

unfold the treasures  
of ayurveda





## Ayurveda and Sahul

The history of India has revealed the wide usage of medicinal herbs in promoting health and beauty. Ancient Indian yogis have discovered and extracted the goodness of medicinal plants for thousands of years. This is known as 'Ayurveda', the gift of nature synthesized for the benefits of mankind.

Our body faces a constant barrage of chemicals everyday from pollution to harsh chemically formulated products; which affect its natural harmony & balance. Today, nations all over are gradually adopting the qualities of this traditional Indian science for normal functioning of human metabolism and more joyous lifestyle.

India is an ocean of herbal secrets. Ayurvedic remedies leave no adverse effects and chemical residues in the body. Various health benefits and potential medicinal effects of Ayurvedic herbs have been thoroughly researched & scientifically validated as well. At Sahul, we have succeeded in bringing together these properties of Ayurveda making them ready to use just for you. Not only have we brought the goodness of the rarest of fresh herbs but also mixed them in right proportions based on ancient Ayurvedic principles to bring out the optimum effect.

We have also accomplished in effectively bringing together modern scientific knowhow and the prescriptions from ancient Indian manuscripts or Ayurveda to see good health from a whole new perspective.

Sahul India successfully encapsulates its vision of providing herbal products and remedies which heal and cure at any time zone at any given time.

This endeavor of ours is successfully reflected in all our products.



## A smart investment

### PRODUCT RESEARCH & DEVELOPMENT

The state-of-the-art Research and Development facilities that Sahul has at its Research hub, the Sahul Research Foundation, enables Sahul to work on formulations, products and services based on any requirements of prospective clients backed by a dedicated team of erudite researchers, scientists, chemists, cosmetologists and Ayurvedic Doctors.

### FRANCHISEE

We offer Franchisee opportunities to both local bodies as well as entities abroad. Sahul invites parties interested in franchise opportunities with the corporation.

Sahul offers an excellent quality of competitively priced products which are largely in demand globally. Production is based on country-specific requirements & packaging and labeling is done in international languages in confirmation to international quality standards.

### JOINT VENTURE

Sahul offers opportunities for Joint Ventures with other firms abroad to capitalize on existing features which together shall translate into better production functions and encapture larger shares of the global market to the benefit of all in the combined board.

### Product Mix:

1. Herbal Personal Care Products
  - a. Skin Care
  - b. Hair Care
  - c. Oral Care
  - d. Health Care
  - e. Baby Care
  
2. Ayurvedic Pharmaceuticals
  - a. General Health
  - b. Women's Health
  - c. Men's Health
  - d. Children's Health
  - e. Single Herb Supplements & Nutraceuticals
  - f. Classical Medicine
  
3. Food & Beverages
  - a. Spices
  - b. Herbal Tea
  - c. Indian Tea
  - d. Juices
  
4. Spa Range



### BOROVEA RANGE

#### ANTISEPTIC SKIN CARE CREAM

Borovea Antiseptic Skin Care Cream is a preventive, curative and healing product for dry skin conditions, cuts, scratches, minor burns, wounds, cold sores, chapped skin, furuncle, impetigo and intertrigo. It contains anti-inflammatory and soothing herbs like Aloe vera, Indian Barberry and Liquorice. Extracts of Neem and Holy Basil kill all microbes and aid in repair and rejuvenation of skin along with Marigold and Tanka Amla (Boric Acid). Yashad Bhasm (Zinc Oxide), Sandalwood and Khas Khas which keep the skin cool and refreshed.

#### HAND AND NAIL CREAM

Borovea Hand and Nail Cream is specially formulated to take care of your hands, which often become dry and rough owing to frequent washing and weather conditions. Nails may become brittle and dull at times. This herbal cream contains anti-inflammatory, antimicrobial, moisturizing and cooling herbs along with Kokam Butter & natural oils of Olive and Wheatgerm, so that your hands become softer and nails become smoother than ever before.

#### FOOT CREAM

Our feet especially the heels and skin over bony prominences often become dry, rough and cracked. To make your feet beautiful again, Sahul brings to you Borovea Foot Cream with extracts of Winter Cherry, Turmeric and Country Mallow, which remove dead skin and aid in skin repair and regeneration. Kokam Butter and Honey keep feet soft, smooth and moisturized.

#### ANTIBACTERIAL SOAP

Borovea Antibacterial Soap cleanses, moisturizes and freshens skin. It removes disease producing germs and microbes from skin's surface naturally and effectively while leaving a softer & fragrant skin all day long.

#### BODY LOTION

Body Lotion with pure, natural Olive & Almond oil is suitable for all skin types to keep skin soft, moisturized, well nourished and hydrated. It is ideal for daily use and keeps dryness and roughness at bay such that you love the feel of your skin.





### FAIRINA RANGE

#### FAIRINA HERBAL FAIRNESS CREAM

Sahul's Fairina Herbal Fairness Cream is a unique blend of herbal ingredients with natural Vitamin E which nourishes the skin, improves complexion and makes the skin soft and radiant naturally. It lightens skin tone naturally, removes dark spots, marks and blemishes, improves texture and also protects from harmful effects of sun.

#### FAIRINA HERBAL FAIRNESS SOAP

Fairina Herbal Fairness Soap cleanses, moisturizes and lightens skin. It removes blemishes and dark spots and is ideal for daily use for all skin types.

Also available: Fairness Talc, Fairness Body Lotion and Fairness Face wash



### HERBEAUTY FACE PACK RANGE

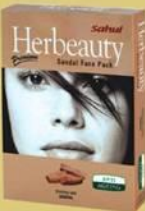
#### ROSE FACE PACK

Herbeauty Rose Face Pack with premium quality Rose Petals keeps facial skin fresh, youthful and charming. It contains various antiseptic and anti-inflammatory herbs like Neem, Turmeric and Holy Basil, which effectively check skin infections, inflammations, acne & comedones, and you get the gorgeous & glowing skin instantly. This is suitable for all skin types.

#### SANDAL FACE PACK

This cooling face pack with goodness & fragrance of pure Sandalwood powder and oil trims down signs of ageing (fine lines, dark spots, blemishes & dull looking skin) and adds glow to your skin. Extracts of Neem and Turmeric clear all eruptions, redness or blemishes, and what you get is a smooth, younger looking skin that feels so soft to touch. It is suitable for all types of skin.

Also available: Sandal Face Pack Cream.



#### NEEM FACE PACK FOR NORMAL TO DRY SKIN

Herbeauty Neem Face Pack is especially formulated for Normal to Dry Skin so that the skin retains its natural luster whilst the infection, rash or acne is well taken care of. In addition to time tested Neem, it contains various other scientifically researched and highly effective herbs like Holy Basil and Indian Barberry, which check all eruptions and inflammations. Sandalwood keeps the skin cool and fresh. This face pack cleanses, heals, nourishes and protects your skin & maintains its glow.

Also available: Neem Face Pack Cream for Normal to Dry Skin.

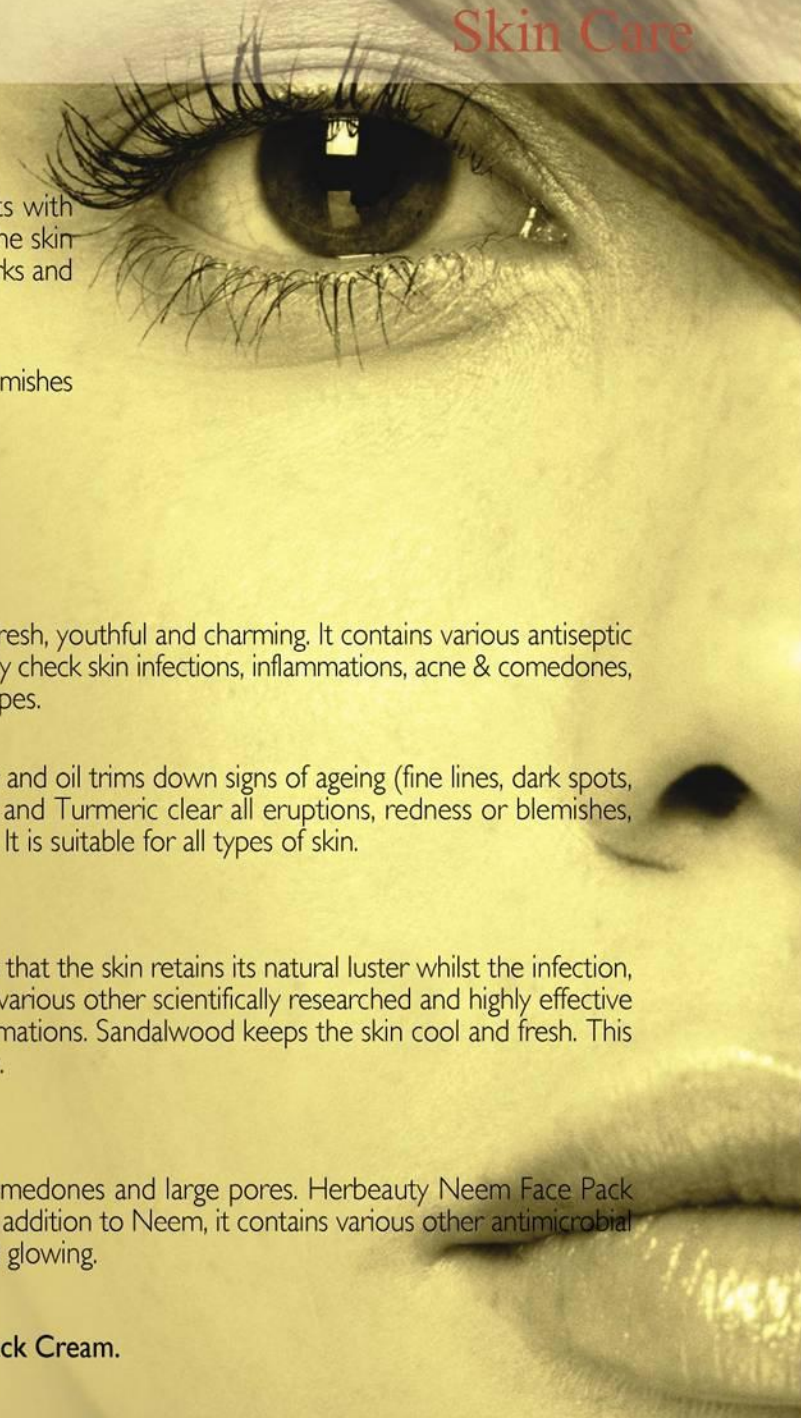


#### NEEM FACE PACK FOR OILY SKIN

This face pack is specially suitable for oily skin, which is prone to pimples, comedones and large pores. Herbeauty Neem Face Pack effectively removes excess oil, cleanses skin and checks all kinds of eruptions. In addition to Neem, it contains various other antimicrobial and anti-inflammatory herbs, which purify facial skin and keep it cool, fresh and glowing.

Also available: Neem Face Pack Cream for Oily Skin.

Face pack range is also available in Cucumber, Heritage and Fairness Face Pack Cream.





### TALC

#### GLACIER PRICKLY HEAT POWDER

Glacier Prickly Heat Powder is an unmatched coolant for your skin with a unique bacteriostatic, antifungal, anti-inflammatory and sweat absorbing formula that works in your body with an invigorating fragrance to keep you cool, fresh and dry all day long.



### DZIRE TALC

Dzire Talc contains goodness and fragrance of Rose, Jasmine, Vetiver and Sandalwood along with antimicrobial & astringent effect of Neem and Lemon. It soothes and cools, reduces perspiration and leaves skin fresh and fragrant.



### ROZAL

#### PREMIUM GULAB JAL (ROSE WATER)

Sahul Rozal Premium Gulab Jal is distillate of premium quality rose petals. It is a very useful skin tonic, a natural facial, cleanser and a toner. Rozal Premium Gulab Jal has mild antiseptic property which makes it useful for acne treatment and other skin problems like scars or sunburn. It is especially beneficial for ageing, dry or sensitive skins. Rozal Premium Gulab Jal smoothes skin effectively, restores the vitality and the moisture balance of the skin and eventually improves the skin texture.

Sahul Rozal Premium Gulab Jal is so pure and natural that you may use it for flavoring your delicious sweet dishes and desserts like Sweetened Buttermilk or Lassi, cold beverages, pudding and custard.



### MOISTURIZER GEL

Rozal moisturizer gel with glycerine keeps your skin moisturized and refreshed all day through. Rose petals make skin charming, youthful, fresh and radiant while glycerine keeps it soft and well hydrated all day through. Its non-greasy gel based formula doesn't clog pores such that skin breathes freely and you get the cool vibrant look with a lingering fragrance.

### FACE FRESHNER

This is an ideal skin toner and moisturizer with goodness of Rose petals, which keep your facial skin cool, refreshed and optimally moisturized all day through.



### SOAP

#### NEEMO SOAP



Sahul Neemo Natural Neem Soap is a perfect combination of herbs like Neem (Bark, Leaf & Oil), Manjistha (Indian Madder) and Aloe vera that improves the complexion and effectively prevents pimples, boils and body odors. Neem's anti-bacterial, antiseptic, anti-viral and anti-fungal properties cleanse and protect your skin to keep it healthy and fresh naturally. The soap is 100% Vegetarian and natural.

Also available: Fairina Fairness Soap, Borovea Antibacterial Soap ( Refer text in respective range).

### SHAVING CREAM

#### HIZ SHAVING CREAM FOR MEN



Sahul's HIZ - India's first herbal shaving cream enriched with natural goodness of Aloe vera, Neem and Yasad Bhasma, cares for the skin while providing the smoothest shave to even the toughest of beards. Its natural moisturizers keep the skin soft, cool and well hydrated while its antiseptic action prevents and heals abrasions, sores and ulcers. This soothing and effective shaving cream for men is suitable for all skin types and also helps in removing dark spots or blemishes on skin.



### BODY LOTION

#### ABHA BODY LOTION

Abha Body Lotion is a unique combination of precious herbs that that penetrates deep into your skin to replenish lost moisture and regain essential moisture balance keeping skin soft, supple and healthy. Apply gently on your face, neck and body as required. Available in 5 variants: Olive oil & Kokam Butter, Rose Petal & Honey, Aloe vera, Papaya, Natural Vitamin E.

Also available: Borovea Body Lotion, Fairina Fairness Body Lotion ( Refer text in respective range).

### COLD CREAM

#### ABHA COLD CREAM (WITH ALMOND OIL)

Abha Cold Cream with Almond Oil is filled with goodness of Aloe vera, Winter Cherry and Marigold. It keeps skin soft, supple, well hydrated and moisturized. It is suitable for dry and rough skin conditions, chapped skin and winter sores.

### ALOE VERA MOISTURIZER

Aloe vera moisturizer keeps skin well hydrated, cool and moisturized. Aloe vera has potent anti-inflammatory, antimicrobial and calming effect and is useful as a routine moisturizing agent to keep dryness, roughness and skin infections at bay.

**SAHUL ALSO OFFERS:** Silver Moisturising Cream, Gold Moisturising Cream, Gold Massage Gel, Silver Massage Gel, Seasalt Foot Cream, Toner, Astringent, Apricot & Walnut Scrub, Facial Scrub, Fruit Pack, Night Cream, Sunscreen Lotion, Aloevera Sunscreen Gel, Anti Acne Cream, Cleansing Milk, Face Pack for Kapha Skin, Face Pack for Vata Skin, Liquorice Mud Pack for Pitta & Vata Skin, Massage Cream, Moisturising Cream for Normal to Oily Skin, Peel off Musk for Kapha Skin, Peel off Musk for Vata Skin, Peel off Musk for Pitta Skin, Sunblock Cream, Day Cream, Sahul Fairness Facewash, Massage Cream for Kapha, Vata & Pitta, Sahul Protein Pack, Under Eye Cream, Under Eye Gel, Sahul Lip Balm, Strawberry & Aloevera Facewash, Neem & Tea Tree Facewash.





### HAIRINA HAIR CARE PREMIUM RANGE

Sahul offers complete hair care solution through its Hairina Hair Care Range, which protects your hair, makes them silky smooth, cures all scalp and hair related problems and promotes new hair growth.

### HAIRINA HERBAL HAIR VITALIZER

Baldness, Hair loss, Dandruff - are the nightmare for all who want to flaunt and personify their hair to enhance their glamour. Chemical products available in the market only increase their agony soon after the initial phase goes out. A revolutionary, preventive and curative hair treatment oil developed by Sahul Research Foundation after years of extensive research has a unique combination of 21 essential herbs, when applied on a regular basis promotes hair growth by stimulating and nourishing hair follicles from deep within. It penetrates deep into the scalp and strengthens hair roots by supplying essential nutrients and protein, thereby preventing hair fall. It also checks dandruff, roughness, damage, split ends and premature greying of hair.

### HAIRINA HERBAL HAIR STIMULATOR

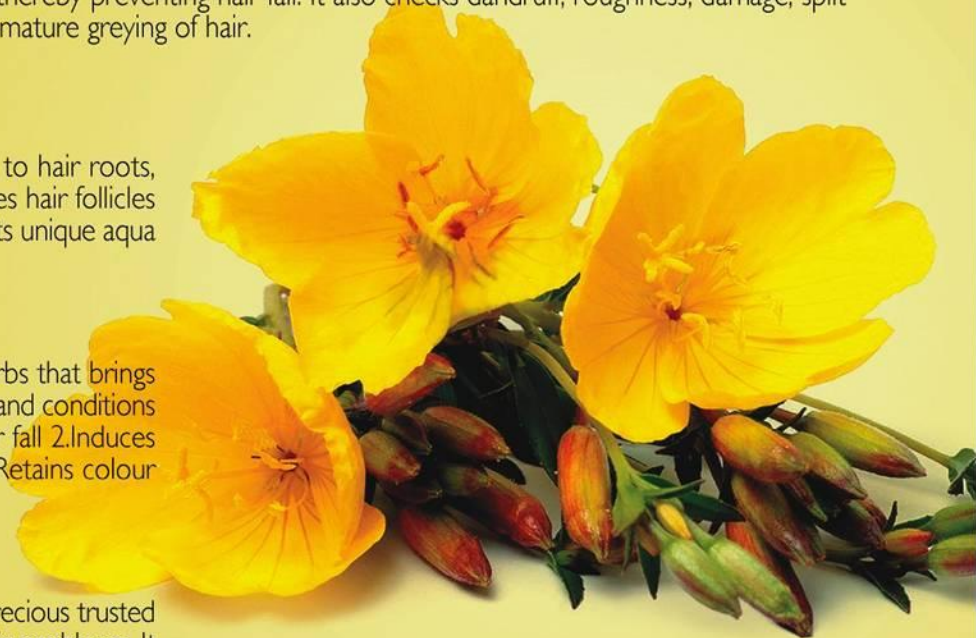
Hairina Herbal Hair Stimulator promotes hair growth, supplies nutrients directly to hair roots, slows down the process of hair loss, nourishes scalp and controls dandruff. It revives hair follicles as well as their metabolism and proliferation and steadily starts producing new hair. Its unique aqua based formula makes it suitable for daily use as it is light and non-greasy on hair.

### HAIRINA HAIR VITALIZING SHAMPOO

Hairina Hair Vitalizing Shampoo is a unique combination of rarest and essential herbs that brings to you a complete solution for all your hair and scalp problems. It cleanses your hair and conditions them naturally. Hairina Hair Vitalizing Shampoo offers 5 in 1 therapy: 1. Resist Hair fall 2. Induces Hair Growth 3. Stops dandruff and split ends 4. Nourishes hair root and scalp 5. Retains colour and texture.

### HAIRINA HAIR POTION

Hairina Hair Potion is an Ayurvedic hair tonic fortified with natural Vitamin - E and precious trusted botanicals, flower extracts and essential oils that offers solution against various hair problems. It conditions your dry, dull and lifeless hair with long lasting moisture balance. It detangles your hair, adds new shine and luster to your hair whilst reducing breakage.





### ABHA RANGE

#### ABHA AYURVEDIC COCONUT HAIR OIL



Abha Ayurvedic Coconut Hair Oil is a unique combination of high quality, pure and fresh coconut oil with time tested herbs like Henna, China Rose, Bacopa and Bhringaraj to add strength, shine and enhance natural colour of your hair whilst providing nourishment to your scalp. Neem, Fenugreek and Citron check lice, dandruff and other scalp infections. Its regular use endows you with hair that bounces with health and strength.

#### ABHA JASMINE (NON-STICKY AYURVEDIC COCONUT HAIR OIL)

Abha Jasmine is a non greasy and fragrant hair oil which gives you beautiful looking, nourished and easy to manage hair. It is packed with the goodness of Henna, Lemon, Wheat germ and pure Coconut oil with an essence of Jasmine to protect your hair from dandruff, greying and falling. Massage daily on your scalp for healthy, shining, dense and free flowing hair.



#### ABHA SHAMPOO PLUS CONDITIONER

A pure ayurvedic herbal shampoo with no harsh chemicals. It cleanses dandruff, hair and scalp. It also prevents hair fall, premature greying of hair, dryness, breakage and split ends, promotes hair growth, softens, conditions and nourishes hair & scalp.

Available in 5 variants: Aloe vera, Papaya, Henna & Shikakai, Orange, Strawberry



### AMLA RANGE



#### AMLA HAIR OIL

Sahul Amla Hair Oil is a unique combination of herbal ingredients which nourishes and keeps the hair strong and healthy from within. Enriched with the natural goodness of Amla (promotes hair growth), Aloe vera (optimizes moisture level to prevent hair fall and graying), Henna (conditions and darkens hair) and Brahmi (rejuvenates and promotes hair growth), Sahul Amla Hair Oil helps in keeping the Hair lustrous and full of vitality all day long.



#### AMLA HAIR FOOD

Amla Hair Food is a light and non-greasy hair and scalp nourisher enriched with Amla (promotes hair growth), Olive (Nourishes Hair roots) and Almond (control hair fall) to help revitalize and strengthen your hair. It nourishes hair roots, promotes hair growth and reduces hair loss, keeping hair healthy and strong.



### COOL OIL

#### SADABAHAR COOL OIL

One of the most popular brands worldwide, Sadabahar Cool Oil is prepared from authentic and rarest ayurvedic herbs that gives a sensational cooling effect leading to relaxation, combating stress and rejuvenating your mind and body.





### NEEM TOOTHPASTE

Neem Toothpaste has antimicrobial and astringent properties of Neem and other scientifically researched & time tested herbal ingredients. It is recommended for daily use to maintain oral hygiene and prevent infections and inflammations of teeth and gums. Imparts strong teeth, healthy gums and assures fresh breath.



### DENTOGUM TOOTHPASTE

A premium medicated toothpaste that checks and prevents tooth decay, toothache, dental sensitivity and bad breath, checks pyorrhea, bleeding and swollen gums. Helps in maintaining oral hygiene, cures and prevents infections and inflammations of gums and teeth. Also available as Dentogum Toothpowder.



### MISWAK TOOTHPASTE

'Miswak' or *Salvadora persica* is known for its medicinal properties throughout the world. It is better known as Toothbrush Tree owing to its beneficial effects on teeth and oral cavity. Sahul Miswak Toothpaste brings the goodness of Miswak along with other useful herbs to give you a bright shining smile, fresh breath & healthy gums and teeth.



### PEARL WHITE TOOTHPASTE

As the name says, Pearl White Toothpaste whitens teeth and aids in removing all kinds of stains that may make your teeth look dull or yellow. It imparts fresh breath and effectively maintains oral hygiene. It checks gingivitis, cavities and tooth decay & imparts million dollar smile with pearly white teeth and cool breath.



### CLOVE TOOTHPASTE

Clove Toothpaste is effective for all kinds of oro-dental disorders like gingivitis, pyorrhea, tooth decay, dental caries and halitosis. The key ingredient 'Clove' is renowned for taking care of toothache & dental caries. It also gives strength to gums and teeth. Clove Toothpaste is ideal for maintaining health and hygiene of oral cavity and for preventing tooth decay.

These are palatable and highly effective Ayurvedic preparations, which are in a form of jam or semi-solid in consistency. The thicker ones are called Pak and the other one, which is comparatively thinner in consistency is known as Avleha.

### CHYAWANPRASH SPECIAL



Chyawanprash Special consists of about 60 vital ingredients as endorsed in ancient Ayurvedic texts. It is an effective herbomineral preparation which offers goodness of time tested and scientifically validated antioxidants and energizers like Amla (Indian Gooseberries), Saffron, Winter Cherry, Asparagus and Dashmool along with Pure Makardhwaj, Abhrak and Shringa Bhasma. This unique formulation is an Ayurvedic Rasayana which enhances immunity, provides strength to heart, lungs and other vital organs & promotes vigor and vitality. It maintains youthfulness and retards ageing process, debility and senility. Regular intake of Chyawanprash Special is highly recommended for all age groups and all seasons as it balances metabolism, alleviates stress and endows longevity.

### KESHAR PRASH



Kesharprash is a premium formulation which offers all the goodness of age old Chyawanprash along with added benefits of Pure Gold and Saffron. It is both a Rasayana and a Bajjkarana which bestows good health, energy and vitality. It boosts immunity, fights infection and increases physical as well as nerve strength. Kesharprash imparts the best combination of Pure Gold, Silver, Saffron and Amla (Indian Gooseberries), which are renowned strength boosters, antioxidants and rejuvenatives. It is especially recommended in winters or cool weather as it endows the benefit of excellent quality Keshar (Saffron) in the optimum quantity to keep you naturally warm from within. It provides resistance against cough, cold & flu and perks up energy level. The essential herbs and nutrients make it especially useful as an aphrodisiac that stimulates desire and promotes fertility in both men and women.





### BABY SHAMPOO

Sahul Baby Shampoo is a scalp and hair cleanser that is especially formulated for babies. It is mild and non-irritant with softness of superior quality herbs and oils to keep your baby's hair silky, nourished and naturally conditioned.



### BABY OIL

Sahul Baby Oil keeps your baby's skin soft and supple whilst imparting strength to muscles and bones. It contains rejuvenative, cooling and strengthening ingredients like Winter Cherry & Aloe vera along with Olive oil & Almond oil to meet his/her growth demands. It also relaxes and calms the baby.



### BABY TALC

Sahul's Baby Talc is especially formulated as per your baby's requirements. It keeps your little one's tender skin soft, supple, fresh and leaves a mild fragrance behind. It prevents rashes and infection so that your child remains happy, active and playful all day through.



A collection of traditional Ayurvedic medicinal tools and containers. In the foreground, a dark wooden mortar and pestle sits on a wooden surface, containing a pile of bright yellow powder. To its right is a dark wooden box with ornate metal clasps. In the background, a large, rounded ceramic jar with a dark stopper stands. In the lower foreground, a small brass mortar is open, showing its interior. The entire scene is set against a dark, rich wood background.

Ayurvedic Proprietary Medicines



### AKSEER BALM

Akseer Pain Balm contains potent analgesic and anti-inflammatory herbs, which stimulate local blood circulation, relieve the symptoms of influenza and cold and exert antibacterial action especially over pathogenic bacteria in respiratory tract. Akseer also acts as a decongestant, expectorant and immune system stimulant on local application. It helps in alleviating muscle aches and pains in various rheumatic affections, ligament injuries and related inflammations. It is effective in headache, sprain, muscle strain and other musculoskeletal aches and pains. Apply over chest and upper back to relieve congestion in case of cough, cold and bronchitis. Presentation: Balm (For external use only).



### TRIX PAIN RELIEF OINTMENT

Trix Pain Relief Ointment is scientifically researched and formulated analgesic and anti-inflammatory ointment, which gives instant pain relief, when applied locally, in various muscular, ligament, neural and joint affections. It is a balanced herbal formulation, which eases muscle aches and joint pains, resolves inflammation, rejuvenates damaged tissue and promotes health and flexibility of joints in various conditions such as osteoarthritis, rheumatoid arthritis, muscular pain, sprain, gout, spondylosis, spondylitis, sciatica, lumbago or low back ache, frozen shoulder, sports injuries, tendonitis, capsulitis, bursitis and other painful, inflammatory and /or degenerative joint and musculoskeletal disorders. Presentation: Ointment (For external use only).



### COLDIX HERBAL COUGH SYRUP

A scientifically tested and effective formulation, Coldix Herbal Cough Syrup provides immediate relief in dry as well as productive cough, sore throat, common cold, allergic and inflammatory conditions of respiratory tract mucosa viz. rhinitis, pharyngitis, bronchitis, etc, without producing drowsiness. Presentation: Syrup/Oral Liquid form. Also available in Tablet, Capsule and Ointment form.



### EURINEX

Eurinex Capsule is a balanced herbal formulation and is beneficial in taking care of all the troublesome symptoms and complications associated with U.T.I. (urinary tract infection) and urolithiasis (stones/calculi in urinary tract). It also checks and prevents any recurrence, which is a common for both these disorders. It is an effective antiseptic, antimicrobial, anti-inflammatory, diuretic and litholytic formulation, which ensures diuresis, normalizes urinary pH, relieves burning and/or painful micturition and eliminates calculi. Presentation: Capsule.



### CONSTIPLAX

An effective remedy for acute and chronic cases of constipation where the patient frequently gets difficulty in passing stool, that too hard and little in quantity. It ensures smooth evacuation of bowels and relieves flatulence, indigestion, headache and other symptoms that are seen associated with constipation. Presentation: Capsule.



### DIABEX



A completely safe and natural herbal supplement, which restores normal blood sugar level and keeps all complications related to increased blood sugar level or hyperglycemia at bay. It contains potent anti-diabetic (blood sugar lowering) herbs like Jambul, Bitter gourd, Indian Kino Tree and Fenugreek. Tinospora Gulancha and Winter Cherry are excellent antioxidants that protect vital organs such as heart, kidneys, eyes, etc. from damaging effect of raised blood sugar. It also contains neuroprotective substances like purified Mineral Pitch or Shilajit, which keeps nervous functions intact. Diabex capsule is a safe and effective herbal rejuvenator for patients with Type 2 Diabetes mellitus, which lowers sugar but never leads to hypoglycemia. It checks troublesome symptoms of excessive hunger, thirst and urination and endows health & longevity.

Presentation: Capsule.

### DIABIZ



This is an antihyperglycemic formulation in granule form. In addition to various potent herbs and Purified Mineral Pitch/ Shilajit, it also contains certain Bhasmas or Calcined minerals like Trivanga Bhasma, which is widely used in Ayurveda in the treatment of impotence and nervous disorders and as a tonic in genitourinary diseases & Abhrak Bhasma, which is also a nervine tonic and is also widely used in respiratory tract infections, and anemia. Diabetics are prone to various infections and they require certain nervine tonics as well, which are present in sufficient quantities in this herbomineral granular presentation.

Presentation: Granules.

### OBESLIM



Obesity poses risk to vital organs like heart and is itself a social and psychological curse. Obeslim capsule contain Pure Indian Bdellium (Guggulu), Garlic, Fenugreek and Kokam Butter Tree extract, which effectively brings your weight in IBW (Ideal Body Weight) range, lower bad cholesterol or LDL, VLDL and elevate good cholesterol or HDL. Obeslim capsules are suitable for all individuals who are overweight or obese patients and/or suffer from dyslipidaemia, especially in cases of Diabetes and Hypertension or IHD (Ishaemic Heart Disease) where obesity is a recognized factor in increasing mortality and morbidity.

Presentation: Capsule.

### ISABGOL (ISABCARE)



An effective laxative and bowel regulator comprising of Plantago ovata husk. It is non habit forming and is soft on bowels, doesn't cause any mucosal irritation and can be safely taken in all cases of constipation. A post packaging Gamma treatment ensures complete protection from bacterial and fungal contamination in packed condition.

Presentation: Powder and Capsule.





### LIVLIFE



Completely safe and natural herbal liver tonic, which restores normal hepatic (liver) functions, improves appetite, and eliminates indigestion, flatulence & constipation. It balances metabolism and enhances assimilation of nutrients. It contains potent antioxidant, cholagogue (bile secretion stimulant) and hepatoprotective herbs, which aid in detoxification and exert preventive and curative action against various exogenous insults to liver like drugs, harmful chemicals or toxins, alcohol and viruses. Livlife is extremely useful in cases of Jaundice, liver disorders, loss of appetite, drug or alcohol induced hepatotoxicity, supportive hepatoprotective therapy along with ATT (Antitubercular Treatment) and hepatosplenomegaly (enlarged liver and spleen) of any origin.

Presentation: Syrup/Oral Liquid Form and Capsule.

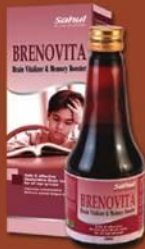
### ANTIKRIM



A potent anthelmintic formulation, which removes all types of intestinal worms & improves digestion and assimilation. It also regulates bowel and checks other intestinal infections, like E. coli & amoebic dysentery. It also effectively controls allergic reactions and skin manifestations allied with intestinal worms.

Presentation: Capsule and Tablet.

### BRENOVITA



A safe & natural nerve tonic for enhancing memory span, learning, concentration, intelligence, mental alertness and academic performance. Brenovita also relieves anxiety, stress, tension, mental fatigue, depression and helps in over all mental and physical rejuvenation. It aids in attaining high quality sleep and corrects sleep disorders like insomnia, snoring, etc. It is extremely useful in speech disorders, like stammering and behavioral disorders in children like irritability, hyperactivity, including bedwetting.

Presentation: Syrup/Oral Liquid Form and Capsule.

### IMMUNEX



Immunex Capsule is an effective immunity booster and adaptogen. It is a powerful combination of antioxidant & antimicrobial herbs like Tinospora Gulancha, Indian Gooseberries (Amla) & Holy Basil, which help fight infections and build up resistance against various exogenous insults. It also contains Wintery Cherry & Liquorice, which are well known rejuvenatives. It is helpful in all patients who get frequent respiratory tract infections or skin manifestations and also in convalescence. It is advisable as an adjuvant therapy with ATT (Antitubercular Treatment) & ART (Antiretroviral therapy) to keep immune system strong.

Presentation: Capsule.





### HEMOVIT

Hemovit is an effective hemopoietic formulation comprising of potent rejuvenative herbs and essential minerals, which help in raising hemoglobin level & allay symptoms of anemia like exhaustion, pallor and general weakness. Hemovit also improves digestion and metabolism, improves general well being and boosts up energy.

Presentation: Capsule.



### RUMARID

An excellent remedy for rheumatoid and osteoarthritis, gout, spondylosis, spondylitis, tennis elbow, torticollis and frozen shoulder. Rumarid cures all forms of acute and chronic muscle aches, joint pains and arthralgia. Rumarid is also effective in traumatic inflammatory conditions like tendinitis, ligament injury, sprains and sports injuries.

Presentation: Gold Capsule (Capsules with anti-inflammatory herbs and Swarna/Gold Bhasma) and Massage Oil.



### CARDIACARE

Cardiacare is effective in all kinds of cardiac disorders like myocardial insufficiency, ischemic changes, various malfunctioning syndromes or any such condition that may lead to disorders of heart and blood vessels, like dyslipidemia, stress and sleep disturbances. Cardiacare provides the combined benefit of time tested and scientifically researched herbs, which are cardiogenic, cardioprotective, antioxidant, adaptogen, rejuvenative and nervine tonic as well. It offers a broad spectrum in all cases of heart or blood vessel related dysfunctions and efficiently maintains cholesterol and lipid levels in normal limits. It also allays stress, anxiety, palpitation and restlessness whilst promoting peaceful sleep.

Presentation: Capsule.



### BIPICARE CAPSULE

Bipicare efficiently takes care of raised B.P. or blood pressure. It keeps the blood pressure in normal range, relieves stress and anxiety, relaxes the body and induces sound sleep. It also exerts antioxidant, cardiogenic and cardioprotective action, checks dyslipidemia and restores strength.

Presentation: Capsule.



### ACIDEX

Acidex neutralizes excessive acid secretion, relieves heart burn, flatulence, nausea, heaviness in abdomen and sour belches. It contains cool herbs like Indian Gooseberries (Amla) and Liquorice, which heal peptic ulcerations and inflammations naturally and prevent their recurrence. Acidex also contains various other ingredients, which improve and accelerate digestion such that every aspect of dyspepsia is well taken care off.

Presentation: Tablet.



### CHOLESTCARE

Cholestcare is an antioxidant and cardioprotective formulation with Garlic, Indian Bdellium (Pure Guggulu), Arjuna and Triphala, which effectively lowers LDL, VLDL (Low, Very Low Density Lipoproteins or LDL and Very Low Density Lipoproteins or VLDL) & triglyceride level and elevates HDL (High Density Lipoproteins or good cholesterol) level. In addition to isolated cases of hyperlipidemia and/or hypertriglyceridemia, Cholestcare is also an ideal adjuvant therapy in hypertension, obesity, type 2 diabetes mellitus, where dyslipidemia is frequently seen associated and taking control of this risk factor surely decreases mortality and morbidity.

Presentation: Capsule.



### RAKTIMA

A natural blood purifier and skin rejuvenator that detoxifies system, eliminates all types of acute and chronic skin infections & various allergic manifestations. It removes pimples, comedones, rashes, urticaria, boils and blemishes & imparts a clear and glowing complexion. It also aids in digestion and cures constipation.

Presentation: Liquid & Capsule.

### PILESS

Piless tablet and ointment offer comprehensive cure for piles or hemorrhoids. Piless helps in relieving pain and inflammation, checks bleeding per rectum, heals mucosa, aids in digestion and smooth evacuation of bowels & aids in natural recovery from piles. It is also useful in fistula and anal fissures.

Presentation: Tablet and Ointment.



### SENNABAEL

Salt & sugar free laxative granules which effectively relieve constipation, improve digestive functions, prevent gastro intestinal problems and ensure smooth evacuation of bowels. Sennabael is advisable in all cases of acute and chronic constipation, acidity, indigestion and flatulence, Irregular Bowel Syndrome (IBS) and Piles.

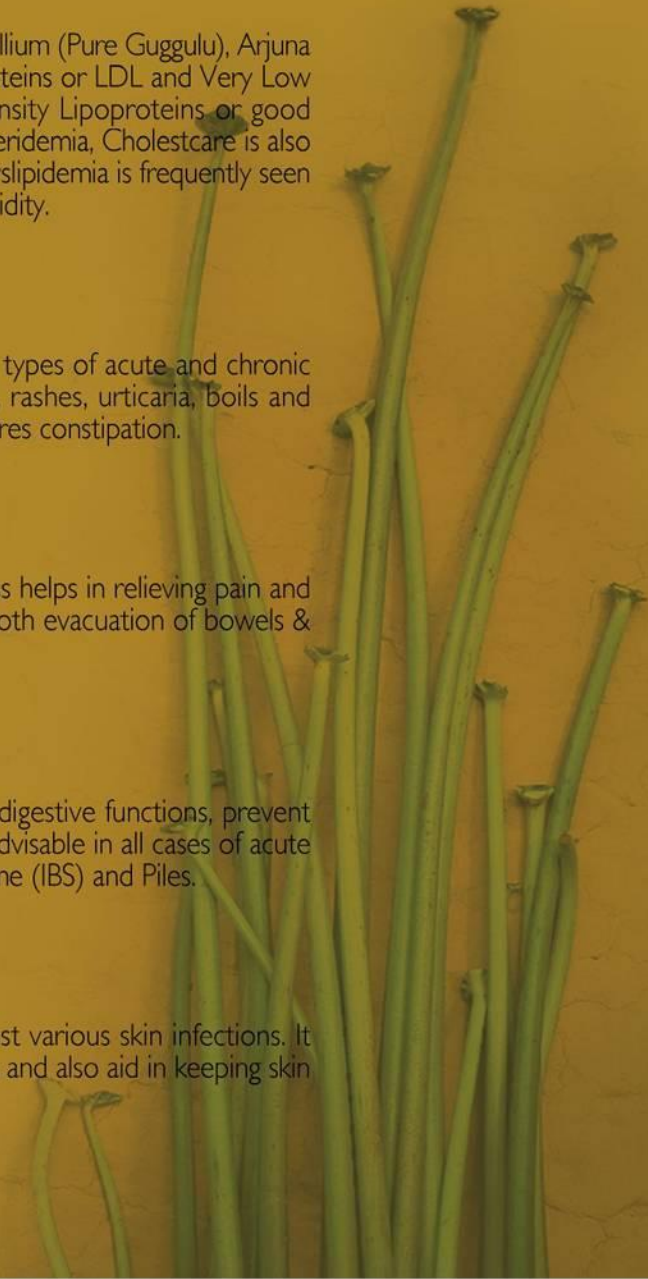
Presentation: Granules.



### RINGO

Ringo is an antifungal, antiseptic and anti-inflammatory ointment that works against various skin infections. It contains various antimicrobial herbs, which check bacterial and fungal skin infections and also aid in keeping skin cool & dry.

Presentation: Ointment.





### FEMINA

Femina syrup is a potent herbal combination with time tested and scientifically proven herbs, like Asoka, Lodhra and Liquorice, which exert powerful phytoestrogenic effect on female reproductive system and correct all functional abnormalities naturally. It also various anti-inflammatory, antimicrobial and rejuvenative herbs, which help in purifying blood, cleansing the system and make up for the lost strength effectively. It is an ideal tonic for females & is especially beneficial in irregular menstrual cycle, dysmenorrhea or painful menstruation, menorrhagia or excessive bleeding, dysfunctional uterine bleeding (DUB), leucorrhea, premenstrual Syndrome (PMS), menopausal syndrome, female infertility & other common symptoms like anemia, general weakness, low back ache, irritability, mood swings & hot flushes. Presentation: Syrup and Capsule.



### PROSTINEX

ProstineX Capsule decreases the size of enlarged prostate in BPH (Benign Prostatic Hyperplasia) & takes care of all the associated symptoms like urinary urgency, frequency, retention, etc. ProstineX Capsule contains potent herbal ingredients that help in checking all kinds of infection and/ or inflammation in urinary tract and aid in trouble-free micturition. It averts surgery in most cases of BPH. Presentation: Capsule.



### VIGO SX GOLD

An excellent time tested and researched herbomineral preparation that improves vigor and vitality, corrects sexual weaknesses like loss of libido, impotency and erectile dysfunction. Also cures seminal debilities like oligozoospermia, spermatorrhea, nocturnal emission, etc. and improves male fertility. Effectively treats all types of neural affections especially of male genitourinary tract. Allays stress, anxiety and depression associated with sexual dysfunction and improves general health. Presentation: Capsule and Massage Oil.



### CALCICOR

This is a natural source of pure, easily absorbable Calcium derived from oyster shell and cow's milk. Calcium is an essential requirement in all ages to maintain the health and strength of bones & teeth. It helps build bone mass in young adults and prevents bone loss or osteoporosis in later years. Moreover, Calcicor is an ideal calcium supplement in pregnancy as well as lactation. It is also useful in general debility, excessive hair fall and joint pains especially low backache. Presentation: Tablet. Syrup/Oral Liquid Form also available.

## Men's Health

## Children's Health





Single Herb Supplements/Neutraceuticals



### AMLAKI/AMLA (EMBLICA OFFICINALIS)

Amalaki is the best natural antioxidant and herbal source of Vitamin C. It protects and strengthens almost every tissue in the body and is extremely useful in indigestion, heartburn, acidity and peptic ulcers. It is useful for all as it prevents free radical damage & checks premature ageing. It also boosts up immunity effectively. Presentation: Juice, Powder and Capsule.



### ARJUNA (TERMINALIA ARJUNA)

Arjuna is an antioxidant, cardioprotective and cardiotonic herb, which is useful in various disorders of circulatory system pertaining to heart and blood vessels. It strengthens heart muscles & is useful in ischemic heart diseases, disturbed cardiac rhythm, palpitation, hypertension, edema, angina or myocardial infarction. It also prevents atherosclerosis and maintains lipid, cholesterol and triglyceride levels well within normal limits. Presentation: Powder and Capsule.



### ASHOK (SARACA ASOKA)

Ashok is considered as the best natural female tonic, which corrects menstrual irregularities, abnormal discharges per vaginum, dysmenorrhea and excessive menstruation. It also exerts stimulating effect on endometrium and ovarian tissue & improves fertility in females. Presentation: Capsule.



### ASHWAGANDHA (WITHANIA SOMNIFERA)

This is a famous rasayana (adaptogen) & bajikarana (aphrodisiac) herb, which boosts immunity, physical as well as mental strength. It relieves anxiety, exhaustion, stress, fatigue and is beneficial in low sperm count and motility & erectile dysfunction in males. It is extremely useful as a general tonic and rejuvenative for both men and women. Presentation: Powder and Capsule.



### BHUIAMLA (PHYLLANTHUS NIRURI)

Bhuiamla is hepatoprotective, gastroprotective and antiviral in action; it is effective in all cases of jaundice, hepatitis, sluggishness of liver, liver damage due to alcohol or prolonged medication, loss of appetite and indigestion. Presentation: Capsule.



### BRAHMI (BACOPA MONNIERI)

Brahmi is a renowned brain tonic and memory booster. It exerts potent adaptogenic action and relieves anxiety, stress, tension, palpitation and sleep disorders. It improves memory, concentration and intellect and can be safely administered to children as well as adults. It is also useful as an adjuvant therapy in epilepsy as it exerts a calming effect on nerves. Presentation: Capsule.



### LAHASUN (ALLIUM SATIVUM)

Lahasun or Garlic Capsules are extremely useful in correcting lipid, cholesterol and triglyceride level. It improves digestion, raises HDL (High Density Lipoproteins or good cholesterol), reduces LDL & VLDL (Low & Very Low Density Lipoproteins or bad cholesterol), lowers cholesterol and triglyceride level & prevents atherosclerosis. It is very beneficial for hypertensive individuals, obese and patients having dyslipidemia. Presentation: Capsule.



### GILOY/GUDUCHI (TINOSPORA CORDIFOLIA)

Giloy exerts anti-inflammatory, immunomodulatory, hepatoprotective and febrifuge action, implies it allays inflammation, boosts immunity, protects liver from exogenous toxins and checks fever respectively. It is especially helpful in various metabolic disorders, relieves pain and swelling of gout and maintains normal sugar level in diabetics. Presentation: Powder and Capsule.





### GUGGULU (COMMIPHORA MUKUL)

Pure Guggul is extremely beneficial in dyslipidemia, hypertriglyceridemia, atherosclerosis, obesity and rheumatism. It elevates HDL (High Density Lipoproteins or good cholesterol), reduces LDL & VLDL (Low & Very Low Density Lipoproteins or bad cholesterol) and prevents plaque deposition in vessels, thereby reducing risk of heart disease and stroke. It accelerates metabolism, improves thyroid function and helps in losing extra body weight in obese and overweight individuals. Presentation: Capsule.



### HARIDRA/HALDI (CURCUMA LONGA)

It has anti-inflammatory and anti-allergic activity. It helps in faster wound healing and has blood-purifying properties. It also acts as a carminative, stomachic, appetizer and tonic. Presentation: Powder and Capsule.



### NEEM (AZADIRACHTA INDICA)

Neem possesses anti-inflammatory, antimicrobial & astringent properties and is extremely useful as a natural blood purifier in various skin disorders, infections and inflammations. Neem has proven blood sugar lowering abilities as well, which enables its use in borderline and established cases of Type 2 Diabetes mellitus also. It is noteworthy that Neem doesn't cause hypoglycemia if the sugar level is in normal range, so it is extremely useful for all individuals. Presentation: Powder and Capsule.



### SHALLAKI (BOSWELLIA SERRATA)

Shallaki is an anti-inflammatory and natural pain killer. It relieves pain, stiffness and tenderness and is effective in all musculo-skeletal disorders, like arthritis, backache, ligament sprains, muscle strains, spondylitis, spondylosis, myositis and fibrositis. Presentation: Capsule.



### SHATAVARI (ASPARAGUS RACEMOSUS)

Shatavari is a well known rasayana in Ayurveda & exerts cooling, astringent, adaptogen, galactagogue and antidepressant action. It is most suitable in lactation period as it enhances the quantity and quality of mother's milk & helps in regaining strength. It is also advisable in convalescence, general weakness and white discharge per vaginum. Presentation: Powder and Capsule.



### SHILAJIT (ASPHALTUM)

Shilajit is a well known nervine tonic especially for genitourinary tract and reproductive system. It is useful in cases of increased frequency of urination, as observed in Diabetes mellitus and Benign Prostatic Hyperplasia (BPH), nocturnal emission, spermatorrhea, oligozoospermia and leucorrhoea or white discharge per vaginum. Presentation: Capsule.



### TULSI (OCIMUM SANCTUM)

Tulsi is extremely beneficial as an antimicrobial, anti-inflammatory, expectorant and immunomodulatory herb. It checks and prevents infections especially of the respiratory tract, like dry, productive and allergic cough, cold, rhinitis, sinusitis and bronchitis. It is useful for tubercular patients as it boosts immunity and provides strength to respiratory tract. It heals body naturally and is a tonic for heart and liver as well. Presentation: Capsule.

Also available: Anantamul (Hemidesmus Indicus) Capsule, Babula (Acacia Arabica) Capsule, Bilva/Bael (Aegle Marmelos) Powder & Capsule, Bhringaraja (Eclipta Alba) Capsule, Chirayata (Swertia Chiretta) Powder & Capsule, Gokshura (Tribulus Terrestris) Capsule, Gurmar (Gymnema Sylvestre) Capsule, Haritaki (Terminalia Chebula) Capsule, Jamuna (Syzygium Cumini) Powder & Capsule, Kapikacchu (Mucuna pruriens) Capsule, Karela (Momordica charantia) Powder & Capsule, Manjistha (Rubia cordifolia) Powder & Capsule, Mandukpami (Centella asiatica) Powder, Methi (Trigonella foenum graecum) Capsule, Punamava (Boerhaavia diffusa) Powder, Safed Chandan (Santalum album) Powder, Safed Musali (Asparagus adscendens) Capsule, Shankhapuspi (Covulvulus pluricaulis) Capsule & Syrup, Shikakai (Acacia Concinna) Powder, Tagar (Valeriana wallichii) Capsule, Vasaka (Adhatoda vasica) Capsule, Vidanga (Embelia ribes) Powder, Vidarikanda (Pueraria tuberosa) Capsule, Yashtimadhu (Glycyrrhiza glabra) Powder and Capsule.

### CHURNA (POWDER) PREPARATIONS



#### ASHWAGANDHADI CHURNA

It is an effective rejuvenative for males as it increases sperm count and motility and allays all seminal debilities. It also improves strength, vigor and vitality and corrects various disorders like erectile dysfunction (ED) and premature ejaculation (PE). It is a tonic for nervous system as well and cures palpitation, sleeplessness, anxiety, stress or any kind of nervous weakness.



#### AVIPATTIKAR CHURNA

It is an efficient remedy for hyperacidity, peptic ulcer, flatulence and constipation. It is especially useful in paittika rogas of alimentary canal, where there is excessive acid secretion. It clears bowels, cools the system and improves digestion.



#### HINGVASTAKA CHURNA

Hingvastaka Churna aids in digestion and relieves flatulence. It is indicated in loss of appetite, dyspepsia, excessive eructations, abdominal pain or colic, constipation and intestinal distension. It should preferably be taken just before meals, mixed with ghee or along with luke warm water.



#### LAVANBHASKAR CHURNA

It improves appetite, digestion and also clears bowels. It relieves all kinds of gastric problems if taken with cool water after meals. It acts as a mild laxative if taken with luke warm water at bedtime.



#### SITOPALADI CHURNA

It is indicated in cough, cold, bronchitis and other respiratory tract disorders. Sitopaladi churna is an effective stimulant and expectorant. It should be mixed with honey and ghee and taken 3-4 times in a day.



#### MAHASUDHARSHAN CHURNA

It is febrifuge (relieves fever) and diaphoretic (induces perspiration) in action, it is also a tonic and stimulant for liver and digestive system. It is indicated in acute and chronic fevers, intermitten fever, enlargement of liver and spleen, fatigue and nausea.

Also available: Bansolochan Churna, Dasamula Churna, Dhatupaustik Churna, Navayas Lauh Churna, Panchsakar Churna, Punamavadi Mandur Churna, Talishadi Churna, TriphalaChurna, Trikatu Churna.





### VATI (TABLET) PREPARATIONS

#### BRAHMI VATI

Brahmi Vati gives strength to brain, nervous system and heart. It improves memory and concentration and relieves anxiety, stress, restlessness, tension and sleep disorders. It is useful in all conditions in which there is any kind of weakness pertaining to brain, like insomnia, hysteria and emotional disturbances.

#### CHANDRAPRABHA VATI

Chandraprabha Vati is an excellent tonic for genitourinary system. It relieves excessive urination, improves control over urinary urge, dysuria, burning micturition, urinary tract infection, glycosuria, white discharge per vaginum (leucorrhoea), low sperm count (oligozoospermia), decreased quantity of semen (oligospermia), nocturnal emissions, anemia and low back ache. It also improves strength and general well being.

#### CHITRAKADI VATI

Chitrakadi Vati is especially beneficial in indigestion, irregular bowel movements and dysentery, where mucus is mixed with stool and bowels are not cleared properly. It enhances digestion, improves appetite and regulates bowel movements. It also relieves flatulence and pain in abdomen due to indigestion.

#### KUTAJAGHANA VATI

Kutajaghana Vati is an effective astringent, antidiarrheal and amebicide. It is very useful in diarrhea, dysentery, irritable bowel syndrome (IBS) and bleeding per rectum or bleeding piles.

#### RAJAHPRAVARTINI VATI

Rajahpravartini Vati is useful in cases of secondary amenorrhea, oligomenorrhea and irregular or delayed menstrual cycles. It also cures the allied symptoms like low backache, pain in lower abdomen, burning sensation in hands and feet, etc.

#### SANJIVANI VATI

Sanjivani Vati induces perspiration and diuresis, thereby, cleanses the system of toxins and brings down raised temperature in fever. It also relieves indigestion and cures nausea, vomiting, cholera or gastroenteritis like symptoms.

Also available: Abhayadi Modak, Agnitundi Vati, Arshoghni Vati, Eladi Vati, Hingvadi Vati, Khadiradi Vati, Lasunadi Vati, Lavangadi Vati, Madhumeha Nashini Gutika, Prabhakara Vati, Pranda Gutika, Sarpagandhaghana Vati.



### TAILA (MEDICATED OIL) PREPARATIONS

Ayurvedic oleation therapy or snehan holds a special place in rendering complete cure. The herbal oils are used in various ways, some are meant for massage while some are instilled in ear or nose. There are certain oils which can be taken internal as well. They are also used to prepare an individual for swedan (sudation therapy) and panchakarma.

#### BRAHMI TAIL

Brahmi Tail is useful as a relaxing and cooling massage oil, which is good for brain, eyesight and hair as well. It is applied over scalp and hair roots and massaged gently in circular motion. It improves intellect, concentration and sleep.

#### COCONUT OIL

Coconut oil is one of the best rejuvenative and revitalizer for scalp and hair. It checks hair fall, split ends, dandruff, dryness and premature greying of hair whilst promoting new hair growth. It keeps hair silky, shiny and smooth all the time.

#### VISHNU TAIL (BRIHAD)

Vishnu Tail is effective in all types of vatika disorders wherein there is pain, tremors or stiffness. It is useful as a massage oil in arthritis, spondylitis, spondylosis, torticollis, frozen shoulder, sciatica or any kind of musculoskeletal inflammation. It is also beneficial in cases of weakness of muscles or limbs and tremors as it pacifies vata effectively.

Dashmool Tail:	Effective in migraine, headache or lightheadedness, cures muscle joint inflammations, earache and sinusitis.
Lawang (Clove) Oil:	For dental caries and tooth ache
Mahabhringaraj Tail:	Useful in all disorders of hair and scalp, promotes hair growth
Mahanarayan Tail:	For all types of arthritis and arthralgia
Mahavisagarbha Tail:	For various muscular pains and joint inflammations or arthritis
Mahamash Tail (Niramish):	Imparts strength, relieves muscle aches and joint pains
Neem Oil:	Skin rash, pimples & boil reliever

Also available: Ashwagandha Taila, Eucalyptus Oil, Jatyadi Tail, Mahamarichyadi Tail, Til Oil, Bilva Tail, Erand Oil, Irimedadi Tail, Sadbindu Tail, Saindhavadi Tail, Shankhapushpi Tail, Sri Gopal Tail, Chandanadi Tail, Chalmogra Oil.



### ASAVA-ARISHTA PREPARATIONS

Asavs and Aristas are liquid herbal or herbomineral preparations containing self-generated alcohol. They are very effective and highly absorbable form of Ayurvedic classical preparation and surely provide instant and long-lasting cure. They have indefinite shelf life and can be kept for years if placed in a cool dry place away from direct sunlight. In fact, their potency increases with age or they can be aptly quoted as 'the older, the better!'

### ABHAYARISHTA

Abhayarishta improves liver functions and is an effective remedy for piles, jaundice, hepatitis and anemia. It relieves constipation and improves appetite & digestion.

### ASHWAGANDHARISHTA

Ashwagandharishta is restorative and rejuvenative tonic for palpitation, general weakness, neural debilities, anxiety and headache. It helps in increasing strength, vigor & vitality. It is useful for females in post partum period and corrects male impotency and infertility.

### CHANDANASAVA

Chandanasava is a cooling herbal preparation, which effectively relieves dysuria, burning micturition, spermatorrhea, spermaturia, urinary tract infection & general weakness. It improves flow of urine, clears toxins from body and improves strength. It is especially recommended in hot weather conditions, summers and individuals with predominant pitta prakriti as it is refrigerant and soothing in action.

### DASHAMOOLARISHTA

Dashamoolarishta is a renowned classical preparation for anorexia, vomiting, cough, breathing disorders, general weakness, vata vyadhi and anemia. It is especially useful in post partum period as it helps the female to regain her strength, vigor and vitality. Its regular use is effective in alleviating all inflammatory disorders, aches and pains.

### DRAKSHARISHTA

Draksharishta is effective in indigestion, cough, asthma, breathing disorders, general weakness and constipation. It is useful in all ages and improves immunity as well.

### KUTAJARISHTA

It is effective in cases of diarrhea, dysentery, blood in stool, bleeding per rectum, irritable bowel syndrome (IBS) and associated indigestion & fever.



### Brief description of certain important Asava & Arishtas:

Arjunarista	For cardiac & pulmonary disorders, palpitation, anxiety and general weakness.
Ashokarista	Corrects menorrhagia, metrorrhagia and leucorrhea. Gives strength to uterine musculature and improves fertility in females.
Drakshasava	For indigestion, cough, asthma, breathing disorders, general weakness, loss of appetite and constipation.
Lodhrasava	Useful in leucorrhea, menorrhagia, metrorrhagia, anemia, indigestion & bleeding piles.
Lohasava	Excellent tonic for anemia, indigestion, general weakness, generalized edema and bleeding piles.
Kumaryasava	Tonic for enlarged liver, anaemia & constipation. Regulates menstruation in females.
Saraswatarishta	Nervine disorders, epilepsy, weakness, stammering, impaired memory and concentration.
Sarivadyasava	Effective blood purifier. Useful in gout, carbuncles, fistula-in-ano and all types of skin disorders.



### **KWATH (DECOCTION) PREPARATIONS**

Kwath or decoctions hold a special place in Ayurvedic therapy. For preparation of decoction, the desired herbs are generally boiled in four times water and when 3/4th of water evaporates, the liquid is sieved and is required to be consumed within 24 hours. Pravahi kwaths are ready decoctions in liquid form, which can be taken any time as per convenience and have longer shelf life. They are also more palatable and are as effective as traditionally prepared ones.

### **MAHARASNADI KWATH (PRAVAHI)**

Maharasnadi Kwath is very effective in various vata vyadhis, tremors, sciatica, paralysis, arthritis, nerve, muscle and/or joint inflammations. It is ready to take decoction in liquid form i.e. pravahi kwath and can be taken after meals, twice daily mixed with equal quantity of water.

### **RASAUSHADHIS**

Rasaushadhis contain purified mercury, sulphur and other therapeutically effective and important metals in bhasma (calcined) form with various useful herbs. These are prepared as tablets and are renowned for their instant action & complete relief.

### **AROGYAVARDHINI GUTIKA**

Arogyavardhini Gutika is an excellent Hepatostimulant and is useful in all cases of jaundice, liver dysfunction, chronic constipation, indigestion, edema and anemia. It also cures all types of skin infections and also maintains lipid levels in normal limits.

### **LAKSHMI VILAS RAS (NARDIYA)**

This is a rasayana for whole body and strengthens heart, lungs and practically every tissue. It is especially recommended in cough, cold, chronic fever, bronchitis, tuberculosis and other respiratory tract disorders. It cures sinuses, fissures, skin disorders, ear disorders, body odour, abdominal pain after delivery, headache, malaise and any type of weakness in either sex.

### **MAKARDHWAJ GUTIKA**

Makardhwaj Gutika or Vati is tonic for all organs and is especially beneficial in all kinds of seminal weaknesses and impotency in males. It improves sperm count & motility, semen quantity & quality, corrects erectile dysfunction, premature ejaculation, nocturnal emissions and also enhances strength, vigor and vitality.



### SUTASEKHARA RASA

This is an excellent remedy for hyperacidity, pain in abdomen, peptic ulcer, indigestion, vertigo, dysuria or burning micturition, oral ulcers and all types of paittika disorders. It also improves sleep and cures various pittaja symptoms like dryness of throat & burning sensation in eyes and extremities.

### VASANTA KUSUMAKARA RASA

Vasanta Kusumakara Rasa is preparation of pure Gold, Silver and Pearl and is an excellent tonic for heart, nerves and entire system. It also increases fertility, vigor and vitality in males and females. It is especially indicated in diabetes mellitus as it cures excessive urination, nerve weakness, impotency and erectile dysfunction. It is also useful in epistaxis (nasal bleeding) and various gynaecological disorders like menorrhagia, metrorrhagia & leucorhea.

### VATCHINTAMANI RASA (VRIHAT)

This cooling and rejuvenative formulation with pure Gold and Silver is effective in physical and nerve weakness and all kinds of vata-paittika disorders. It is an unmatched tonic for brain and heart, which provides strength to these vital organs. It is useful in hysteria, cardiac disorders, paralysis, sciatica, chronic fever with delirium, tremors of limbs and weak pulse.

### YOGENDRA RASA

Yogendra Rasa is an excellent rasayana & tonic for nerves, heart and brain. It is useful in various cardiac disorders, diabetes mellitus, hyperacidity, tuberculosis, paralysis, sciatica, sleeplessness, anxiety and stress. Enriched with pure Gold, it imparts physical and mental strength and effectively cures various chronic disorders. Other important Rasaushadhis with their actions:

Amvatari Vati	for rheumatoid arthritis (RA), painful and inflammatory joint affections, sciatica and other musculoskeletal disorders
Arshkuthar Ras	for hemorrhoids (piles), fissure and fistula-in-ano
Krimikuthar Rasa Tablet	antihelminthic remedy and is useful in various intestinal worm infestations
Mahashankh Vati	effective remedy for various digestive disorders, allied abdominal discomfort, acidity and flatulence
Trivikram Rasa:	Dissolves and expels out urinary tract calculi or stones, cures dysuria and urinary tract infection

Also available: Ekangvir Ras, Hrdyarnav Ras, Kumarkalyan Ras, Madhumalini Basant, Mahalakshmi Vilas Ras, Nityanand Ras, Pushpadhanwa Ras, Svasa-Kuthara Rasa, Shwaskaaschintamani Rasa, Tribhuvankirti Rasa, Vangeshwar Ras (Sadharan) and Vatari Rasa



### GUGGULU PREPARATIONS

Guggulu preparations contain various effective herbs along with purified Guggulu/Indian Bdellium (*Commiphora mukul*), which enhances the action of other herbs and itself offers therapeutic benefits. Guggulu is a renowned srotoshodhaka or an ingredient which opens up blocked channels. It clears away toxins from body and hastens recovery. The Guggulu preparations are generally in tablet form, though some are also available as Capsules.



#### GOKSHURADI GUGGULU

Gokshuradi Guggulu is useful in urinary tract infection, dysuria or burning micturition, renal disorders with raised serum urea and creatinine levels. It protects the kidneys and removes toxins from body.



#### TRIPHALA GUGGULU

Triphala Guggulu is an effective laxative and an anti-inflammatory. It is useful in constipation, piles, fistula-in-ano and flatulence. It also lowers cholesterol and maintains lipid levels in normal range. Triphala Guggulu is available in tablet & capsule form.



#### YOGARAJA GUGGULU

Yogaraja Guggulu is a boon for patients suffering from arthritis, muscle aches and various joint affections. It alleviates pain, swelling, stiffness and other signs of inflammation and favors painless mobility of joints. It is effective in osteoarthritis, rheumatoid arthritis, gout, spondylosis, spondylitis, strains and sprains. Yogaraja Guggulu is available in tablet & capsule form.

Also available: Kaishor Guggulu, Kanchanar Guggulu, Lakshadi Guggulu, Mahayograj Guggulu, Punamavadi Guggulu, Rasnadi Guggulu, Simhanada Guggulu and Trayodasang Guggulu.





Food & Beverages



Sahul presents a whole range of Herbal Teas - every sip is filled with the goodness and efficacy of the rarest of herbs with mouthful of health benefits. They comprise of several valuable antioxidant and rejuvenative herbs with scientifically proven medical benefits. Sahul Herbal Tea is 100% Caffeine Free and every serving is a bouquet of health and nutrition of essential herbs required for human body in its purest and natural form.



### COUGH TEA

Cough Tea helps to expel out excessive phlegm in productive cough, gives soothing relief from throat irritation in dry cough. It relieves nasal congestion, headache, malaise and running nose.



### DIABEX TEA

It helps in maintaining optimum blood sugar level. Diabex Tea is recommended for people having borderline or overt Diabetes so that their blood sugar level can be maintained in the normal range. It prevents progression of Diabetes and onset of allied complications.



### DIGESTIVE TEA

This tea helps in improving digestion and checks flatulence, dyspepsia and hyperacidity. It is a perfect appetizer, carminative, liver stimulant and stomachic. Gives best results when taken after meals.



### GINGER TEA

This refreshing beverage is filled with the goodness and natural aroma of superior quality ginger. Ginger tea warms you up and awakens your senses. This is especially beneficial in case of sore throat, nasal congestion, body ache or when the weather is cold and breezy. Sip it up for its invigorating and spicy taste that helps in clearing various stomach ailments like nausea and indigestion.





### SLIM TEA

Slim Tea effectively aids in curbing overweight & obesity, the related disorders and dyslipidemia. It limits the production of fats, increases fat oxidation and mobilization. It also maintains optimum cholesterol, lipid and triglyceride levels.



### RELAX TEA

Relax Tea soothes nerves and gives respite from anxiety and tension. It is especially beneficial in conditions of stress and related disorders. Also cures insomnia and helps in lowering blood pressure naturally.



### STRESSRID TEA

Stressrid Tea is a blend of time-tested precious herbs, which helps to combat stress and strain. It calms the mind, relaxes the body and induces freshness and energy with every sip.



### LAXIT TEA

Laxit Tea provides relief from acute or chronic constipation, dysentery and IBS (Irritable Bowel Syndrome) and allied symptoms like acidity, indigestion and flatulence.



### KAPHA TEA

Stimulates and perks up energy levels, abolishes dullness and lethargy, wakes up the person and is a caffeine free alternative for your morning cup of tea or coffee. Kapha Tea is especially recommended for damp, cold days.



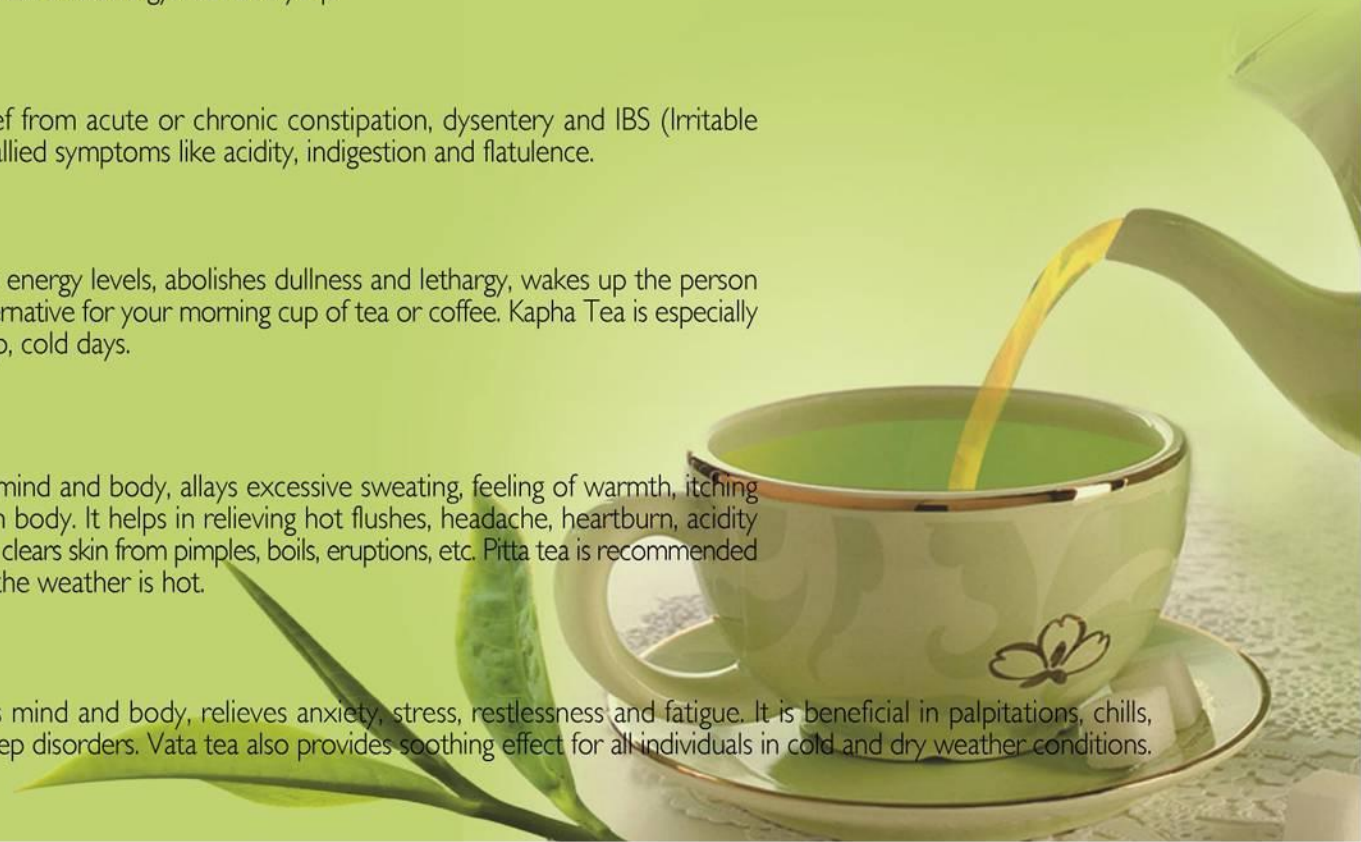
### PITTA TEA

Gives cooling effect to mind and body, allays excessive sweating, feeling of warmth, itching and burning sensation in body. It helps in relieving hot flushes, headache, heartburn, acidity and excessive thirst. Also clears skin from pimples, boils, eruptions, etc. Pitta tea is recommended for all individuals when the weather is hot.



### VATA TEA

Relaxes and tranquilizes mind and body, relieves anxiety, stress, restlessness and fatigue. It is beneficial in palpitations, chills, tremors, dryness and sleep disorders. Vata tea also provides soothing effect for all individuals in cold and dry weather conditions.



### LAZMI TEA

Sahul Lazmi tea comprises of world's exquisite teas with the latest tea processing technology backed by our uncompromising attitude towards quality and our state-of-the-art cleaning, blending and packaging units in different parts of India.

Our tasters, trained to distinguish subtle differences in flavour from garden to garden, select for Sahul Lazmi only the freshest and most fragrant teas. Sahul Lazmi Tea reaches to your table with a guarantee of unmatched freshness and truly satisfying flavour. Our packaging focuses on stringent international standards and we promise an exhilarating experience for the discerning tea connoisseurs.

Sahul Lazmi tea narrates its unique saga in every sip!

### PURE DARJEELING TEA

Darjeeling tea is also known as the champagne of teas. The flavour and quality that Sahul's Pure Darjeeling Tea possesses set it apart from others. The delicious tea grown in the hills of Darjeeling has been perfectly blended to get the best taste and keep the richness and flavour intact.

### PURE ASSAM TEA

For centuries, Assam has been renowned for its tea. Assam Tea is famous for its body, briskness, malty flavor, and strong, bright color. Sahul Lazmi brings to its tea drinkers and lovers with the finest and purest of Assam Tea packed at its origin.

### ENGLISH BREAKFAST TEA

English Breakfast tea is a black tea blend usually described as full-bodied, robust, and/or rich, and blended to go well with milk and sugar. It is designed to pair with traditional English breakfast which includes a very heavy and hearty meal. This tea helps in digestion and helps people to wake up and get ready for the day.

### FLAVOURED TEA

Flavoured tea is the general name of any tea to which additional flavour has been applied. It is made by adding flavours, fruits, flowers and spices to black, oolong or green teas. All components have to be carefully selected and combined to guarantee a high quality tea. Sahul Lazmi offers the following variants of flavoured tea.

Sahul offers the following flavour tea:

International Range: Earl Grey, Irish Tea, Russian Caravan, Bohemia Gyps.

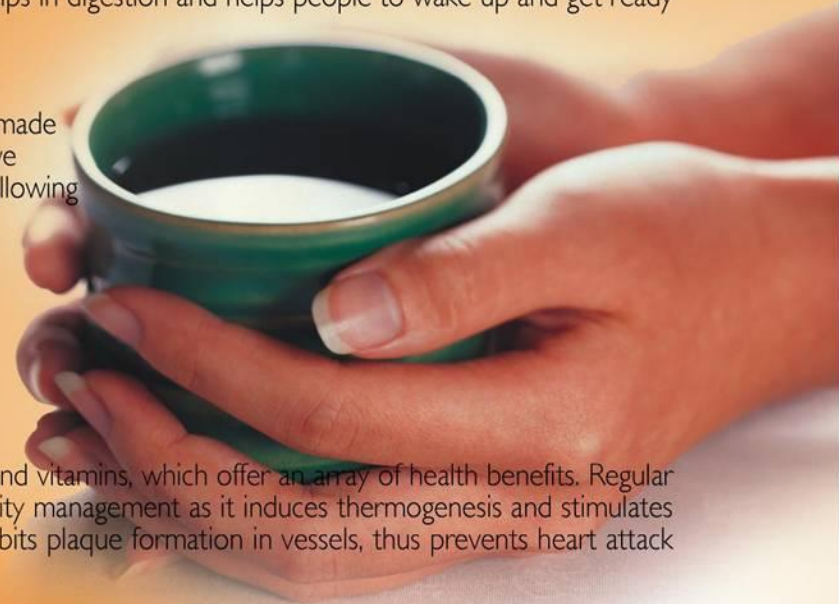
Fruit Range: Apple, Pineapple, Banana, Guava.

Flower Range: Rose, Jasmine, Lavender

Spice Range: Cardamom, Ginger, Clove, Cinnamon, Vanilla, Mint .

### GREEN TEA

Green tea (*Camellia sinensis*) is a potent antioxidant containing numerous essential minerals and vitamins, which offer an array of health benefits. Regular intake lowers chances of heart disease, prevents development of certain cancers, aids in obesity management as it induces thermogenesis and stimulates oxidation of fats. It also lowers LDL (Low Density Lipoproteins or Bad Cholesterol) and inhibits plaque formation in vessels, thus prevents heart attack and stroke. It also prevents tooth decay and eliminates toxins from the system.





Spices

Ever wondered what makes Indian culinary so delectable and enviable! Why Indian food is gaining popularity world over and what makes them so rich and aromatic!

It is none other than the revered 'Indian Spices', which are well known to make food more scrumptious. Besides serving as culinary ingredients, Indian spices are excellent appetizers, digestives, possess anti-oxidant and antimicrobial properties & also preserve your food, pickles and chutneys for long. Sahul brings to you a whole range of quintessential Indian Spices that are sure to make your cuisine more delicious, healthful and add 'Zest' to your life.



### BLACK MUSTARD SEEDS

Black Mustard Seeds form an integral part of South Indian cuisine. These are well known to make the dishes and chutneys hot, pungent and delicious. These are one of the few essential spices needed for great Indian cooking, which contribute to the exotic flavor and aroma of Indian food.



### CUMIN POWDER

Zest Cumin Powder adds fresh, earthy flavor to your curries and preparations along with its cooling effect. You can add it to your favorite nimbu pani (lemon water) and lassi (buttermilk) to make them more delicious. It is carefully graded, hygienically ground and scientifically packed. No artificial colour used. The seeds are especially sourced from the well drained, loamy regions of Gujarat and Rajasthan, which makes the powder all the more beneficial, cooling and rich in flavor.



### CUMIN SEEDS

Zest Cumin Seeds add fresh, earthy flavor to your curries and preparations along with their cooling effect. Seeds can also be roasted and powdered, before adding, as desired. Roasted seed powder can also be added to your favorite (lemon water) and (buttermilk) to make them more delicious.



### CURRY POWDER

Zest Curry Powder is an assortment of ingredients in the perfect ratio to give your dishes the desired spiciness and aroma. It is blended with excellent quality hot and aromatic spices to make your meats and vegetables mouthwatering and delicious. Curry Powder is perfect choice for those who like their food to be hot and spicy. It is carefully graded, hygienically ground and scientifically packed. No artificial colour used.



### GARAM MASALA

Zest Garam Masala is a perfect blend of aromatic and pungent spices of high grade that makes your dishes tastier and more delicious. It adds natural aroma, taste and flavor to your recipes.





### DRY GINGER POWDER

Zest Dry Ginger Powder is made from premium quality ginger, which gives it lemon like aroma and sharp, biting flavor. This appetizing and wonderful spice can be used in various food articles, chutneys and beverages. It imparts them a characteristic aroma, desired pungency and makes them easily digestible.



### GREEN CARDAMOM

Cardamom often referred as 'Queen of Spices' whose present aroma and taste is filled in Zest Green Cardamom. It can be added wholly or in ground form to make your cuisines and curries aromatic and delectable. Cardamom adds flavor to hot beverages like tea or milk. Chew it slowly to let its pleasant aroma sweeten your breath, it also soothes digestion, stimulates the appetite and allays flatulence.



### TURMERIC POWDER

Turmeric powder, an indispensable part of Indian cuisine imparts unique colour, flavour and pungency to Indian dishes. Zest Turmeric Powder is obtained from premium quality Turmeric rhizomes and finely powdered and hygienically packed such that the natural aroma and freshness remains intact.



### CORIANDER POWDER

Zest Coriander (Dhania) Powder is obtained from finest Coriander seeds, hygienically ground, powdered and packed such that the flavor and aroma reaches you intact.



### CORIANDER SEEDS

Zest Coriander (Dhania) seeds are obtained from finest Coriander plant. They can be used wholly or in powdered form in several recipes. Seeds should be roasted before grinding them into powder.

### NAME OF OTHER PRODUCTS:

Chana Masala, Fennel Seeds, Fenugreek Seeds, Sambhar Masala, Kasoori Methi  
Kitchen King Masala, Chunky Chat Masala, Tea Masala, Tamarind Powder





In your trust, lies our strength

Our GMP certified manufacturing unit is equipped with the latest state-of-the-art facilities, and infrastructure. A team of professionals with expert workforce are constantly dedicated to retain the quality of the products that has been our source of success.

Cutting edge technology is implemented to create pharmaceutical-grade ayurvedic products. As a confirmation that Sahul is dedicated to providing the highest quality and consistency in herbal care, the Company was awarded GMP certification in its very first batch of production.

Since its inception, the company has focused on developing safe, natural and innovative remedies that help people lead richer, healthier lives.

At our Sahul Research Foundation lab each Sahul product has undergone years of primary research and clinical trials before they have reached the market

The products ensure they are safe, efficacious and consistent remedies and with zero side effects making it suitable for every individual.





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