

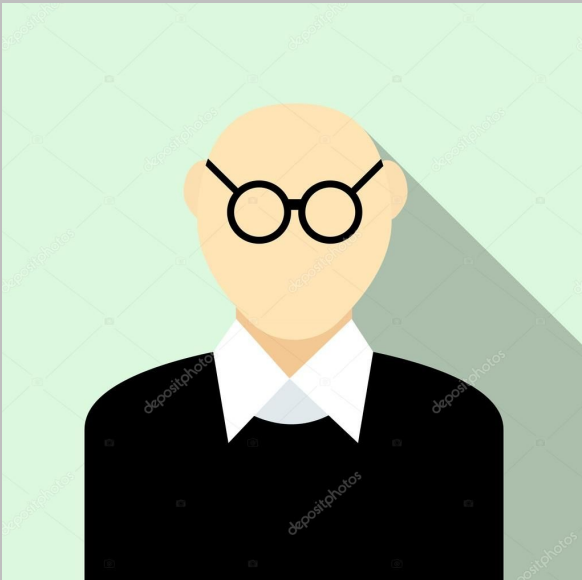


**How to**  
**learn**  
**new words easier**

step-by-step  
instruction

**Made by**  
**Shirokov Daniil**

# A bit of theory

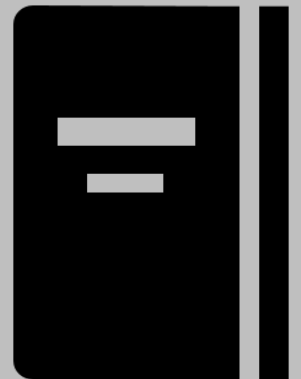
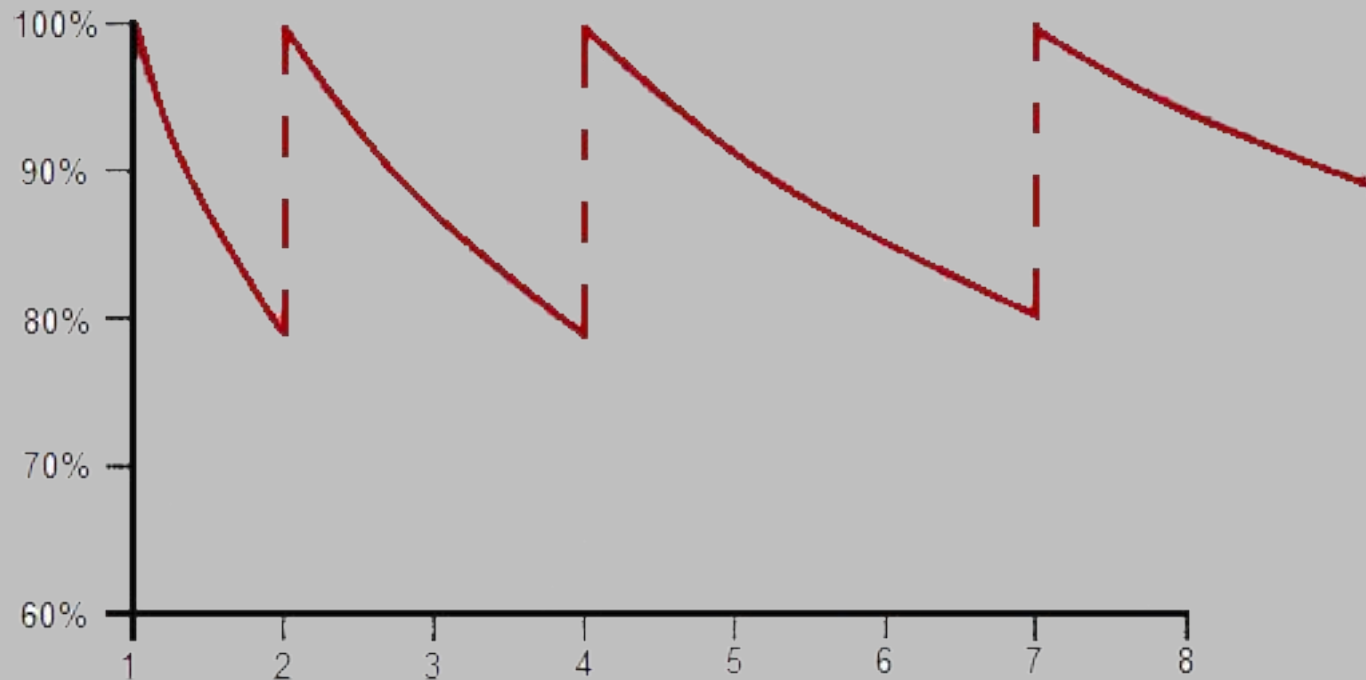


Our brain prevents us from useless (as he thinks) information in order not to overload itself



# Ebbinghaus curve

In order **not to forget** new words you should **repeat** them according to **this curve**



# Stupid brain

Our brain **forgets up to 60%** of all received information during the **first hour**

**10 hours** after memorizing it remembers **only 35%**



# Stupid brain

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- Further, the process of forgetting goes slowly, and **after 6 days about 20%** of the total number of originally learned **information** remains in memory



# Rational repetition

Repeat new words  
as it shown on the  
table  
And you obtain  
your  
linguistic happiness



20 Minutes

8  
Hours

24  
Hours

2-3  
Weeks

2-3  
Months

# Thank you for your attention



Source: The study of Hermann Ebbinghaus