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# **THE MID-ATLANTIC STATES**

# THE “TYPICALLY AMERICAN” REGION



# SHIFTING CONTAINERS AT PORT NEWARK-ELIZABETH MARINE TERMINAL, PART OF PORT OF NEW YORK AND NEW JERSEY



# NEW YORK CITY

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# PHILADELPHIA

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# BALTIMORE



# WASHINGTON D.C.

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# METROPOLITAN AREAS WITH MORE THAN 1,000,000 PEOPLE:

- New York-Newark-Bridgeport, NY-NJ-CT-PA CSA
- Washington-Baltimore-Northern Virginia, DC-MD-VA-WV CSA
- Philadelphia-Camden-Wilmington, PA-NJ-DE-MD CSA
- Pittsburgh-New Castle, PA MSA



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- Virginia Beach-Norfolk-Newport News, VA-NC MSA
  - Richmond-Petersburg, VA MSA
  - Buffalo-Niagara-Cattaraugus, NY CSA
  - Albany-Schenectady-Amsterdam, NY CSA
  - Rochester-Batavia-Seneca Falls, NY CSA

# LARGE CITIES

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- Arlington
- Baltimore
- Buffalo
- Chesapeake
- Erie, Pennsylvania
- Jersey City
- New York City

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- Newark
  - Norfolk
  - Pittsburgh
  - Philadelphia
  - Richmond
  - Rochester
  - Virginia Beach
  - Washington, D.C.

# STATE CAPITALS

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- Albany, New York
- Annapolis, Maryland
- Charleston, West Virginia
- Dover, Delaware
- Harrisburg, Pennsylvania
- Richmond, Virginia
- Trenton, New Jersey