

Proverbs dealing with food

- *Early to bed and early to rise makes a man healthy, wealthy and wise.*
- *Health is above wealth.*
- *An apple a day keeps a doctor away.*
- *Eat to live but don't live to eat.*
- *Eat at pleasure but with measure.*
- *Appetite comes with eating.*

Conditional sentences (Conditionals). (Условные предложения).

- type 0 conditionals (Zero conditionals)
- type 1 conditionals
- type 2 conditionals
- type 3 conditionals
- conditionals with *wish* / *if only*

Zero Conditionals

express a general truth or a scientific fact

If\When + Present Simple --- Present Simple

If we **heat** ice, it **melts**.

If you **freeze** water, it **turns** into ice.

If I **am** late, my father **takes** me to school.

When I **am** late, my father **takes** me to school.

Type 1 conditionals

express real or probable situations in the present or future

If + Present Simple --- Future Simple (will + V)

If the weather **is** fine, we **will go** for a walk.

She **will get** the job **if** she **does** well at the interview.

You'll **feel** just great **if** you **eat** healthy food.

Type 2 conditionals

express unreal situations in the present or future

If + Past Simple/Continuous --- would + V

If I had much money, I would buy a car.

I would help you if I had more free time.

If I were you, I would stay in.

Type 3 conditionals

*express unreal situations in the past
(regret)*

If + Past Perfect/Continuous --- would + V3

If I had studied harder, I would have passed the exams.

If I had known his mobile number, I would have called him.

wish / if only

- *express a wish in the present*

I **wish** I were on holiday. (but I'm not)

- *express regret in the past*

I **wish** you *had been* more careful. (but you weren't)

- *express a wish for a situation to change*

I **wish** he *would stop* lying. (but I don't think he will)

If only I *were* more sociable/ *had* a lot of money.

If only is more emphatic or more dramatic.