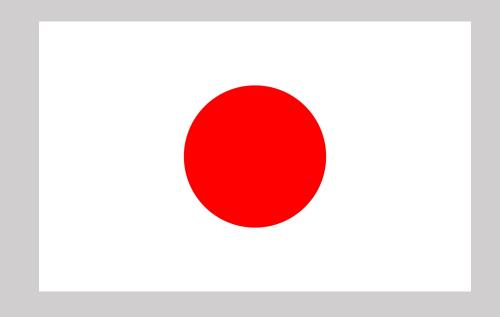
# Japanese cuisine



#### The rules of Washoku:

- Maximum variety of ingredients and their freshness.
- •The desire not to compete with nature by creating new incredible flavors, but on the contrary, to find a balance of ingredients that would emphasize the natural nuances of each product.
- Respecting the seasonality of dishes.
- •A healthy and balanced diet according to the principle of ichiju-sansai. It implies that the main meal should include one soup, three kinds of snacks made of protein foods and vegetables, and rice.

## RICE DISHES











Curry rice Fried rice

## **SEAFOOD DISHES**





Sashimi Yakizakana

## **NOODLES**



Soba



Udon



Yakisoba



Ramen

## **HOT POT DISHES**



Sukiyaki



Shabu-shabu

## **MEAT DISHES**







Yakitory

Tonkatsu

Yakiniku

## **DESSERTS**







Mochi Dango Dorayaki