

# Apologizing; Saying I'm Sorry First Aid for Friendships



# Im so so so! sorry

All of us make mistakes. Sometimes we do things by accident that hurt people and sometimes we can't make everyone happy. We need to have the skill of apologizing. This skill will help us keep our friends. We should apologize for damaging property, being late, missing an appointment, bumping or hitting someone accidentally and telling secrets accidentally (letting the cat out of the bag).

# Apologizing phrases



## Some Phrases for saying I'm Sorry

### Apology

Forgive me I'm terribly sorry about  
Forgive me I feel awful about  
Please accept my apologies  
Please excuse (my dog)  
I apologize for  
I feel bad  
Will you forgive me?  
OH NO I'm sorry  
I'm sorry I didn't mean to  
Sorry about that  
Oops

### Response

That's quite alright  
I understand completely  
You don't have to really  
You don't need to  
Oh that's all right  
It could happen to anyone  
It wasn't your fault  
Oh well, that's life  
No problem  
It's OK  
forget it.

# Dialogue



Try to fill in the blank space in these sentences:

- A. My ball just broke your window, \_\_\_\_\_.
- B. \_\_\_\_\_, it could happen to anyone.
- C. I feel bad, \_\_\_\_\_.
- D. \_\_\_\_\_, oh that's all right.
- E. Please excuse \_\_\_\_\_, \_\_\_\_\_.
- F. It wasn't your fault, \_\_\_\_\_.
- G. \_\_\_\_\_, sorry about that.



# Situations

1. Your dog has chased the neighbor's cat into a tree and now the cat will not come down.
2. You stumble into a table and spill the tea that was sitting on it.
3. You get confused and give the clerk at the store the wrong amount of money.
4. Your child breaks an expensive plate while visiting someone's home.

Take one of the situations above and write a short skit about apologizing. The skit can be funny or serious. Try to use several of the phrases for saying that you are sorry.