



# INSTRUCTION

on arriving at the university

(prior to coming to Russia and in the first weeks after)

for international students, postgraduate students, and trainees of pre-university programs

- The order **of entry for students** from abroad is developed by the Ministry of science and higher education of the Russian Federation.
- To study in Russia can enter **only** foreign students from those countries that are recommended by Rospotrebnadzor as countries with a safe epidemiological situation.
- **The list of countries** opened for foreign students to enter Russia, regularly updated by Rospotrebnadzor, is posted on the university website, as well as on the official social media pages.

# STEP-BY-STEP INSTRUCTIONS

for foreign students from countries with a **VISA** regime



ВОЛГОГРАДСКИЙ  
ГОСУДАРСТВЕННЫЙ  
УНИВЕРСИТЕТ

## STEP 1:

- **Obtain** an official “Invitation to enter the Russian Federation”

## STEP 2:

- Based on an invitation, a foreign citizen should receive a “**study visa**” at a diplomatic mission or consular office of the Russian Federation, with the possibility of processing multiple-entry visas at the Institute of International Education of the University.

## STEP 3:

- Before coming to Russia, it is **mandatory to notify** the University by the email [imo@volsu.ru](mailto:imo@volsu.ru) **at least 10 days in advance** of the date of entry into the Russian Federation.

In the letter, you **MUST** specify:

- Your full name in Latin letters (as in the passport)
- What border point do you plan to cross the border with the Russian Federation through?
- Planned period of entry into the Russian Federation

After that, the University will send instructions and the entry information to the sender’s e-mail address.

## STEP 4:

- It is **obligatory to test for COVID-19 by PCR** method **not earlier than 3 calendar days** before your arrival to Russia and receive a corresponding document in Russian or English in your country if the result is negative.

## STEP 5:

- **Within 72 hours** after entering Russia, it is **obligatory** to take **a repeat PCR-test**. Until the results of the test are received, it is necessary **to observe the self-isolation regime** at the place of residence. During the period of isolation, training takes place in an online format. Without a repeat test, foreign students **are not allowed to participate in full-time education**.

# STEP-BY-STEP INSTRUCTIONS

for foreign students from countries with a **VISA-FREE** regime



ВОЛГОГРАДСКИЙ  
ГОСУДАРСТВЕННЫЙ  
УНИВЕРСИТЕТ

## STEP 1:

- Before coming to Russia, it is **mandatory to notify** the University by the email [imo@volsu.ru](mailto:imo@volsu.ru) **at least 10 days in advance** of the date of entry into the Russian Federation.

In the letter, you **MUST** specify:

- Your full name in Latin letters (as in the passport)
- What border point do you plan to cross the border with the Russian Federation through?
- Planned period of entry into the Russian Federation

After that, the University will send instructions and the entry information to the sender's e-mail address.

## STEP 2:

- It is **obligatory** to test for COVID-19 by PCR method **not earlier than 3 calendar days** before your arrival to Russia and receive a corresponding document in Russian or English in your country if the result is negative.

## STEP 3:

- **Within 72 hours** after entering Russia, it is **obligatory** to take **a repeat PCR-test**. Until the results of the test are received, it is necessary **to observe the self-isolation regime** at the place of residence. During the period of isolation, training takes place in an online format. Without a repeat test, foreign students **are not allowed to participate in full-time education**.



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- If, **during the period of self-isolation**, foreign students arriving in Russia develop the first symptoms of an acute respiratory illness (fever, sore throat, runny nose, cough), the student should **immediately** inform the university and call a doctor.
- Upon arrival in the Russian Federation, a foreign student **MUST** comply with the rules and regulations of migration registration. In order to be registered with the migration service, it is necessary to e-mail to [imo@volsu.ru](mailto:imo@volsu.ru) the following documents:
  - copy of all pages of your passport
  - copy of the migration card.
- If you have any additional questions, you can contact: [imo@volsu.ru](mailto:imo@volsu.ru)