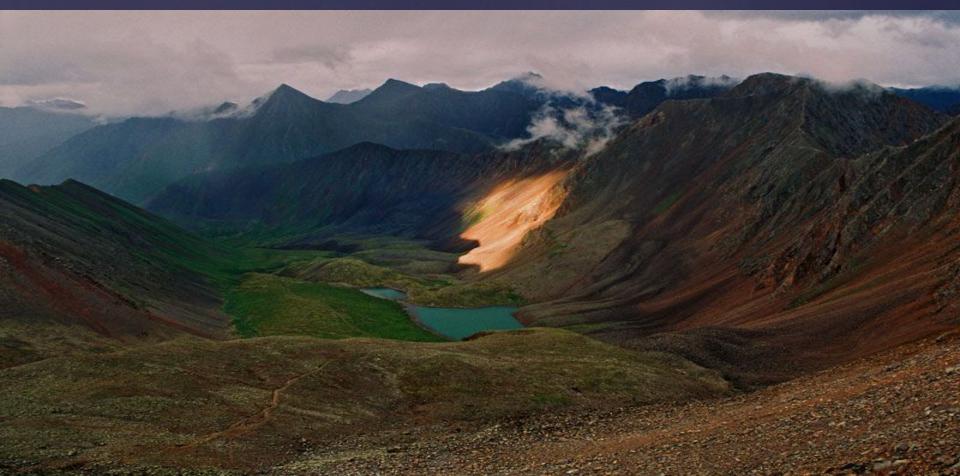
Шумакски источники.

Three ways to get to Shumak mineral springs.

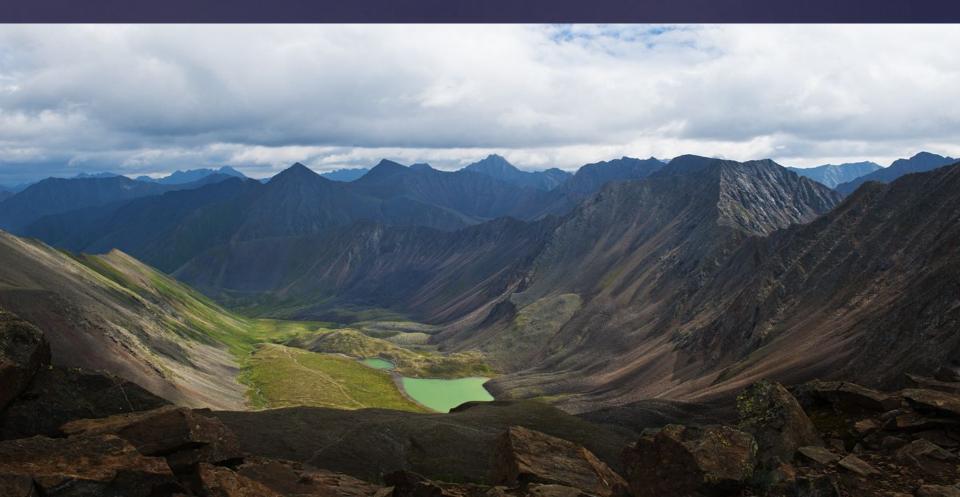
helicopter.
on horseback.
Hiking tourism



First you need to get to the Nilova monastery there begins our exciting journey. from the Nilova monastery to shumaka seventy-five kilometers. Hiking we reach there in four days, and back for two. during these seventy-five miles which we pass through we see so much beautiful in nature.



This is the view from the pass on the way to Shumak.







on the Shumak very large variety of mineral sources. every early morning people go and drink healing water from underground sources.

Thank you for your attention.

