

# Handling families with a pre- or post- natal death or a nonviable malformation

- Ante natal care
- Delivery care
- post delivery care

# Ante natal care

- Diagnosis confirmed by proper ultrasound examination
- Into maternity clinic with family delivery

# Delivery

- Caesarean section contraindicated but often wanted by the mother.
- Vaginal delivery with unrestricted pain relief
- Aim is to make the delivery as a reality

# After delivery

- Let the parents have the child in the room as long as they want
- If possible take a photo of the child and make foot prints and collect other things reminding parents of the child
- The aim is to make the child real
- The advice :Forget and try to get a new child as soon as possible is simply not functioning
- Let the parents see every child also a child with a very sever malformation

## After care

- Try to convince the parents to bury the child to have a ceremony.
- Try to explain the reason for death
- Do never blame the family
- Try to find out what the parents themselves think the reason for the death was
- Follow up and be careful next pregnancy

# Organisation

- Try to find a group of personel interested
- Organise guidelines
- Have discussions with all personel