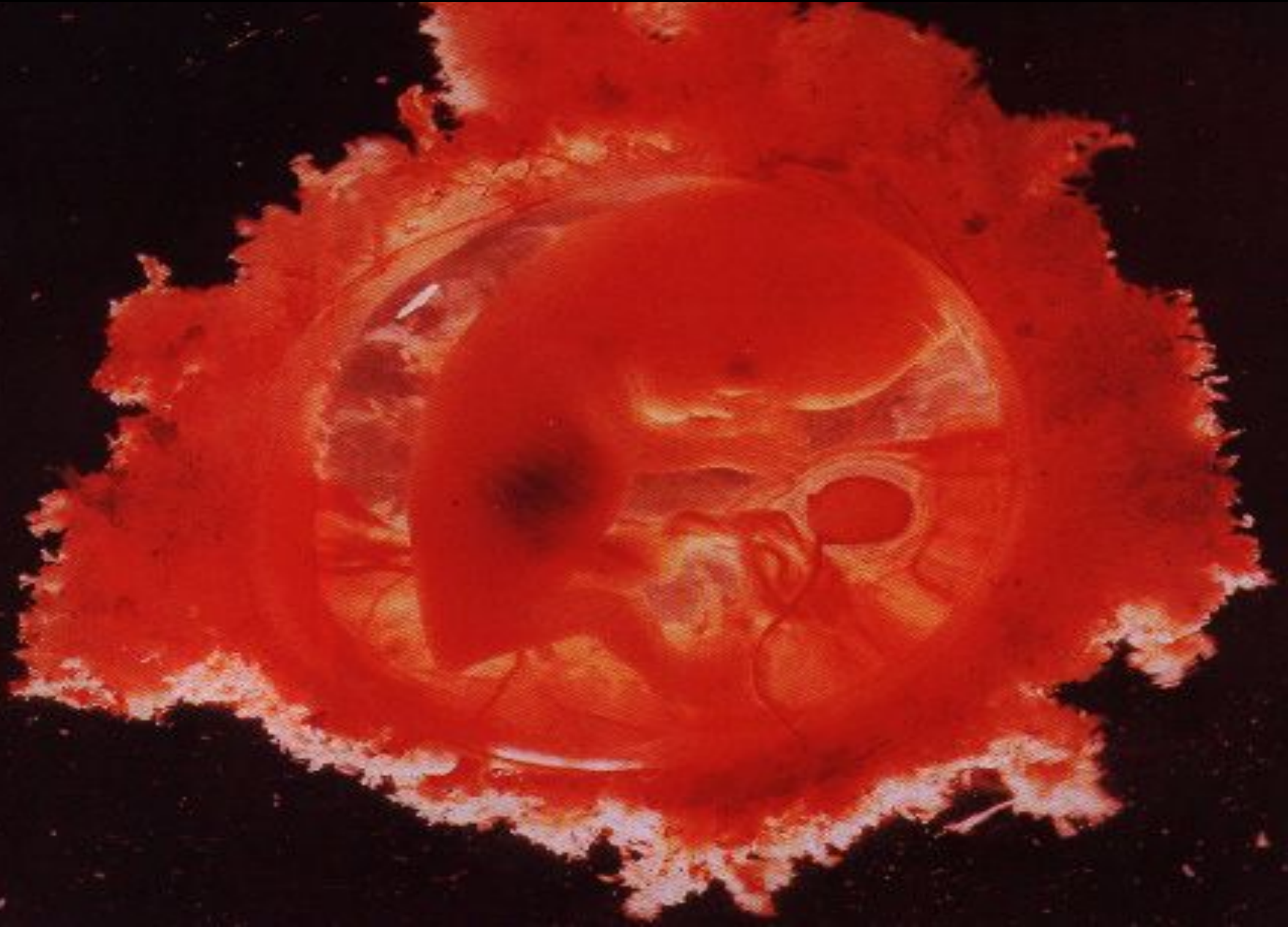


I've arrived



conception

# When did your life begin?





1994  
13 JAN  
11:21  
DYNRNG  
47 db  
35CU76  
DEPTH  
190 MM  
POWER  
47%  
FPS  
24  
REJECT  
1  
EDGE  
3  
GREY  
3  
SMOOTH  
F  
ALI



e EXAM TYPE 0  
1 EDD  
UA by EDD  
2 CRL 74mm 13W20  
3 BPD 88mm 36W00  
4 OFD  
5 HC  
6 APD 116mm  
7 TAD 100mm  
8 AC 339mm 30W10  
9 FL  
0 UD  
AUA 37W10  
Comments:

**Window on the womb video**

# When does the heart begin to beat?



**4-5 WEEKS  
FROM  
CONCEPTION**

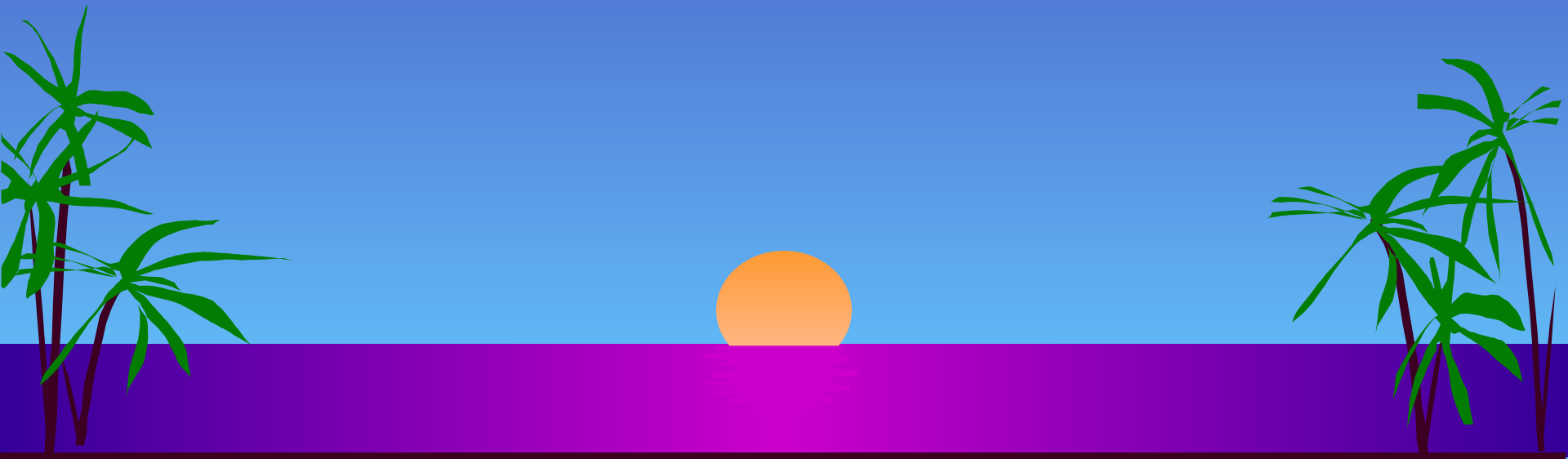
# "I'm Special; You're Special"



Activity

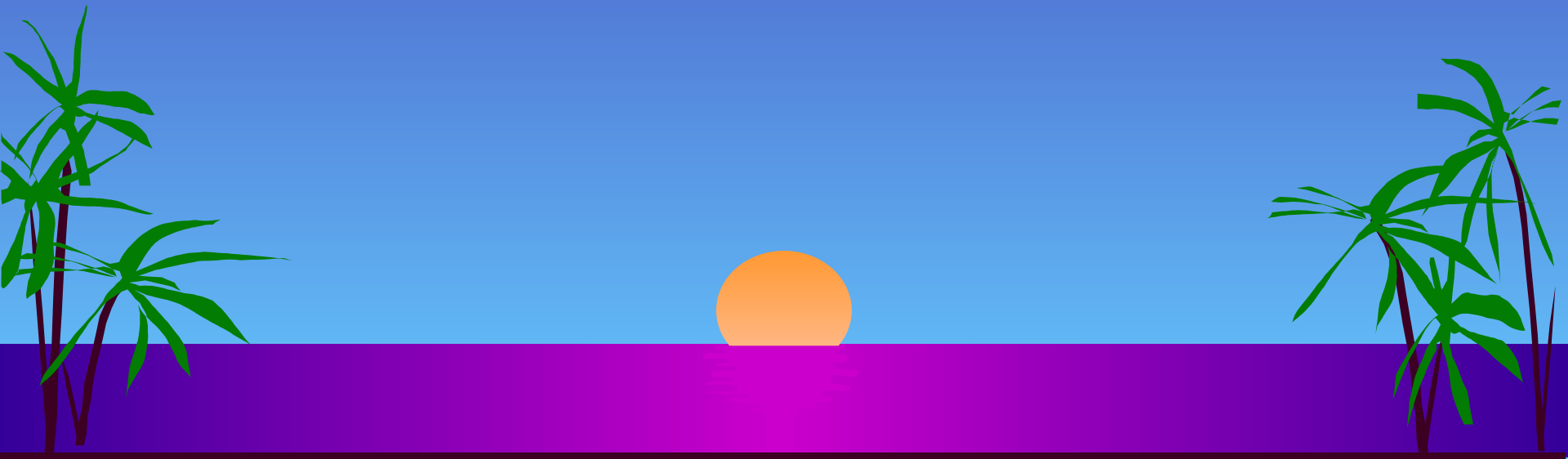
The baby in the womb after egg and sperm meet has a beating heart by:

a) Day 25    b) Day 40    c) Day 90



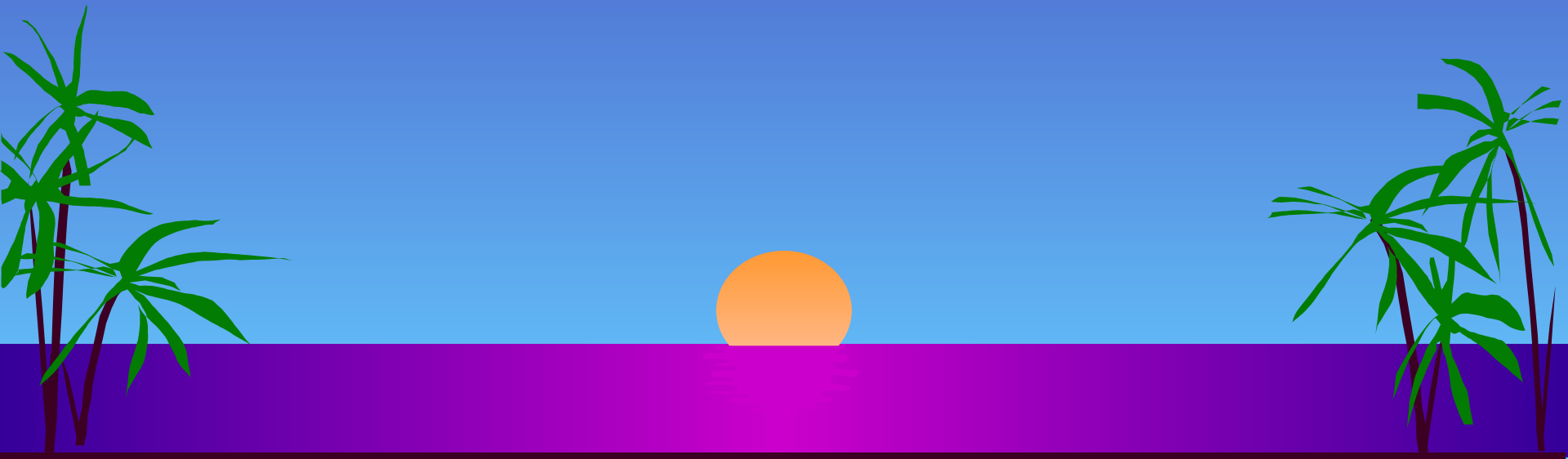
The baby in the womb after egg and sperm meet has a beating heart by:

- a) Day 25   b) Day 40   c) Day 90



The baby in the womb after  
conception has a brain, kidney,  
liver, and lungs by:

a) 6 weeks   b) 8 weeks   c) 12 weeks



The baby in the womb after conception has a brain, kidney, liver, and lungs by:

- a) 6 weeks   b) 8 weeks   c) 12 weeks



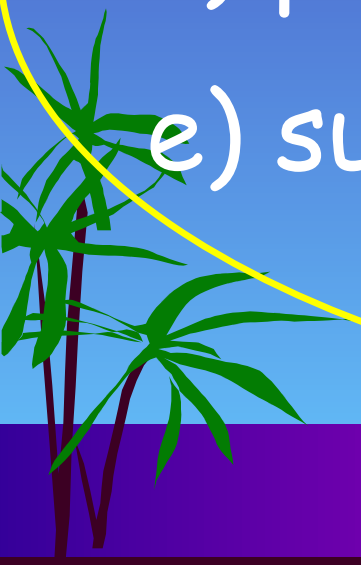
A baby in the womb could do  
which of the following:

- a) have hiccups      b) feel pain
- c) pass urine      d) yawn
- e) suck its thumb      f) breathe



A baby in the womb could do  
which of the following:

- a) have hiccups      b) feel pain
- c) pass urine      d) yawn
- e) suck its thumb      f) breathe



I was (am) special:

a) at conception

b) at birth

c) now

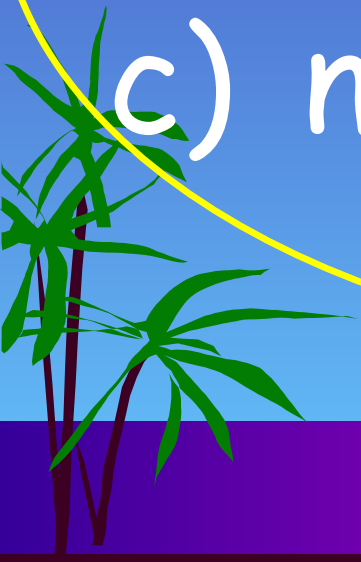


# I was (am) special:

a) at conception

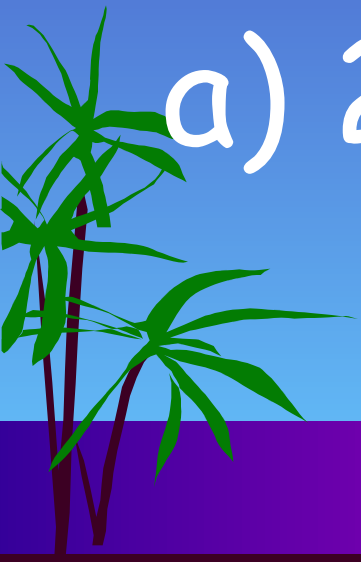
b) at birth

c) now



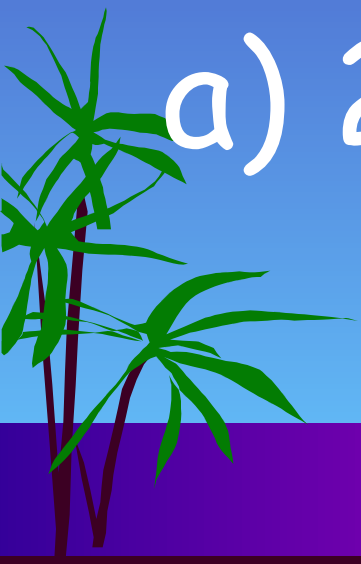
The baby can first be  
seen moving in the  
womb at \_\_\_\_\_  
weeks after conception.

a) 2      b) 4      c) 6



The baby can first be  
seen moving in the  
womb at \_\_\_\_\_  
weeks after conception.

a) 2   b) 4   c) 6



What was the chance of  
you being born?



There was a  
1 in 200,000,000  
chance of you being  
born



# Today is all about you!

1. You are special
2. Growing up
3. Your Choices
4. Your body
5. Are you a good friend?



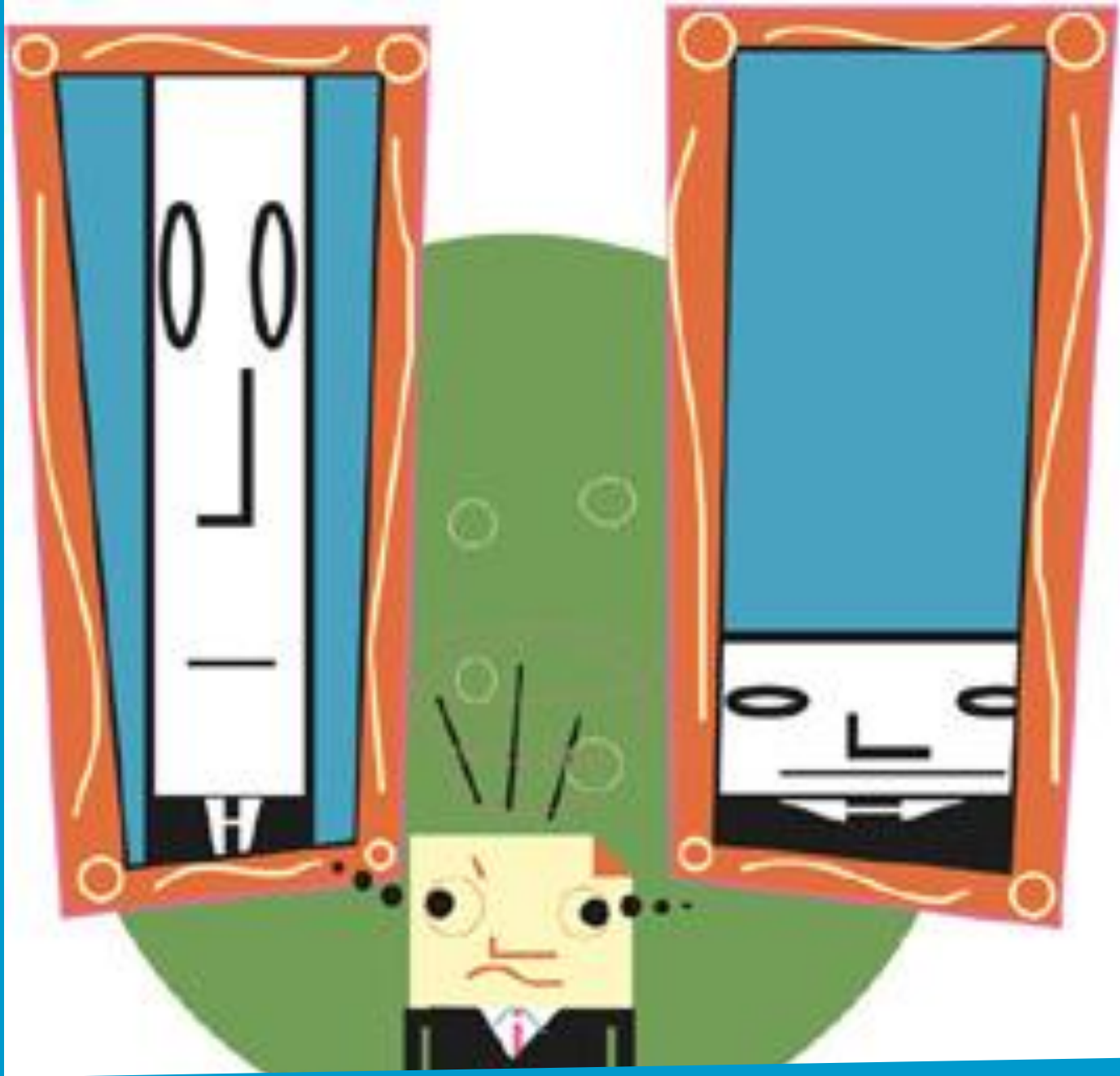
# Growing up is a funny business



# Growing up



What physical and emotional changes are taking place/will take place in your body?



do you think it is important to like yourself?

What matters  
most is how you  
see yourself!



# Who affects



# how you see yourself?



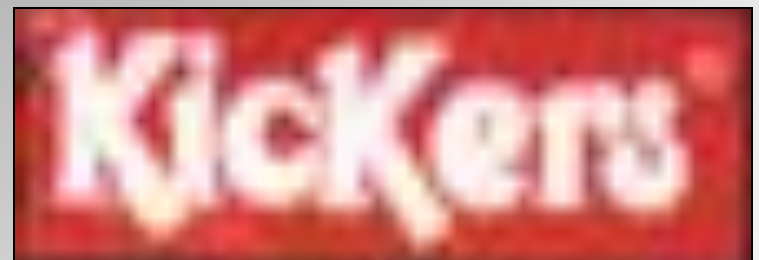
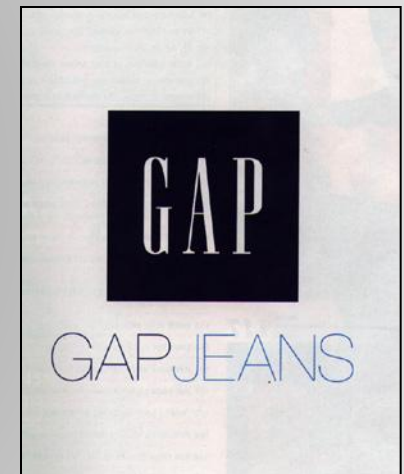
**Activity:**  
**Who helps you make your choices?**







"I used to compare myself constantly to models in magazines and think why can't I look like that. That feeling never goes away, but I've learned to deal with it." -Louise Nerding, Cosmopolitan 1999





# Friends



# Today is all about you!

1. You are special
2. Growing up
3. Your Choices
4. Your body
5. Are you a good friend?

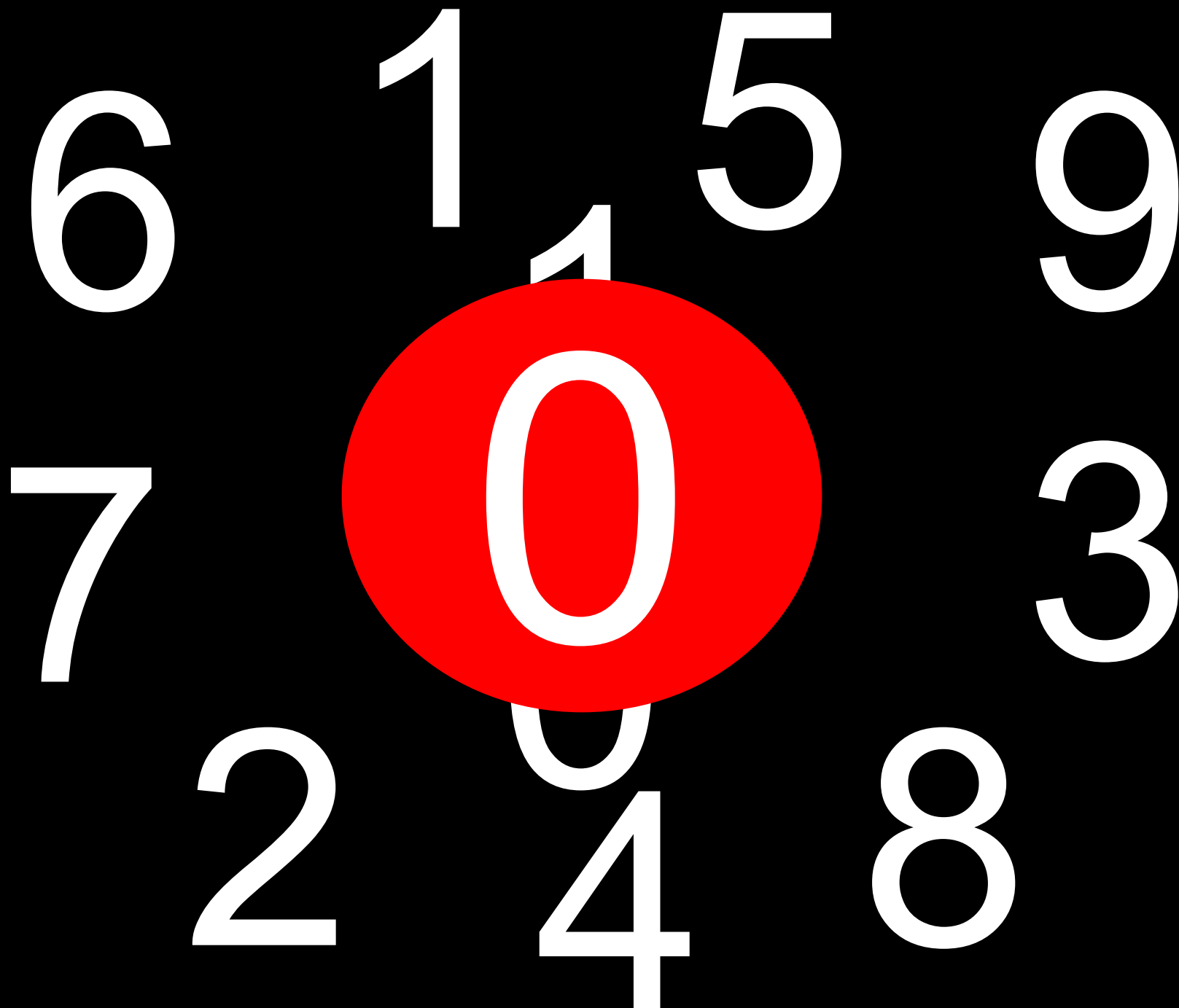


- Good choices or bad choices
- Healthy choices or unhealthy choices



# Activity with human body







# Video on decision making? Or risk-taking and consequences





**Enjoy being the person you are**

**Make healthy choices**

**Make your own choices**

# Today is all about you!

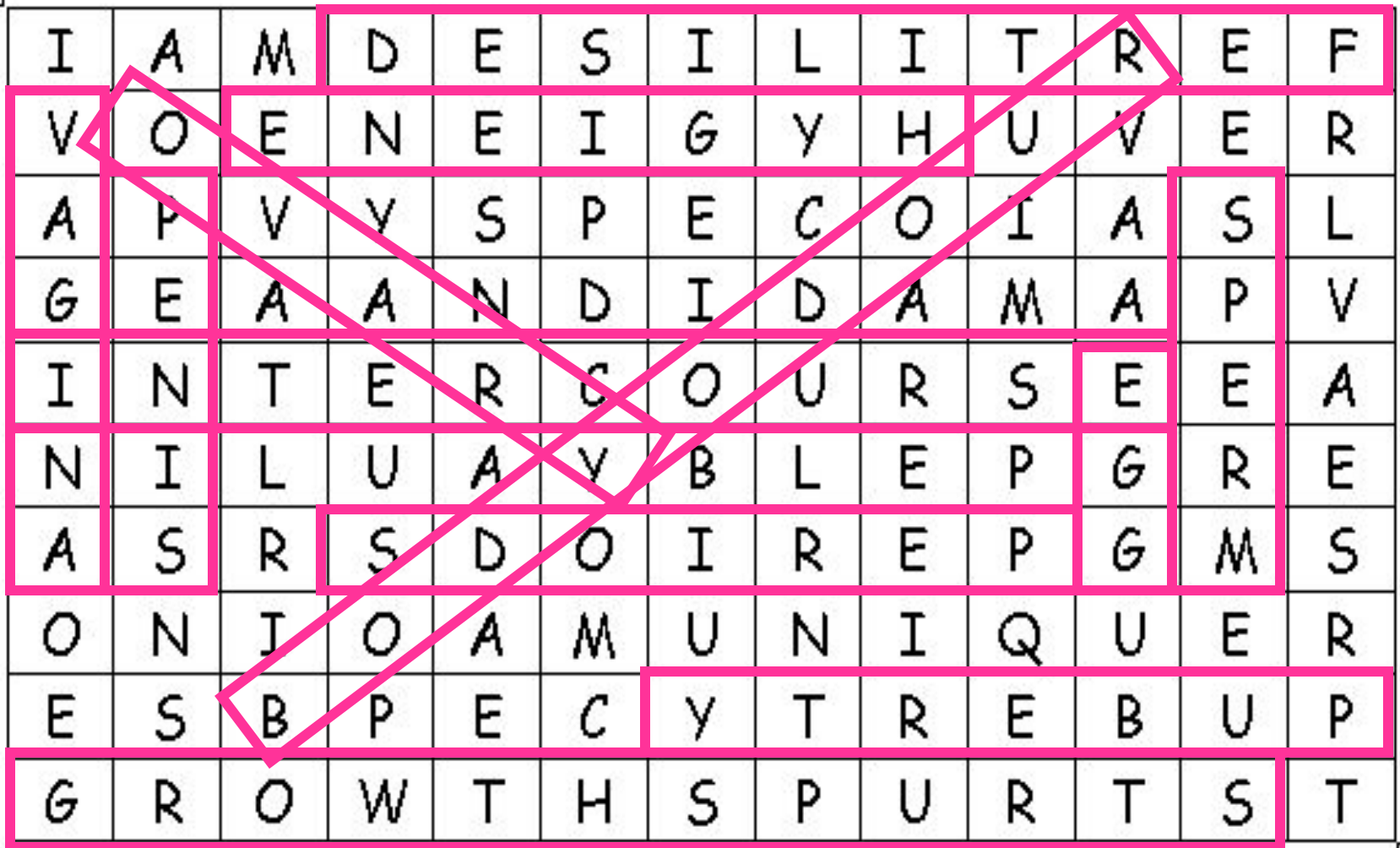
1. You are special
2. Growing up
3. Your Choices
4. Your body
5. Are you a good friend?



# Activity: Word search



## Activity: Word Search for girls



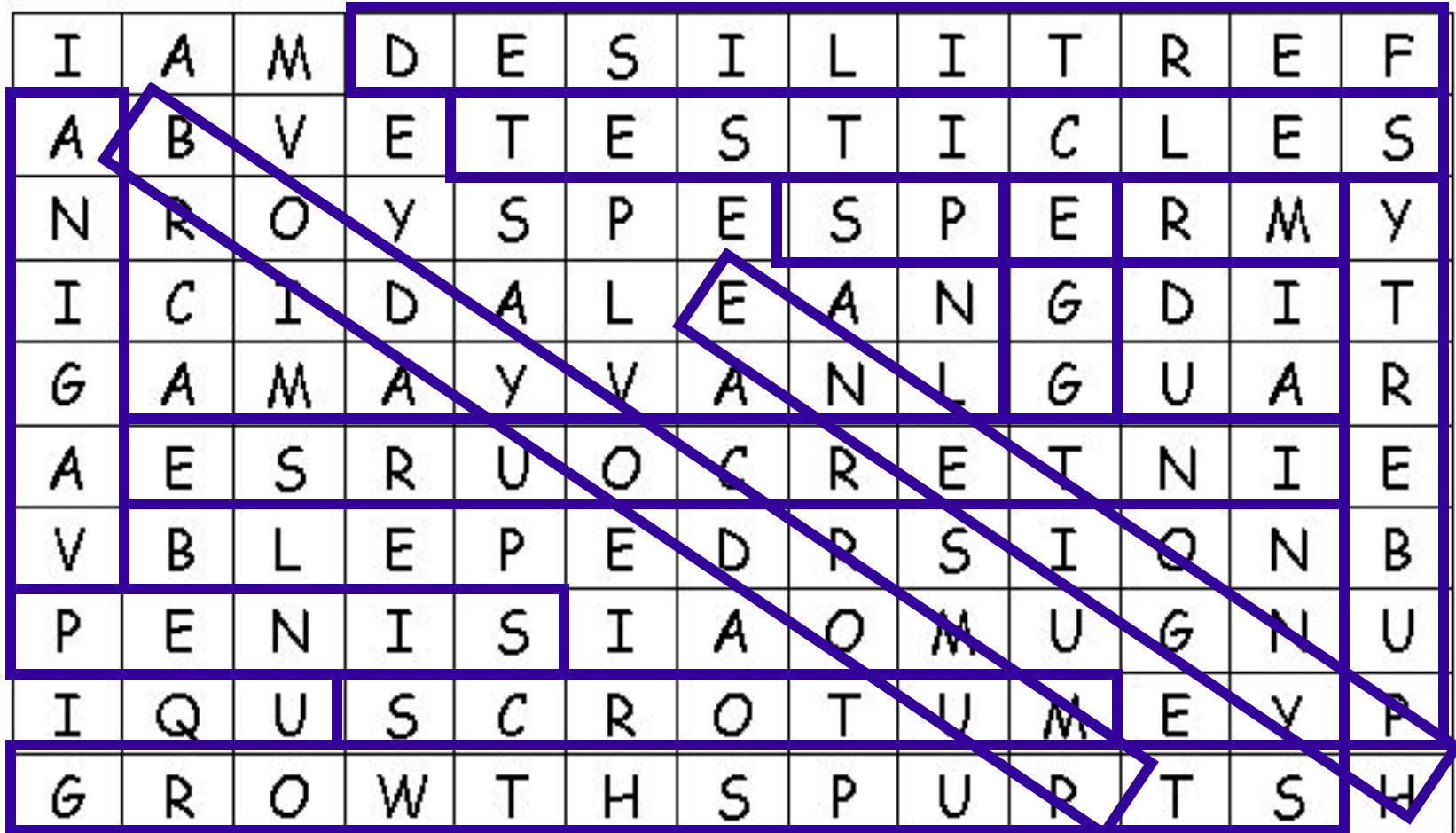
**I am very special, and I  
am a valuable person. I  
am unique.**

**RESPECT**

# Activity: Word search



## Activity: Word Search for boys



**I am very special, and I  
am a valuable person.**

**I am unique.**



# Today is all about you!

1. You are special
2. Growing up
3. Your Choices
4. Your body
5. Are you a good friend?





# What makes a good friendship?

## Activity: Special Friends



# What are the signs of a "bad" friendship?



- Talking behind your back

# What are the signs of a "bad" friendship?



- Talking behind your back
- Jealousy

# What are the signs of a “bad” friendship?



- Talking behind your back
- Jealousy
- “Using you” for their gain

# What are the signs of a "bad" friendship?



- Talking behind your back
- Jealousy
- "Using you" for their gain
- Negative influence on you

# What are the signs of a "bad" friendship?



- Talking behind your back
- Jealousy
- "Using you" for their gain
- Negative influence on you
- Bullying

# What makes a good friendship?



- Respect
- Trust
- Commitment
- Caring
- Good talking
- Things in common
- Being a good friend?



# What makes a good boy/girl friendship?



- ✓ Respect
- ✓ Trust
- ✓ Being committed
- ✓ Caring
- ✓ Good talking
- ✓ Things in common
- ✓ Being a good friend

# Roleplay

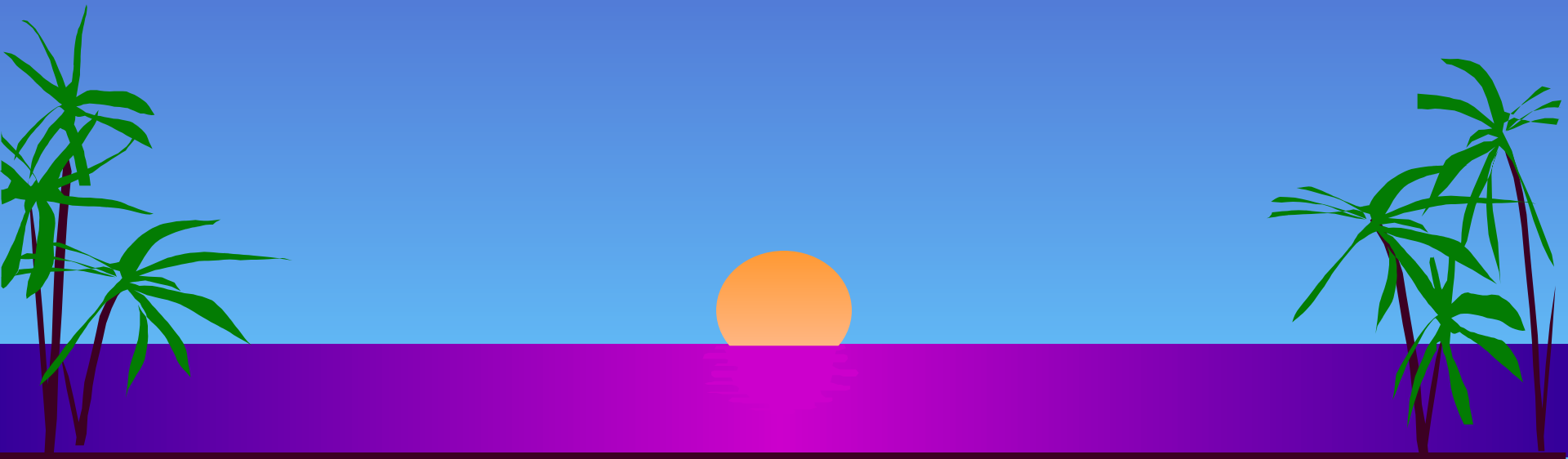
Passive?

Aggressive?

Assertive?



# Dream big!



# Today is all about you!

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4. Your body
5. Are you a good friend?



# Activity on value of human being-sock with £20



I'm Special; You're  
Special!

