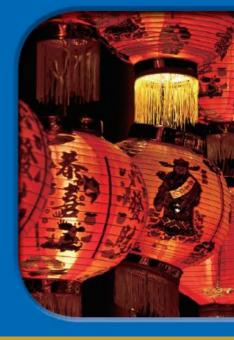


S U B J E C T





CHAPTER 1

Lesson 3

#### Healing with Color



#### Before You Read

These study rooms have different wall colors. Which color do you think is best for you? Why?



I think blue would make me feel calm, so I'd like my study room to have blue walls.

#### Healing with Color



#### Before You Read

These study rooms have different wall colors. Which color do you think is best for you? Why?



I think blue would make me feel calm, so I'd like my study room to have blue walls.

# Key Words





## mentally





### relieve





## energize





heal





## affect





### calm



heal



## mentally



calm



energize



affect



### relieve

## connected with or happening in the mind



## to reduce or remove pain or stress



## to give energy to someone or something



to make a person or animal become healthy or well



## to act on something and make it change



### to make a person become less angry or



### Check up

