

# FOOD & COOKING

a

## FOOD QUIZ

Can you think of...?

**ONE** red fruit, **ONE** yellow fruit, **ONE** green fruit

**TWO** kinds of food that some people are allergic to

**THREE** kinds of food that come from milk

**FOUR** vegetables that you can put in a salad

**FIVE** containers that you can buy food in

**SIX** things that people sometimes have for breakfast





**Which word is different?  
Why?**

**beans**

**grapes**

**peach**

**raspberry**



**Which word is different?  
Why?**

**chicken**

**duck**

**lamb**

**salmon**



**Which word is different?  
Why?**

**beetroot**

**cabbage**

**pear**

**eggplant**



**Which word is different?  
Why?**

**mussels**

**prawns**

**mushrooms**

**squid**



**Which word is different?  
Why?**

**pumpkin**

**courgette**

**cucumber**

**carrot**

c Complete the sentences with the words in the box.

fresh frozen low-fat raw spicy takeaway tinned

- 1 Tinned tomatoes usually last for about two years.
- 2 I don't feel like cooking. Let's get a \_\_\_\_\_  
for dinner.
- 3 Are there any \_\_\_\_\_ peas in the freezer?
- 4 I'm not very keen on \_\_\_\_\_ fish, so I never  
eat sushi.
- 5 Hannah's on a diet, so she's bought some \_\_\_\_\_  
yoghurt to have for dessert.
- 6 They eat a lot of \_\_\_\_\_ food in Mexico.
- 7 We buy \_\_\_\_\_ bread from the baker's  
every morning.







## WHAT DO YOU THINK?

- 1 Men are better cooks than women.
- 2 Both boys and girls should learn to cook at school.
- 3 Cheap restaurants usually serve bad food.
- 4 On a night out with friends, where and what you eat isn't important.
- 5 Not all fast food is unhealthy.
- 6 Every country thinks that their cuisine is the best in the world.



### Useful language: Giving your opinion (1)

I agree.

I don't agree.

I'm not sure.

(I think) it depends.

For example...

In my opinion...





# LISTENING & SPEAKING

## FOOD & EATING

- 1 Is there any food or drink that you couldn't live without? How often do you eat / drink it?
- 2 Do you ever have
  - a ready-made food?
  - b takeaway food? What kind?
- 3 What's your favourite
  - a fruit?
  - b vegetable?Are there any that you really don't like?
- 4 When you eat out do you normally order meat, fish, or vegetarian?
- 5 What food do you usually eat
  - a when you're feeling a bit down?
  - b before doing sport or exercise?
  - c before you have an exam or some important work to do?



16)) Listen to five people talking. Each person is answering one of the questions in *Food & Eating* above. Match each speaker with a question.

- ☐ 4 Speaker A  
☐ Speaker B  
☐ Speaker C

- ☐ Speaker D  
☐ Speaker E