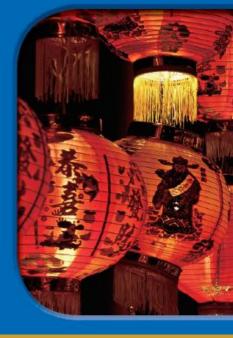


S U B J E C T





CHAPTER 1

Lesson 3

Healing with Color



Before You Read

These study rooms have different wall colors. Which color do you think is best for you? Why?



I think blue would make me feel calm, so I'd like my study room to have blue walls.





Before You Read

These study rooms have different wall colors. Which color do you think is best for you? Why?



I think blue would make me feel calm, so I'd like my study room to have blue walls.

Key Words





mentally





relieve





energize





heal





affect





calm



heal



mentally



calm



energize



affect

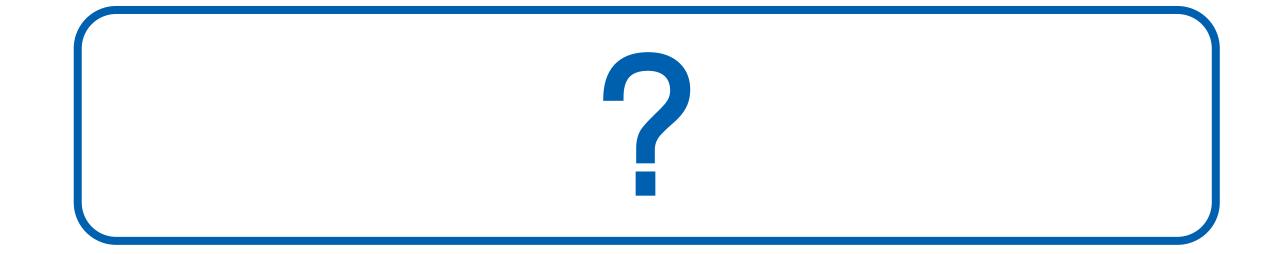


relieve

connected with or happening in the mind



to reduce or remove pain or stress



to give energy to someone or something



to make a person or animal become healthy or well



to act on something and make it change



to make a person become less angry or



Check up

