

Youth problems



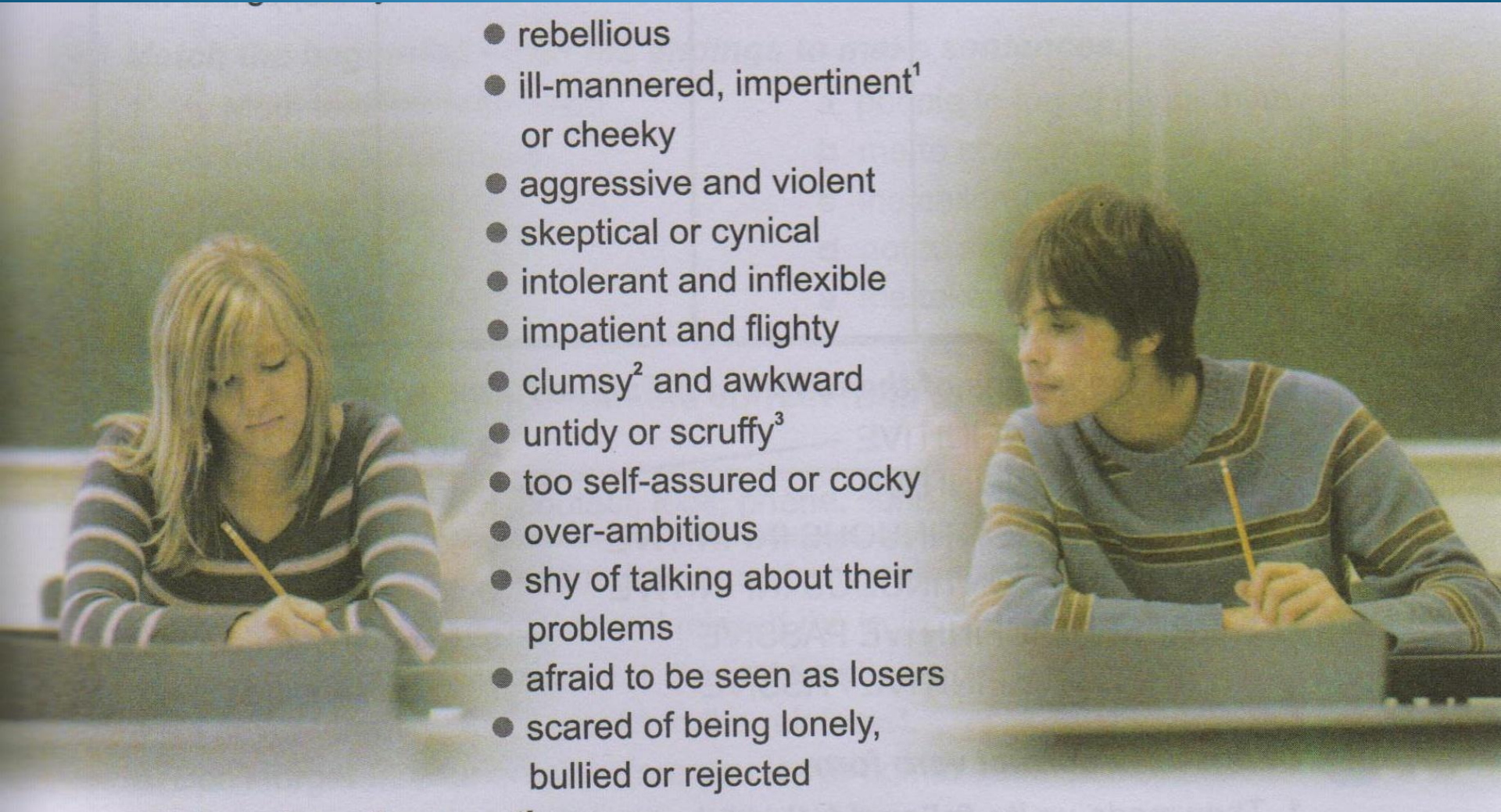
- Youth is a very complicated period when young people undergo the painful transition from childhood to independence.
- There are so many problems facing teenagers nowadays.
- It's difficult for young people to deal with these problems.

What are teenagers like?

- T
- E
- E
- N
- A
- G
- E
- R
- S

People think teenagers are

- rebellious
- ill-mannered, impertinent¹ or cheeky
- aggressive and violent
- skeptical or cynical
- intolerant and inflexible
- impatient and flighty
- clumsy² and awkward
- untidy or scruffy³
- too self-assured or cocky
- over-ambitious
- shy of talking about their problems
- afraid to be seen as losers
- scared of being lonely, bullied or rejected



Youth problems

Physical health



Generation Gap



Relationships with friends





Appearance and Clothes

Bullying



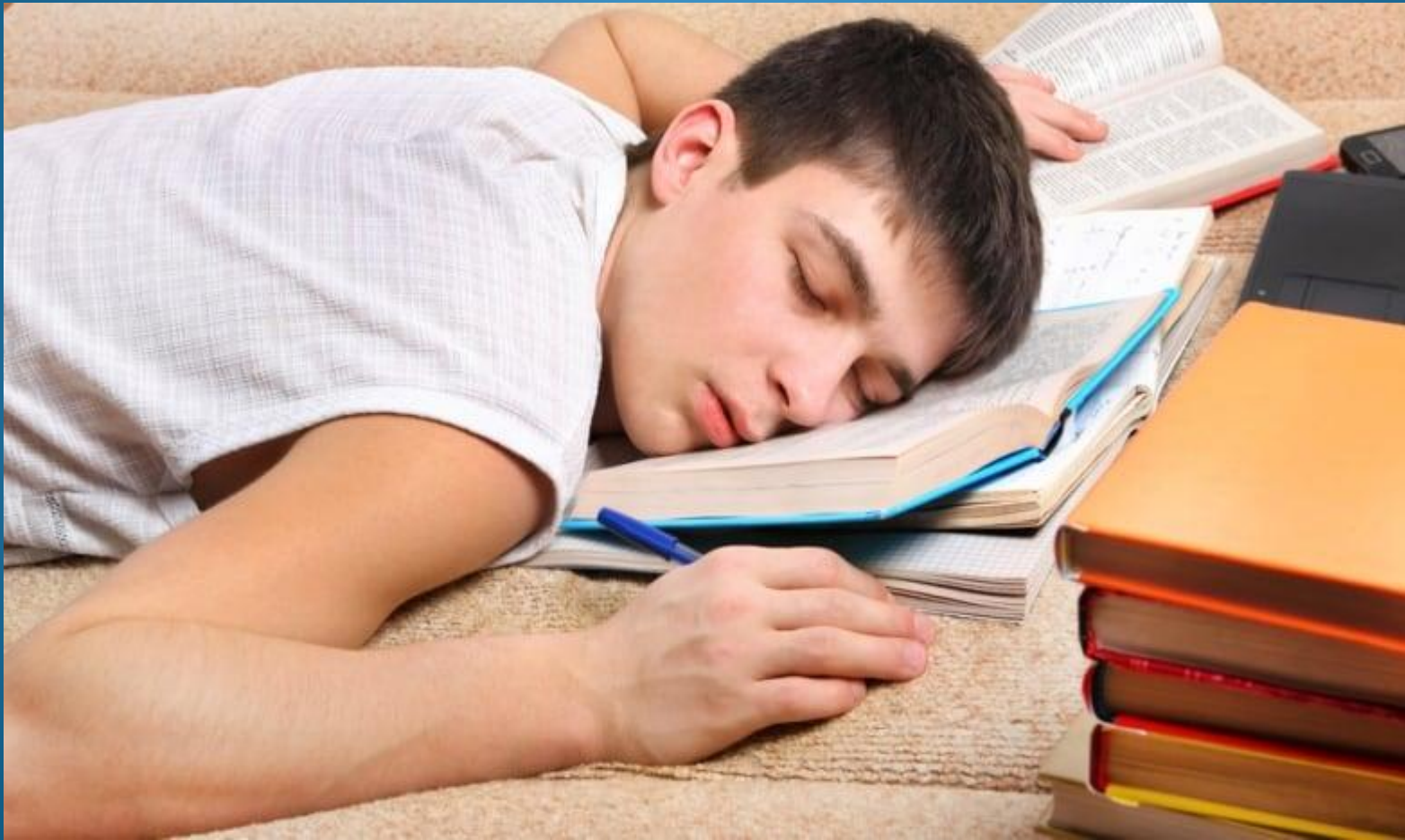
First love



School marks



Being overworked at school



Alcohol and drug abuse



Pregnancy and sex





Earning money

 Lifehack



Youth problems:

- Physical health |'fɪzɪk(ə)l helθ| фізичне здоров'я;
- Generation Gap |dʒenə'reɪʃ(ə)n ɡæp| – конфлікт поколінь;
- Relationships with friends |rɪ'leɪʃnʃɪps| відносини з друзями;
- Appearance and clothes |ə'prɪər(ə)ns| |kləʊ(ð)z| – зовнішність та одяг;
- Earning money |'zɪnɪŋ 'mʌni| – заробіток грошей;
- Bullying |'bʊlɪŋ| – цькування, залякування;
- Alcohol and drug abuse |'ælkəhɒl drʌɡ ə'bju:s| – зловживання алкоголем і наркотиками;
- Being overworked at school – |'bi:ɪŋ ,əʊvə'wɜ:kt| велике шкільне навантаження;
- Pregnancy and sex |'pregnənsi| – вагітність і секс.

Physical health

Generation gap

Relations with friends

Future

Earning money

Appearance and
clothes

Youth problems

Bullying

First love

School marks

Alcohol and drug
abuse

Listening

- Words:
- a growing tendency - зростаюча тенденція;
- underpaid – недоплачений;
- a minimum wage - мінімальна заробітна плата.

Listening

Listen to the interview with Benjamin Wilkinson, who is a school official from York, England. Choose the most suitable item to finish each sentence (1-4).

- 1 The interview is about ...
 - a) schoolchildren not having enough pocket money
 - b) schoolchildren getting jobs
 - c) schoolchildren leaving schools early

Listening

- 2 One of the two jobs most popular with teenagers is
- a) *taking care of babies and children while their parents are out*
 - b) *washing the dishes in cafes and restaurants*
 - c) *house cleaning*
- 3 Compared to grown-ups, teenagers are
- a) *fairly paid*
 - b) *overpaid*
 - c) *underpaid*
- 4 Doing a part-time job can turn out to be a problem because
- a) *working schoolchildren spend too much time at work and don't see their parents*
 - b) *working schoolchildren cannot fully concentrate on their studies*
 - c) *working schoolchildren cannot be allowed to spend more than two or three hours at work*

Read the text and fill in the gaps in it. There are two words
you don't need to use:

*politics, part-time, problems, spots, boring, money, chore,
appearance, guy, drugs, grades, hours, semester*

I am a teenager so my life isn't easy. I have many _____. My parents want me to get good _____ at school. But I have so many subjects at school and some of them are extremely _____. I have to do much homework and to read many foolish books, while some teachers don't understand that their subjects are not the most important things in my life. Some of my friends worry a lot about their _____ and their teenage _____ which spoil our lives! I must confess that _____, alcohol and AIDS don't really bother me or my friends. The same I should say about _____. What we really care about is how to impress a cute _____ or an attractive girl. Of course I, like many other teenagers, have problems with _____. Some of my friends found a _____ job in order to have an opportunity to earn some money. But despite all these problems, the life of a teenager today isn't a _____, it is still fun.

*politics, part-time, problems, spots, boring, money, chore,
appearance, guy, drugs, grades, hours, semester*

I am a teenager so my life isn't easy. I have many _____ problems. My parents want me to get good _____ grades in school. But I have so many subjects at school and some of them are extremely _____. I have to do much boring homework and to read many foolish books, while some teachers don't understand that their subjects are not the most important things in my life. Some of my friends worry a lot about their _____ appearance and their teenage _____ spots which spoil our lives! I must confess that _____ drugs and AIDS don't really bother me or my friends. The same I should say about _____. What we really care about is how to impress a cute _____ or a _____ guy. Of course I, like many other teenagers, have problems with _____. Some of my friends found a _____ part-time job in order to have an opportunity to earn some money. But despite all these problems, the life of a teenager today isn't a _____, it is still fun. _____ chore.

Read the teenager's letters published in a youth magazine. Give them advice.



Hi. My name is Helen. I'm 16.
I have a problem with my mum.
She doesn't like my boyfriend. She
doesn't trust him and doesn't let me
to hang out with him. I'd like that
my mum respect my choice. I'm not
a child any more!



My name's David. Recently I changed
my school and now I have problems with
my new classmates. They always make fun
of me and tease me because of my nationality.
It's too difficult for to adapt.



Hi! I'm Jess. My father forgot about me!
I understand that it's very difficult to find a well-
paid job. My dad has one and he has to work
hard and little
time is left to spend with me. I don't even
remember when
he talked to me last time. It's not right I think!



Hello! I'm Nora. My dad
And mum are ok, but they
have too much control
over me and I lack of privacy.
When I go out with friends,
I always have to be back home
by 10 p.m. I have to ask
permission for everything.
It doesn't fair.

Speech patterns

Why don't you...? Чому б тобі не ...?

You really ought to... Тобі слід би було ...

How about...? Як щодо...?

If I were you, I'd... На твоєму місці я б...

The best thing you can do is to... Найкраще, що ти міг би
зробити ...

I advise you to... Я раджу тобі ...

I suggest... Я пропоную...

Cheer up! Не журися! Не падай духом!

Take it easy! Заспокойся! Не бери до серця!

There is no need to get so upset. Не треба так засмучуватися.

Emotions

- Alarm – тривожити,
- Annoy – дратувати,
- Bore – нудьгувати,
- Depress – пригнічувати,
- Excite – захоплювати,
- Embarrass – бентежити,
- Exhaust – виснажувати,
- Scare – лякати,
- Interest – цікавити,
- Surprise – дивувати,
- Shock – шокувати
- Worry – турбувати

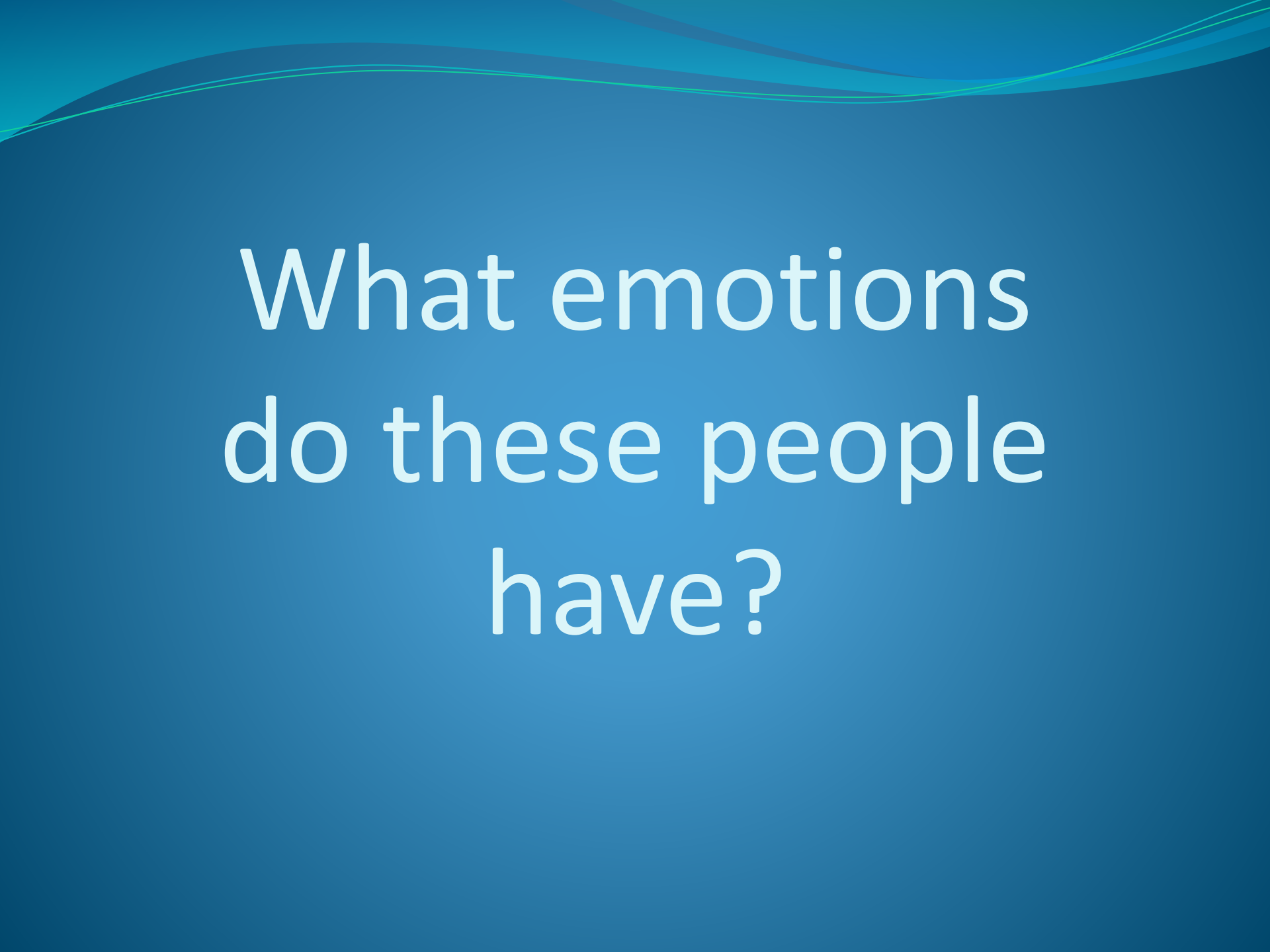
● I am Ved

● I feel

- Alarm – тривожити,
- Annoy – дратувати,
- Bore – нудьгувати,
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- Shock – шокувати
- Worry – турбувати

- Ving NOUN

- Fact
- Situation
- Film
- Book
- News
- Work



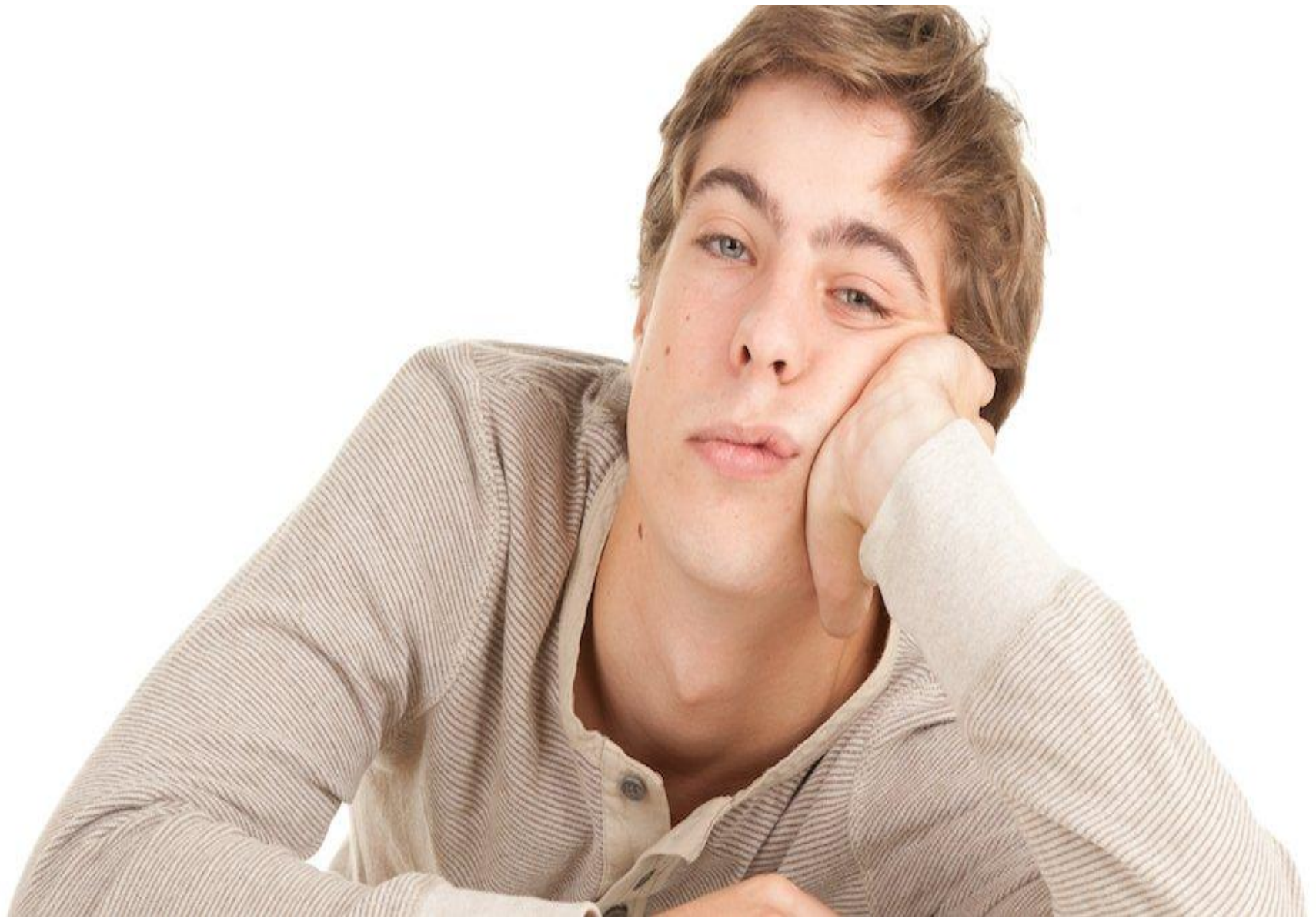
What emotions
do these people
have?











7 golden rules for a happy life

- keep things in perspective
оцінювати ситуацію в
цілому;
- treasure ['trezə] цінувати;
- compare [kəm'preə]
порівнювати;
- judge ['dʒʌdʒ]
осуджувати.





7 GOLDEN RULES FOR A HAPPY LIFE

How to be happy?



Enjoy life!

Talk about your
problems!

Be active!

Trust and
respect your
parents!

Help others!

You are unique!

Have a hobby!

Say "No" to bad
habits!





“Life is an opportunity, benefit
from it.

Life is beauty, admire it.
Life is a dream, realize it.
Life is a challenge, meet it.
Life is a duty, complete it.
Life is a game, play it.
Life is a promise, fulfill it.
Life is sorrow, overcome it.
Life is a song, sing it.
Life is a struggle, accept it.
Life is a tragedy, confront it.
Life is an adventure, dare it.
Life is luck, make it.
Life is too precious, do not destroy it.
Life is life, fight for it.”

— Mother Teresa  PicMonkey

CROSSWORD

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| G | U | R | F | S | D | M | N | D | O | P | Z |
| E | F | K | H | P | R | A | F | I | S | H | A |
| N | Y | R | O | A | U | I | H | S | W | O | F |
| E | O | I | N | I | G | H | T | C | L | U | B |
| R | U | D | E | F | S | D | B | O | D | B | F |
| A | T | O | S | R | C | M | U | S | I | C | I |
| T | H | U | T | K | M | A | O | I | E | T | T |
| I | C | M | W | V | N | M | T | H | O | P | N |
| O | H | S | M | O | K | I | N | G | P | Q | R |
| N | F | C | N | Z | Q | H | T | E | E | N | S |

Key – words: generation, youth, honest, drugs, rude, discos, nightclub, music, smoking, teens.

CROSSWORD

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| G | U | R | F | S | D | M | N | D | O | P | Z |
| E | F | K | H | P | R | A | F | I | S | H | A |
| N | Y | R | O | A | U | I | H | S | W | O | F |
| E | O | I | N | I | G | H | T | C | L | U | B |
| R | U | D | E | F | S | D | B | O | D | B | F |
| A | T | O | S | R | C | M | U | S | I | C | I |
| T | H | U | T | K | M | A | O | I | E | T | T |
| I | C | M | W | V | N | M | T | H | O | P | N |
| O | H | S | M | O | K | I | N | G | P | Q | R |
| N | F | C | N | Z | Q | H | T | E | E | N | S |

Key – words: generation, youth, honest, drugs, rude, discos, nightclub, music, smoking, teens.

Homework

- Exercise 9 page 226. Do the project. Design your poster or leaflet about one of the problems and be ready to present before the class.
- Exercise 4 page 247.

So You Think It's

**BUT HAVE YOU STOPPED
TO THINK WHAT IT CAN
DO TO YOUR BODY?**

STOMACH

Too much beer can lead to your putting on weight. In addition, heavy drinking can cause stomach ulcers¹.

HEART

Although moderate drinking can protect against heart disease; too much alcohol is connected with high blood pressure, irregular heartbeat and the risk of strokes and heart disease.

MOUTH

Heavy drinking can cause oral cancer. It also makes your breath smell. Who wants to kiss a drunk?

BRAIN

Alcohol slows down brain activity, which makes you feel more relaxed, but which also down your reactions. Consequently, drunk people are more likely to be victims of violent crime, house fires and car crashes.

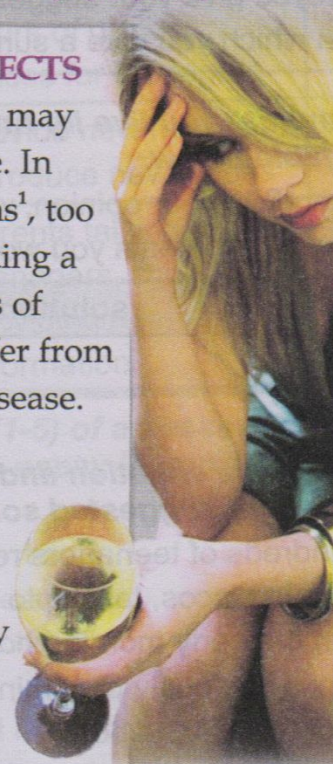
Cool to Get Drunk?

OTHER PSYCHOLOGICAL EFFECTS

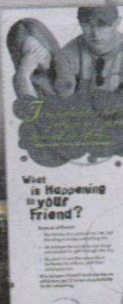
In the long term, heavy drinkers may risk depression and even suicide. In addition, by removing inhibitions¹, too much drink can lead to you making a fool of yourself. In extreme cases of alcohol abuse, drinkers may suffer from hallucinations and even brain disease.

OTHER PEOPLE

But it's not just your body that's at risk. If you drink heavily, it can affect those around you and disrupt² or even destroy your relationships with family and friends.



**SO IF YOU ARE GOING TO HAVE
A DRINK, JUST TAKE IT EASY!**



Suicide Alcohol
Dating Violence Rape
Obesity Drugs
Depression
Smoking Pregnancy
Verbal Abuse Bullying
Anxiety Eating Disorders

Once you choose



anything's possible!
-Christopher Reeve

4

Example: 0 distress

b The lost boys' parents were suffering great pain, they felt so *distressed*.

1 interest

b The film was ...

2 exhaust

b The job was really ...

3 bore

b She finds opera ...

4 embarrass

b We all felt

5 excite

b The performance was so ...