

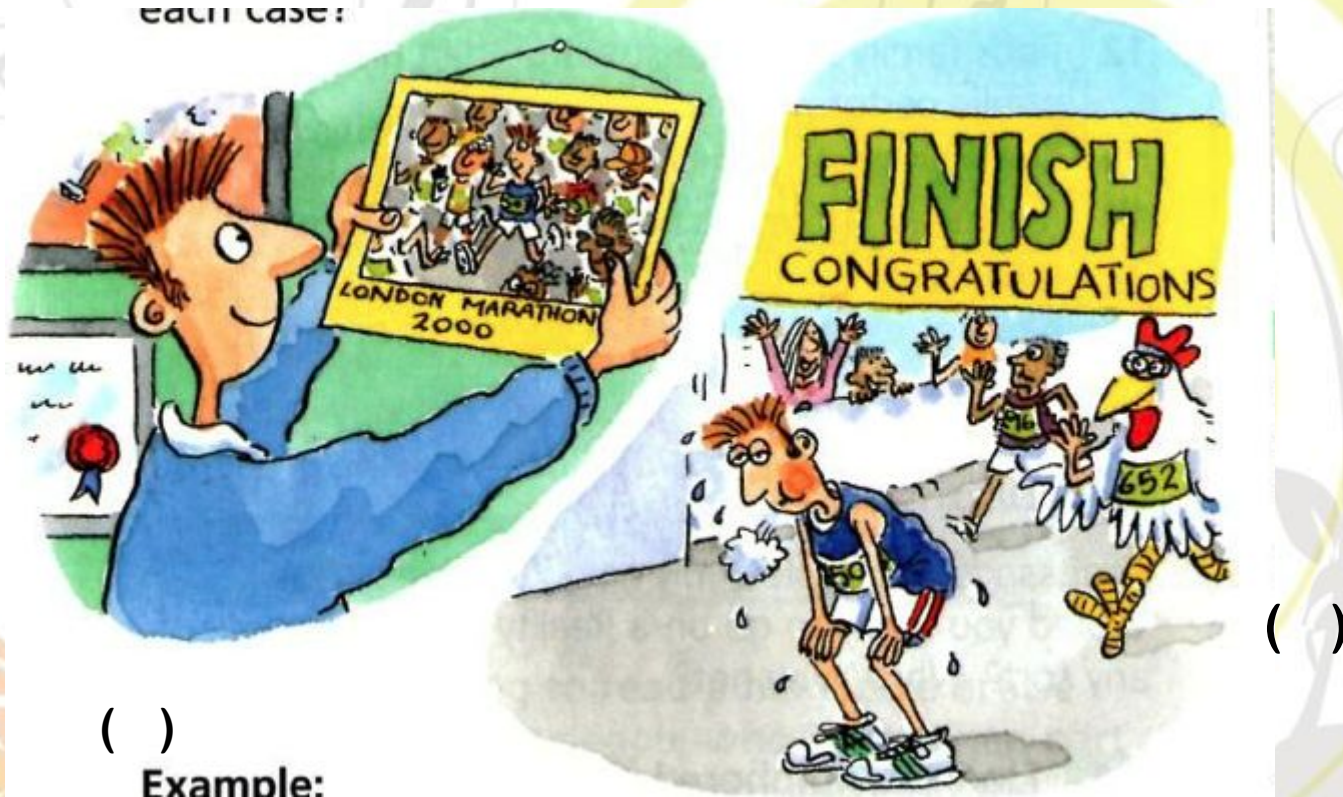
The background features a light cream color with various decorative elements. In the top-left, there is a dark teal circular area containing the text. Surrounding this and scattered elsewhere are delicate floral motifs in shades of teal, orange, and yellow. Large, concentric yellow spirals are also present, adding a dynamic feel to the design.

**Present Perfect
Simple
X
Present Perfect
Continuous**

What's the difference? Match the sentences to the pictures.

1. He **has been running** the marathon for charity.

2. He **has run** the marathon for charity.



What's the difference? Match the sentences to the pictures.

1. He **has been running** the marathon for charity.

2. He **has run** the marathon for charity.

He ran the marathon some time in the past.

He has just finished running and you can still see some effects, he's out of breath.



Example:

Present Perfect Simple.

2. He **has run** the marathon for charity.

He ran the marathon some time in the past.



Is it in the past? Yes
Is he still running? No
Do we know exactly when he ran? No
Is it recent? No

Present Perfect Continuous

1. He **has been running** the marathon for charity.

Is it on the past? **Yes**

Is he running now? **No**

Did he stop running short
time ago? **Yes**

He has just
finished running
and you can still
see some
effects, he's out
of breath.



(1)