HEALTH IDIOMS

Positive

to be back on one's feet

to keep in shape

recover after an illness

to keep fit, be in good physical condition

as right as rain

very healthy

as fit as a fiddle

in excellent physical condition

HEALTH IDIOMS

<u>Negative</u>

black out

lose consciousness

not very well

under the weather

on one's last legs

drop like flies

very weak or about to die

fall ill in large numbers

If you are or feel ..., you feel slightly under the weather ill/sick and not as well as usual
If you ..., after an illness or an accident, you are physically healthy feet again.

3. If someone ..., they lose consciousness. blacks out

4. If people ..., they fall ill or die in large drop like flies numbers.

5. A person who ... is in an excellent state of health or physical condition.

6. If you are ..., you are in a very weak condition or about to die.

7. If someone ..., they are in excellent health or condition.

8. If someone..., they are in good condition physically

<u>is</u> as fit as a fiddle

on \underline{your} last legs

<u>is</u> as right as rain

keep<u>s</u> in shape

If you are or feel **under the weather**, you feel slightly ill/sick and not as well as usual

If you are *back on your feet*, after an illness or an accident, you are physically healthy again. If you *black out*, you lose consciousness.

If people *drop like flies*, they fall ill or die in large numbers.

A person who is *as fit as a fiddle* is in an excellent <u>state</u> <u>of health</u> or physical condition.

If you are *on your last legs*, you are in a very weak condition or about to die.

If someone is (as) right as rain, they are in excellent health or condition.

If someone *keeps shape*, they are in good condition physically