



Presentation on the topic:
Healthy food!

Healthy food - a healthy lifestyle!



Milk-calcium!



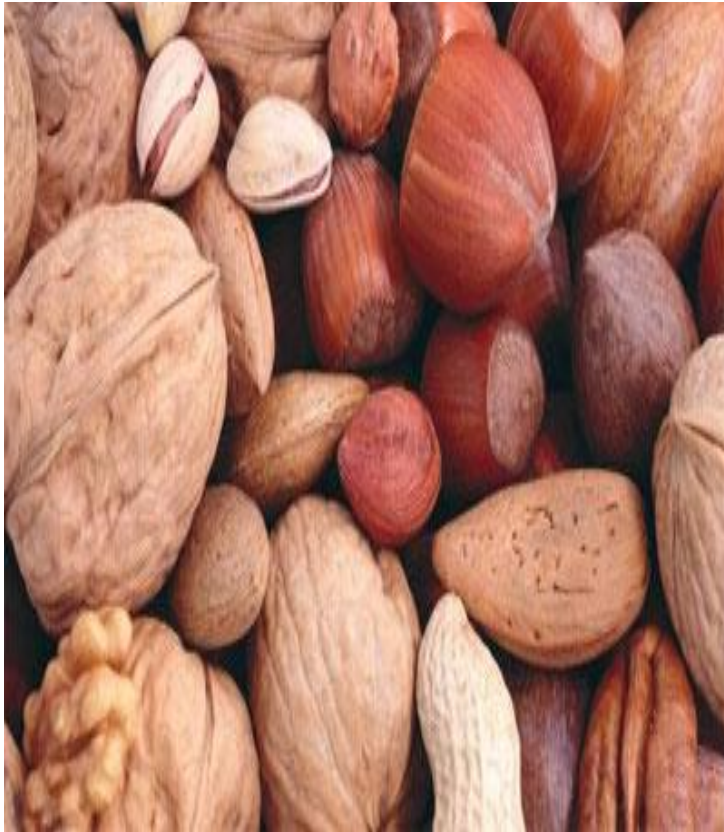
Eggs-healthy food with a healthy lifestyle!



Meat and meat products.



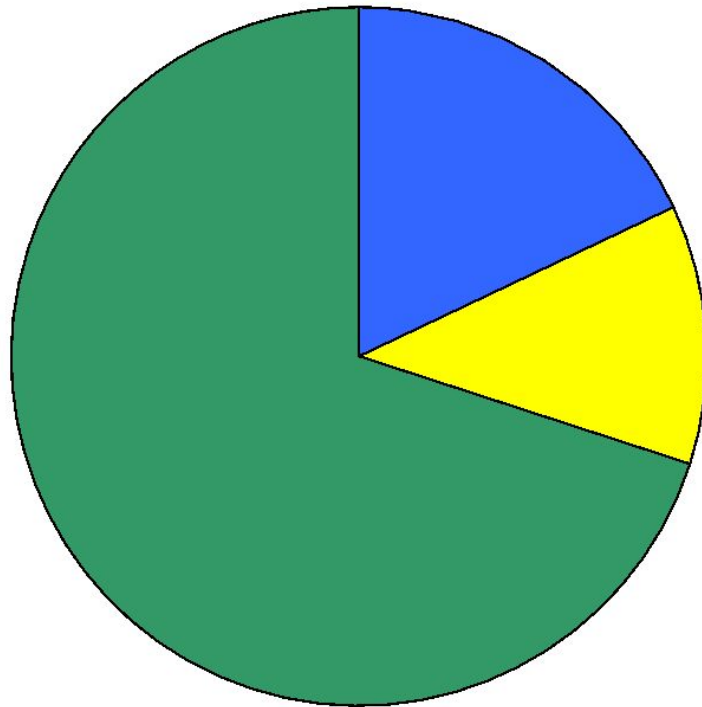
Nuts and seeds.



Healthy food!



FOOD PLATE



- Squirrels
- Fats
- Carbohydrates

Healthy eating what is it?



Thanks for your attention!

