

# HEALTH IDIOMS

## Positive

to be back on one's feet

recover after an illness

to keep in shape

to keep fit, be in good  
physical condition

as right as rain

very healthy

as fit as a fiddle

in excellent physical  
condition



# HEALTH IDIOMS

## Negative

black out

lose consciousness

under the weather

not very well


on one's last legs

very weak or about to die

drop like flies

fall ill in large numbers



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|--|-------------------------------|
| 1. If you are or feel ..., you feel slightly ill/sick and not as well as usual       | under the weather             |
| 2. If you ..., after an illness or an accident, you are physically healthy again.    | <u>are</u> back on one's feet |
| 3. If someone ..., they lose consciousness.  | black <u>s</u> out            |
| 4. If people ..., they fall ill or die in large numbers.                             | drop like flies               |
| 5. A person who ... is in an excellent <u>state of health</u> or physical condition. | <u>is</u> as fit as a fiddle  |
| 6. If you are ..., you are in a very weak condition or about to die.                 | on <u>your</u> last legs      |
| 7. If someone ..., they are in excellent health or condition.                        | <u>is</u> as right as rain    |
| 8. If someone..., they are in good condition physically                              | keep <u>s</u> in shape        |
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If you are or feel **under the weather**, you feel slightly ill/sick and not as well as usual

If you are *back on your feet*, after an illness or an accident, you are physically healthy again.

If you *black out*, you lose consciousness.

If people *drop like flies*, they fall ill or die in large numbers.

A person who is *as fit as a fiddle* is in an excellent state of health or physical condition.

If you are *on your last legs*, you are in a very weak condition or about to die.

If someone is *(as) right as rain*, they are in excellent health or condition.

If someone *keeps shape*, they are in good condition physically

