

FOOD



Facts about food

- Discuss with student
- Food is the basic human need to stay alive
- Can you name me some kinds of edible and inedible food?
- How can food become inedible?
- (if we keep food without fridge or burn it)
- Do you know very strange food, that can be edible in some countries but not in Ukraine?
- (insects/rats/raw fish etc)

Types of food

TYPES OF FOOD

fast food food such as **hamburgers**, which is prepared quickly and which you can take away with you to eat
He ballooned to 300lbs on a diet of fast food.

junk food food that is full of sugar or fat, and is bad for your health
I used to eat loads of junk food.

GM food British English food made from vegetables and animals that have had their genetic structure changed
There has been a lot of research into the safety of GM food.

organic food food that is produced without using harmful chemicals
Shoppers are willing to pay more for organic food.

health food food that is thought to be good for your health
You can buy the ingredients in any good health food shop.

superfood a type of food that is believed to be good for your health because it contains a lot of a particular type of vitamin, mineral etc
Superfoods such as blueberries are often promoted as having magic health-giving properties.

vegetarian food food that does not contain meat
The restaurant specializes in vegetarian food.

processed food food that has chemicals in it to make it last a long time
The colourings and flavourings in processed food are chemicals produced in factories.

canned food (also **tinned food** British English) food that is sold in cans
We had to live on canned food for a week.
Tinned food was sent as emergency aid.

frozen food food that is kept at a very low temperature to make it last a long time
Some people claim that frozen food is just as healthy as fresh food.

convenience food food that is sold in cans, packages etc, so that it can be prepared quickly and easily
I found that I had more time to cook, instead of just heating up convenience food.

baby food special food for babies
The soup was horrible – it tasted like baby food.

pet/dog/cat/bird etc food food for animals that you keep as pets
She spent a fortune on pet food.

Verb for food

VERBS

have food

The family hadn't had any food for days.

eat food

He sat in the corner and ate his food.

cook/prepare food

I have to cook some food for this evening.

serve food (=give food to someone, especially in a restaurant)

She served food and cleared tables all evening.

enjoy your food

I've never seen anyone enjoy their food so much.

chew food

He chewed the food slowly and carefully.

swallow food

While she was ill, she had trouble swallowing her food.

digest food

Aphids have bacteria in their guts that help them digest food.

food tastes good/delicious etc

The food at Jan's house always tastes good.

food smells good

The food smelt good to her.

Describe food

ADJECTIVES

good/excellent

The hotel was nice and the food was really good.

delicious/tasty

Thanks for dinner – the food was delicious.

fresh

The food is all so fresh.

healthy

We try to give the kids good healthy food.

spicy (=with a hot taste)

Spanish food is not usually very spicy.

hot food

She wanted a rest and some hot food.

cold food

The cafeteria only serves cold food.

Italian/French/Chinese etc food

The restaurant serves delicious Italian food.

exotic food (=unusual because of being from a foreign country)

The shop specializes in selling exotic food like kangaroo and crocodile meat.

fatty foods

Limit your intake of fatty foods.

Discussion

- What kinds of food do you like? dislike?
Do you like sweet foods? spicy foods? salty foods?
What vegetables do you eat?
- What food do you never eat? Why?
Have you ever eaten dog food? cat food?
- What do you usually eat for breakfast?
- What is the longest time you've gone without food? without water? Why?
- What are your favorite snacks?
How often do you eat snacks?
- We can't live without food, but not every kind of food is useful for our body
- Can you name me healthy and unhealthy food?

Healthy and unhealthy food



Grammar

Past Simple vs Present Perfect | Picture

Learn the Difference between Present Perfect and Past Simple in English with Picture.

PAST SIMPLE & PRESENT PERFECT

PAST SIMPLE



PRESENT PERFECT

S + V-ed

S + have/has + V-ed

Express finished time

Describe unfinished time

E.g. We lived in Japan from 1995 to 1998.

E.g. I've worked as a teacher since 2011.

Refer to definite time

Refer to indefinite time

E.g. I saw the Eiffel Tower in 2007.

E.g. I have seen the Eiffel Tower.

Indicate series of finished actions

Express experience or result

E.g. First he read the book, and then he watched the movie.

E.g. She has already watched this movie 3 times.



4. _____ (you/see) Kathleen?
5. We _____ (not/go) on holiday last year.
6. I love clothes. I _____ (buy) a lot this year.
7. What _____ (you/do) last weekend?
8. Dad _____ (repair) the car, you can use it now.
9. Agatha Christie _____ (live) from 1890 to 1976.
10. Granny still _____ (not/find) her glasses.
11. Where _____ (you/buy) your laptop?
12. Oh! You _____ (paint) the kitchen, I like the colour.
13. What time _____ (you/get) home last night?
14. Emma! Your letter _____ (arrive) at last!
15. The weather _____ (be) good all week.
16. I _____ (finish) work early yesterday.
17. Sue's not here, she _____ (go) out for 2 hours
18. The weather _____ (not/be) very good last week.
19. We _____ (be) to the cinema twice this month.
20. Brian _____ (live) in England until the age of 14.