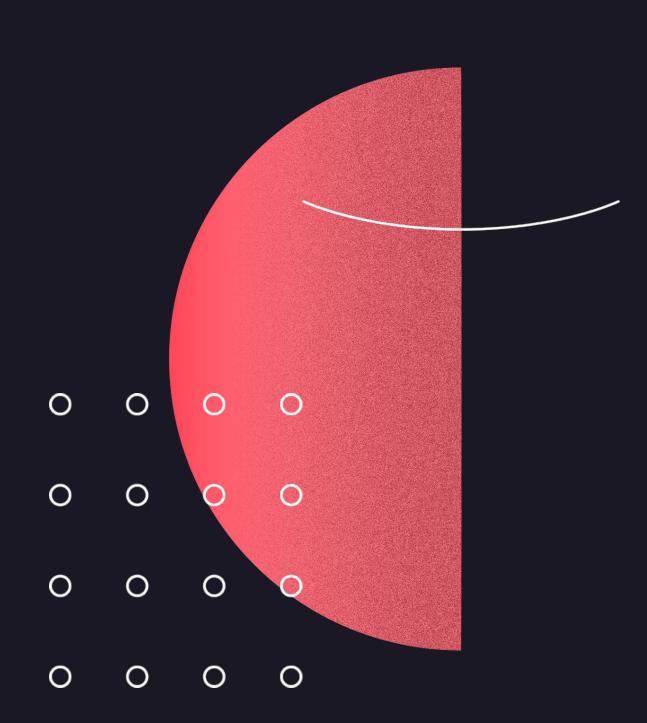


# Welcome! You're going to visit planet Earth



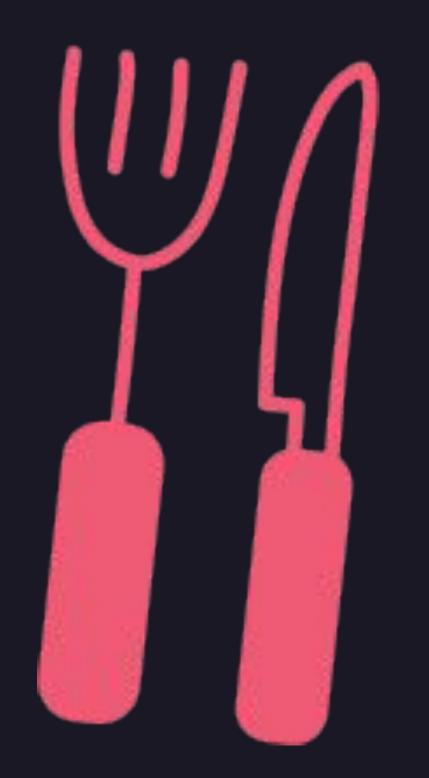


You will face with gravity. It has a lot of differences unlike the weightlessness.

### EATING AND DRINKING.

When eating, your meal doesn't fly away, so you doesn't need to strap tray on leg.

Just sit down at a table and enjoy your meal, using fork and knife.



As for drinking, you need to pour water or juice into a glass.

Then drink it.

#### WASHING

On Earth people use showers.

You need to stand up in the shower cabin, turn on the warm water and and wash your head and body by shampoo and shower gel.

The dry it by towel.



# Sleeping

You don't need to use sleeping bag on the wall here.

We use beds for this. Simply lie at it, cover yourselves with a blanket and fell asleep.





## HOUSEHOLD CHORES

At ISS people do clean-up every day, but here it isn't necessary.

But it would be go if you do clean-up at least once a month, like mop the floor, dusting, wash plates and so on

Here you have opportunity to try a lot of activities.

You can try sport-game like football, basketball, tennis;

hang out with friends;

Visit museums, cinemas, sightseeing tour.

# SPENDING FREE TIME

