

1) Unforgettable experience with dolphins



You're considering swimming with dolphins



- 1) price
- 2) age restrictions
- 3) number of dolphins to swim with
- 4) taking photos
- 5) video shooting
- 6) a photo opportunity with a dolphin
- 7) the guidance of experienced instructors
- 8) the temperature in the pools
- 9) location

Centre of swimming with dolphins



- **A Good Mood and Joy for the Entire Day**
- Moskvarium's Centre of Swimming with Dolphins is a unique place. 7 brand new hi-tech swimming pools are at your service.
- Gain an amazing experience and energy while swimming with these smart, playful and friendly animals under the guidance of experienced instructors, and hear their charming underwater noises. All the locker rooms at the swimming pools are equipped with separate shower cabins.
The temperature in the pools is +22° C (71,6° F).
The centre is situated at Moskvarium, VDNKh, 119 Prospekt Mira, building 23, entrance 17, Moscow.

Phone: +7 495 739 00 91

E-mail: swim@moskvarium.ru

The box office at the Centre is open until 10 pm.

- **[SEND A REQUEST](#)**

Taking photos



- And 27 per cent take photos of their meal.
- No one on the review panel will meet your relative, so take photos of them to personalise your case.
- It was certainly popular with tourists as car after car turned up, with people all jumping out to take photos.
- What a great photo opportunity that would have provided.
- A photo opportunity with one of his closest allies would signal a rapprochement that has no basis in fact.

Video shooting



- When people shoot a film or shoot photographs, they make a film or take photographs using a camera
- *He'd love to shoot his film in Cuba.*
- *Three CBS cameramen were on site to shoot and edit taped reports.*
- *a barn presently being used for a video shoot.*

How to ask for the information



- 1) How much does it cost to swim with a dolphin?
- 2) What are the age restrictions for those who want to swim with dolphins?
- 3) What is the number of dolphins to swim with?
- 4) Is taking photos allowed?
- 5) Do you allow visitors to shoot a video with dolphins?
- 6) Do you provide a photo opportunity with a dolphin?
- 7) Do you offer the guidance of experienced instructors?
- 8) What is the temperature in the pools for swimming?
- 9) Where is your centre located?

2) Best place for a children's party



You're looking for a place for a children's birthday party



- 1) location
 - 2) desserts and beverages (dɪzɜːrt)
 - 3) entertainment programme
 - 4) maximum number of guests
 - 5) possibility to bring a birthday cake with you
 - 6) activities for children
 - 6) the possibility to choose an activity
 - 7) pre-school parties
 - 8) booking online
-
- To provide / offer a varied programme of entertainment

Sports Parks



- If your little one is a sports lover then the best option for you to plan his/her birthday party is in a sports park. Such venues offer various sports activities like Gymnastics, Climbing, Archery, Football, Trampolining etc. Whichever of the sport is loved by your child can be chosen for the party.
- Such kids party venues can be selected for 5 years old to 15 year olds. For kids under 5 years of age, there is usually a pre-school gymnastic party keeping in mind the needs of the children. So book it before someone else hits the goal.

How to ask for information



- 1) Where do you hold parties for children?/ Where is your centre for children's parties located?
- 2) What kind of desserts and beverages do you offer/ have?
- 3) What is the entertainment programme for children?
- 4) What is the maximum number of guests you can invite?
- 5) Can we bring a birthday cake with us?
- 6) What (recreational) activities for children do you offer?
- 7) Can we choose an activity/ a range of activities for our children?
- 8) Are there pre-school parties in your centre?
- 9) Is it possible to book a party online?

3) Join our ceramics classes



You are considering taking ceramics classes



- 1) minimum age
- 2) price
- 3) classes duration
- 4) individual classes
- 5) Expert tuition / teaching
- 6) materials fee
- 7) a range of workshops
- 8) studio place for rent
- A range of – a variety of / a collection of/ an assortment of

Ceramics Studios



- **Clayworks on Columbia**

Located in Brooklyn and with square footage to spare, this highly professional operation is the home base for many successful artists in New York City.

- **Supermud Pottery**

Established more than 30 years ago, Supermud provides classes for beginners as well as rentable studio space for veteran ceramists. Seasonal bonus? Summer camps are about to start—in case your child still has an unscheduled week or two.

How to ask for information



- What is the fee for the materials provided in your studio?
- How much does the expert tuition cost?
- What is the range of workshops provided?
- How long does a class last?
- Do you offer individual classes?
- How much does it cost to have ceramics classes in your studio?
- Is it possible to rent a studio place?

4) Try vertical wind tunnel



You are considering trying a vertical wind tunnel



- 1) price per flight
- 2) flight duration
- 3) equipment
- 4) safety precautions/ safety measures
- 5) health restrictions
- 6) special preparation
- 7) the necessity to complete a training course
- 8) contact details
- 9) booking a flight online
- 10) location

For those who are trying



- **VERTICAL WIND TUNNELS** are the safe and effective training system for professional and amateur skydivers, plus a unique way to hone different acrobatic aerial skills and tricks. In addition, exercising in a wind tunnel helps you lose weight, improves coordination and puts a higher load on muscles that are not usually involved in workouts.
- No special preparation required! All you need is to listen to the safety briefing and complete a short training course.
- **RESTRICTIONS**
- Certain health restrictions apply (please consult with your doctor first)
- Anyone under the influence of alcohol or drugs will not be permitted to fly. Pregnancy at any stage is also prohibited for training.
- To learn more and book a flight, please call us at [4242](tel:4242465575) [465-575](tel:465575), [8-914-756-89-40](tel:89147568940) (26-89-40). After booking your flight and paying the fee, make sure to arrive 30 minutes before your scheduled time.

The vertical wind tunnel facility is located at Dream Flight Come True, 7 Venskaya St. (near the Santa Resort Hotel), Yuzhno-Sakhalinsk, Russia.

How to ask for information



- 1) How much does it cost to try a vertical flight?
- 2) How long does a vertical flight cost?
- 3) Do you provide a special equipment for a flight?
- 4) What are safety measures / safety precautions to take?
- 5) Are there any health restrictions for exercising in a wind tunnel?
- 6) Is special preparation required?
- 7) Is it necessary to complete a training course before a vertical flight?
- 8) What are your contact details?
- 9) Can I book a flight online?
- 10) Where are you located? Where is the vertical wind tunnel facility located?

5) Learn how to take photos professionally



You are considering attending classes at a new photography school



- 1) date of opening
- 2) personal camera to bring with
- 3) professional camera to rent
- 4) photo background options
- 5) beginner course price
- 6) skill level / skill set
- 7) darkroom processes
- 8) genres of photography
- 9) the objectives of the course
- 10) other disciplines

To read on a photography course



- Presented by the MPS Digital Photography program at the School of Visual Arts (SVA) in New York City, the lecture series titled i3: Images, Ideas, Inspiration features presentations by a wide array of digital photographers, hardware and software developers, and photography industry experts.
- More than 100 lectures are available to watch for free on SVA's YouTube channel, and some are posted in Apple Podcasts for listening. The program itself, according to SVA, "addresses the technical, conceptual, and creative needs of professional photographers, photographic educators, and visual arts professionals who are looking to advance their skills in digital image capture, asset management, and high-quality output." That means you'll get a rundown of all the problems a photographer might encounter, in-depth education on cameras, and a background in photography theory.
- Browse through the options and start with a lecture that piques your interest. Guest lecturers bring their own expertise and unique point-of-view of photography to the table, whether it's from a perspective of fine art, commercial, fashion, documentary, curation, or filmmaking. The program truly offers something for every style.

How to ask for information



- 1) What is the opening day in a new photography school?
- 2) Do we have to bring a personal camera for a class?
- 3) Can we rent a professional camera in your photography school?
- 4) Do you offer any photo background options? What are the options of the backgrounds of photos? Are any photo background options available?
- 5) How much does a beginner course cost?
- 6) What skill level/ set is need to take a photography course?
- 7) Is there a darkroom to process a film? Are darkroom processes included in the photography course?
- 8) What genres of photography do you teach?
- 9) What are the objectives of the course?
- 10) Are there any disciplines included in the photography course?

Background (picture)



- He has photographed her **against** lots of different backgrounds.
- They were filmed **against** a background **of** dark fir trees.
- The little figure that you can just see **in the** background **of** the photograph is me.

6) Use our dog walking service



You are considering making use of dog walking service



- 1) number of dogs served at the same time
- 2) medical documents for a dog needed
- 3) availability of late evening walks
- 4) duration of walk/ a track stroll for a dog
- 5) pet sitting and boarding
- 6) live pictures or videos of your dog
- 7) daily and weekly services
- 8) the starting price for the service
- 9) models of catering

WAG best for on-demand walking



- All walkers are insured and background checked, and for busy owners who want to schedule recurring walks for their pups, two models are available that cater to different canine personalities: “Friendly Furball,” the most popular offering, allows your dog to get to know different walkers; the more expensive “Picky Pooch” option sends the same walker to tend to your dog each day, a great option for shy dogs or animals with specific needs.
- Regardless of who’s holding the leash, Wag! makes your pup’s location available in real-time in the app, and owners can expect bathroom updates, photos, and a report card after the visit. Wag! does more than walking, too—look to them for overnight sitting, drop-ins, boarding, and daycare, too. An added bonus? Wag! looks out for *all* pups by donating a portion of its profits to GreaterGood.org’s Rescue Bank, which provides food to shelter dogs across the country.

How to ask for information



- 1) What is the number of dogs served at the same time?
- 2) Are any medical documents for a dog needed?
- 3) Are late evening walks available?
- 4) What is the duration of a walk?
- 5) Do you offer pet sitting and boarding?
- 6) Do you send live pictures of dogs to their owners?
- 7) Do you provide daily and weekly services?
- 8) What is the starting price of the service?
- 9) What models of catering do you offer?

7) Visit our fruit market



You are considering buying some fruit at a new market



- 1) location
 - 2) working hours
 - 3) delivery
 - 4) whole sale discounts (large/ special)
 - 5) suppliers
 - 6) a range of regional dishes
 - 7) celebrated restaurants
 - 8) transport to get
-
- To get/ obtain/ receive a discount
 - To give/ offer discounts

Amsterdam's De Foodhallen



- Amsterdam's De Foodhallen is a hive of activity and packed full of delectable food options. The impressive renovated 19th century tram depot serves as the perfect setting in which to sample a selection of regional and international dishes. There are various food stalls and trucks for informal diners, as well as several celebrated restaurants located in the complex. If all that's not enough, there's a movie house next door perfect for winding down the evening.
- **How to get there by train:** Amsterdam is a major rail hub in Europe, and there are regular high-speed trains to the city from across the continent. Regional trains can easily connect you to most cities in the Benelux region.

How to ask for information



- 1) Where is your fruit market located?
- 2) What are your working hours?
- 3) Do you deliver dishes to your customers?/ Is delivery of dishes provided?
- 4) Are there any whole sale discounts for your customers?
- 5) What are the suppliers of fruit for your fruit market? What suppliers of fruit do you use? What are your suppliers?
- 6) What is the assortment of regional dishes?
- 7) Are there any celebrated restaurants in your market?
- 8) How can I get to the fruit market?

8) Unforgettable sightseeing tour



Cyclo Nice, Nice

★★★★★ 5.0 #17 of 96 in Tours in Nice City Tour · Tour



s.inspirockcdn.com/ds10/photos/France/f/cyclo-nice-718167312.jpg



Recommended duration

30 minutes

Hours

Sunday	8am - 11:30pm
Monday	8am - 11:30pm
Tuesday	8am - 11:30pm
Wednesday	8am - 11:30pm
Thursday	8am - 11:30pm
Friday	8am - 11:30pm
Saturday	8am - 11:30pm

Contact

7 Avenue Villermont,
06000 Nice,
France

You are considering taking a city tour



- 1) starting point
- 2) sights to visit/ destinations
- 3) tour price
- 4) Russian-speaking guide
- 5) duration of tour / tour length/ recommended duration
- 6) age range
- 7) travel style (Travel Style Private, Group+3 more)
- 8) price per day
- 9) reviews available
- 10) location
Cyclo Nice is located in Nice.

How to ask for information



- 1) Where is the starting point of the sightseeing tour?
- 2) What are the destinations of a tour?/ What are the sights we are going to visit during the tour?
- 3) How much does a tour cost?
- 4) Do you provide a Russian –speaking guide for tourists from Russia?
- 5) What is the duration of a tour?
- 6) What age group is a tour for? What age group is the tour aimed at?
- 7) What travel style do you offer?
- 8) What is the price per day?
- 9) Are reviews available?
- 10) Where is the tour located?

9) Visit our gift shop



New York City: MoMA Design Store



- Our flagship store is now open! Located adjacent to MoMA's lobby, the double-height Museum Store is open to all visitors. Our book wall features an assortment of over 2,000 publications that reflect MoMA's new curatorial direction. Discover a comprehensive selection of art-reproduction products inspired by the Museum's collection and a selection of high-quality design objects, from iconic classics to contemporary innovations by emerging designers. Browse our assortment through the link in our bio.

You are considering buying some Christmas gifts for your friends



- 1) location
- 2) working hours
- 3) manufacturers
- 4) ways of payment
- 5) discounts for students
- 6) selection of products

How to ask for information



- 1) Where is the gift shop located?
- 2) What are your working hours?
- 3) What are the manufactures of your products?
- 4) What are the ways of payment? How do you accept payment? How do you take payment?
- 5) Are there any discounts for students in your shop?
- 6) What kinds of products do you sell? What is the assortment of products in your shop?

10) Join our new gym



The Green Microgym (Portland, OR)



- Looking for a little more green cred? At the [GreenMicrogym](#), eco-conscious gym-goers help generate electricity— simply by working out. Capturing energy produced from the flywheel, the gym's high-tech bikes and elliptical machines can produce approximately twice the power needed to run the facility at any given moment. Converting melted calories into precious watts? Now that's hot.

You are considering buying a gym membership



- 1) transport to get
- 2) membership price/ budget membership
- 3) special offers
- 4) training programmes
- 5) instructors' experience
- 6) open for 24 hours
- 7) a sample visit
- 8) a personalised programme
- 9) a sign-up fee
- 10) expert personal trainers
- 11) cancellation fee

How to ask for information



- 1) How do I get to a new gym?
- 2) How much does membership cost?
- 3) Are there any special offers for gym-goers?
- 4) What training programmes do you offer?
- 5) What is the instructors' experience?
- 6) Are you open for 24 hours?
- 7) Do you offer a sample visit?
- 8) Do you design a personalised programme?
- 9) Do you have any sign-up fees?
- 10) Do expert personal trainers work in a gym?
- 11) Do you have any cancellation fees?

Cancellation fees



- Cancellation fees. Some gyms charge you money if you leave before a minimum number of months or something like that

11) Welcome to our new billiards club



You are considering joining a new billiards club



- 1) location
- 2) varieties of billiard games
- 3) number of players
- 4) table rent
- 5) discounts

How to ask for information



- 1) Where is a new billiards club located?
- 2) What kind of billiards games are played in your club?
- 3) How many players are there?
- 4) Do you offer table rent? / Do you rent billiards tables to your customers?
- 5) Are there any discounts?

12) London sightseeing tours with best guides



The Making of Harry Potter with Luxury Round-Trip Transport from London



- Overview Immerse yourself in the magic and mystery of Harry Potter™ with a full-day behind-the-scenes experience at Warner Bros. Studio Tour London - the Making of Harry Potter. Enjoy round-trip transportation by luxury coach from London Victoria, and spend roughly four hours exploring the spellbinding film sets independently. See the Gothic grandeur of the Ministry of Magic, walk Diagon Alley, snap photos at iconic locations such as Platform 9 ¾ and the Hogwarts Express, and admire intricate costumes and props used in the movies.
- Admission and stay at Warner Bros. Studio Tour London - The Making of Harry Potter
- Explore sets like Dumbledore's office, Diagon Alley and the Ministry of Magic
- Visit Platform 9 ¾ and get up close to the original Hogwarts Express
- See the costumes and props that were used in several films like Harry Potter and the Deathly Hallows
- Relax with round-trip transport by luxury coach and included free Wi-fi
- Why Travelers Choose This Tour
- Pre-booked tickets and luxury transit via a Mercedes coach combine to make this a hassle-free outing.
- from \$125.36 Lowest Price Guarantee Check Availability
- What's Included
- Departure & Return
- What To Expect
- Cancellation Policy

You are considering taking a tour of London



- 1) time for departure/ alternative departures the same day
- 2) price for one person
- 3) duration of the tour
- 4) sights you will see
- 5) booking online
- 6) the lowest price
- 7) gear/ equipment
- 8) safety measures
- 9) tour bus

How to ask for information



- 1) Do you provide alternative departures the same day? What is the departure time for a tour?
- 2) What is the price for one person?
- 3) What is the duration of a tour?
- 4) What sights will we see?
- 5) Is it possible to book a tour online?
- 6) What is the lowest price of a tour?
- 7) Do we need any equipment for a tour?
- 8) What safety measures do we have to take?
- 9) Do you offer a tour bus for tourists?

13) Visit our medical centre



UNITED KINGDOM *

Town	Address	Contact Numbers
Aberdeen 	IQARUS Forest Grove House Foresterhill Road Aberdeen AB25 2ZP	Tel: (44) 1224 669 070 For appointment: Alistair Steele e-mail: Schlumberger.gbr@iqarus.com Opening Hours: Monday to Friday 8:30 AM to 5:30 PM Website : www.iqarus.com

Community health centers



Community health centers are clinics that are supported by the federal government, specifically the Health Resources and Services Administration (HRSA). In order to be supported by HRSA, these clinics must do the following:

- be located in a high-need area
- provide comprehensive primary care services
- supply additional resources to help promote better health, such as education, translation, and transportation services
- adjust the cost of care based on an individual's ability to pay
- be directed by a community board
- meet other specific clinical, financial, and administrative requirements

In addition to providing primary care, a community health center may also provide access to other health-related resources. These can include pharmacies, dental care, and mental health services.

You are considering visiting a medical centre



- 1) health care services
- 2) specialists
- 3) diagnostic facilities
- 4) prices
- 5) discounts
- 6) surgical care provided
- 7) additional resources supplied
- 8) dental care
- 9) care for minor illnesses
- 10) inpatient care

inpatient care



- **Inpatient vs. outpatient:** Medical clinics focus on providing outpatient care. Although hospitals can also provide outpatient services, they focus more on providing inpatient care. This is the type of care where you stay overnight at a medical facility.

How to ask for information



- 1) What health care services are provided by your medical centre?
- 2) What specialists work there?
- 3) Do you have diagnostic facilities?
- 4) What are the prices in your medical centre?
- 5) Are any discounts available?
- 6) Do you provided surgical care?
- 7) Are additional resources supplied?
- 8) Do you provide dental care?
- 9) Do you provide care for minor illnesses?
- 10) Do you focus on inpatient care?

14) Join our diving course



Open Water Diver (OWD) Or Junior Open Water Diver



- The main objective of this course is to learn to manage yourself and your scuba gear underwater. When you finish this course, you will be an independent [certified diver](#), which means that you can choose your dive partner freely and just go diving by yourselves. You no longer need the presence of a professional diver. From this moment you will be able to dive with any other certified diver. But, keep in mind that there are depth limitations at this level: 18m / 59ft for adults and 12m / 40ft for juniors.

You are considering taking a diving course



- 1) price for a beginner course
- 2) equipment
- 3) safety rules
- 4) instructors' qualification
- 5) medical insurance
- 6) the main objective
- 7) the presence of a professional diver needed
- 8) depth limitations
- 9) certificate

How to ask for information



- 1) How much does a beginner course cost?
- 2) Do you provide equipment for diving?
- 3) What safety rules do we have to follow?
- 4) What are the qualifications of your instructors?
- 5) Do you maintain medical insurance? Do you provide participants with medical insurance? What is the medical insurance policy? Is medical insurance needed?
- 6) What is the main objective of the diving course?
- 7) Is the presence of a professional diver needed?
- 8) What are the depth limitations for diving?
- 9) Do you give a certificate on the completion of the course?

15) Welcome to our ballet academy



The John Cranko School – Stuttgart, Germany



- In 1961 John Cranko settled in Stuttgart with the idea to start a ballet institution. He dreamed of a place where the gifted youth of the world would study with the Ballet Company of the State Theatre Stuttgart. In 1971 the John Cranko school opened up to accept its first pupils. This German dance school is considered one of the best places to train in ballet in the whole world. This is where dancers go after a big win to sharpen their skills. Once their training is complete they move on to the Company of the State Theatre or to other prestigious ballet companies.

You are considering joining a new ballet academy



- 1) opening date
- 2) number of students in a group
- 3) minimum age
- 4) teachers' qualification
- 5) certificate
- 6) sending a video with class work
- 7) duration (of the study)
- 8) the language of classes
- 9) accommodation for the entire period of studies

How to ask for information



- 1) What is the opening day in your ballet academy?
- 2) How many students are there in one group?
- 3) What is the minimum age of a student?
- 4) What are your teachers' qualifications?
- 5) Do you give a certificate to your graduates?
- 6) Do we need to send a video with class work to join classes?
- 7) How long does the study last?
- 8) What language are classes held in?
- 9) Is accommodation provided for the entire period of studies?

16) Everything for your comfortable stay



Amenity /ə'mi:nə.ti/



- **something, such as a swimming pool or shopping centre, that is intended to make life more pleasant or comfortable for the people in a town, hotel, or other place:**

Amenities

- ☐ Business Center
- ☐ Dining
- ☐ Fitness Center
- ☐ Free Breakfast
- ☐ Free Internet
- ☐ Free Parking
- ☐ Golf
- ☐ Kids Club
- ☐ Meeting Rooms
- ☐ Pets Allowed
- ☐ Pool
- ☐ Room Service
- ☐ Shuttle Service

Shuttle service



- *One is the 24-hour ambulance shuttle service that apparently will be established to run seven days a week, 365 days a year*
- *It offers a fast and efficient rail shuttle service for road passengers and freight, with very frequent departures and no booking.*
- *We come back to the point about the shuttle service of lorries which would obviously increase expense.*
- *Ambulances carried out a constant shuttle service to the hospitals, whose staff were able to treat most of the patients by the early evening.*
- *In the meantime, a bus shuttle service is in operation.*

You're considering staying at a hotel



- 1) location of the hotel
- 2) special offers for students
- 3) price for a night's stay
- 4) laundry facilities
- 5) vegetarian menu
- 6) free parking
- 7) pets allowed
- 8) shuttle service
- 9) *charge for the use of leisure facilities*
- **10) facilities in the rooms**

How to ask for information



- 1) Where is the hotel located?
- 2) Are there any special offers for students?
- 3) How much does a stay per night cost?
- 4) Do you offer laundry facilities to your guests?
- 5) Is there a vegetarian menu in your hotel?
- 6) Are parking facilities free?
- 7) Are pets allowed in your hotel?
- 8) Do you offer shuttle service?
- 9) Do you charge for the use of leisure facilities?
- 10) What do facilities in the rooms include?

17) A wide choice of gadgets



Tablet PCs



Tablet Computers are commonly shortened as Tablet PCs or Tablets and are defined as flat, thin mobile computers that come fitted with a touchscreen display and a rechargeable battery. Over the past few years, tablet PCs have become so popular due to their great features, specialized apps and portability. Tablets vary by operating system and processors. Apple and Intel manufacture the most widely used processors for tablets. Some tablets use Android OS, others Windows OS while iPad tablets from Apple rely on iOS.

You're considering buying a tablet computer



- 1) difference between a panel and a tablet PC
- 2) price range
- 3) most successful models
- 4) the manufacturers
- 5) discount offers
- 6) specialized apps
- 7) operating system
- 8) Windows OS

How to ask for information



- 1) What is the difference between a panel and a tablet computer?
- 2) What is the price range for tablet computers ?
- 3) What are the most successful models?
- 4) What are the manufacturers of tablet computers you sell ?
- 5) Do you offer any discounts?
- 6) Are there any specialized apps?
- 7) What operating systems do tablet computers use?
- 8) Do they use Windows operating system?

18) Stay healthy by exercising your body



When gym machines are best



- Despite the fact that [kettlebells](#) and [bodyweight workouts](#) might win the gym popularity contest right now, fitness pros agree: Not only are exercise machines totally fine to use, they might be especially helpful if you're new to working out.
- “It’s true that if you’re using free weights, you have to recruit so many stabilizing muscles,” says Shannon Fable, certified trainer and programming director for [Anytime Fitness](#). “But when you’re getting started, using selectorized equipment (the machines with weighted plates) and just learning the movement pattern is OK.”
- Another bonus: “If you haven’t got full strength or balance or full range of motion, machines are much safer,” says Stuart Munro, certified personal trainer for the [New York Health and Racquet Club](#).
- For those who have been on a gym hiatus or are gaining back strength post-injury, weight machines are an easy way to get back in the game — without the risk of dropping anything heavy on your foot, Munro says.

You're considering buying a sports exercise machine



- 1) types of exercise machines on offer
- 2) reasonable prices
- 3) muscle training programmes
- 4) most popular models
- 5) delivery terms
- 6) full range of motion
- 7) the risks

How to ask for information



- 1) What types of gym machines are on offer?
- 2) Do you offer reasonable prices for a sports machine?
- 3) What muscle training programmes do gym machines have/ use?
- 4) What are the most popular models of gym machines in your shop?
- 5) What are the delivery terms?
- 6) Do they provide full range of motion?
- 7) What are the possible/ potential risks of using gym machines?

19) The place where ancient times and modernity meet



Barbican Centre



- The Barbican Centre lures fans of serious culture into a labyrinthine arts complex, part of a vast concrete estate that also includes 2,000 highly coveted flats and innumerable concrete walkways. It's a prime example of brutalist architecture, softened a little by time and some rectangular ponds housing friendly resident ducks.
- The art gallery on the third floor stages exhibitions on design, architecture and pop culture, while on the ground floor, the Curve is a free exhibition space for specially commissioned works and contemporary art.

Transport:

Tube: Barbican;
Rail/Tube:
Moorgate

You're considering visiting an art gallery



- 1) location of art gallery
- 2) special offers for students
- 3) the most popular exhibitions
- 4) working hours
- 5) facilities for the elderly
- 6) transport
- 7) an exhibition space for contemporary art

How to ask for information



- 1) Where is the art gallery located?
- 2) Are there any special offers for students?
- 3) What are the most popular exhibitions in the art gallery?
- 4) What are your working hours?
- 5) Do you offer/ have/ provide facilities for the elderly?
- 6) What transport/ bus/ tube goes to the art gallery?
Which mode of transport is the best to get to the art gallery? How can we get to the art gallery?
- 7) Is there an exhibition space for contemporary art?

20) The best of abstract art



MUSEUM QUALITY OIL PAINTING REPRODUCTIONS



- HandmadePiece aims to make your home as a private and unique art gallery with fabulous museum quality oil painting reproductions of masterpieces and raise the artistic taste in your living space. We focus on art reproductions on canvas which are all hand-painted by 100+ top professional and talented painters. Besides, we use eco-friendly oil paints, heavy-duty (400gsm) linen canvas and upscale wood frames to make sure you will get a beyond-expectation framed painting reproduction, loyal in colors, details, technique and overall feeling. It's very close to the original famous painting you love.
- HandmadePiece has the largest collection of oil painting reproductions for sale, global free shipping. Welcome to order a high quality reproduction online. If you want to commission an art which is not listed, please request a replica of any existing painting or customize a painting from a photo in your preferred reproduction medium and style. From Van Gogh to Klimt, from Classicism to Impressionism, our artists can reproduce any famous painting for you.

You're considering buying a reproduction of a rare abstract painting



- 1) the message of the painting
- 2) the author of the painting
- 3) the country of creation
- 4) the time of creation
- 5) the price of the reproduction
- 6) a hand-painted reproduction
- 7) free shipping / an additional cost for shipping
- 8) booking online
- 9) variety of famous paintings

How to ask for information



- 1) What is the message of the abstract painting?
- 2) Who is the author of the painting?
- 3) What country was it created in?
- 4) What is the time of its creation?
- 5) How much does the reproduction cost?
- 6) Do you sell hand-painted reproductions?
- 7) Is the shipping free? Do we have to pay an additional cost for shipping?
- 8) Is booking a reproduction online possible?
- 9) What kind of famous paintings are reproduced?

21) Explore the unknown world



Edinburgh: Scotland's Capital



- One of Scotland's most attractive cities, the capital city of Edinburgh is also one of the UK's most visited destinations. Popular for its many well-preserved historic buildings, Edinburgh is perhaps best known as the home of the majestic [Edinburgh Castle](#). Perched high above the old city on a rocky promontory, this 13th-century royal fortress includes highlights such as the famous One O'Clock Salute, held daily at Half Moon Battery; the Scottish Crown Jewels in the **Royal Palace**; the **Scottish National War Memorial**; and the famous **Stone of Destiny** (the Stone of Scone), only returned to Scotland after being held for 700 years in London.
- From the castle, it's easy to explore the other most important historic sites in the city, most notably the Old Town's **Royal Mile** with its fine architecture, boutique shops, cafés, restaurants, and art galleries, as well as the splendid old **Palace of Holyroodhouse**. Other Edinburgh highlights include broad **Princes Street**, popular for its shopping and dining, as well as for the Royal Botanical Garden and the National Gallery of Scotland.

You're considering buying a trip to a beautiful tourist site



- 1) location of the site
- 2) online booking of tours
- 3) popular legends about the place
- 4) the best time for the excursion
- 5) economy hotels by the site
- 6) important historic sites
- 7) shopping and dining facilities

How to ask for information



- 1) Where is the tourist site located?
- 2) Is online booking of tours possible ?Is it possible to book a tour online?
- 3) Are there any popular legends about the place?
- 4) What is the best time for the excursion?
- 5) Are there any economy hotels nearby?
- 6) What important historic sites are we going to visit during the tour?
- 7) Do you offer shopping and dining facilities?

22) Ancient secrets, fresh flavours!



White rabbit in Moscow



ADDRESS: Smolenskaya square, 3

OPEN: Sun-Wed 12:00 p.m. — 00:00 a.m., Thu-Sat 12:00 p.m. - 02:00 a.m.

AVERAGE BILL: 3000 roubles

WHITERABBIT
MOSCOW

- Since 2015, White Rabbit has been steadily on the list of The World's 50 Best Restaurants. This is one of the main gastronomic restaurants of the city. Chef Vladimir Mukhin likes reinvents modern Russian cuisine using local products. He is constantly traveling around Russia in search of interesting recipes and ingredients. Be sure to try cocolardo (coconut pulp cooked like homemade salo — pork fat), beetroot soup with cherry, rye-bread dessert and ice-cream made of ryazhenka and sour crea

You're considering tasting food at a national cuisine restaurant



- 1) location of the restaurant
- 2) special menus on offer
- 3) dishes of the national cuisine
- 4) restaurant working hours
- 5) means of transport to get to the restaurant
- 6) average bill

How to ask for information



- 1) Where is the restaurant located?
- 2) Are special menus on offer?
- 4) What dishes of the national cuisine are served in your restaurant?
- 5) What are your working hours/ opening hours?
- 6) How can we get to the restaurant?
- 7) What is the average bill in your restaurant ?

23) Best treats in town



You're considering buying some Turkish sweets



- 1) the location of the shop
- 2) variety of the offers
- 3) price range of the sweets
- 4) working hours
- 5) discount policy
- 6) served with cream
- 7) a range of original street desserts
- 8) the best place to buy
- 9) to eat by hand

Halka Tatlısı



- Halka Tatlısı is a very original street dessert. It's like churros covered with sweet sherbet. It's cheap and can be found in every main street, avenue.
- However its popularity was not about its taste, it's the name, Halka Tatlısı is also called Kerhane Tatlısı which means "Brothel dessert". The name will give you the idea that it is sold in brothels, yes! But it is not the only dessert sold in the brothels, but Halka Tatlısı is in the best shape to eat by hand without any need to a fork or stick, and people have it to regain the loss energy or blood sugar.
- You can definitely have a Halka Tatlısı, and be cool its sold everywhere now, don't be ashamed, you can also have fun with your Turkish friends by buying them some Halka Tatlısı.

How to ask for information



- 1) Where is the shop with Turkish sweets located?
- 2) What kind of desserts do you offer?
- 3) What is the price range of the sweets?
- 4) What are your working hours?
- 5) What are the terms of the discount policy in your shop? Do you have a discount policy? Do you operate a discount policy?
- 6) Which desserts are served with cream?
- 7) What kind of original streets desserts do you sell?
- 8) What is the best place to buy Turkish sweets?
- 9) Do we have to eat Turkish sweets by hand?

24) Radiant beauty- full service hair and skin salon



We Specialize in:



- Hair Weaving
- Microbraids
- Strand by Strand Hair Fusion
- Hair Extension
- Relaxer
- All Chemical Works
- Interlocking Weave
- Micro Block Weave
- Dreadlocks
- Net Weaving For Balding
- We Offer Lace Front Undetectable
- Secret Of Celebrities
- Hair on Hair
- Natural Weave
- Hair Dream Hair Sensation
- Great Length

You're considering having your hair done



- 1) working hours of the salon
- 2) availability of discount cards
- 3) good references from clients
- 4) number of clients per day
- 5) the time when the salon is less busy
- 6) all chemical works
- 6) expert hair care and styling

How to ask for information



- 1) What are the working hours of the salon? / 'sæl.
vɒn/
- 2) Do you provide discount cards?
- 3) Are there any good references from clients?
- 4) How many clients do you serve a day?
- 5) When is your salon less busy?
- 6) Do you do all chemical works?
- 7) Do you offer expert hair care and styling?

25) Best in learning- best in careers



You're considering taking a study course at the university abroad



- 1) working hours of the reception desk
- 2) study programmes for international students
- 3) students' club activities
- 4) annual number of students enrolled
- 5) terms of stay at students' residences

How to ask for information



- 1) What are the working hours of the reception desk?
- 2) Do you offer study programmes for international students?
- 3) Are there any club activities for students?
- 4) What is the annual number of students enrolled?
- 5) What are the terms of stay at students' residences?

26) Jobs for young people



You're considering taking a part time job at a café



- 1) café opening hours
 - 2) possibility of working part- time
 - 3) pay rate
 - 4) **fixed hours** or **a shifting schedule**/ work schedule
 - 5) **social package** for part-time workers ? (not for part-timers)
/ pay rate
 - Pay package/ salary package/ compensation package
 - Work schedule
 - Shiftwork
 - **long/flexible hours/ extra hours**
- Pay rate
- the amount of money workers are paid per hour, week, etc.

pay package



- also **remuneration package**); (**salary package**) (US)
- **the salary and other benefits (= advantages) such as health insurance or a car that an employer offers to an employee:**
- *The incoming president will receive a \$60,000 annual pay package, including housing and vehicle allowance*

How to ask for information



- 1) What are the opening hours of the cafe?
- 2) Is working part-time possible in your cafe?
- 3) How much do you pay your part-time workers?
What is the pay rate for part-timers?
- 4) Do you offer flexible hours for part-timers?
- 5) What is the work schedule in your cafe?

27) Departures



You're considering taking a flight



- 1) possibility of your flight delay
- 2) time of departure/Schedule departure time
- 3) the beginning of registration and boarding
- 4) vegetarian menu on board
- 5) the cost of overweight luggage
- 6) Scheduled arrival
- 7) Wi-Fi availability (on board)
- 8) Obtaining a refund (if you don't use the ticket)
- 9) Using a flight voucher
- 10) Getting a confirmation if you've lost your boarding pass
- 11) If new fare options being introduced
- 12) Changes to business class
- 13) a free rebooking option (a service)
- 14) Flight time
- 15) a budget airline flight

How to ask information for flight details



- 1) Is it possibly to delay the flight?
- 2) What is the schedule departure time?
- 3) When does the registration on board start?
- 4) Do you offer a vegetarian menu on board?
- 5) How much does it cost to take overweight luggage?
- 6) What is the schedule arrival time?
- 7) Is Wi fi available on board?
- 8) Do you offer a refund for a ticket which is not used?
- 9) Is using a flight voucher possible?
- 10) Can we get a confirmation if we have lost our boarding pass?
- 11) Are any new fare options introduced?
- 12) Are there any changes to business class?
- 13) Do you offer a free rebooking option?
- 14) What is the flight time?
- 15) Do you offer a budget airline flight?

28) Cook like a chef





1. Breville BPR700BSS The Fast Slow Pro

3-Way Safety System-safety locking lid

\$\$\$

4.8



2. Panasonic SR-HZ106 5-Cup Multi-Cooker

7-Layer diamond-coated inner pan

\$\$\$

4.8



3. KitchenAid KMC4244CA Multi-Cooker

Over 10 cooking methods, with 4 step-by-step modes

\$\$\$

4.7



4. Panasonic SR-AFM187 10-Cup Multi-Cooker

12 pre-set programs automatically cook

\$\$\$

4.6

You're considering buying a multi-cooker



- 1) the functions of the multi-cooker
- 2) the steps of cooking with the multi-cooker
- 3) the time of cooking with the multi-cooker
- 4) possible dishes with the multi-cooker
- 5) the advantages of cooking with the multi-cooker
- 6) the delay-start option
- 7) good locking system
- 8) the number of smart programmes
- 9) eight-quart cookers available
- 10) The number of cooking options
- 11) built-in programmes
- 12) the rating of a model

How to ask for information



- 1) What are the functions of a multi-cooker?
- 2) What are the steps of cooking with it?
- 3) What is the time of cooking with it?
- 4) What dishes are possible to cook with it?
- 5) What are the advantages of cooking with it?
- 6) Does the model have a delay-start option?
- 7) Does it have a good locking system?
- 8) How many smart programmes does it have?
- 9) Are eight-quart cookers available?
- 10) How many cooking options does it have?
- 11) Does it have built-in programmes?
- 12) What is the rating of a model?

29) Quality car rental



Rent a car in Europe



- **CAN AN AMERICAN RENT A CAR IN EUROPE?**

- Of course! In most European countries all Americans need is a valid US driver's license and passport to rent a car in Europe. Be aware though, there are popular travel destinations that require driver's from the United States to acquire and International Driving Permit, Italy is one of these countries! IDP's are fairly cheap and can be acquired online before your trip or at a local AAA branch. Contact Auto Europe for more information on your European car rental.

- **HOW OLD DO YOU HAVE TO BE TO RENT A CAR IN EUROPE?**

- To rent a car in Europe drivers must be at least 21 years old (age may vary by car category). Some car rental suppliers will have rental options for drivers over the age of 18 and looking to rent a car in Europe. Additionally, any driver hoping to rent a car under the age of 25 may incur a young driver surcharge in addition to the daily rate.

- **DO I NEED EXTRA INSURANCE WHEN RENTING A CAR IN EUROPE?**

- All Auto Europe Car Rentals include liability and fire insurance at no extra cost. Liability insures against any damage done to anything outside of the rental car while fire insurance protects against mechanical fires. More comprehensive coverage typically includes a Collision Damage Waiver (CDW) insuring damage done to the rental car in the event of an accident and Theft Protection to cover the loss if the rental vehicle is stolen while you are in Europe. When renting a car in Italy it is required renters purchase CDW and Theft Protection in their insurance plan. Check with your reservation agent what is required in your destination.

- **HOW MUCH IS A RENTAL CAR PER DAY IN EUROPE?**

- Similar to airline tickets, the cost per day to rent a car varies greatly based on your destination, the time of year, and the car class you choose to rent. Economy and smaller sized rentals can be as little as \$15-\$20 a day in popular cities in France and Italy. Luxury vehicles & SUVs will have higher daily rates but keep an eye out for specials or promotions, in some countries Auto Europe provides free car class upgrades on rentals throughout the year.

You're considering renting a car with your family



- 1) the make of the car for rent
- 2) the price of renting
- 3) the insurance payment
- 4) the terms of rent
- 5) the maximum duration of rent
- 6) a safety rating
- 7) the minimum age to rent a car
- 8) economy sized rental cars available
- 9) free car class upgrades
- 10) documents needed
- 11) liability and fire insurance
- 12) car rental insurance
- 13) rental options for drivers under the age of 25

New words



- To upgrade - to improve
- Liability insurance- insurance that you buy to protect yourself in case something or someone you are responsible for is damaged or injured in some way
- MAKE – a type of product or the name of the company that made it
- A car rental (US) – the act of renting a car
- *Before buying **insurance**, make sure that the coverage provided exactly suits your needs.*
- *Uninsured motorists coverage pays for costs resulting from an accident involving a hit-and-run driver or a driver who does not have **insurance**.*
- ***Insurance** is a policy that provides financial protection for your property, life, or health, paying you in case of death, loss, or damage.*
- *The new car has been given an excellent safety rating*

How to ask for information



- 1) What make is the car for rent?
- 2) How much does renting a car cost?
- 3) What is the insurance payment?
- 4) What are the terms of renting a car?
- 5) What is the maximum duration of a car rental?
- 6) What safety rating does a car for rent have?
- 7) What is the minimum age to rent a car?
- 8) Are economy sized rental cars available?
- 9) Do you provide free car class upgrades?
- 10) What documents are needed to rent a car?
- 11) Does a car rental include liability and fire insurance?
- 12) Do we have to purchase / buy car rental insurance?
- 13) What are rental options for drivers under the age of 25

30) Hiking tours, beautiful locations!



Hiking in the Alps



- While we always recommend that you travel light, keep in mind that almost all of our hikes and treks are supported with luggage transfers, allowing you to bring a suitcase that will be waiting for you at our hotel most nights. The exception being at the Berghotel Obersteinberg on our Exploring the Jungfrau tour. Most days you'll be able to travel light, carrying just a daypack with snacks, a camera, water, and a light jacket or fleece. Even on the nights when we stay in a mountain hut, all of our food and bedding is provided at the hut, but you may want to carry a change of clothes and personal toiletries. Most people choose to check a suitcase for the transatlantic flight and use their small backpack as a carry-on piece.
- At the end of each day, we go out to dinner either at the hotel restaurant or at a nice restaurant nearby. While it's always casual, you'll probably want to clean up and put on something other than the clothes and shoes you've been hiking in all day. A pair of slacks, khakis, or even jeans may be your choice, along with a comfortable pair of shoes or even sandals. While we make some specific recommendations below, your own personal preference, experience, and comfort-what works best for you is ultimately the most important factor in deciding what to bring.

You're considering going on a hiking tour



- 1) the duration of the tour
- 2) the price of the tour
- 3) the need for health insurance
- 4) accommodation provided
- 5) recreational facilities for tourists
- 6) luggage transfer
- 7) specific recommendations for hikers
- 8) food and bedding
- 9) optional items to take

How to ask for information



- 1) What is the duration of the hiking tour?
- 2) How much does the tour cost?
- 3) Do hikers need to have/ buy health insurance?
- 4) Do you provide accommodation for hikers?
- 5) Are there any recreational facilities for tourists?
- 6) Are treks supported with luggage transfers?
- 7) Are there any specific recommendations for hikers?
- 8) Do you provide food and bedding?
- 9) What are the optional items to take?

31) Dare to enjoy the unforgettable



Before a bungee jump



- **Tips**

- Depending on the height jumped, and also the difficulty of the jump, each bungee operation would have different minimum requirements. Usually, the minimum age is 12 to 14 years (there is no maximum age – as long as you're fit and healthy!); the minimum weight is around 35kg, and the maximum around 110kg.

- **Medical concerns**

- If you suffer from a heart condition, epilepsy, high blood pressure, diabetes, or a neurological disorder, or are pregnant, it is advised that you don't attempt the jump.

- **Ecological concerns**

- When going bungee jumping, whether in the city or outside the city, remember the two golden rules – do not litter, and leave your immediate environment as you found it. If you see any non-biodegradable waste around you, please clean it up (carry it out with you). And desist from boasting about your daredevilry by defacing the rocks!

You're considering taking a bungee jump



- 1) the risks of bungee jumping
- 2) the price of the jump
- 3) **safety guarantees** / safety measures
- 4) the opening hours of the attraction
- 5) the inventor of bungee jumping
- 6) a number of jumps most people do
- 7) a professional photographer
- 8) the possibility to bring your own camera
- 9) maximum weight limit
- 10) age restrictions
- 11) bungee jumping out of a helicopter

How to ask for information



- 1) What are the risks of bungee jumping?
- 2) How much is the jump?
- 3) Do you guarantee the safety of tourists? Do you provide the necessary safety equipment? Are there any regulations to ensure the safety of tourists?
- 4) What are the opening hours of the attraction?
- 5) Who is the inventor of bungee jumping?
- 6) How many jumps do most people do?
- 7) Is there a professional photographer?
- 8) Can I bring my own camera? Can tourists bring their own camera?
- 9) What is the maximum weight limit?
- 10) Are there any age restrictions for those who plan to bungee jump?
- 11) Do you provide bungee jumping out of a helicopter?

32) Boat tours every day



Cruiser Boat Holidays in Ireland



- Each cruiser boat has all the modern facilities you need for a comfortable holiday - a spacious saloon, cabins giving absolute privacy, showers with hot and cold running water, toilets and a fully-equipped galley. Many boats have dedicated toilets and shower rooms for each cabin - some boats have air conditioning.
- Most boats have opening sun-roofs and large decks for sunbathing, eating al fresco or just watching the world go by.
- Before departure, your boat will have been thoroughly cleaned and all mechanical equipment carefully checked. The full tank of diesel will give you enough fuel for at least two weeks cruising. The water supply should last about two days before you need to refill at one of the many water points shown in your canal guide.
- Each boat has a specific departure date - Monday, Friday or Saturday depending on area. Tariffs are normally on a weekly basis with longer cruises of 10/11 days or 2/3 weeks also available. Short breaks may sometimes be possible. Don't hesitate to ask us about boat availability, start bases and departure days.
- Fuel costs are additional to the hire charge, and a security deposit or non-refundable damage waiver is payable. There are early booking discounts, group discounts, and occasional special offers.

You're considering taking a boat tour along a canal in the city



- 1) the duration of the tour
- 2) the price
- 3) the sights on the way
- 4) the guide on board
- 5) the interpreter
- 6) the possibility of short breaks
- 7)) group discounts
- 8) departure days
- 9) air conditioning
- 10) a range of modern facilities for a comfortable holiday
- 11) decks for sunbathing

How to ask for information



- 1) How long does the boat tour last?
- 2) How much does the boat tour cost?
- 3) What sights are on the way?
- 4) Is there a guide on board?
- 5) Do offer an interpreter for foreign tourists?
- 6) Are short breaks possible during the boat tour?
- 7) Are there any group discounts?
- 8) What are the departure days of the tour?
- 9) Is there air conditioning on the boat?
- 10) What kind of modern facilities for a comfortable holiday does a boat have
- 11) Are there decks for sunbathing?

33) Rapid experience



Upper River Rafting



- The longest trip on the Pigeon River – 1.5 miles longer than any other rafting adventure! Take an exciting 6.5 mile ride down class 3 and 4 rapids!
- On our Upper River Trip, our certified guides will navigate your raft the entire trip, sharing their love of splashing through big waves, maneuvering around rocks, and enjoying the beauty of being in the great outdoors. Big waves, big drops and plenty of surfing will assure that you have the time of your life.
- On your trip, you'll get to run about 70 rapids ranging from class 1 to class 4. But, never fear, the Big Pigeon River is for the inexperienced and experienced paddlers. Don't worry Mom, we're going to take good care of you and the kids.
- **How long will I spend on the river?** Approx. 1.5 – 2 hours
Who can go on this trip? All rafters must be at least 8 years of age or weigh at least 70 pounds.
Do I have to make a reservation? Strongly recommended!

You're considering taking a risky trip down the river in the mountains



- 1) the risks of the trip
- 2) the price of the trip for a company of three
- 3) the best season for the trip
- 4) the instructor available
- 5) the safety measures during the trip
- 6) the longest trip
- 7) making reservation
- 8) certified guides
- 9) maximum weight of a rafter

How to ask for information



- 1) What are the risks of a trip down the river?
- 2) How much does a trip for a company of three cost?
- 3) What is the best season for the trip?
- 4) Will there be a certified instructor to help rafters?
- 5) What safety measures do rafters have to take during the trip?
- 6) What is the longest trip down the river in the mountains ?
- 7) Is making reservation recommended?
- 8) Are there certified guides to navigate a river trip on the raft during ?
- 9) What is the rafter's maximum weight?

34) Perfect timing, any time!



ReplicaMagic



- ReplicaMagic is a renowned website for selling fake and replica watches. They are manufactures of quality replica watches and sell to Europe, USA, UK and Asia. They offer same appearance and shine as of Rolex, Tag Heuer, Omega, Mont Blanc and more. With the guarantee of same quality and same material, they challenge no one can tell if its a replica with naked eye.
- They offer free shipping worldwide on all orders. They also showcase the reviews of their buyers which are a lot positive. That means you can trust them right away for buying replica designer watches and replica luxury watches for your business..

You're considering buying a new wrist watch



- 1) The manufacturer of the watch
- 2) the price of the watch
- 3) the terms of the guarantee
- 4) the functions of the watch
- 5) water resistance for recreational diving
- 6) free shipping
- 7) the reviews of buyers
- 8) same appearance and shine as of Rolex
- 9) Water Resistant Watches

How to ask for information



- 1) What is the manufacturer of the watch?
- 2) How much does a watch cost?
- 3) What are the terms of guarantee?
- 4) What are the functions of the watch?
- 5) What is the water resistance for recreational diving?
- 6) Do you offer free shipping worldwide?
- 7) Are there any reviews of the buyers?
- 8) Do you offer the same appearance and shine as of Rolex?
- 9) Do you sell water resistant watches?

35) Live well – Do yoga



A 30 Day Yoga Journey with Adriene Mishler



- Committing to a daily yoga practice can feel overwhelming, especially if you're not sure what to do each day. That's why HOME - A 30 Day Yoga Journey with Adriene Mishler is our top pick for developing a daily practice.
- Included in this free program are 30 days of classes, each focusing on different poses, breathing exercises, and flows. Most courses average 25 minutes, with some much shorter and others going over a half hour. The pace, level of instruction, and modifications make this program a better fit for beginners.
- Some of the themes she focuses on include healing, stretching, core strength, breathing, neck and shoulder relief, low back pain, and many more. If you're new to yoga, this 30-day program will give you an excellent overview of the principles of yoga, poses, breathwork, and mindfulness that comes with a regular yoga practice.

You're considering attending a yoga fitness group



- 1) the duration of a training session
- 2) the price per session
- 3) the instructor's country of origin
- 4) possible side effects of yoga exercises
- 5) the programmes for beginners provided

How to ask for information



- 1) How long does a training session last?
- 2) How much is one session?
- 3) Where is the yoga instructor from?
- 4) What are possible side effects of yoga exercises?
- 5) Are programmes for beginners available?

Discussing qualifications



Teaching qualifications

Academic qualifications

Secretarial qualifications

Medical qualifications

Educational qualifications

Formal qualifications

The minimum entry qualification for admission

- 1) What is the minimum qualification required for the job?
- 2) Are any formal qualifications required for the work ?
- 3) What qualifications do your teachers have?

opening date



- Opening times
 - Opening hours
 - Opening day
-
- What is the opening date of _____?
 - What are the opening hours of _____?
 - Do you offer extended opening hours?
 - When is the opening day of _____?