

Hello! My name is Sam.
Let's start the day!



What must I do?

Brush teeth

Go to the kitchen



It's healthy!



It's not healthy!





Porridge

Burger
and fries

What must
I have for
breakfast?




Yes, it's healthy!





It's not healthy!



What must
I do?

Walk

Listen to
music



It's healthy!

It's not healthy!



Play
basketball

Sit

What must
I do?





It's not healthy!



It's very healthy!





Salad

Many
sweets

What must
I have for
dinner?



Yes, it's healthy!





It's not healthy!



What time
must I go to
bed?

10 o'clock

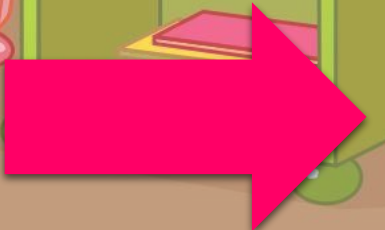
12 o'clock



Yes, it's healthy!



No, it's not healthy!



Thank you!

