

How is the typical day  
of a Food Technologist?

1. The day starts with checking the e-mails, seeing if there is any urgent communication required or any pending work left. They go through the emails and resolve them quickly.

2. They plan the day's schedule and prioritize day's activities so that they can effectively plan and execute their tasks.

3. The day can be a real mix - it might involve computer work all day, making, testing or preparing samples in the laboratory, having meetings with suppliers, marketers, or other company personnel, and some days (or nights) might be dominated by doing factory trials.

4. A lot of times, they do have to visit the factory and work on the samples to make their observations and also to meet the concerned team.

5. A lot of paper work is also required on their part to do the formalities. They do it in between whenever they find time.

6. The job often involves coming up with creative solutions to a variety of problems, and finding ways to improve product samples.