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Problems with Spine



# Spine-Related Problems

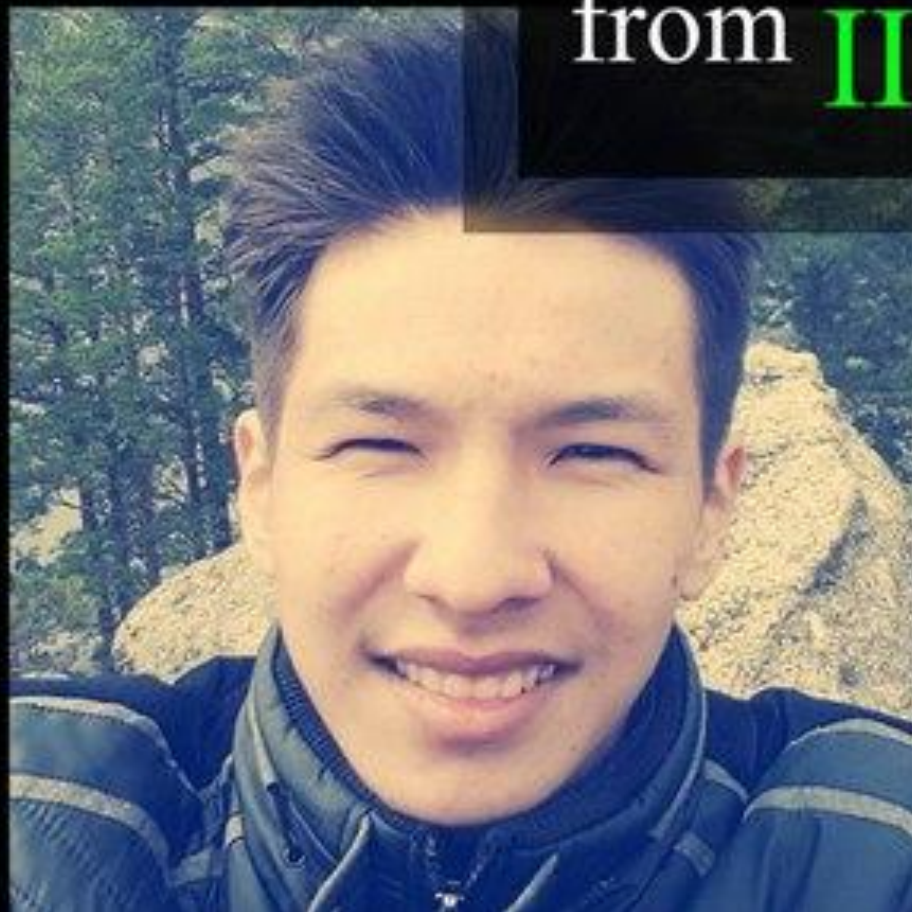


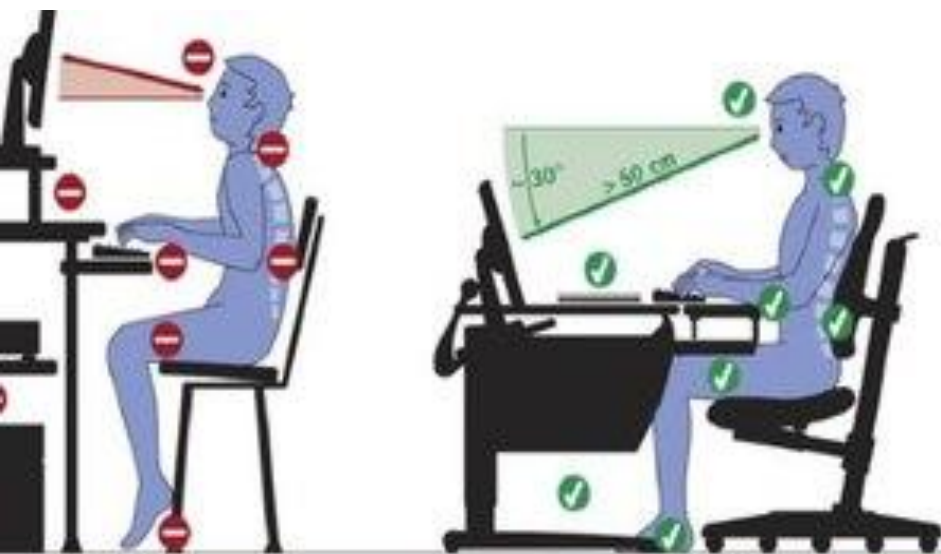
When we use  
**computer**





two students  
from IITU





How **to solve** it?

- 1) to sit correctly
- 2) play sports
- 3) to sleep

Thank you for attention

