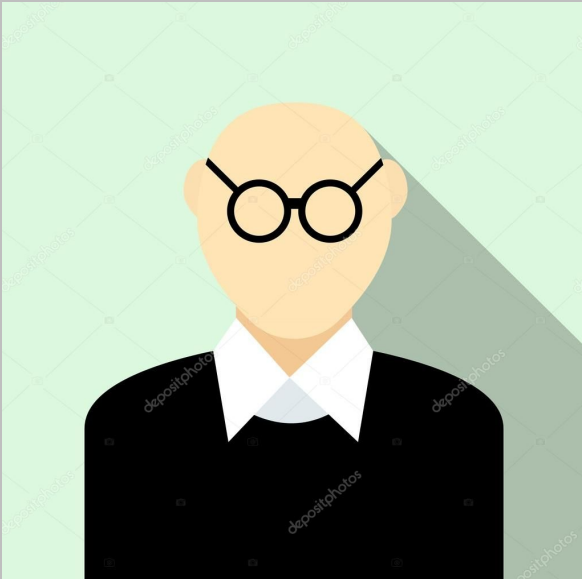


How to
learn
new words easier

step-by-step
instruction

Made by
Shirokov Daniil

A bit of theory

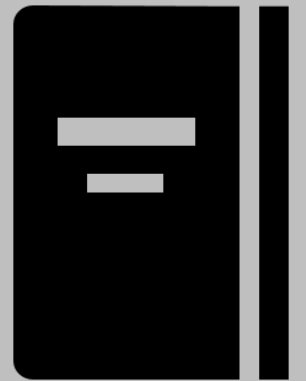
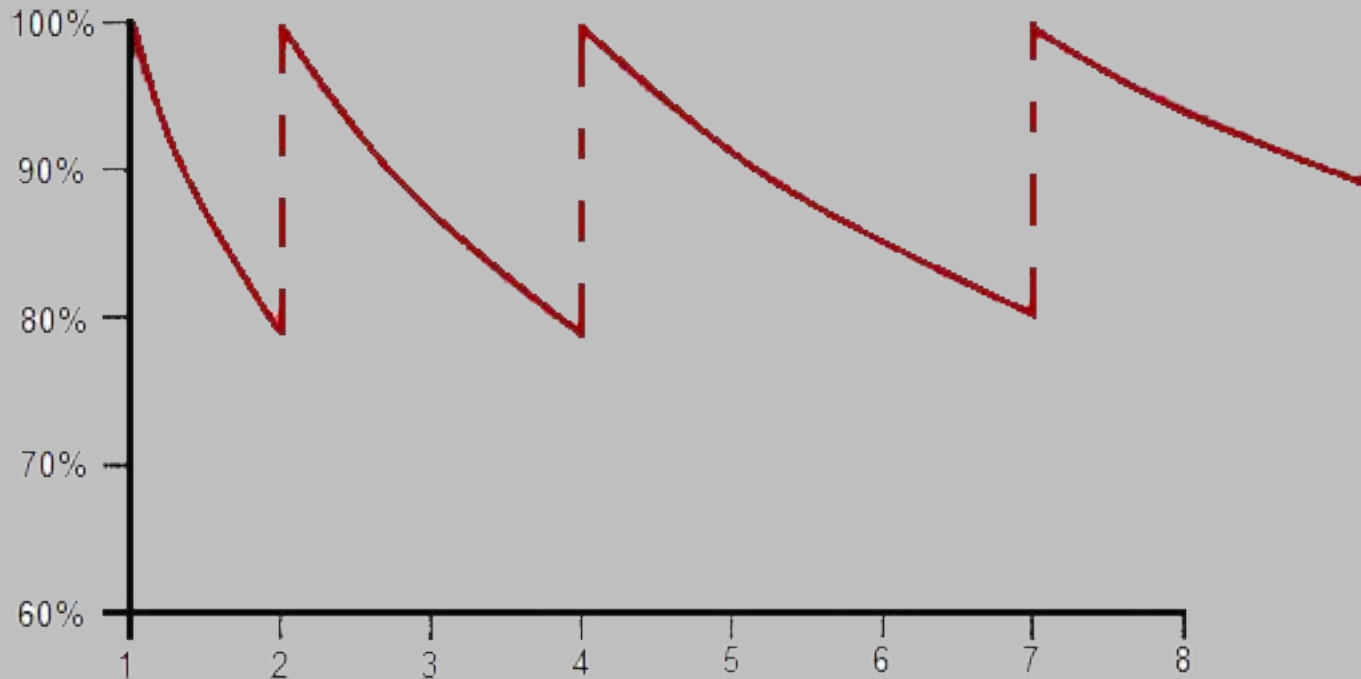


Our brain prevents us from useless
(as he thinks) information in order
not to overload itself



Ebbinghaus curve

In order **not to forget** new words you should **repeat** them according to this **curve**



Stupid brain

Our brain **forgets up to 60%** of all received information during the **first hour**

10 hours after memorizing it remembers **only 35%**



Stupid brain



- Further, the process of forgetting goes slowly, and **after 6 days about 20%** of the total number of originally learned **information** remains in memory



Rational repetition

Repeat new words
as it shown on the
table
And you obtain
your
linguistic happiness



20 Minutes

8
Hours

24
Hours

2-3
Weeks

2-3
Months

Thank you for your attention



Source: The study of Hermann Ebbinghaus