



Sof Dagi Sport and Youth  
Association

Turkey, Gaziantep

# European Solidarity Corps



# Info Pack for ESC

**SOF DAGI SPORT AND YOUTH  
ASSOCIATION**

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Erasmus+



# Background

- ▶ Our organization began functioning in September 2005. From the very beginning, its main aim was to encourage the youngsters to practice sport and do various social activities. On the other hand, we put a great emphasis on such issues as fair rivalry and preventing young sportsmen of using doping. To mention just some of our activities we organize water polo, modern pentathlon, and underwater activities.
- ▶ We provide our volunteers and youngsters with diving lessons and encourage them to participate in swimming tournaments. Our association is a member of Turkish Underwater Sports Federation, Turkish Swimming Federation, and Turkish Pentathlon Federation. We are a board member of the Water Polo Federation and the Pentathlon Federation. We prepared and performed Youth in Action 3.1 projects, called “Cycling for a Better Life” and “Union For Young People With Fewer Opportunities”.
- ▶ *In parallel, we provide English lessons for refugees' children and for teenagers from the local community as well. Also, we provide youth with exchanges and training courses in order to raise awareness about migration, refugees, human rights and equality, about wild nature, the importance of the ecology etc.*

# Our aims

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- ▶ • Improving education for children and youth in the fields of sports, agriculture and learning languages;
- ▶ • Increasing the health level of children and youth;
- ▶ • Supporting refugees and vulnerable groups;
- ▶ • Raising awareness about ecological and social issues;
- ▶ • Creating opportunities for cultural exchange among the youth with the aim of ruining stereotypes and hate between nations.

## **How to get in touch with us:**

Check our Facebook and do not hesitate to send us a message:

<https://www.facebook.com/sofdagi>

Also, it is possible to contact us via e-mail

[sofdagi@gmail.com](mailto:sofdagi@gmail.com)



# Project Description

The long-term project varies from 6 to 12 months.

Main tasks:

to practice the sport with the purpose of promoting a healthier lifestyle, bringing the sport into daily lives. Also, creating opportunities for refugees' children/teenagers/youth to interact with local people through enjoyable way and prepare them for competitions in water polo, swimming, modern pentathlon. Cycling is also a part of the volunteers' activity (mountain and road, also on the rollers).

To organize English speaking club, it is another opportunity to engage refugees and locals into the dialog, make a cultural exchange and learn the language of communication for people used worldwide.

to engage youth in organic garden activities (summer term) in order to educate them how to do gardening competently from A to Z, later distributing the harvest to families in need and refugees;

To be a part of Sof Dagi office team and assist in daily issues, executing current tasks (writing projects, searching for new partners, holding interviews with new volunteers, etc.)

To share experiences and to raise awareness about Erasmus+ and ESC locally



# Project Description

**The short-term** project lasts 59-days and is available round year.

Main tasks:



- to practice the sport with the purpose of promoting a healthier lifestyle, bringing the sport into daily lives. Also, creating opportunities for refugees' children/teenagers/youth to interact with local people through enjoyable way and prepare them for competitions in water polo, swimming, modern pentathlon. Cycling is also a part of the volunteers' activity (mountain and road, also on the rollers).
- To organize English speaking club, it is another opportunity to engage refugees and locals into the dialog, make a cultural exchange and learn the language of communication for people used worldwide.
- to engage youth in organic garden activities (summer term) in order to educate them how to do gardening competently from A to Z, later distributing the harvest to families in need and refugees;



Assistance to children during the swimming pool classes, e.g. help to make exercises with children, playing water polo games, controlling children safety.

Providing English courses

English lessons will be delivered either at schools or in the office.

There will be two age groups:  
7-10 y.o. and 11-15 y.o.



Cycling Activities





## ***Organic garden activities (summer time)***

Planting and collecting vegetables and fruits; participation the activities of sharing the collected harvest with financially limited local people and refugees; assistance in providing activities and workshops in organic planting and food. In case if required, participation in the conservation of the plants.





# Profile Of the Volunteer

We are looking for  
social and  
open-minded

People:

WHO IS

IN LOVE WITH  
SPORT AND  
NATURE

WHO IS

EAGER TO MAKE  
THE WORLD A  
BETTER PLACE

WHO IS

ACTIVE

WHO IS

INTERESTED IN  
WORKING WITH  
CHILDREN

WHO IS

ABLE TO  
ADAPT EASILY



# What do we offer to the volunteers?

## 1. Mentor

Every volunteer will be assigned to a mentor. The mentor is a member of the local community of Sof Dagi. Mentor's task is to provide an assistance to the volunteers for any kind of support

(a doctor appointment, a visit to the bank or just for free time).



# What do we offer to the volunteers?

## 3. Short trips

One-day trips to the nearest provinces/cities (only during summer time).



# Accommodation



## LOCATION

For short-term and long-term volunteers the accommodation is provided in an apartment complex. 7-minute walk to the tram station and 3-5 -minutes walk to the bus stop.

## Description of the apartment

There are 3 bedrooms, a big saloon, a kitchen, two showers and two toilets in the apartment. Two persons per room are considered to live in.

All main facilities are provided. (A fridge-freezer, a dishwasher, a sandwich toaster, a washing machine, a kettle, an iron, hot water, Wi-Fi, balcony access, bedclothes, towels, etc.)



# Additional notes



- Complete health insurance is provided by the CIGNA insurance company according to the European Commission agreement. The sending organization is responsible to enroll the volunteers to Cigna database. Volunteers will receive a confirmation by an e-mail with their insurance number before their project start.

- **Youthpass** Youthpass certificate:

Each and every volunteer at the end of the project will receive a Youthpass certificate within the scope of the Erasmus Plus program. Youthpass certificate is a valuable attachment into the CV, after the project the participants can use it while searching for a new work.

The volunteers will be able asked to represent their countries during cultural night. We ask to consider this and prepare, in case, if the volunteers desire to bring something what refers to their home country culture.



# Reimbursement

The reimbursement of travel costs will be made according to the rules of the Erasmus + Programme. We will reimburse money according to the provided originals of invoices/tickets/boarding passes.

If you provide us boarding passes or any other invoices, we will be able to reimburse the ticket cost in cash directly after your arrival. If you send only a copy of an e-mail or an online check-in from the flight company, we will reimburse it via bank transfer in the end of the project.

- For travel distances between 10 and 99 KM: 20 EUR per participant  
100 and 499 KM: 180 EUR per participant,  
500 and 1999 KM: 275 EUR per participant,  
2000 and 2999 KM: 360 EUR per participant,  
3000 and 3999 KM: 530 EUR per participant,  
4000 and 7999 KM: 820 EUR per participant,  
8000 or more: 1500 EUR per participant.

How to apply: If you want to apply for this project, please send us a motivation letter and your CV in English to [sofdagi@gmail.com](mailto:sofdagi@gmail.com) . After the evaluation of your application we will contact you for a Skype meeting.

