

• Computers very changed our life since the late 20th century.



 Of course, the computer has simplified our life. Now we can immediately send and receive messages, copy, paste, delete information by clicking.



My family uses a computer, most Internet. Because it helps to prepare for the lessons. We also play games on the

computer.



BUT!

Computer is bad, if not to follow the rules:

- 1. Take a break.
- 2. Every 10 minutes to do a workout for the eyes.
- 3. Hold the posture.

 Computers have come into our lives, soon they will take center stage in our lives. Internet will be the largest source

of information.

