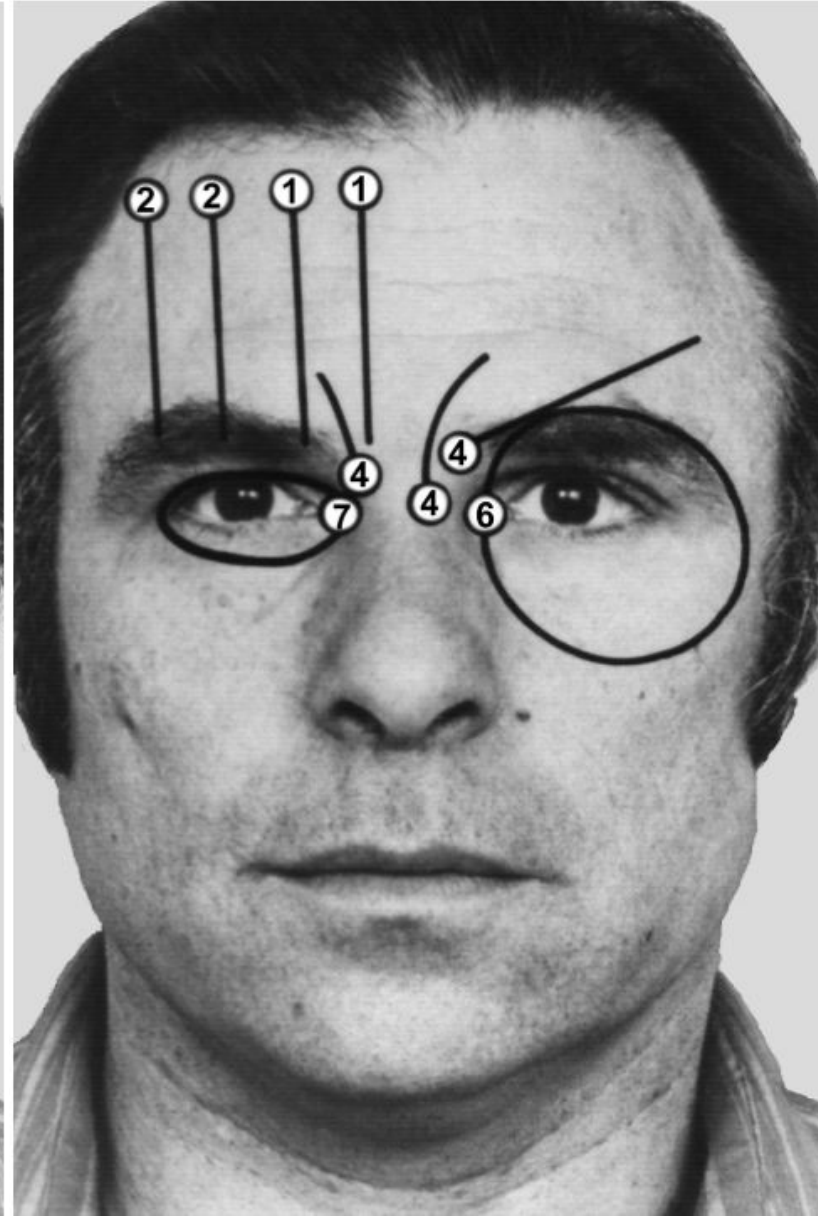
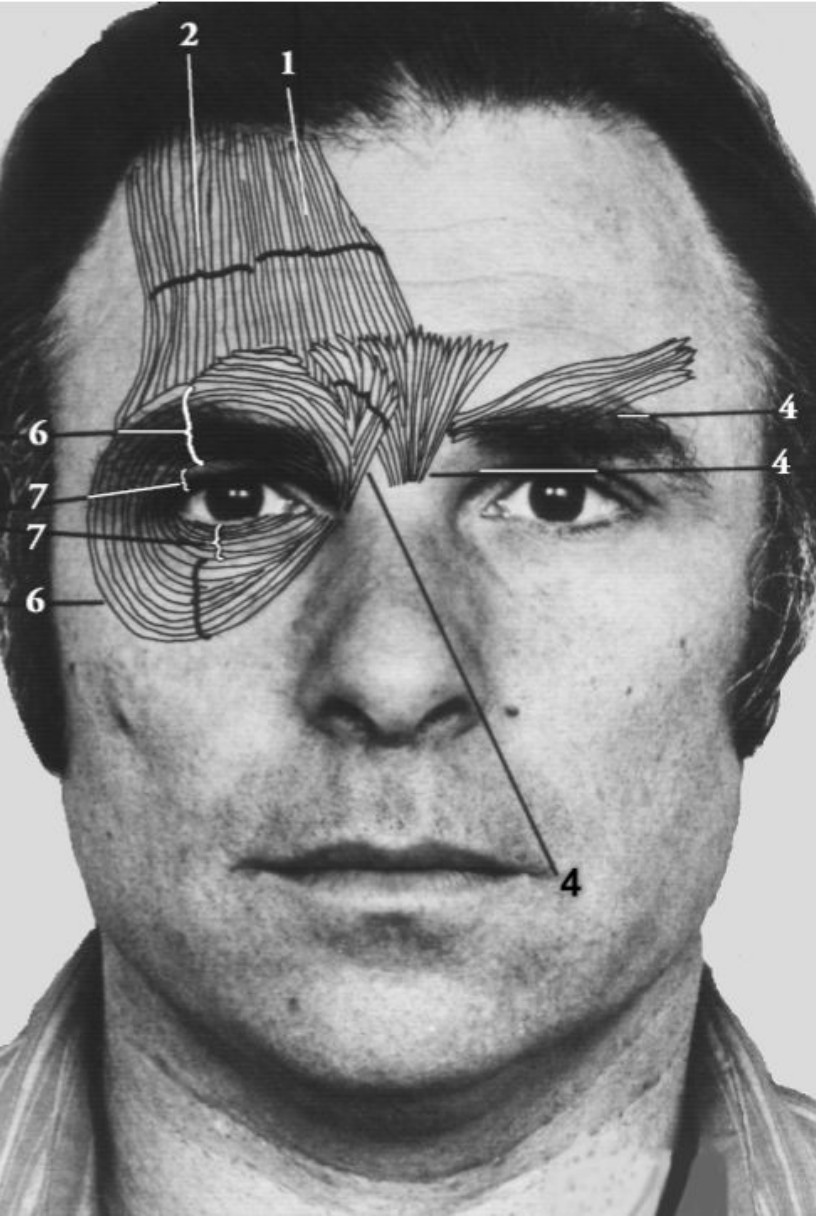




**ACS**

ПРИЁМЫ ЭФФЕКТИВНОГО ИЗУЧЕНИЯ



YOUR  
LOGO

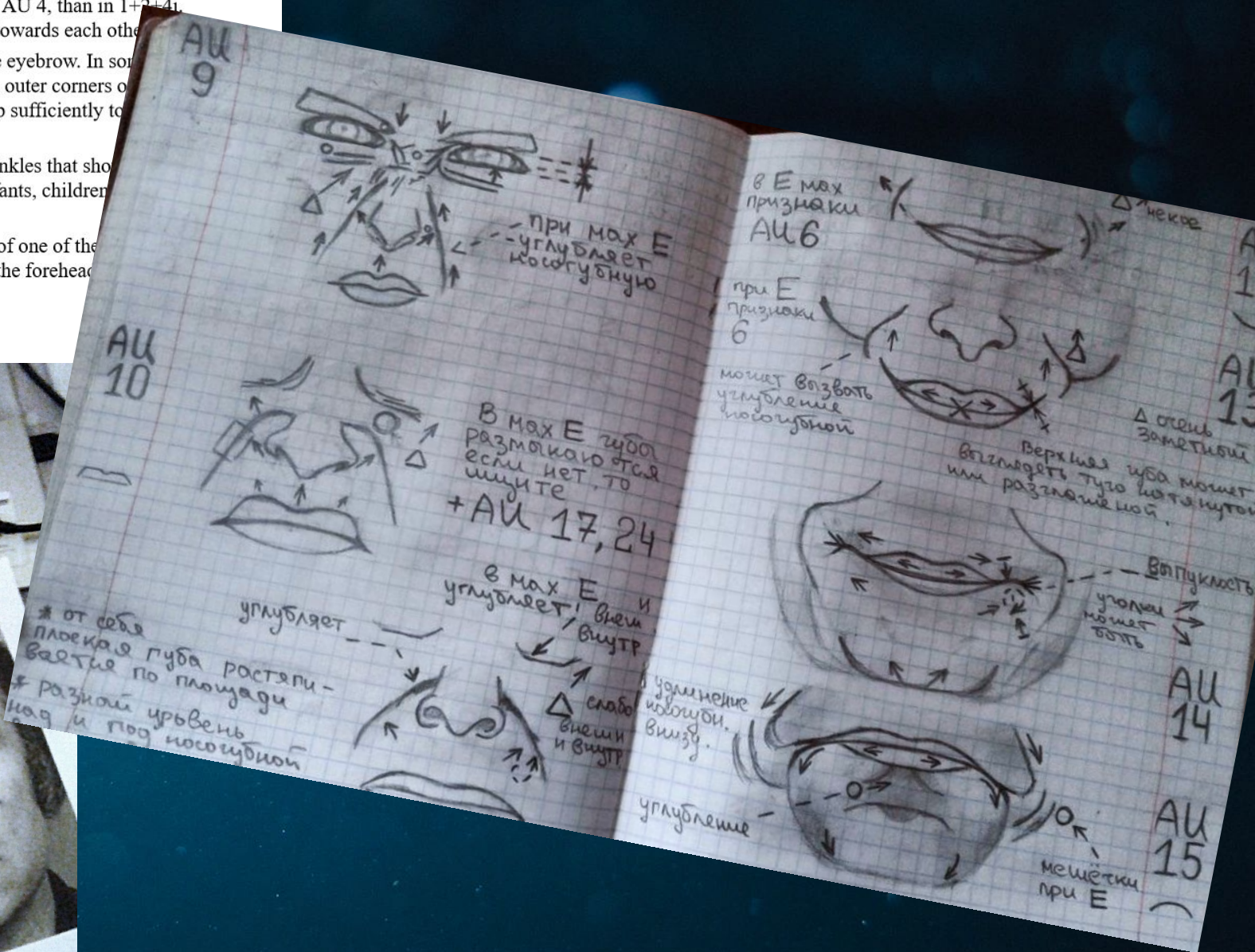
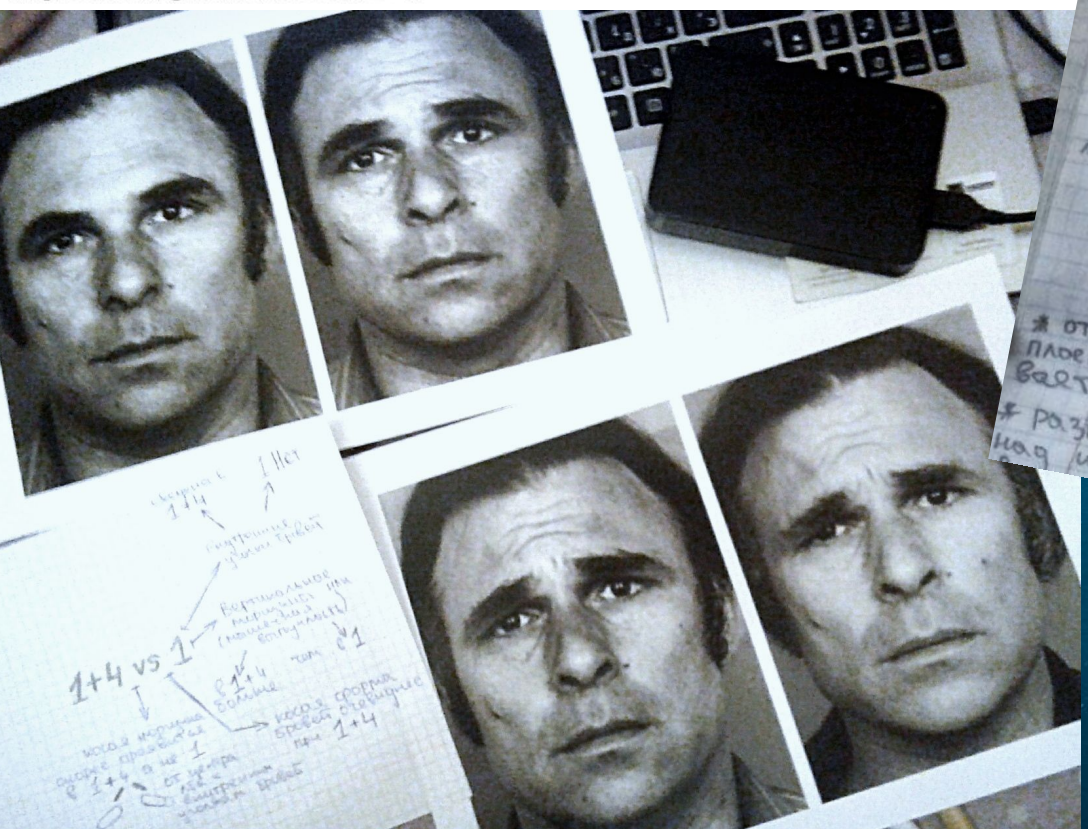
# Paul Ekman

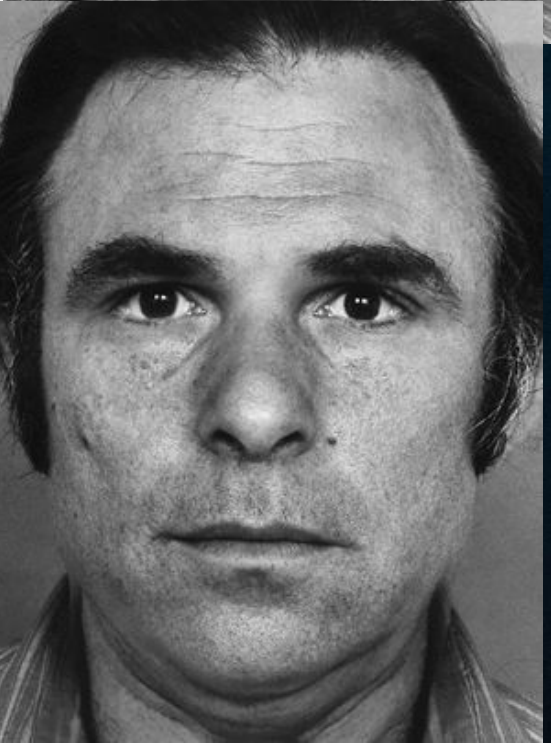
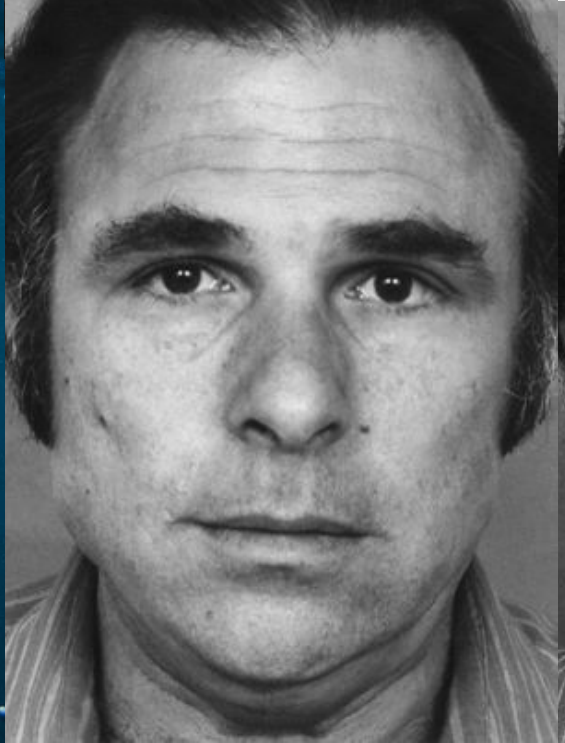
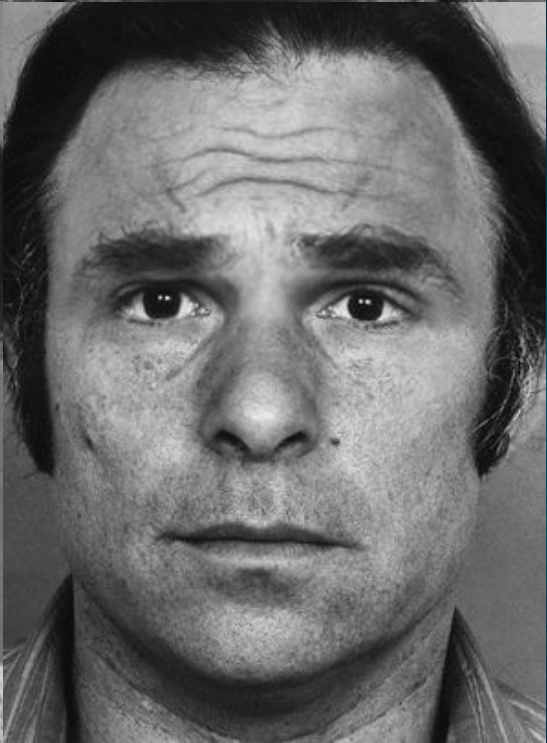
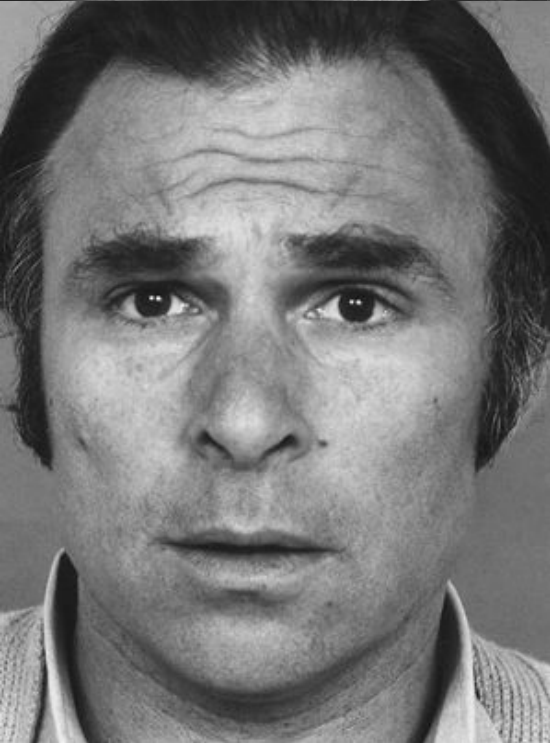
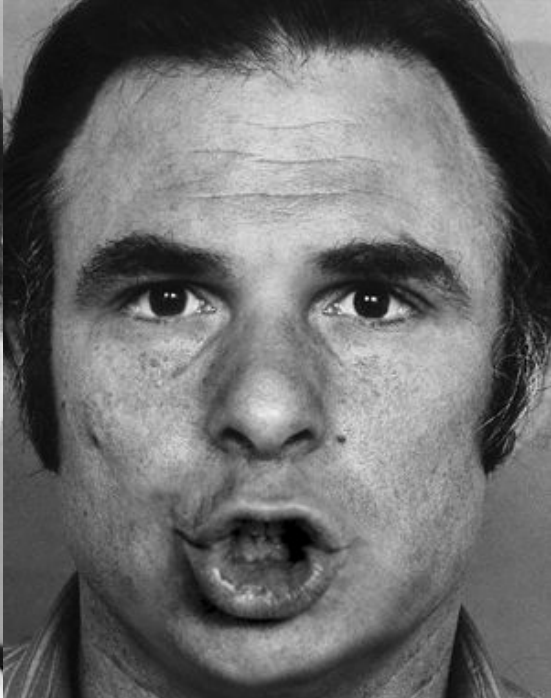
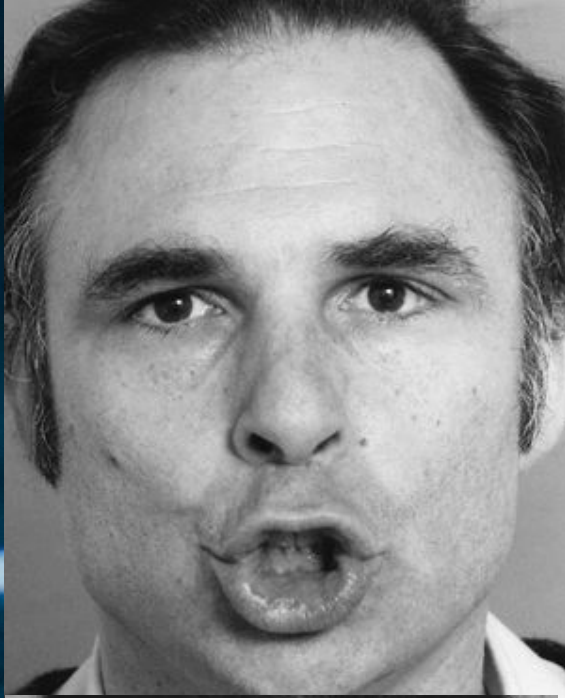
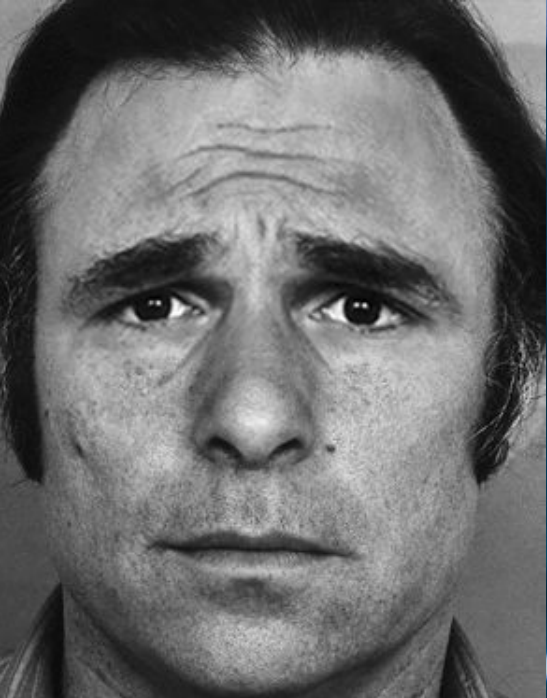
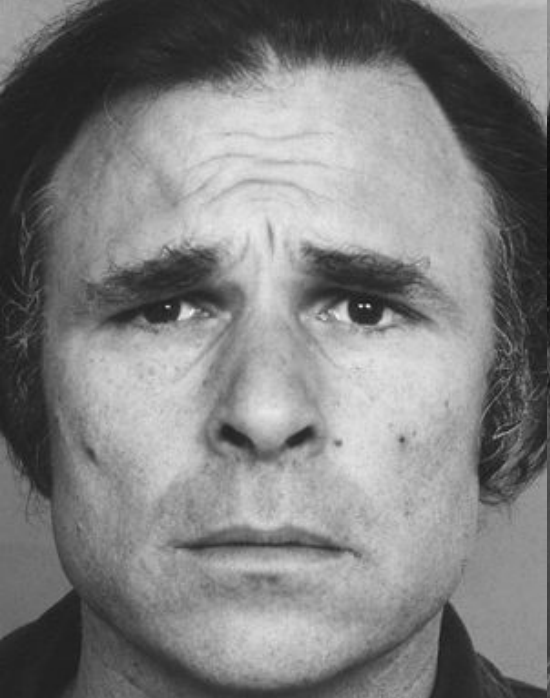
## Manual FACS

of those for the separate AUs, but are a new, somewhat different product of their joint action.

1. Pulls the entire brow (medial to lateral) upwards, but not as much as due to 1+2 alone because AU 4 pulls down on the brow.
2. Pulls the eyebrows together, but not as close together as in AU 4 alone. Compare images of 1+2+4 with those of 4. Note also that the eyebrows are closer together in 1+2+4ii, where there is more action of AU 4, than in 1+2+4i. Compare both with 1+2. Even in 1+2+4i, there is evidence that the eyebrows are pulled towards each other.
3. Flattens the shape of the eyebrow between the inner corner and the middle portion of the eyebrow. In some (j1+2+4) there may be a small downward curve in between these two points. Usually the outer corners of the eyebrows are level with the inner corners, or if lower than the inner corner, the outer corners are up sufficiently to level the lateral portion of the upper eyelid. (Compare j1+2+4 with j1+4.)
4. Bunches the skin in the central portion of the forehead so that horizontal wrinkles or wrinkles that show an upward curve appear in the center of the forehead. These wrinkles may not appear in infants, children, or adults.
5. May cause an oblique wrinkle line or muscle bunching to appear following the pathway of one of the eyebrows. This wrinkle runs from the inner corner of the eyebrow, up and outwards to a point in the forehead between the middle of the eyebrows. This is more apparent in 1+2+4ii than 1+2+4i.

Inspect the images and video of 1+2+4.

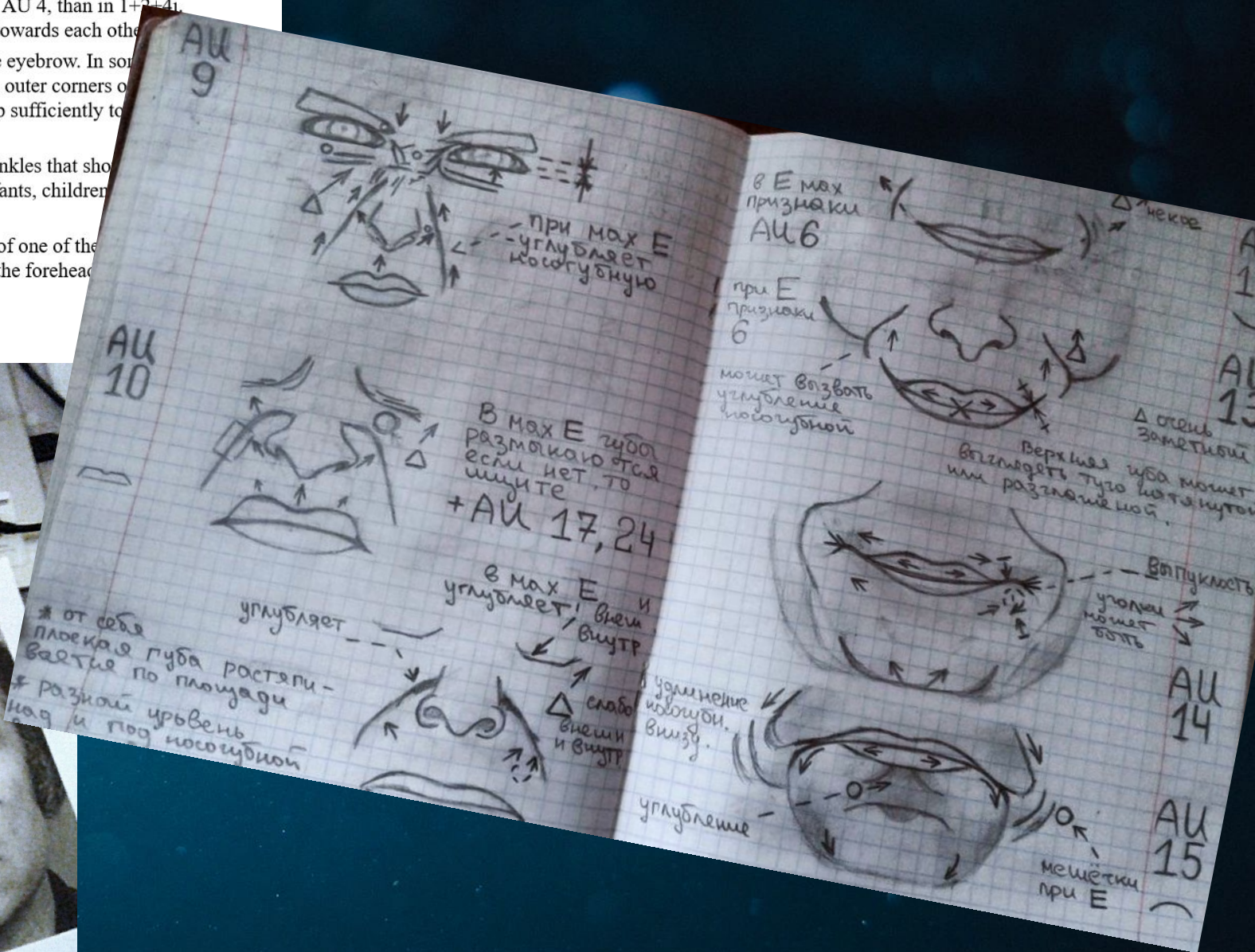
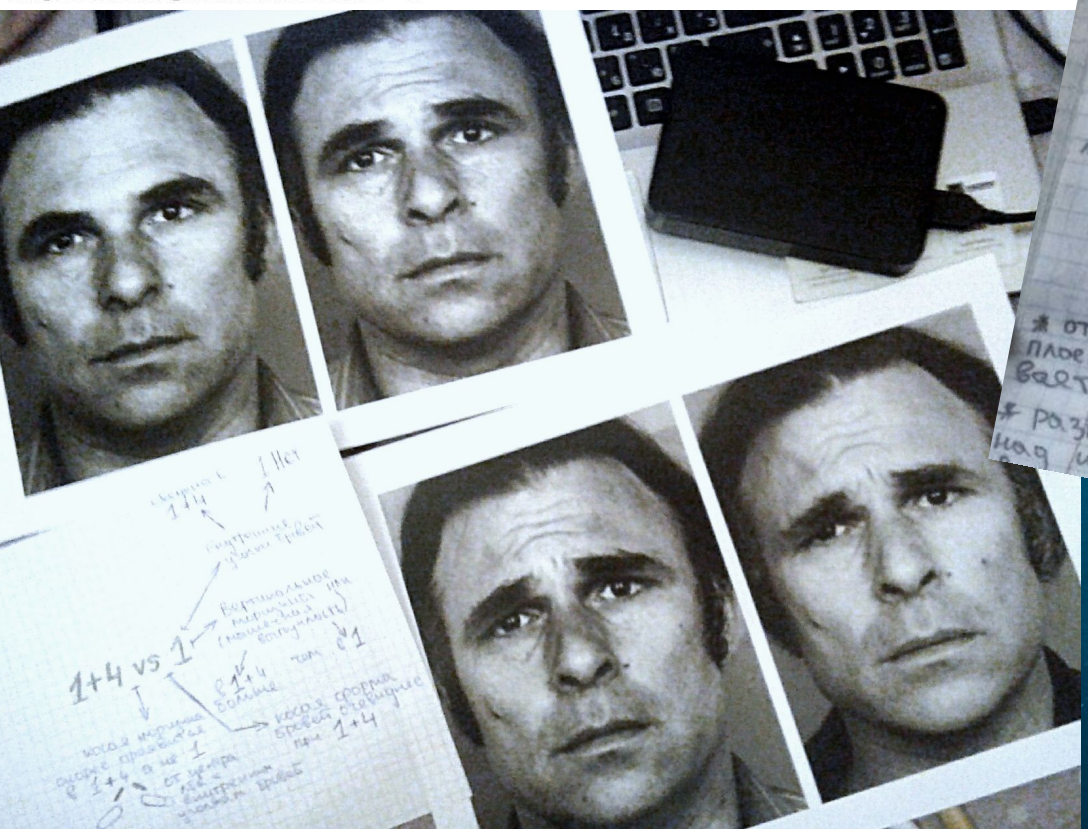




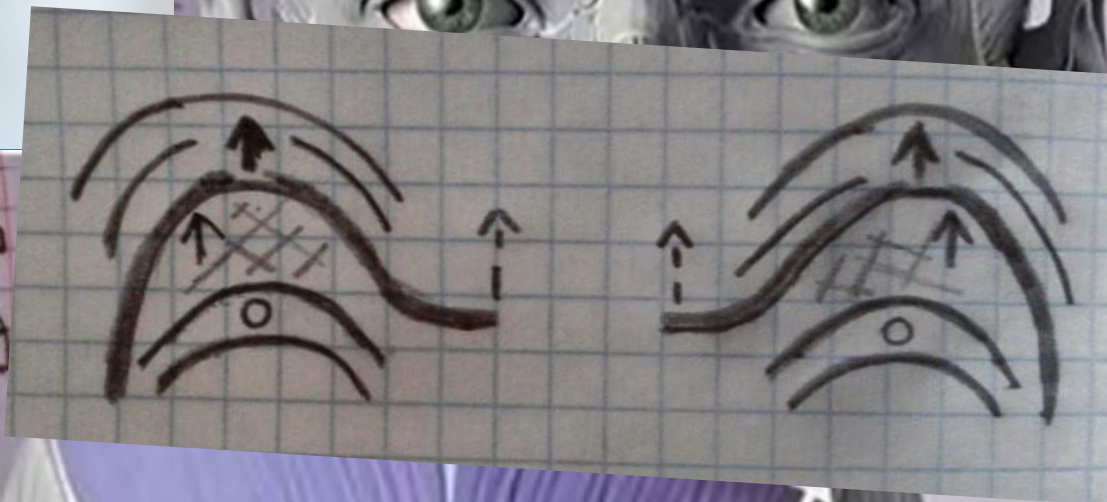
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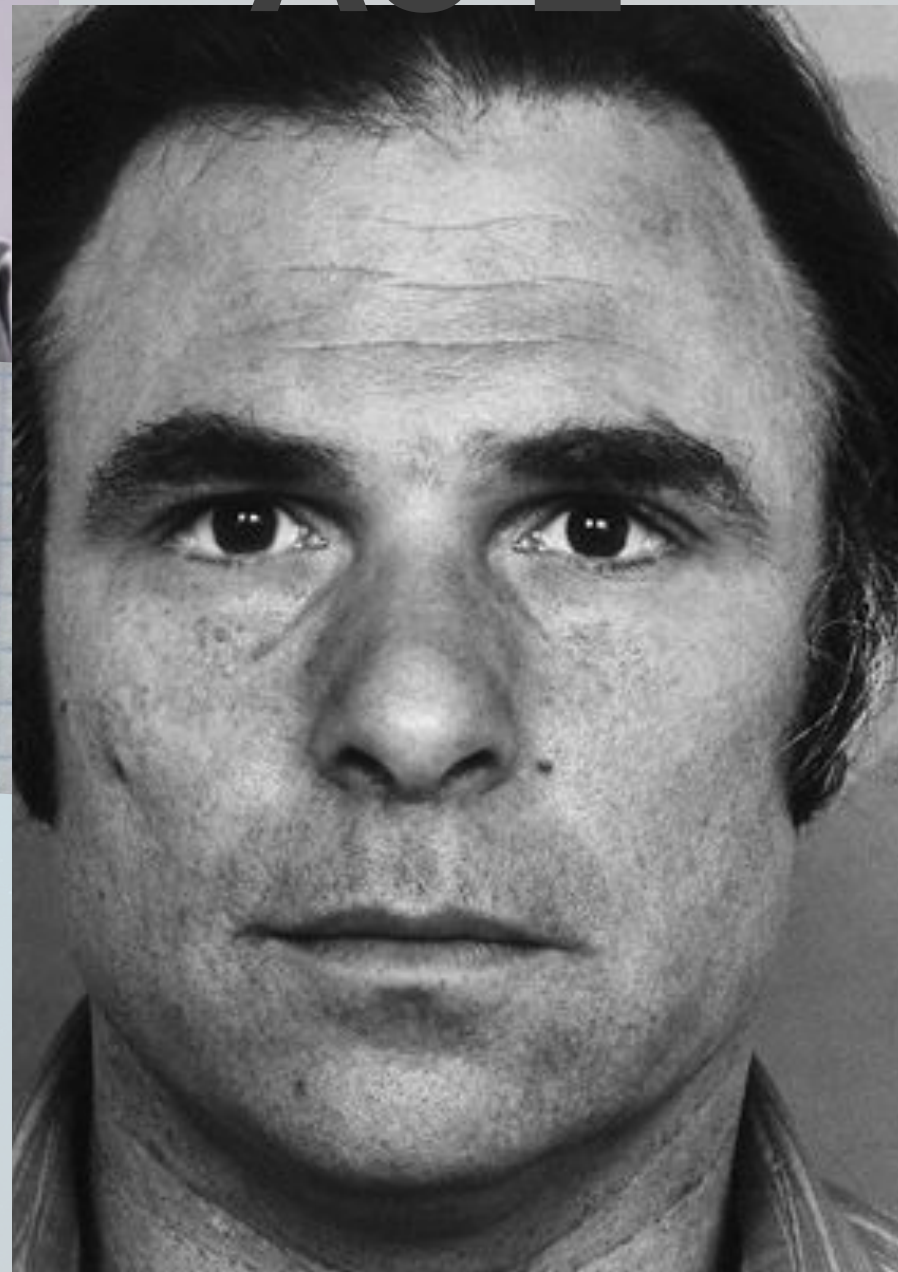
Inspect the images and video of 1+2+4.



# AU 2



AU 2  
[Hand-drawn diagram of a curved arrow]



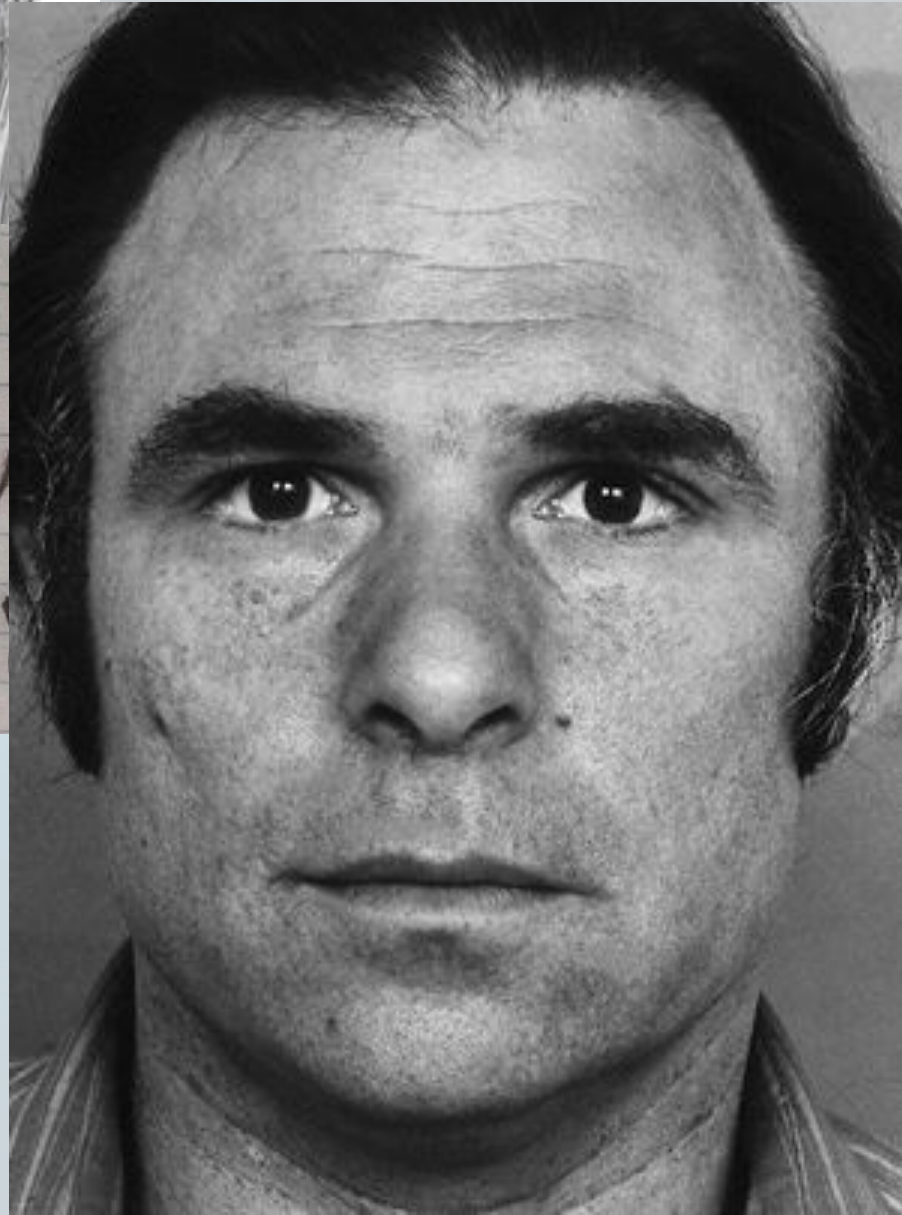
# AU 15



НЕНИЕ  
ГУБН.  
У

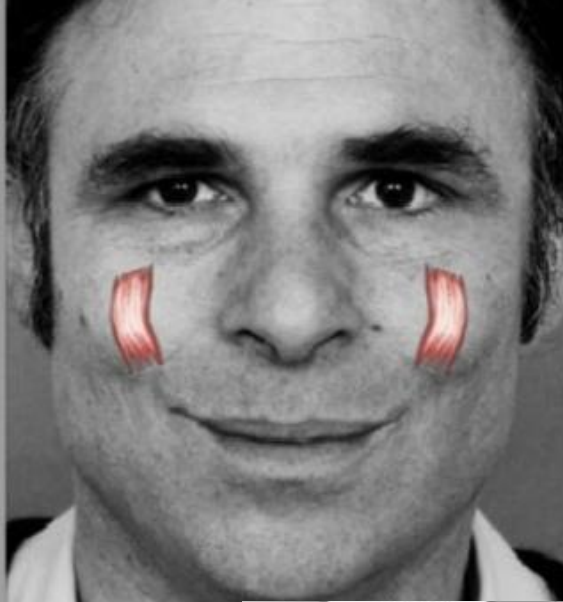
МЕШ  
ПРИ

УБРУЕ РЕНМЕ





- 15
- 25
- 26
- 27
- 16
- 20
- 14
- 11
- 12
- 10

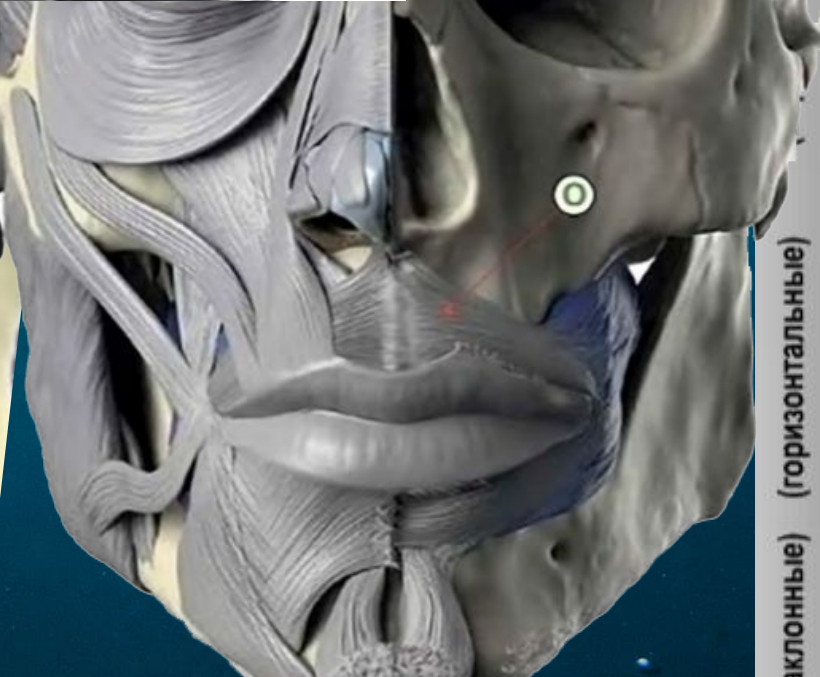
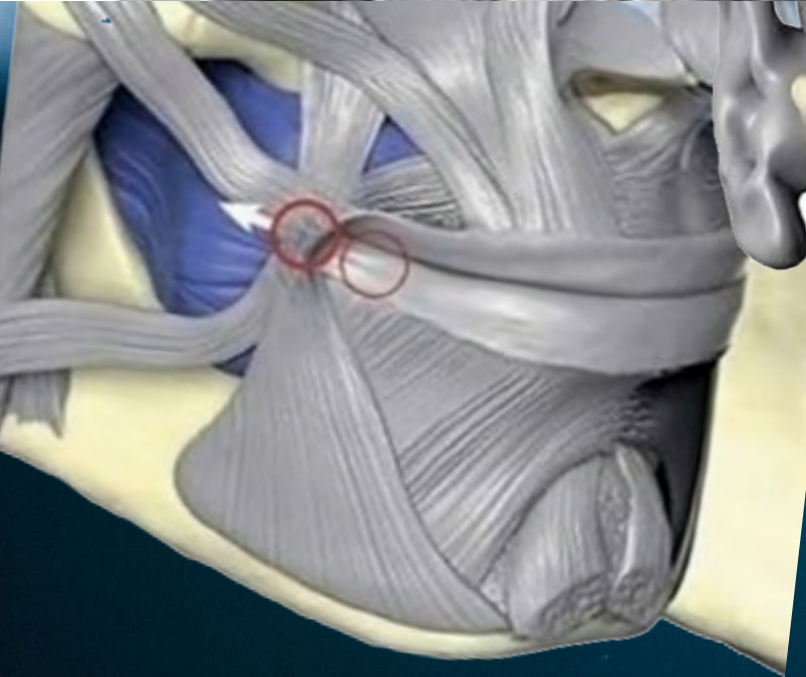


Верхняя часть л  
ые

- AU 5
- AU 7
- AU 6
- AU 43
- AU 45
- AU 46
- AD 19
- AU 21
- AD 29
- AD 30
- AU 31
- AD 32

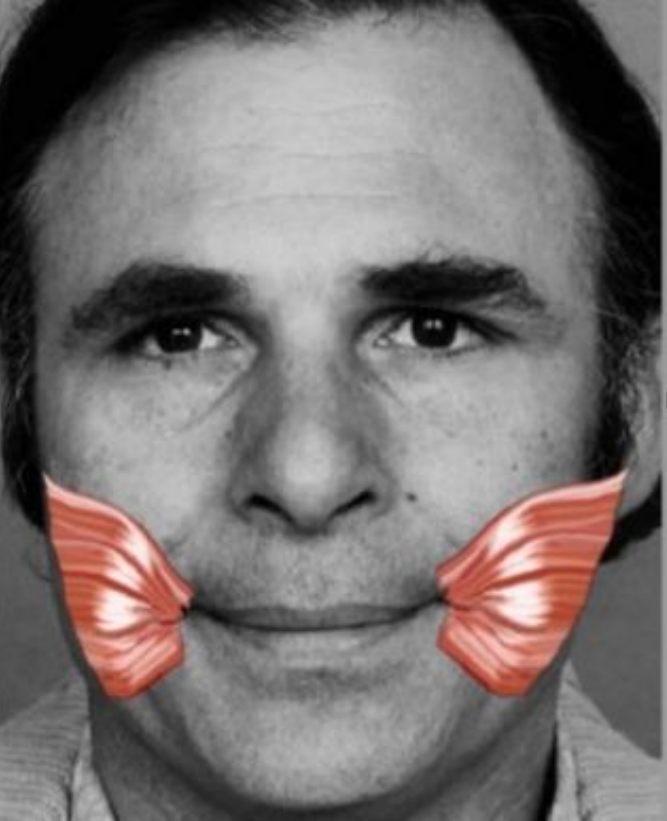
Внешние изменения из-за AU-13

1. Служит причинами того, что щеки и подглазничный треугольник становятся очень заметными, надуваясь, так подглазничный треугольник поднимается в основном больше вверх, чем косо (наклонно).
2. Тянет углы губ вверх, но не так сильно, как угол AU-12.

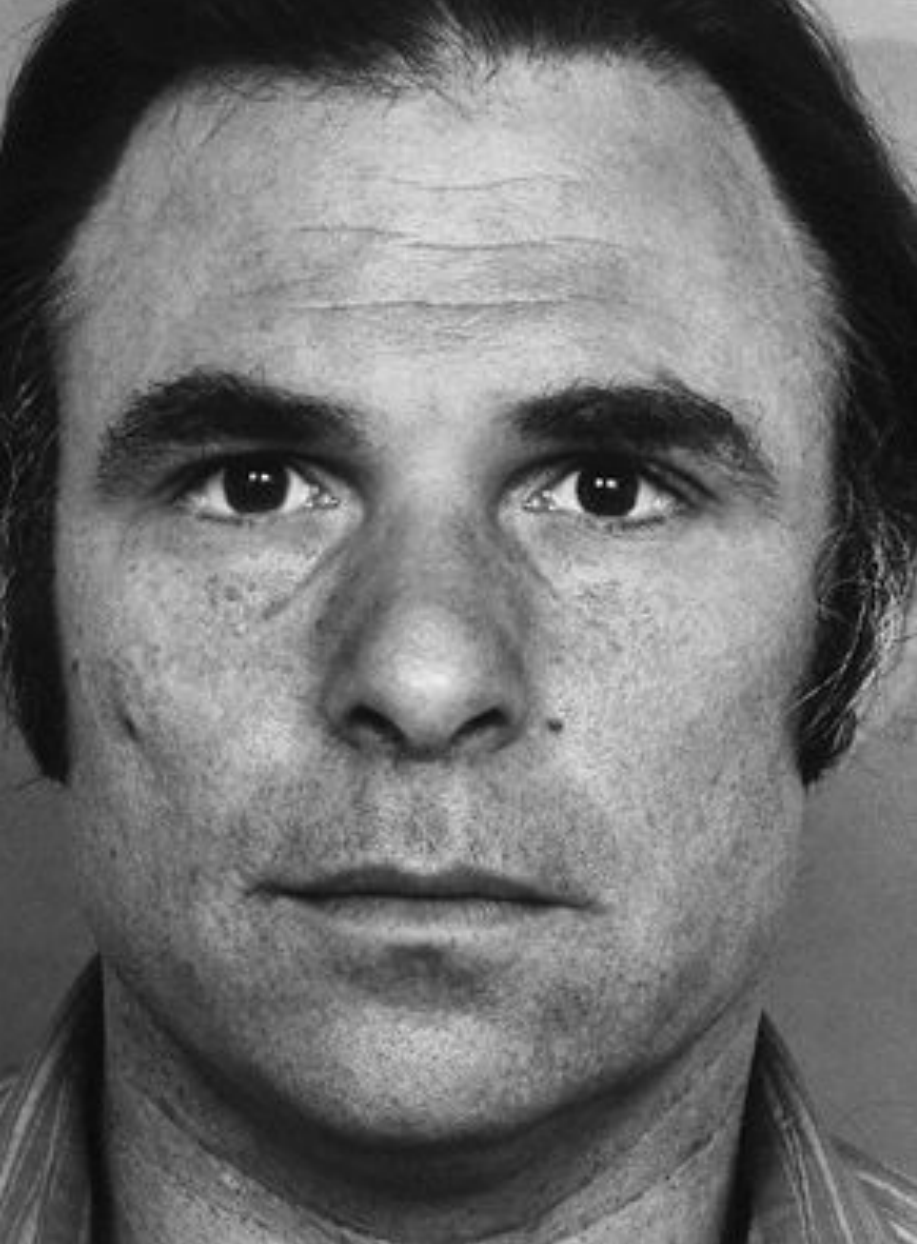


- AU 10
- AU 17
- AU 15
- AU 25
- AU 26
- AU 27
- AU 16
- AU 20
- AU 14
- AU 11
- AU 12
- AU 13

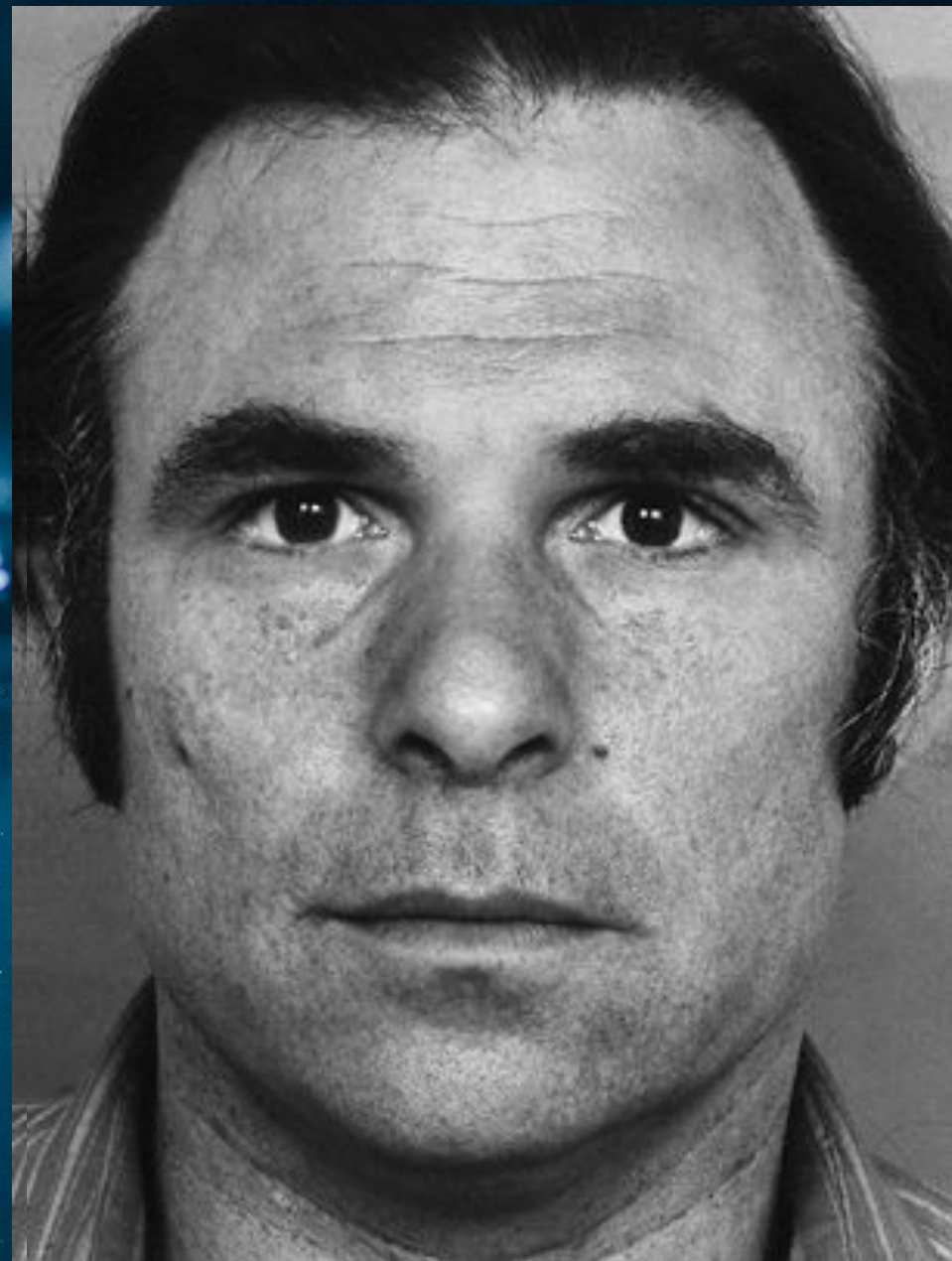
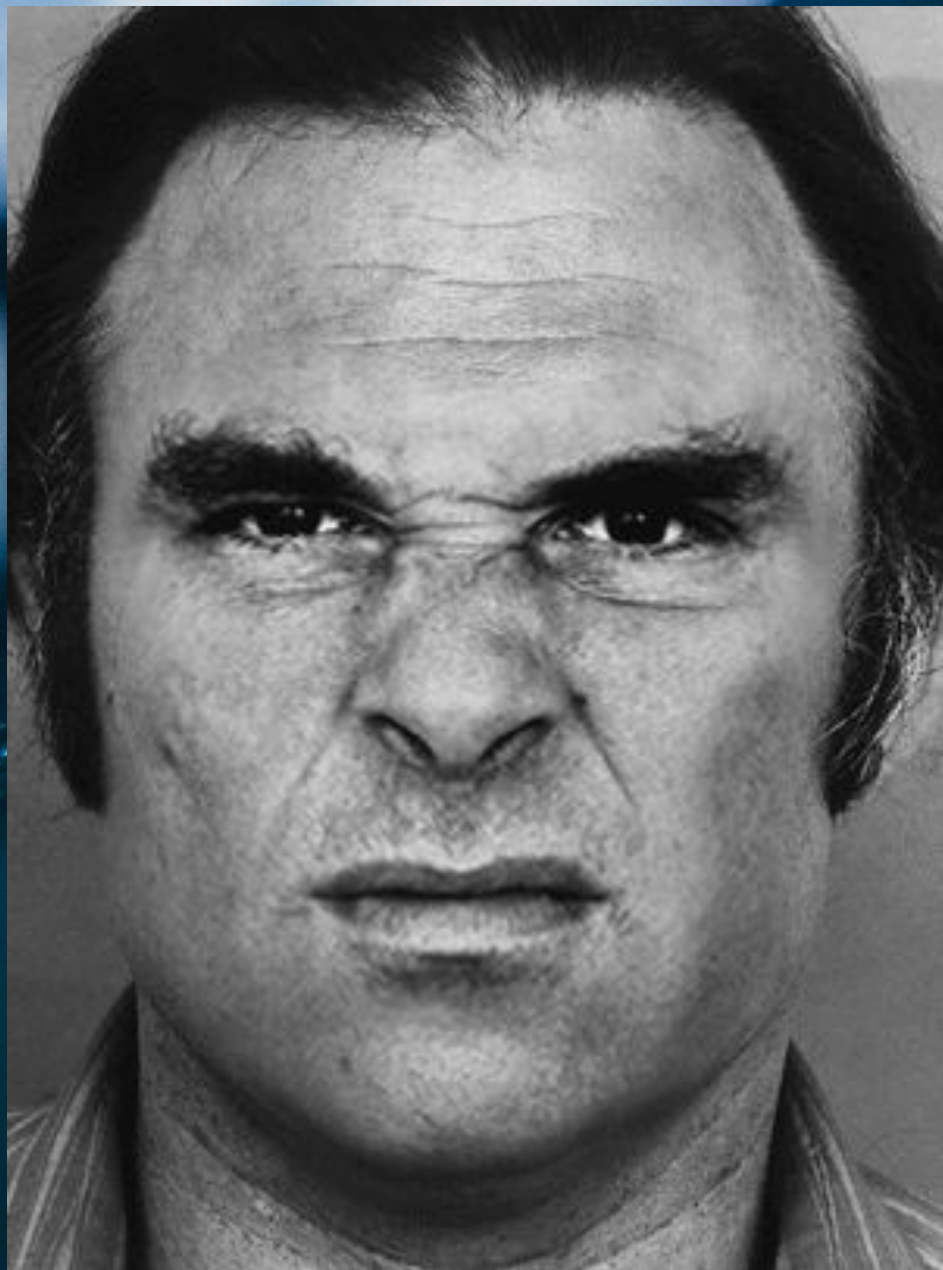
наклонные) (горизонтальные)

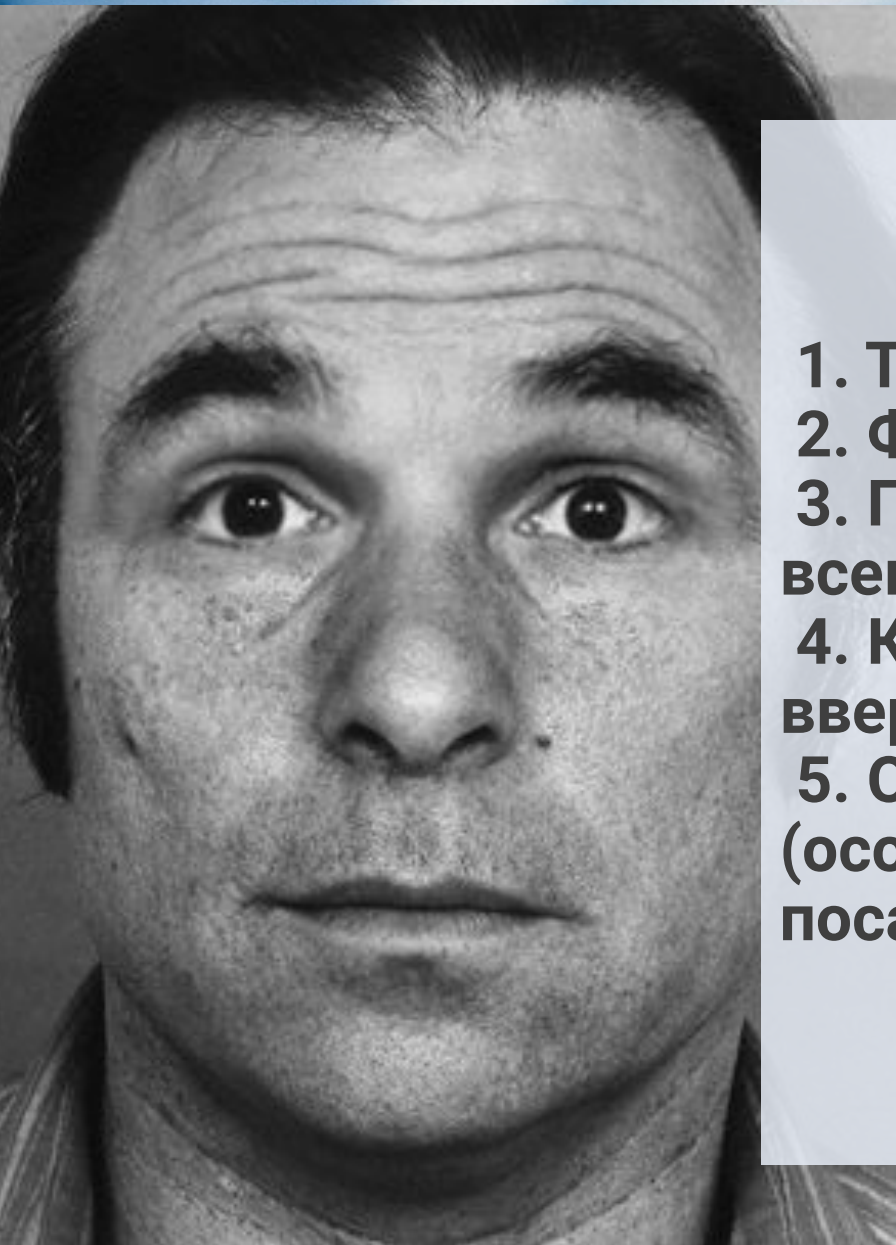




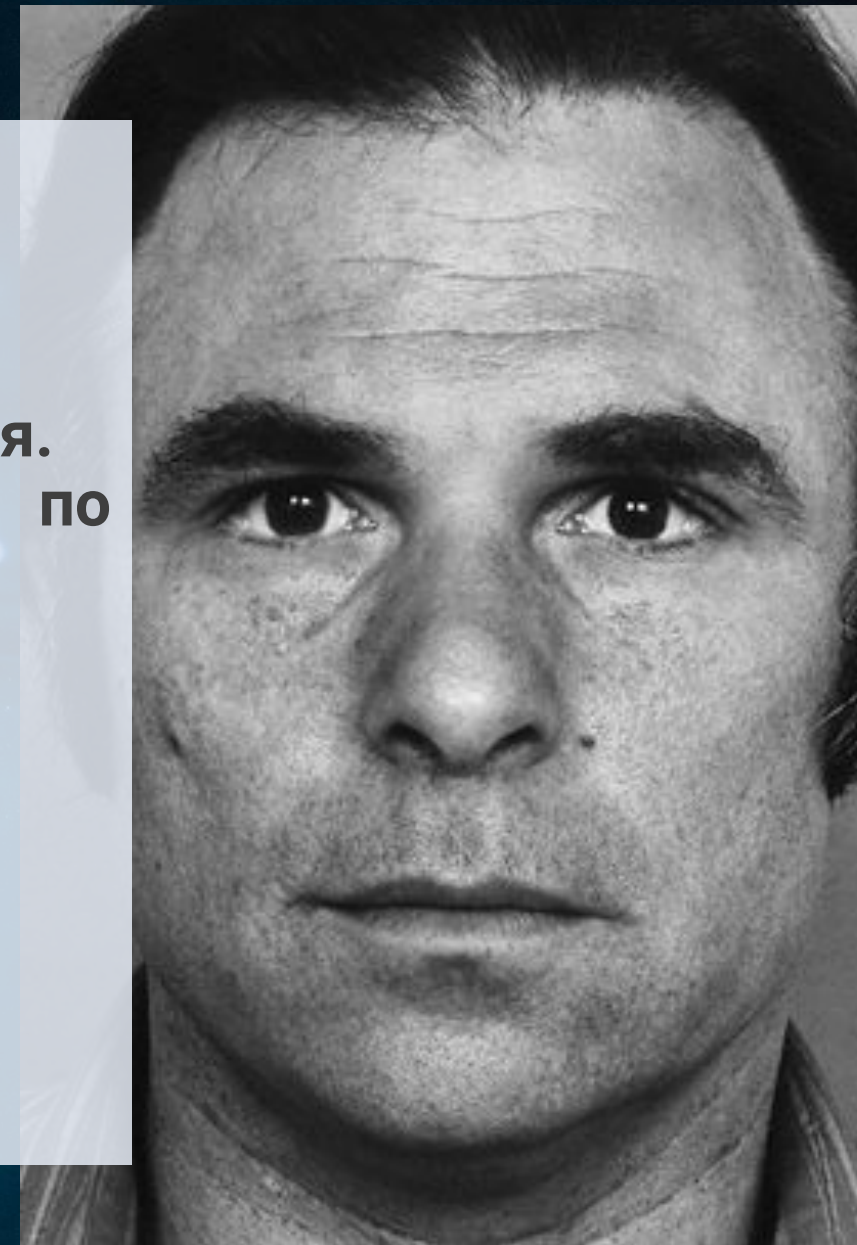


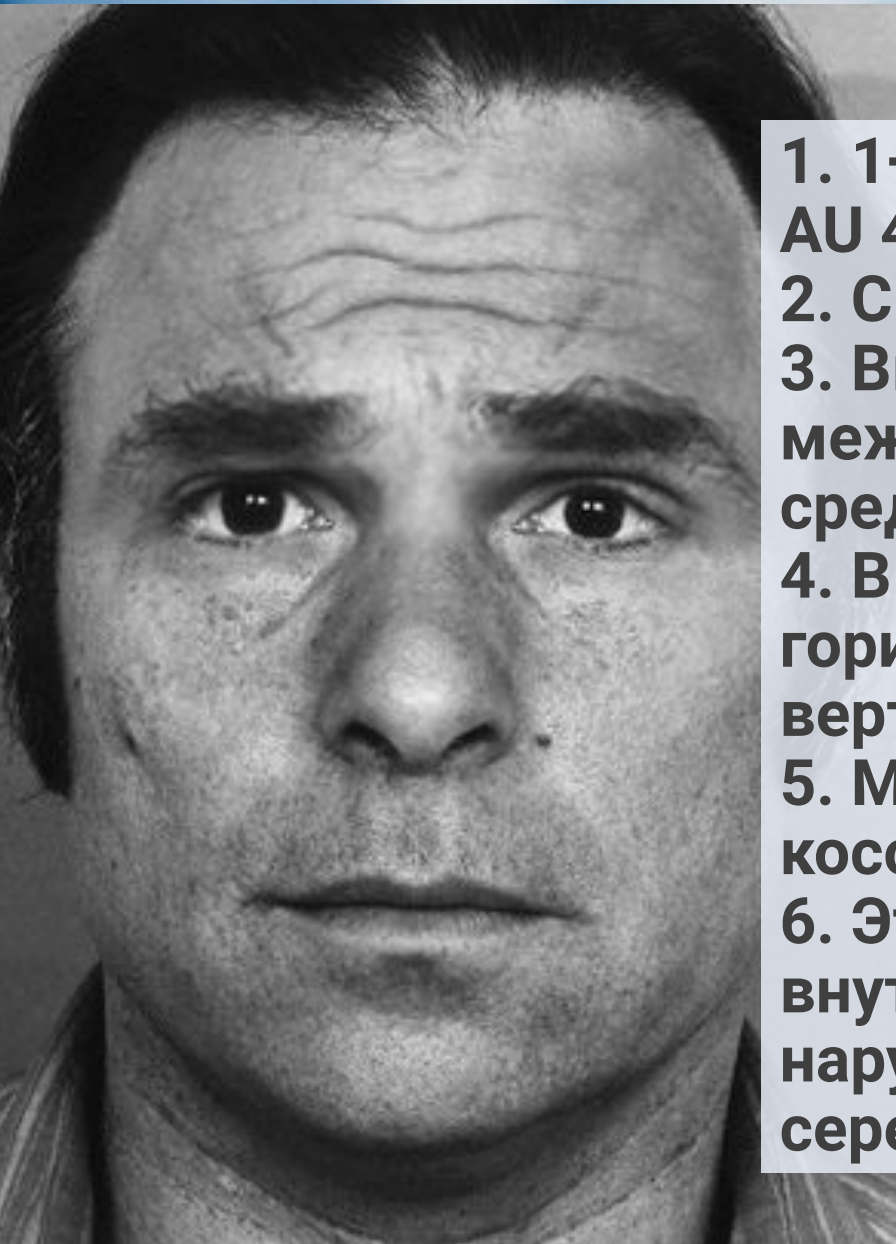
- 1. Тянет кожу по бокам носа вверх к корню носа, вызывая появление морщин по бокам носа и на корне носа.**
- 2. Тянет подглазничный треугольник вверх, заставляя подглазничную складку сморщиваться (углубляться) и образуя мешочек кожи вокруг нижнего века.**
- 3. Действие AU 9 опускает внутренние уголки бровей, скрывая действие AU 1.**
- 4. Сужает глазную щель**
- 5. Тянет центр верхней губы вверх. Если действие сильное, губы размыкаются.**
- 6. Может расширить и поднять крылья ноздрей.**
- 7. Может углубить носогубную складку, если действие сильное.**



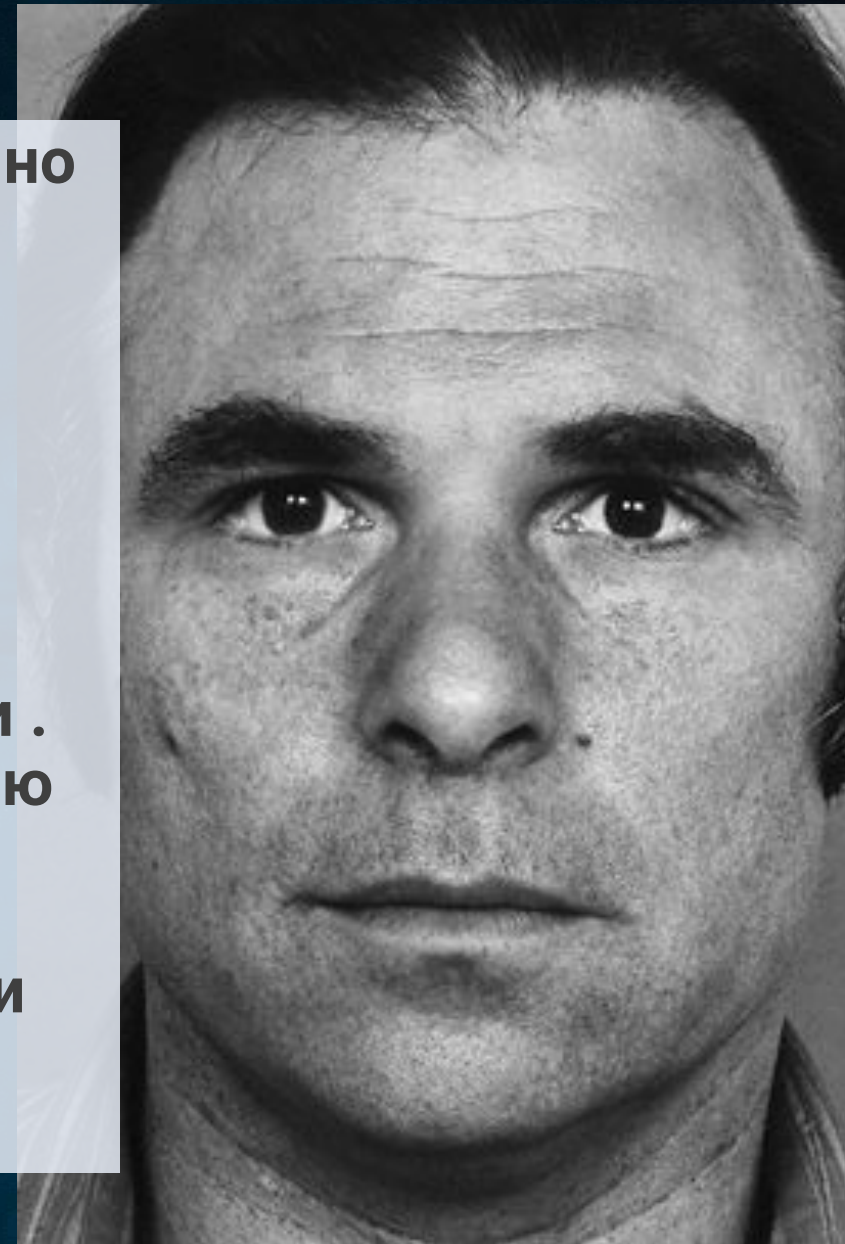


1. Тянет всю бровь вверх.
2. Форма бровей дугообразная.
3. Горизонтальные морщины по всему лбу.
4. Кожу под бровями тянет вверх.
5. Открывает верхнее веко (особенно у людей с глубоко посаженными глазами)





1. 1+2 Тянет всю бровь вверх, но AU 4 тянет вниз.
2. Сводит брови вместе.
3. Выравнивает форму брови между внутренним углом и средней частью брови.
4. В центре лба появились горизонтальные морщины и вертикальные между бровями .
5. Может привести к появлению косой линии морщин.
6. Эта морщина проходит от внутреннего угла брови вверх и наружу до точки на лбу над серединой бровей.



**1+2**

**Брови в форме Арки**

**Высоко подняты**

**Горизонтальные морщины по всему лбу**

**Складка над верхним веком становится очень заметной**

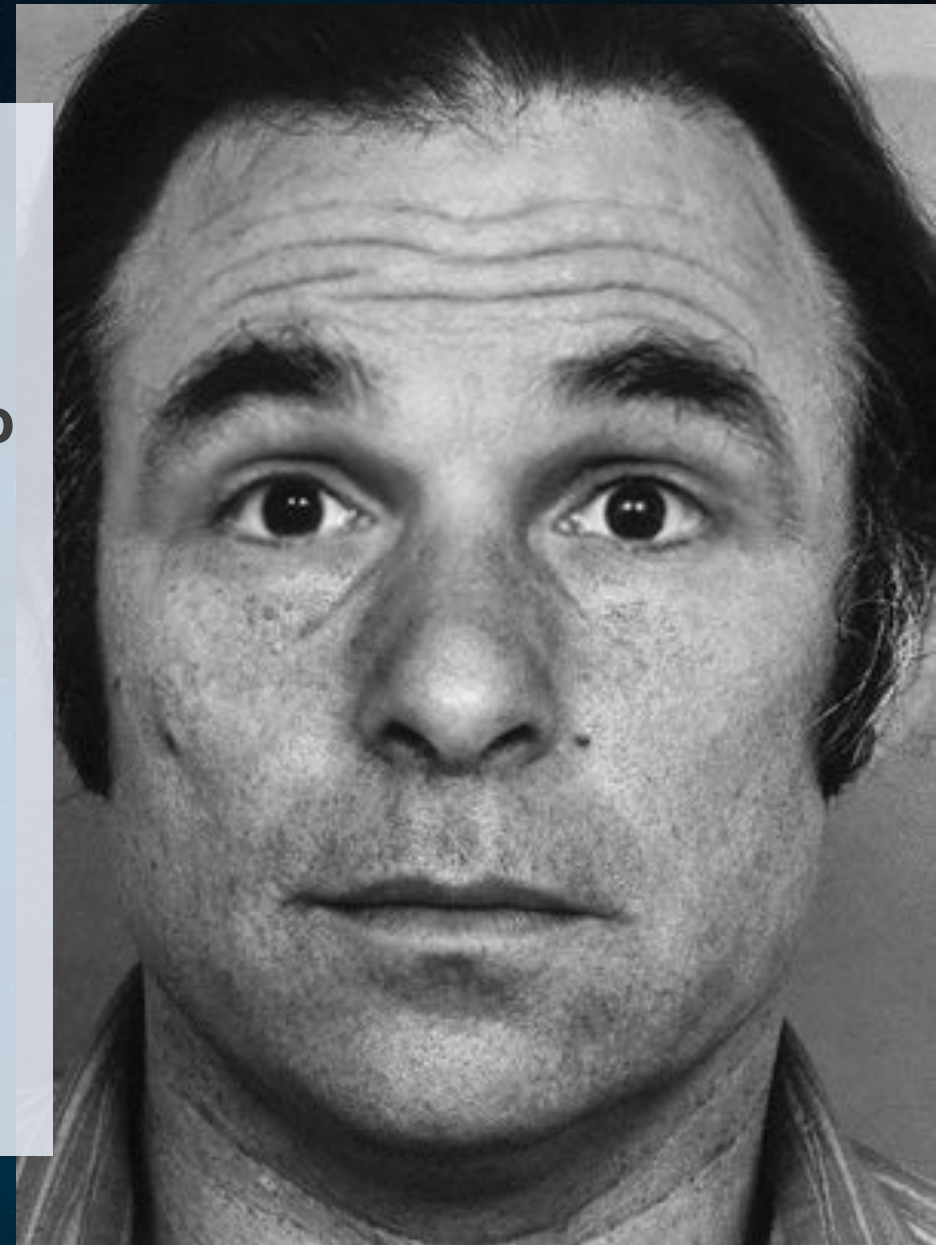
**1+2+4**

**Прямые брови**

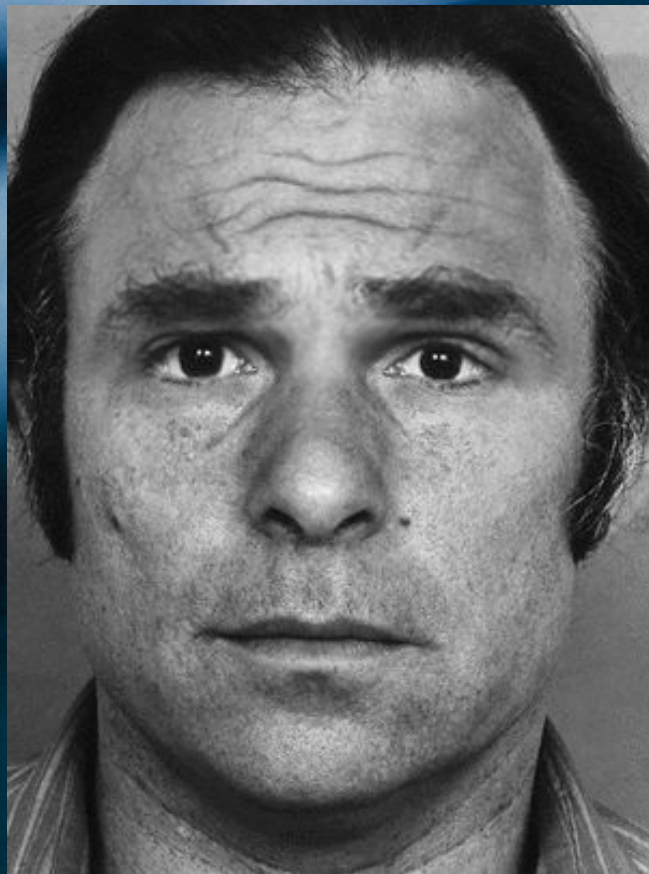
**Подняты , но не так высоко и сдвинуты вместе.**

**Короткие морщины в центре лба. Изогнутые линии морщин**

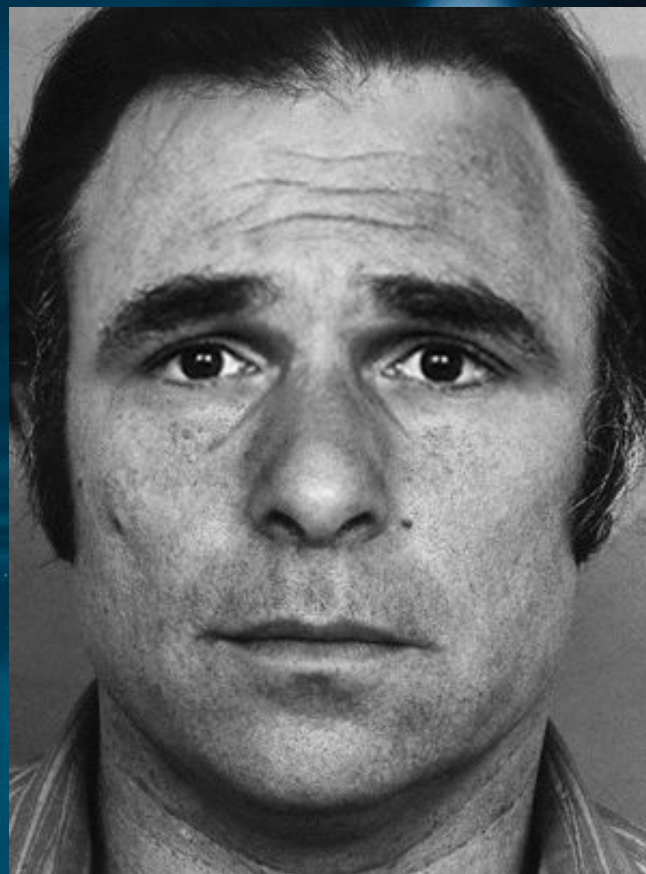
**Вертикальные морщины между бровями**



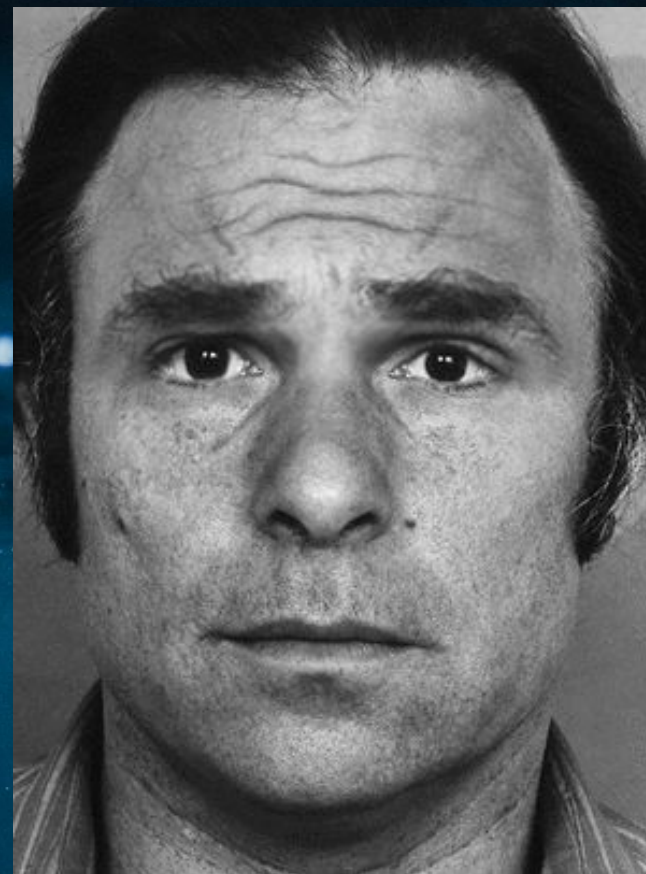
**1+2+4**



**1+4**



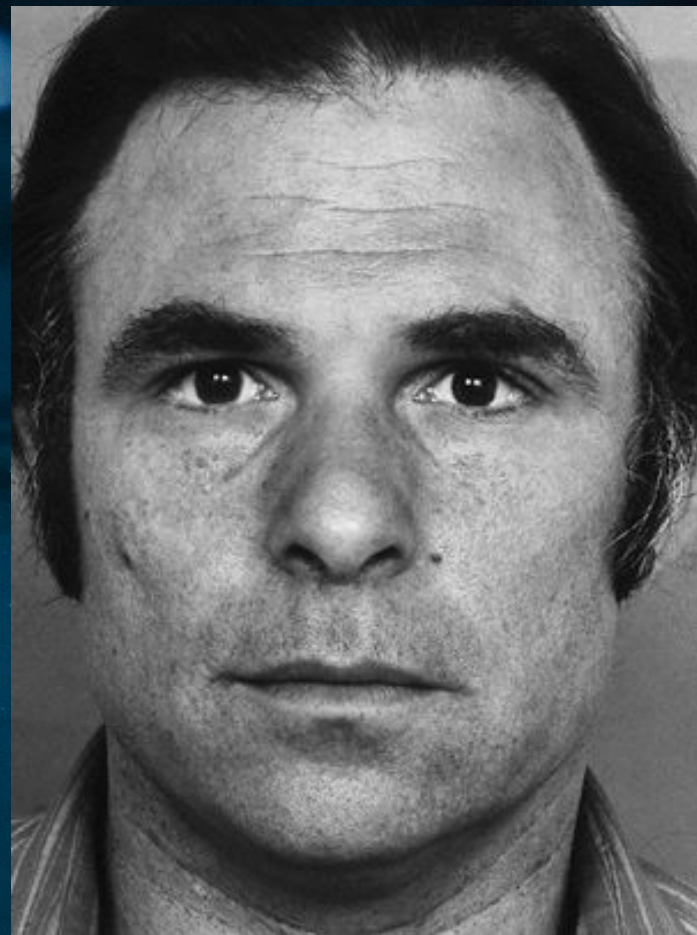
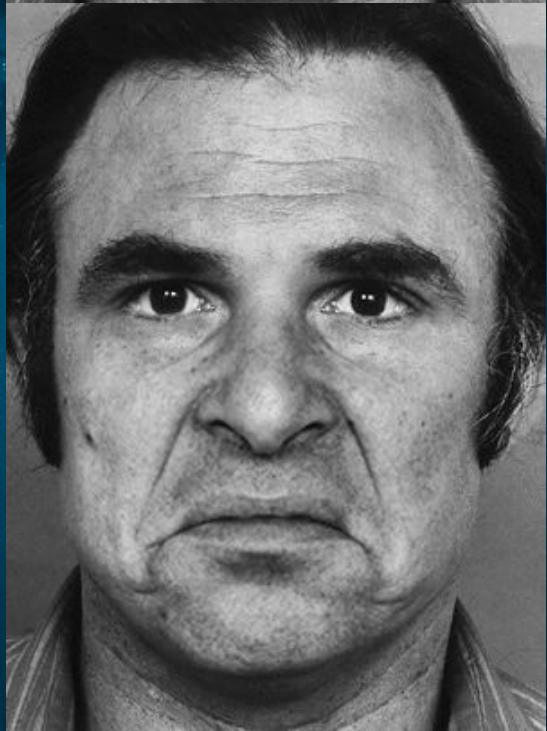
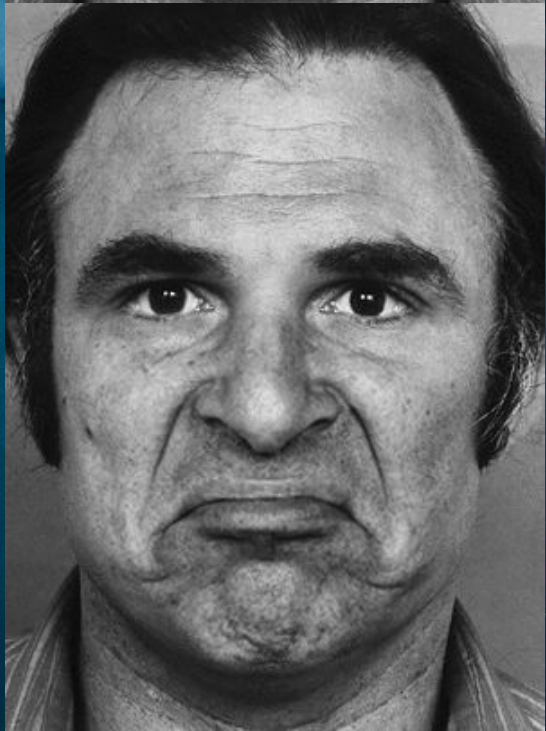
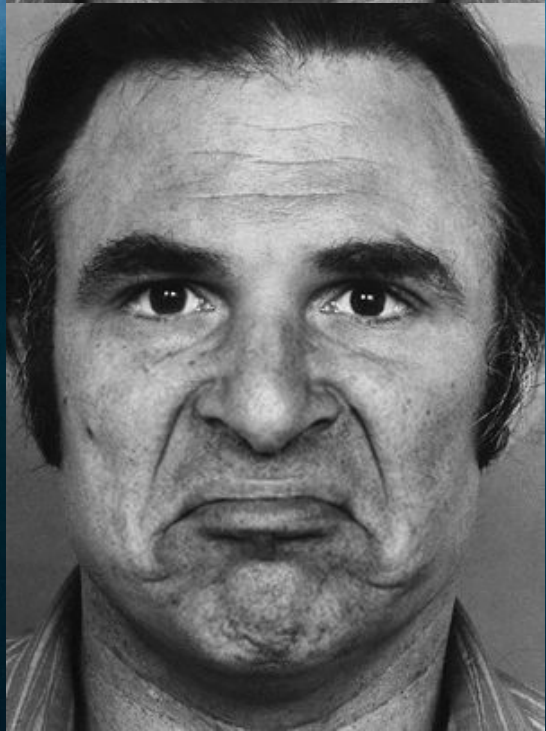
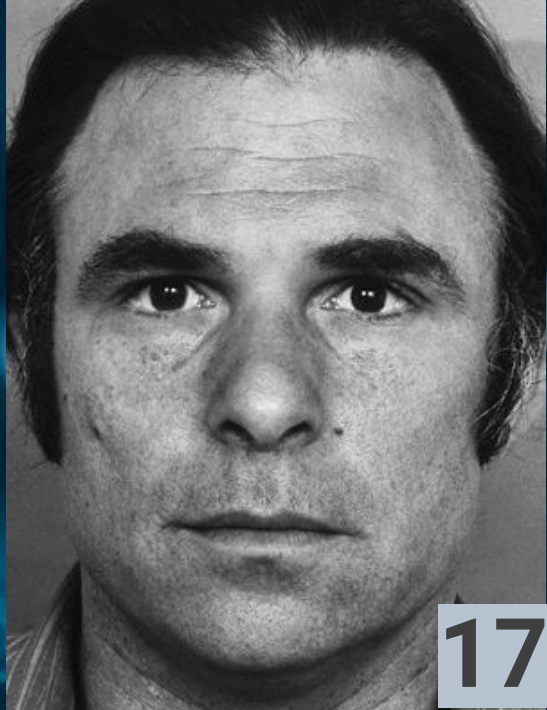
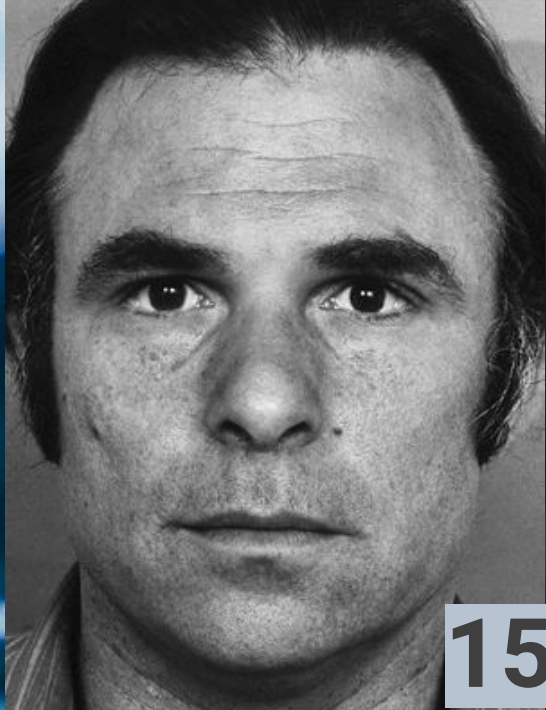
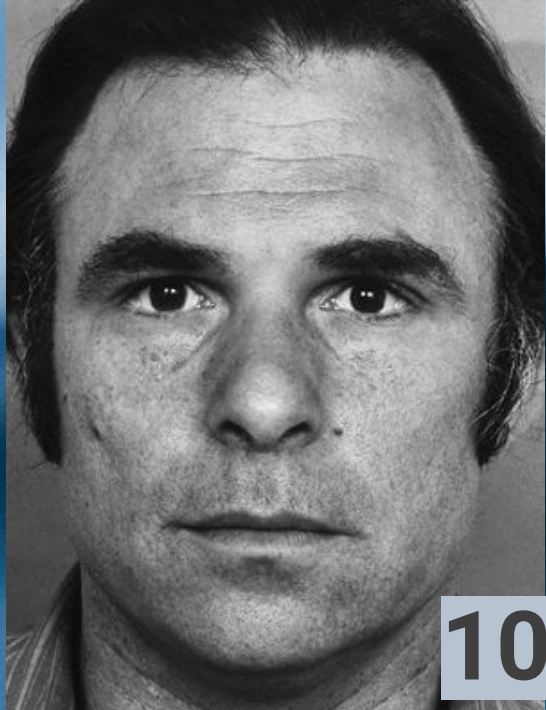
**1+2+4**



**-1 и -2**

**-2**

Уравнение



**10+15+17**

