Turner syndrome



SUBJECT:- MEDICAL BIOLOGY

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Turner Syndrome

Overview; What Is It?

- Turner syndrome (TS) is a chromosomal condition that describes girls and women with common features that are caused by complete or partial absence of the second sex chromosome.
- The missing genetic material affects development before and after birth.
- TS occurs in approximately 1 of every 2000-2500 live female births and approximately 10% of all miscarriages.



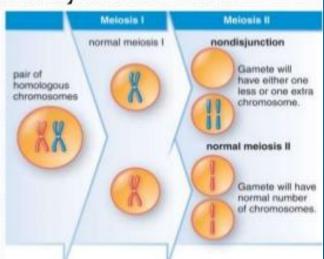
What causes Turner syndrome?

 Normally, a girl inherits one X chromosome from her mother and one X chromosome from her father. But girls who have Turner syndrome are missing one of their X chromosomes.

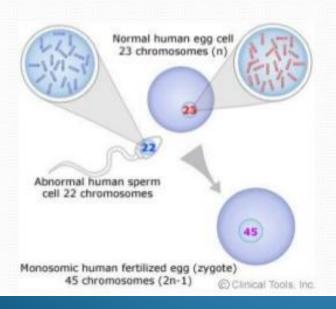
Turner syndrome is typically caused by what is called

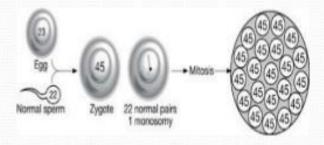
nondisjunction.

 Nondisjunction happens when a pair of sex chromosomes fails to separate during the formation of a sperm or egg.



- When sperm with no X chromosome unites with a normal egg to form an embryo, that embryo will have just one X chromosome (X rather than XX).
- As the embryo grows and the cells divide, the X chromosome will be missing from every cell of the baby's body.





- Researchers have not determined which genes on the X chromosome are associated with most of the features of Turner syndrome.
- They have, however, identified one gene called SHOX[1] that is important for bone development and growth. [1] [2]
- The loss of one copy of this gene likely causes short stature and skeletal abnormalities in women with Turner syndrome.

[1] SHOX: The official name of this gene is "short stature homeobox." Read more about the SHOX gene and the X chromosome.

Other names for Turner syndrome

- 45,X
- Monosomy X
- TS
- Turner's syndrome
- Ulrich-Turner syndrome

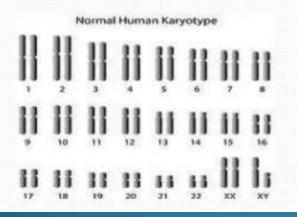


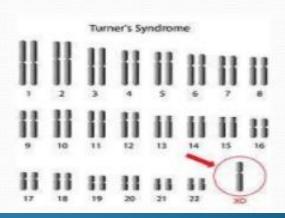
Types of Turner syndrome

- 1. X-Chromosome Monosomy
- 2. X-Chromosome Mosaicism
- 3. X-Chromosome Defects

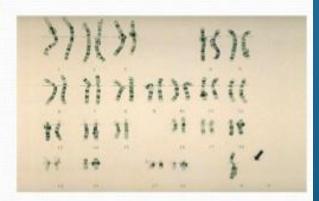
X-Chromosome Monosomy

 About 50 percent of individuals with Turner syndrome have Monosomy X, which means each cell in the individual's body has only one copy of the X chromosome instead of the usual two sex chromosomes.



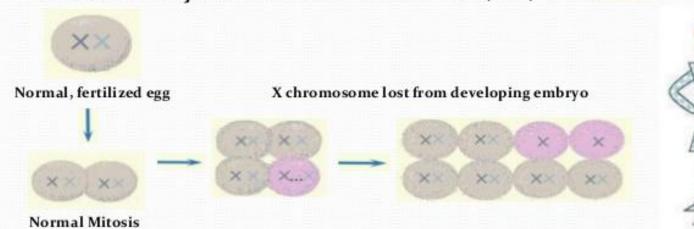


- During the process in which oocytes (eggs) or sperm are formed, one of the sex chromosomes is sometimes "lost".
- An embryo receiving only a Y-chromosome can not survive, but an embryo receiving only a Xchromosome may survive and develop as a female with Turner syndrome.
- [45XO] is known as classic TS.



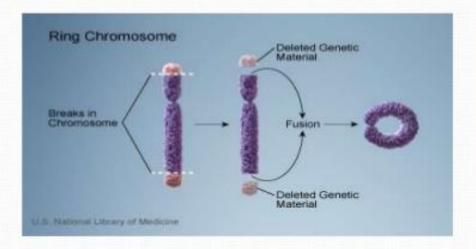
X-Chromosome Mosaicism

- About 30 percent of girls with the disorder are missing the X chromosome in just some of their cells.
- This mixed chromosome pattern is known as Turner mosaic. [46XX/45XO]
- Girls with this pattern may have fewer symptoms because they still have some normal (XX) cells.



X-Chromosome Defects

- about 20 percent of Turner syndrome cases, both X chromosomes are present, but one is abnormal.
- It may be shaped like a ring or missing some genetic material.



Symptoms of Turner syndrome

- The term 'syndrome' is used to describe a collection or combination of symptoms which result from a single cause, it does not necessarily mean that all are present in the person who has a syndrome.
- Girls with TS may have only a few or several of the features associated with TS, but short stature and infertility are nearly always present. [3] [6]
- Turner syndrome affects growth and sexual development.
- The most common feature of Turner syndrome is: [3] [5][7]

short stature

- The most common feature of Turner syndrome is short stature, which becomes evident by about age 5.
- Girls who have Turner syndrome are shorter than average. They often have normal height for the first five years of life, but then have a slow growth rate.
- At puberty they do not have the usual growth spurt.



Non-functioning ovaries

- Normally a girl's ovaries begin to produce sex hormones (estrogen and progesterone) at puberty. This does not happen in most girls who have Turner syndrome.
- However, most girls with Turner syndrome will not produce these sex hormones which means that:
- unlike other girls, they may not start their monthly periods naturally.
- they may not fully develop breasts.
- they may be infertile.

intelligence

- Most girls and women with Turner Syndrome are usually of normal intelligence with good verbal skills and reading skills.
- Some girls, however, have problems with math, memory skills and fine-finger movements.





Other symptoms of Turner syndrome:

- About 30 percent of females with TS have extra folds of skin on the neck (webbed neck).
- A low hairline at the back of the neck.
- A broad chest and widely spaced nipples.
- Puffiness or swelling (lymph edema) of the hands and feet.
- Small and narrow fingernails, toenails that turn up.
- Skeletal abnormalities.
- Kidney problems.



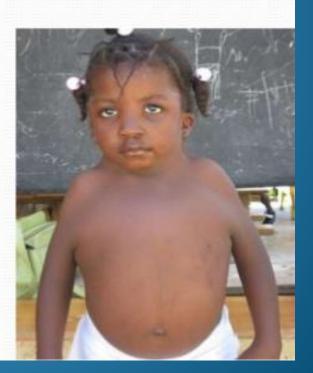


- A heart murmur, sometimes associated with narrowing of the aorta (blood vessel exiting the heart).
- A tendency to develop high blood pressure (so this should be checked regularly).
- Minor eye problems that are corrected by glasses.
- Scoliosis (deformity of the spine) occurs in 10 percent of adolescent girls who have TS.
- The thyroid gland becomes under-active in about 10 percent of women who have TS.



- Osteoporosis can develop because of a lack of estrogen.
- Arms that turn out slightly at the elbow.

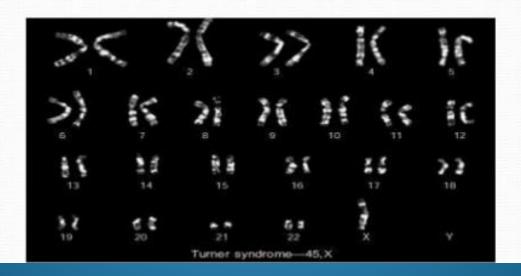




Diagnose of turner syndrome

- 1. before the baby is born: Turner syndrome may be diagnosed during pregnancy with chorionic villus sampling (CVS) or amniocentesis. Alternatively, an ultrasound (a machine that uses sound waves to look inside a mother's uterus) can identify the disorder by its physical symptoms.
- 2. About half of the cases are diagnosed within the first few months of a girl's life by the characteristic symptoms (swelling of the hands and feet, heart defect).

- 2. Other patients are diagnosed in adolescence because they do not grow normally or go through puberty.
- 3. A blood sample to make a karyotype (a chromosome analysis), because the diagnosis can be confirmed.



Treatment of Turner syndrome

- The best way to treat this disorder is:
 - Hormone replacement therapy [1]
- Hormone replacement therapy is usually started at the time of normal puberty, around 12 years.
- Teenagers are treated with growth hormone to help them reach a normal height.
- They may also be given low doses of androgens (male hormones that females also produce in small quantities) to increase height and encourage hair and muscle growth.
- Some patients may take the female hormone estrogen to promote sexual development.

- Babies born with a heart murmur or narrowing of the aorta may need surgery to correct the problem.
- Blood pressure should be checked routinely and, if necessary, treated with medication.
- Almost all women are infertile, but pregnancy with donor embryos may be possible.
- Having appropriate medical treatment and support allows a woman with Turner syndrome to lead a normal, healthy and happy life.

Is Turner syndrome inherited?

- Most cases of Turner syndrome are not inherited.
- While Turner syndrome is genetic in that it involves the loss or abnormal expression of X-chromosome genes, it is not usually hereditary.
- An error in cell division called nondisjunction can result in reproductive cells with an abnormal number of chromosomes.

- Turner syndrome affects all races, nationalities and regions of the world equally, and parents who have produced many unaffected children may still have a child with Turner syndrome.
- There are no known toxins or environmental hazards that increase the chances of Turner syndrome.



Interesting facts about Turner syndrome

- Turner Syndrome affects 60,000 females in the United States. This disorder is seen in 1 of every 2000 to 2500 baby girls, with about 800 new cases diagnosed each year.
- In 75-80% of cases, the single X chromosome comes from the mother's egg; the father's sperm that fertilizes the egg is missing its sex chromosome.
- Turner syndrome is named for Dr. Henry Turner, who in 1938 published a report describing the disorder.

- The average height of an untreated woman with Turner syndrome is 4 feet 8 inches.
- A female fetus (normally XX) that is missing one of its X chromosomes can survive, but a male fetus (normally XY) cannot. The X chromosome is a long DNA molecule with many genes that are needed for cells to function; it is essential for life. In contrast, the Y chromosome carries few genes and is not essential for life.

QUESTIONS AND ANSWER

- 1. What is Turner Syndrome?
- 2. What causes Turner Syndrome?
- 3. What are the other names for Turner Syndrome?
- 4. How many types of Turner Syndrome are there?
- 5. What are the Symptoms of Turner Syndrome?
- 6. How we can Diagnose Turner Syndrome?
- 7. What are the Treatment of Turner Syndrome?
- 8. Is Turner Syndrome inherited?
- 9. What is x-chromosome Monosomy?
- 10. What is x-chromosome Mosaicism?
- 11. What is x-chromosome Defects?

THANK YOU MAM