

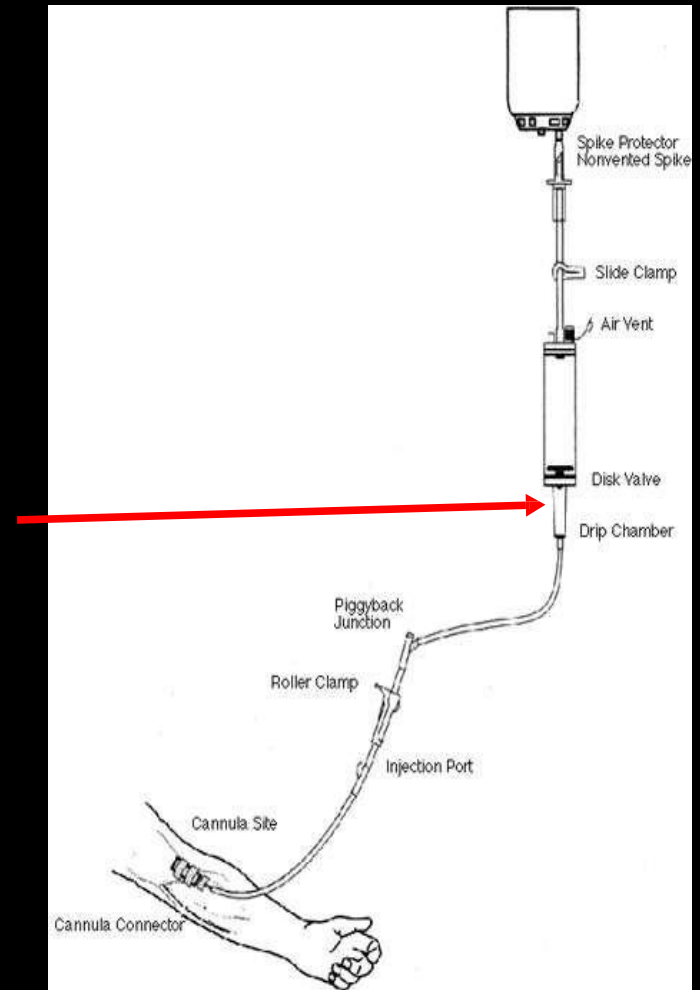
# **IV THERAPY**

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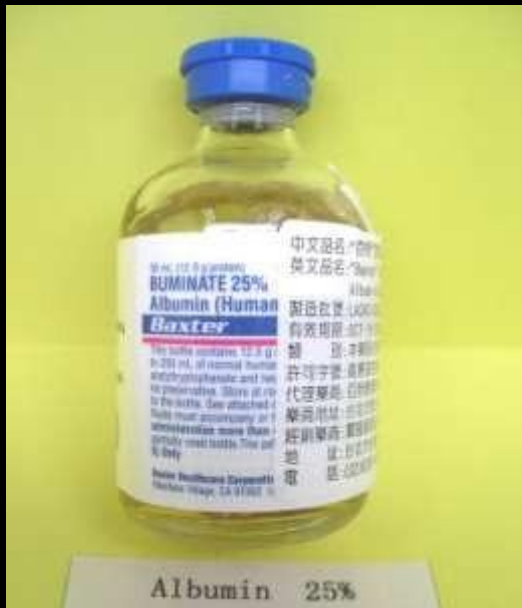
# IV THERAPY - AN OVERVIEW

- Intravenous therapy or **IV therapy** is the giving of liquid substances directly into a vein.
- Compared with other routes of administration, the **intravenous** route is the fastest way to deliver fluids and medications throughout the body.
- It is commonly referred to as a **drip** because it employs a drip chamber, which prevents air entering the blood stream (air embolism) and allows an estimate of flow rate.



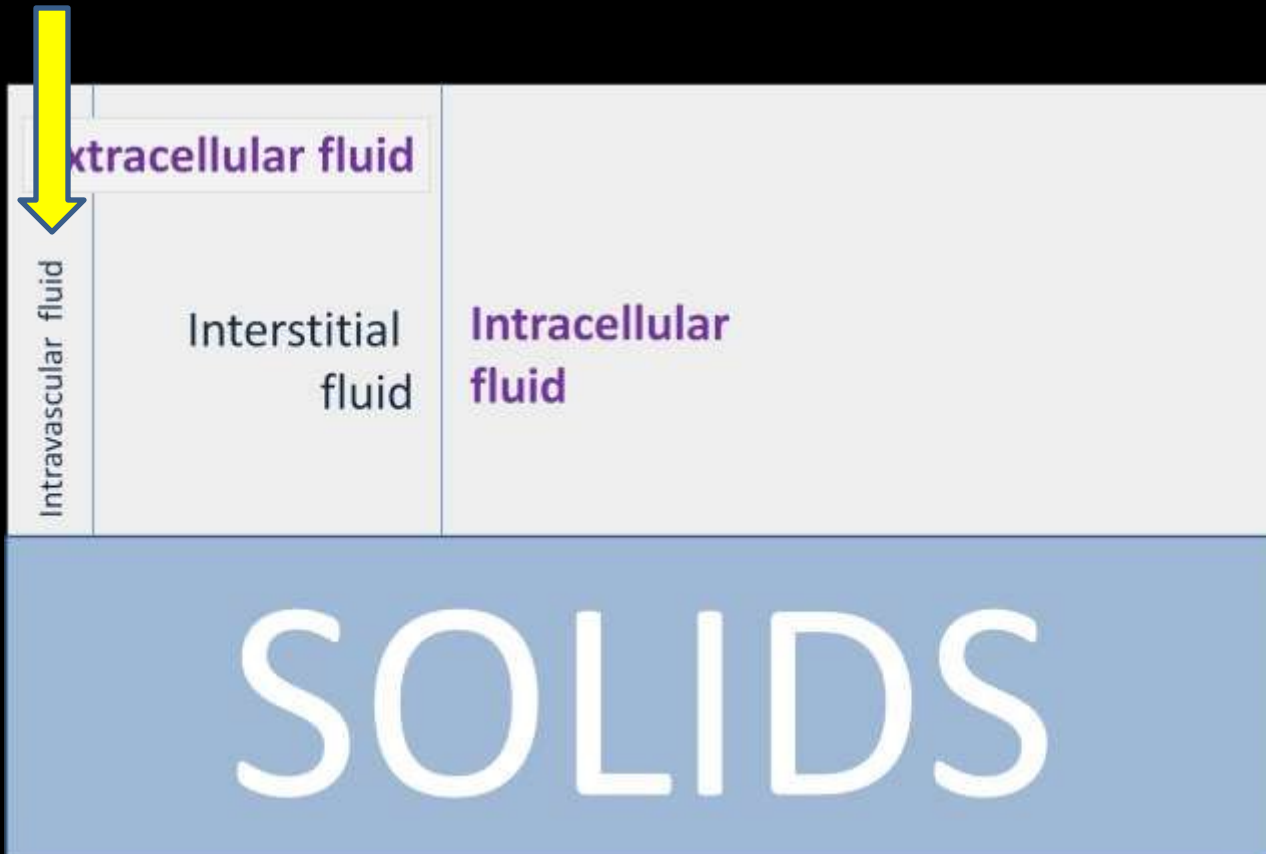
# IV Fluids

- Crystalloids
- Colloids



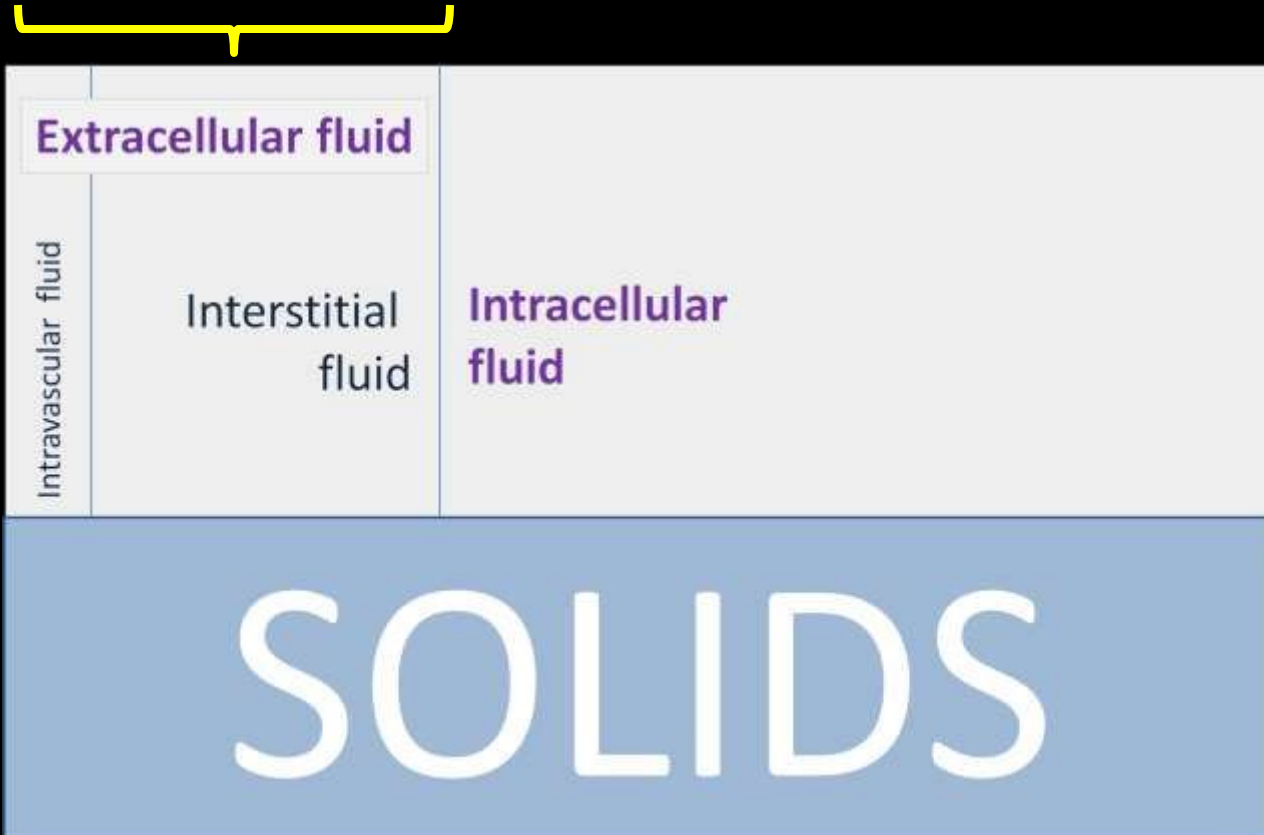
# IV Fluids

- Colloids



# IV Fluids

- Crystalloids



# IV Fluids

- Colloids



- Contain larger insoluble molecules, such as albumen.
- Preserve a high colloid osmotic pressure in the blood
- Blood itself is a colloid.

# IV Fluids

- Colloids



# IV Fluids

- **Crystalloids**

- Aqueous solutions of water- soluble molecules.
- The most commonly used crystalloid fluid is *normal saline*=, a solution of sodium chloride at 0.9% concentration, which is the same as the concentration in the body (isotonic).



- **What is isotonic?**
- **What is Iso-osmolar ?**



# IV Fluids

- Crystalloids

Composition of common crystalloid solutions					
Solution	Other Name	[Na <sup>+</sup> ] (mmol/L)	[Cl <sup>-</sup> ] (mmol/L)	[Glucose] (mmol/L)	[Glucose] (mg/dl)
D5W	5% Dextrose	0	0	278	5000
2/3D & 1/3S	3.3% Dextrose / 0.3% saline	51	51	185	3333
Half-normal saline	0.45% NaCl	77	77	0	0
Normal saline	0.9% NaCl	154	154	0	0
Ringer's lactate	Lactated Ringer	130	109	0	0
D5NS	5% Dextrose, Normal Saline	154	154	278	5000

# IV Fluids

- Crystalloids

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**? Isotonic/ Hypertonic ?**

# IV Fluids

- Crystalloids

Composition of common crystalloid solutions

Solution	Other Name	[Na <sup>+</sup> ] (mmol/L)	[Cl <sup>-</sup> ] (mmol/L)	[Glucose] (mmol/L)	[Glucose] (mg/dl)
D5W	5% Dextrose	0	0	278	5000
2/3D & 1/3K		51	51		
Half-normal saline		77	77		
Normal saline		154	154		
Ringer's lactate		130	109		
D5NS	Saline	154	154	278	5000

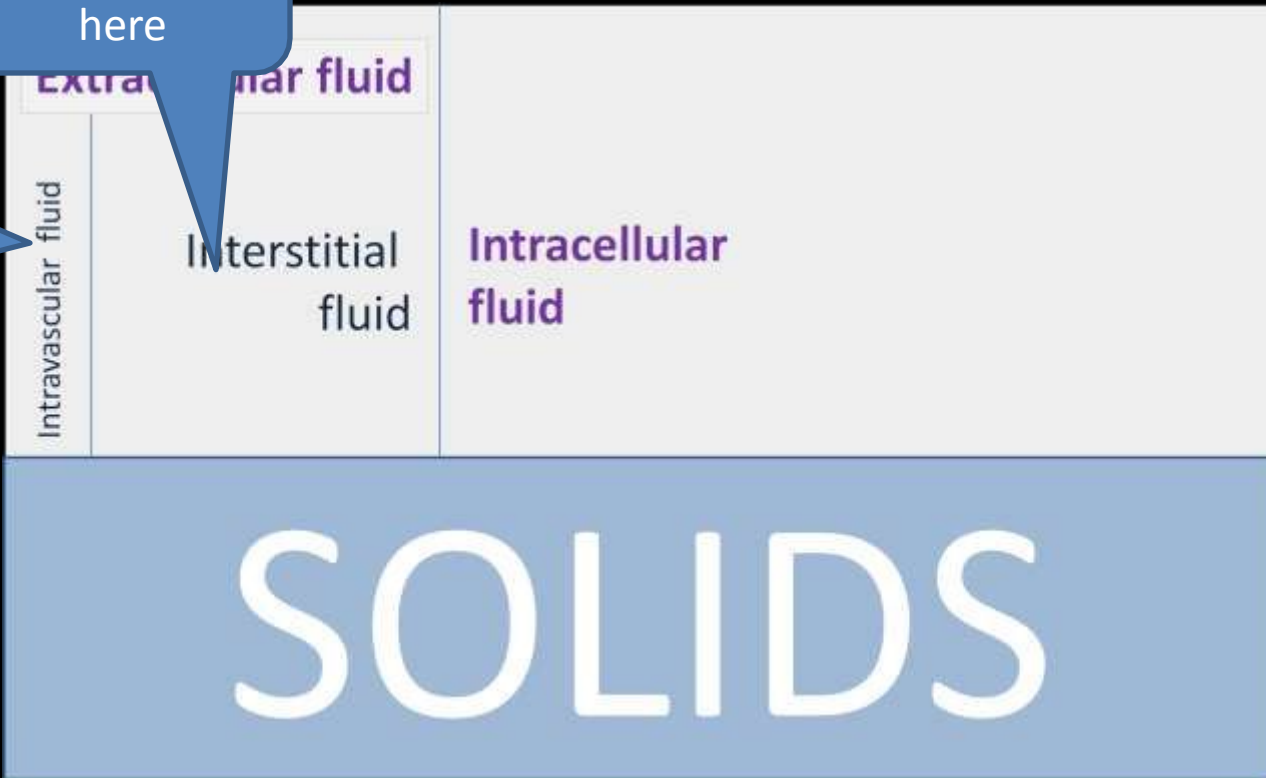
- When giving KCl in the treatment of hypokalemia, don't add it to solutions containing Dextrose.

- When giving Dextrose containing solutions, add KCl to prevent hypokalemia

# Distribution of fluid in human body

Crystalloids move up to here

Colloids stay here



## **Risks and complications of IV THERAPY**

1. Infection
2. Phlebitis
3. Infiltration and  
extravasation
4. Embolism
5. Fluid overload
6. Electrolyte Imbalance

# Electrolytes

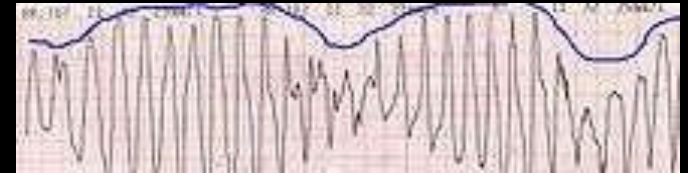
- Sodium 135 – 145 mmol/L
- Potassium 3.5 – 5.0 mmol/L
- Calcium 2.12 – 2.75 mmol/L  
( Ionised calcium 1.0-1.3 mmol/L)
- Magnesium 0.75 – 2.2 m Eq/L
- Phosphorous 0.81 – 1.20 mmol/L

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Hypokalemia

Hyperkalemia



**THANK YOU**