



About your world

Answer

Is there a lot of advice about lifestyle in newspapers and magazines in Russia?

Which opinions do you think are true?

I think, young people spend too much time on the Internet

Which opinions do you think are true?

I think, people who get up early are more productive

Which opinions do you think are true?

Multitasking is an essential modern skill

Answer

What common beliefs do people have about lifestyle in Russia?



What kind of lifestyle (occupation, free-time activities) do you have?

Key-words: active, boring, busy, creative, dangerous, energetic, exciting, interesting, peaceful, relaxing, stressful, tiring

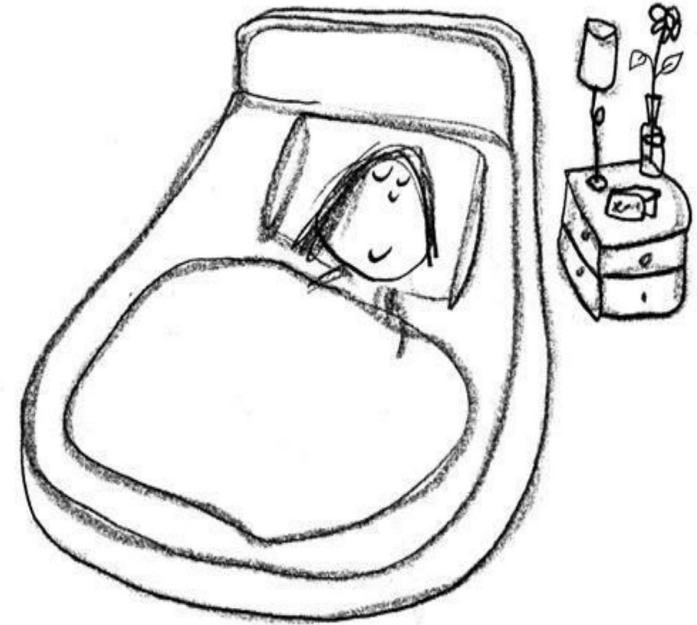
Underline the activities in the boxes that you never do or hardly ever do

- ▶ Going to the gym
- ▶ Doing your hair
- ▶ Looking after children
- ▶ Chatting to friends
- ▶ Doing paperwork
- ▶ Tidying up
- ▶ Playing video games
- ▶ Putting on make-up
- ▶ Climbing
- ▶ Collecting tickets
- ▶ Diving
- ▶ jogging

- ▶ Hanging out with friends
- ▶ Going on social networking sites
- ▶ Commuting
- ▶ Going shopping
- ▶ Relaxing
- ▶ Doing the ironing
- ▶ Texting
- ▶ Doing nothing
- ▶ Going to football matches
- ▶ Playing chess
- ▶ Surfing the Net
- ▶ Eating fruit and vegetables

**Let's discuss the
way you spend
your time**

HAPPINESS IS



*...not having to set
the alarm for the next day.*



**Are you happy with the way
you spend your time?**

Are these statements true or false for
you?

I spend too much time
sleeping

Are these statements true or false for
you?

I don't get enough
sleep

Are these statements true or false for
you?

I study / work for
too many hours

Are these statements true or false for
you?

I don't work/study enough

**Are these statements true or false for
you?**

**I spend a lot of time
looking after children /
other relatives.**

**Are these statements true or false for
you?**

I spend a lot of time
socializing and going out

**Are these statements true or false for
you?**

I spend too much of my time
on boring activities and tasks

Are these statements true or false for
you?

I never really stop –
I'm busy all day

Are these statements true or false for
you?

I find time for my
interests.

Are these statements true or false for
you?

I'd like to have more
time for my interests

**Are these statements true or false for
you?**

I sometimes feel bored
because I can't think
of anything to do

**Are these statements true or false for
you?**

I don't have enough
time for certain
important things in my life

**Are these statements true or false for
you?**

I often put off tasks
that I need to do

**Are these statements true or false for
you?**

I feel stressed because
I don't have enough
time to do everything

Are these statements true or false for
you?

I waste a lot of time
on things that aren't
useful

Answer

Do you enjoy meeting new people?

Answer

Do you find it easy to talk to people
you don't know?

Answer

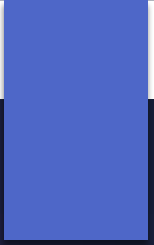
What questions can you ask someone when you have just met him/her?



**Describe the lifestyle of
your dreams.**



**Ask your partner about
his/her lifestyle.**



**You are going to give a
talk about doing
housework**

Housework

Clear the table



Housework

Do the cleaning



Housework

Do the cooking



Housework

Do DIY



Housework

Do the gardening

Housework

Do the ironing

Housework

Do the vacuuming

Housework

Do the washing

Housework

Do the washing-up

Housework

Lay the table



Housework

Look after the children

Housework

Look after the pets

Housework

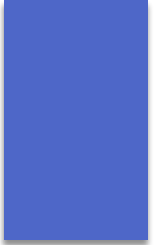
Make the beds

Housework

Tidy up the room

Answer

What jobs do you do
at home?



**"Every thing is Easy,
When you are Crazy
and
Nothing is Easy
When you are Lazy"**

www.sourcefb.com

British and American English



 apartment
 flat



 cab
 taxi



 can
 tin




 candy
 sweet



 chips
 crisps



 closet
 wardrobe



 cookie
 biscuit



 corn
 maize



 diaper
 nappy



 drapes
 curtains



 overalls
 dungarees



 elevator
 lift



 eraser
 rubber



 fall
 autumn



 faucet
 tap



 flashlight
 torch





 fries
 chips



 garbage
 rubbish





 gasoline
 petrol



 highway
 motorway



 hood
 bonnet



 jello
 jelly



 license plate
 number plate



 line
 queue





 mail
 post



 movie
 film



 pajamas
 pyjamas





 pants
 trousers



 Scotch tape
 Sellotape




 sidewalk
 pavement



 sneakers
 trainers





 soccer
 football



 stove
 cooker



 subway
 underground




 tire
 tyre





 truck
 lorry





 trunk
 boot





 vacation
 holiday



 vest
 waistcoat



 windshield wiper
 windscreen wiper



 yard
 garden



 zipper
 zip

Terrific Tips for Helpers

Children are active. They learn by doing. Give them lots of opportunities to explore and discover. Encourage them to try new things. Praise them for their efforts. Be patient. They will learn at their own pace. They will learn to follow directions. They will learn to share. They will learn to be helpful. They will learn to be kind. They will learn to be brave. They will learn to be happy. They will learn to be successful. They will learn to be great!



carry



come



drink



go



lead



ask



catch



cook



drive



hit



lift



bake



clap



cry



eat



hop



lock



bite



clean



cut



float



juggle



look



bounce



climb



dance



fly



jump



march



brush



close



dig



fold



kick



mix



build



color



draw



follow



knock



mop



call



comb



dream



give



laugh



open



1. get up
2. take a shower
3. brush *my** teeth
4. floss *my** teeth
5. shave
6. get dressed

7. wash *my** face
8. put on makeup
9. brush *my** hair
10. comb *my** hair
11. make the bed

12. get undressed
13. take a bath
14. go to bed
15. sleep

16. make breakfast
17. make lunch
18. cook/make dinner
19. eat/have breakfast
20. eat/have lunch
21. eat/have dinner

* my, his, her, our, your, their

Tell me about

**FAMILY AND
RELATIVES**

Tell me about

**HOW YOU
SPEND LAST
WEEKEND**

Tell me about

**THINGS YOU
LOVE**

Tell me about

**THINGS YOU
HATE**

Tell me about

**THINGS YOU
OWN**

Tell me about

**FAMOUS
PEOPLE
YOU'VE MET**

Tell me about

**PLACES
YOU'VE BEEN**

Tell me about

**YOUR
EDUCATION/JO
BS YOU'VE
DONE**

Tell me about

**PAST
RELATION-SH
IPS**

Tell me about

**SKILLS AND
ABILITIES YOU
HAVE**

Tell me about

**ILLNESSES/
ACCIDENTS/
ALLERGIES
YOU'VE HAD**

Tell me about

**UNUSUAL
EXPERIENCES
YOU'VE HAD**

Answer

- ▶ Do you think you have a healthy life style?

Key words and phrases



Answer

- ▶ Do you pay much attention to what you eat?

Answer

- ▶ Do you agree with the saying: "Eat your breakfast, share your lunch with a friend and give your dinner to your enemy"?
Why do people say so?

Answer

- ▶ Is obesity a great problem in where you live?

Answer

- ▶ How do you usually cope with stress?



HEALTHY LIFESTYLE

Answer

- ▶ Do you ever worry about your own mental health?

Answer

- ▶ What food have you never eaten but would really like to try?

Answer

- ▶ What's the most expensive thing you've broken?

Answer

- ▶ What's your cure for hiccups?

Answer

- ▶ What's the most ridiculous thing you have bought?

Answer

- ▶ What country is the strangest?

Answer

- ▶ What's the funniest word in the English language?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be alone for the rest of your life or always be surrounded by annoying people?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a horrible short term memory or a horrible long term memory?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather find your true love or a suitcase with five million dollars inside?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be able to teleport anywhere or be able to read minds?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather die in 20 years with no regrets or die in 50 years with many regrets?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather give up bathing for a month or give up the internet for a month?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a golden voice or a silver tongue?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have constantly dry eyes or a constant runny nose?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather lose your left hand or right foot?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a flying carpet or a car that can drive underwater?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have all traffic lights you approach be green or never have to stand in line again?

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be covered in fur or covered in scales

My weird questions from a strange teacher with **would rather**



- ▶ Would you rather live in a cave or live in a tree house?

My deep questions from a strange teacher

- ▶ What is the best way for a person to attain happiness?

My deep questions from a strange teacher

- ▶ Is it better for a person to have a broad knowledge base or a deep knowledge base?

My deep questions from a strange teacher

- ▶ Is it more important to help yourself, help your family, help your society, or help the world?

My deep questions from a strange teacher

- ▶ Is it better to be a big fish in a small pond or a small fish in a big pond?

My deep questions from a strange teacher

- ▶ Are there limits to human creativity?

My deep questions from a strange teacher

- ▶ Can a society exist without laws?

My deep questions from a strange teacher

- ▶ Has the invention of the atomic bomb made the world a more peaceful place?

My deep questions from a strange teacher

- ▶ What is a miracle that happens every day?

“

My surprise questions

”

IF YOU ANSWER, I'LL PUT YOU THREE PLUSES

Let's train your English and logic

**A 62 year old woman and a 16 year
old girl walk into a restaurant.
A man walked past and the women
both said, “HELLO FATHER”**

How is this possible?



СОЗДАНО В
Tryeng.ru

Two girls were born to the same mother, on the same day, at the same time, in the same month and year and yet they're not twins.

How can this be?



СОЗДАНО В
Tryeng.ru

**Where do you find roads without
vehicles, forests without trees
and cities without houses?**



СОЗДАНО В
Tryeng.ru